



Newsletter

Issue 12 - January 2015

MESSAGE FROM THE PRESIDENT



As the New Year commences I want to take this opportunity to welcome back existing members and to greet any new members who have joined Whittlesea U3A for the first time in 2015. I also want to express my continuing gratitude to all the Tutors & Leaders and to our hard working Committee Members who have again volunteered their services for the coming year.

An organisation such as Whittlesea U3A can only succeed when everybody works together in a spirit of cooperation to achieve a common goal.

Again this year we are offering a variety of courses and activities which cover a broad range of interests for members to participate in, so make sure you get fully involved, you will only get out of these activities what you are prepared to put into them.

These activities are designed to promote physical wellbeing, to stimulate minds and to afford participants the opportunity to make friends and to interact with fellow members.

It is extremely important that members who have enrolled in particular classes and activities attend their classes regularly ; should unforeseen circumstances occur and you can't continue with an activity do your Tutor/Leader or The Programs Coordinators the courtesy of letting them know ASAP, don't just drop out without making it known.

Remember some courses were oversubscribed and have a waiting list, so there could be someone waiting for a vacancy.

Finally please remember that all our Tutors & Leaders are unpaid Volunteers who give a lot of their time in order to pass on their skills, knowledge and interests to members. They deserve to be treated with the utmost consideration, respect and courtesy at all times!!

Joseph P Felice

President-Whittlesea U3A Inc.

News Items

Newsletter items can be forwarded to editor.whittlesea3a@gmail.com, left at the office, telephone 0438 050 824 or handed to Peter Rodaughan.

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WHITTLESEA COUNCIL'S 2015,

AUSTRALIAN DAY AWARDS

Congratulations to Kathy Lizio who was awarded Whittlesea Council's 2015 Senior Citizen of the Year for her devotion to the Whittlesea University of the Third Age and for helping others overcome fears of the digital age.



MESSAGE FROM THE CLASS COORDINATORS

Welcome to 2015, another year of learning and friendship from Course Coordinators

Due to our increased membership our classes have filled very quickly this year. Our most popular activities have waiting lists. These include Cooking, Share a Meal, Floristry, Card Making, Train Trip and Computer classes.

We are always looking for members to help by leading/tutoring new or maybe duplicating the over-subscribed groups.

There are still vacancies in some classes. These include Walking groups, Jewellery, Meditation, Bike Riding, Yoga at Riverside and Mernda, Genealogy, Talking Touring China, Scrabble, Exercise, All About Bees and Orchid Repotting and some others

A reminder that there are places available in our new classes

Walking with Friends at Mernda Wednesday 9.30 to 10.30

Chit'n'Chat at Creeds Farm Tuesday 10am to 12noon DELAYED UNTIL TERM 2

Very Basic Computer Class. Wednesday afternoon at Nic Ascenso Rooms Lalor

Snooker at May Rd on the 2nd and 4th Thursdays from 6.30pm.

Welcome to our new members. Please make yourselves known to your tutors and class representatives. You will be asked to tick your names on the attendance lists on arrival at class.

A sincere thank you to all Tutors and Leaders. You do a great job in keeping our minds and bodies in good shape in our retiring years.

Thanks also to our class representatives who play an important role in our great organisation.

We hope you all have an enjoyable 2015 with U3A .

Margaret Fyfe 0408 838 933 coordinatorwhittleseau3a@gmail.com

Judy Cleary 0409 465 741 coordinatorwhittleseau3a@gmail.com

Or contact office 9464 1339 Tuesday or Thursday or leave a message

LAST 2014 LINE DANCING CLASS



Printed by Lily D'Ambrosio (Mill Park MP)4

Comments from a 4 DAY LAKES ENTRANCE TOUR

November 21st, 22nd, 23rd & 24th 2014

Happiness is the U.3.A. Coach trip to Lakes Entrance.
L Lots of laughter and fun
A Accommodation with meals so well done
K Knights in armour to help us gals
E Everyone became such good pals
S We will have to do it again

A driver who's got what it takes
Took us all on a trip to the Lakes
We wanted to stop
At every Op Shop
Keep patient!!! For all of our sakes.

Friday morning, 5-30 a.m, up and away, beginning of another wonderful trip with Richard and Pam. Meeting up with all the people, and new ones from previous trips, the makings of another relaxing trip. Thanks to Alan we see all the local attractions and we will enjoy them again. Trip over too soon.

Maureen

7-30 off to Maureen's for another four day trip with Richard and Pam and meeting the people from previous trips, having a laugh and a drink, remembering old times.
Looking forward to the next Trip! Renee

As usual another good trip with Pam and Richard and a good crowd of people. The meals were fantastic (this is Irene saying this). The weather has been fantastic so far as well. The service at the restaurant was wonderful. Great views. I'd have liked a bit more time for shopping and seeing actual towns, but to each his own. I ready for the next one anyway.
For anyone who were on the first trip I'm sure they would have loved it.
Thanks Pam and Richard, Irene

Had a wonderful time, food was delicious, the staff are so willing to help.
Thanks for the experience, Mary

As always Pam and Richard have done a wonderful job of organising a very interesting trip to some great places. Very good accommodation and meals. Joyce

Had a wonderful time and saw some kangaroos. Pam and Richard organised great weather for us also and some interesting games too. Betty

Everything about the trip is excellent. Food and accommodation really good. Fun group, made new friends. Scenery beautiful and lots of history. Highly recommend. Joan

I have enjoyed this trip to places where I have not been before. Meals are good, Phyllis

Very enjoyable trip, nice people, interesting places. Beautiful scenic trip. Good motel rooms very comfortable. Beautiful weather, looking forward to the next trip. Jodie.

Very good trip, everyone is so friendly, good and company excellent. Looking forward to seeing the Buchan Caves. Freda and Charlie.

Very good and good company. Nice people to be with, Cathy.

Enjoy every part, Everybody was good to be with, Mary
P.S. Excellent Motel

Enjoyed my trip to Lakes Entrance. My stay at the motel was good, the meals were great. The day hours were very good and the bus driver Alan is a very cheerful person. Gwen

Looking for more trips like this. Had a fantastic holiday, many thanks to Richard and Pam. Good organisation and team work. What a good driver we have. Alan, well done. Cathy

Comments from a 4 DAY LAKES ENTRANCE TOUR Cont.

Thanks Richard, Alan the bus driver and everybody on this trip. The company was very good with everyone on the bus. The Motel, excellent. We really enjoyed it because there was no rush. The places we went in were great. Well done, Charlie

Thank you Pam and Richard. Great trip once again. I liked the motel rooms and meals.

Dining room meals good idea for all. Happy little shopper who got what she wanted. Life buoy and boat sheds at the gift shop. I am happy to come back to Lakes Entrance again, Christine and Ron.

Lunch at Yarram at 12 pm. Accommodation really comfortable and the service good.

Meals very good, good choices and good service.

The name of our Motel was The Esplanade – in the Main Street with the waterfront just over the road.

Friendly members of Whittlesea U3A. Bus took us out each day after a big breakfast. We saw many things, Buchan Caves and many others. We were back at the Motel in time for a good meal – walk along the water edge – the motel had lots of small rooms where people could meal and share drinks.



Joan.



I can't fault anything! We had lunch at Yarram, then to Conan walk to the beach. The meals at the Motel were very good, then to the Buchan Caves.
Sue.



Pam and Richard you have done it again!! What great trips you arrange, but this Lakes Entrance trip will be hard to beat. Well organized, motel comfortable, great meals, good company and a good bus driver who took us to many interesting places and last but not least – the weather was perfect to enjoy the beautiful scenery. Wilma

The trip has been made easy for me because the group were easy going.

I have enjoyed the trip so thank you, Alan (Bus Driver)

All correspondence to:

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BREAKFAST @ SINNERS

Commencing **February** 2015 we are starting Breakfast at Sinners Family Restaurant, Plenty Road, South Morang on the 1st Sunday of the month.

At the moment, the menu looks like this: -

- * **Big Breakfast:**
bacon, sausage, hash brown, tomato, mushrooms, and 2 eggs cooked to your liking, **normally \$16.00**
- * **Big Vegie Breakfast:**
Mushrooms, Tomato, hash brown, baked beans, spinach, & 2 eggs cooked to your liking, **normally \$14.90**
- * **Eggs Benedict:**
Poached eggs on ham with hollandaise sauce, **normally \$13.90**
- * **Eggs Florentine:**
Poached eggs on sautéed spinach and hollandaise, **normally \$13.90**
- * **Eggs Atlantic:**
Poached eggs on sautéed spinach, smoked salmon, & hollandaise sauce, **normally \$13.90**
- * **Ham Cheese and Tomato Omelette:**
Normally \$14.90
- * **Bacon and Egg on toast:**
Your choice of eggs, **normally \$11.90**
- * **French Toast with Strawberries** also available

Each meal for Whittlesea U3A members in the breakfast group are served **with a small juice and tea/coffee** all for the price of **\$12.50**

More information will be coming later this term.

Regards Kathy and Mary

CHAIR EXERCISES (AND SOMETIMES WITHOUT THE CHAIRS)



Dress-up
is
optional

THANK YOU SO MUCH BILL

Not many people realize the amount of work and the long hours put in by Bill Palmer, while he was in the role of Secretary for our association.

Enrolments during November, December and January could occupy up to 12 hours a day with entering the information into the old data-base that we used; then there was the constant updating of members' personal information with changes that occurred constantly throughout the year. This task has, and will continue to become more demanding as Whittlesea U3A Inc. grows in membership numbers.

Along with enrolments, there was activity information to be setup, disseminated and then members selections entered into the database to enable members to participate in the 70+ activities that we run.

Collection and distribution of all mail, be it from the post-office or emails on the computer, Bill performed quite a remarkable job.

For all of this we thank you very much and hope to continue to see you around the traps.

ANTI VIRUS SOFTWARE FOR COMPUTERS

<u>Product</u>	<u>Licence Nº</u>	<u>RRP</u>	<u>WU3A Price</u>
Norton Internet Security	1 licence / 1 year	\$39	\$25
Norton 360	3 licences / 1 year	\$49	\$35
Trend Micro Titanium Internet Security	1 licence / 1 year	\$29	\$15
	3 licences / 1 year	\$39	\$25
Trend Micro Titanium Maximum Security	3 licences / 1 year	\$69	\$45
	For basic installation, \$10 per computer		
Kaspersky Pure 2.0 Total Security	3 licences / 1 year	\$49	\$40
	For basic installation, \$15 per computer		

These products are available from the computer shop "PC Australia", at 26 May Road Lalor

These prices cover the purchase of the licence (normally for 12 months) and installation; it does not include repairs or problem-file/program removal.

WHITTLESEA USA CHRISTMAS LUNCH 2014



What a great time had by all.

It is hoped that we will be able to do the same this year' however, be aware that the price will probably rise a little, but we will endeavour to achieve a great deal for all members.



CLANCY AT THE OVERFLOW

With apologies to A.B. Patterson

I had written him a text,
which I'd sent, hoping the next
Time he came in mobile coverage he'd have time to say hello.
But I'd heard he'd lost his iPhone,
so I emailed him from my smart phone,
Just addressed, on spec, as follows: clancy@theoverflow

And the answer redirected
Wasn't quite what I'd expected
And it wasn't from the shearing mate who'd answered once before.
His ISP provider wrote it
And verbatim I will quote it:
'This account has been suspended: You won't hear from him no more.'

In my wild erratic fancy
Visions come to me of Clancy:
Out of reach of mobile coverage where the Western rivers flow.
Instead of tapping on the small screen,
He'd be camping by the tall green
River gums; a pleasure that the town folk never know.

Well, the bush has friends to meet him
But the rest of us can't greet him:
Out there, even Telstra's network doesn't give you any bars.
He can't blog the vision splendid
Of the sunlit plains extended
Or tweet the wondrous glory of the everlasting stars.

I am sitting at the keyboard
And I'm too stressed out to be bored
As I answer all the emails by the deadlines they contain
While my screen fills with promotions
For 'V1aggra' and strange potions
And announcements of the million-dollar prizes I can claim.

But the looming deadlines haunt me
And their harrying senders taunt me
That they need response this evening for tomorrow is too late!
But their texts, too quickly ended,
Often can't be comprehended
For their writers have no time to think, they have no time to wait.

And I sometimes rather fancy
That I'd like to trade with Clancy:
Just set up an email bouncer saying 'Sorry, had to go.'
While he faced an inbox jamming
Up with deadlines and with spamming
As he signed off every message: clancy@theoverflow

2014 HAPPENINGS



TUTORS AND LEADERS THANKYOU FUNCTION



POLO SHIRT ORDER

The Polo Shirt is 220 gram Polyester / Cotton Pique Knit, with a fully taped neck seam, half moon yoke, ridged collar & side vents. It is wash'n'wear Royal Blue with Gold logo.

Sizes available:

	XS	S	M	L	XL	2XL	3XL	4XL	5XL
Half Chest size	51.0	53.5	56.0	58.5	61.0	63.5	66.0	68.5	71.0
Body Length	69.0	71.5	74.0	76.5	79.0	81.5	84.0	86.5	89.0

There is also a size K14, slightly smaller than the XS for really dainty people.

All shirts are available at the **subsidized price of \$20.00 each**, money is required with order.

Please give to a Committee Member.

Indicate which class you want the Polo delivered to. Any queries, please 'phone Brenda on 9436 9203.

NAME	PHONE №	SIZE	CLASS DELIVERY

CHAIR AEROBICS DVD ALSO AVAILABLE AT \$10 – ph. 9436 9203

MEMBERSHIP PRICES

Single \$40

Couple \$70 if living at the same address

Associated \$15 each if belonging to another U3A (no discount for couples)

TALEC members \$1 for May Road Activities Only

Tutors No cost (Whittlesea U3A will pay \$1 for each Tutor)

Pro rata fees apply from the second term of each year

THANK YOU

To the following people, I would like to issue a huge "Thank you" :-

Lily D'Ambrosia MP Mill Park,

Bronwyn Halfpenny MP Thomastown,

and their staff for their assistance in the photo copying of our Newsletters, Calendars, Forms and mail outs.

Also, thank you to the **Mill Park Library** for use of their rooms for computer and other courses held there.