2B May Road, Lalor 3075 (03) 9464 1339 or 0404 119 189



All Correspondence: Secretary, Whittlesea U3A Inc.P.O Box 58 South Morang 3752 em: secretarywhittleseau3a@gmail.com

Non-competitive learning with no qualifications and no exams

Issue 16



Social, creative, technical and recreational activities

January 2016



MESSAGE FROM THE PRESIDENT

As the New Year commences I want to take this opportunity to welcome back existing members and to greet any new members who have joined Whittlesea U3A Inc. for the first time in 2016. I also want to express my continuing gratitude to all the Tutors & Leaders and to our hard working Committee Members who have again volunteered their services for the coming year.

An organisation such as Whittlesea U3A Inc. can only succeed when everybody works together in a spirit of cooperation to achieve a common goal.

Again this year we are offering a variety of courses and activities which cover a broad range of interests for members to participate in, so make sure you get fully involved, you will only get out of these activities what you are prepared to put into them.

These classes & activities are designed to promote physical wellbeing, to stimulate minds and to afford participants the opportunity to make friends and to interact with fellow members.

It is extremely important that members who have enrolled in particular classes and activities attend their classes regularly; should unforeseen circumstances occur and you can't continue with an activity do your Tutor/Leader & The Programs Coordinators the courtesy of letting them know ASAP, don't just drop out without making it known.

Remember some courses are oversubscribed and have a waiting list, so there could be someone waiting for a vacancy.

Finally please remember that all our Tutors & Leaders are unpaid Volunteers who give a lot of their time in order to pass on their skills, knowledge and interests to our members. They deserve to be treated with the utmost consideration, respect and courtesy at all times!!

Joseph F Felice

President-Whittlesea U3A Inc.

ACKNOWLEDGEMENTS

We wish to acknowledge and thank the Hon. Andrew Giles M.P. (Scullin), Bronwyn Halfpenny M.P. (Thomastown), Hon. Lily D'Ambrosia M.P. (Mill Park) and their staff for the generosity and their assistance in printing and copying our Newsletters, Calendars, Forms and Mail-outs.

A big thank you also goes out to Mill Park Library for the use of their rooms.



The end-of- year Christmas party was a huge success and very well attended. Christmas cheer was plentiful, and as evidenced by the photos, everyone enjoyed the event which was held on 2nd December. Santa was an honoured guest, and he Ho-Ho-Ho'ed his way into the venue with his Christmas bell. Guests enjoyed antipasti, chicken and lamb, and the dinner ended with a luscious array of deserts including strawberry crepes and chocolate mousse.

The band "Horizon" played music to a packed dance-floor where revellers stepped out their line-dance moves — not forgetting the old favourite, "Nutbush". The Choir performed traditional Christmas carols whilst Father and Mother Christmas distributed sweets to the guests.





WU3A POSTAL ADDRESS

KINDLY NOTE THAT ALL MAIL, INCLUDING ENROLMENTS, SHOULD BE FORWARDED TO P.O box 58 south morang 3752

MESSAGE FROM THE CLASS CO-ORDINATORS

Thanks to all members for enrolling early. We have been able to have a few weeks free from U3A. We hope you have all enjoyed the festive season.

Please note a few changes to the calendar:

Wednesday Exercise class at the Thomastown Library will commence at 2.15pm.

Social night on the 2nd Thursday at May Rd will include Beginner Line Dancing. Thank you to Lillian for agreeing to lead this activity

Both Friday Paper Craft Classes on Friday Mornings will be held at the Mill Park Meeting Rooms in shop 9 The Promenade South Morang MEL:183 A8

Tai Chi at the Thomastown Library on Fridays will commence at 12.30pm. This change enables us to use a bigger area.

Technology Over Lunch will be held at the Life Without Borders Centre 5/560-610 High St (near the old Bunnings Store)

Don't forget the Annual Picnic day at the Yan Yean Reservoir on Labour Day the 14th March.

 $MELBOURNE\ BY\ TRAIN\ \text{-}\ \ \text{We have a large number of members on the waiting list for this activity}.$

However the number we have chosen to limit this class is still quite large and we wish to advise that this will limit the activities Mary can take you on. It may include walking for at least a couple of miles on the day as it may be difficult to get all on and off trams and buses. This will require you to be fairly fit.

We must insist that you contact Mary either by email maryr3089@gmail.com or text 0439 219 871 letting Mary know whether you are able or unable to attend so that she can organise the day according to the number attending. You must have a valid MYKI on a Sunday although it will not cost you for travel.

We have arranged a meeting with Mary at May Rd on Thursday the 11th Feb at 1pm for anyone willing to help her or have some ideas about managing these large numbers. Those on the waiting list are welcome to come along.

If more information required you can contact us at the office 9464 1339 or on our mobiles

Best Wishes for 2016

Contact Class Coordinators for more information <u>coordinatorwhittleseau3a@gmail.com</u>
Margaret 0438 881 482 or Judy 0409 465 741

Thanks to the nearly 500 members who enrolled during the early enrolment period December 2015. Approximately, 30% of our regular courses are full and demonstrates the benefits of enrolling early.

WU3A 2016 TERM 1 DATES

Term 1 begins 1st February and ends 24th March



WU3A ANNUAL PICNIC DAY - 14 MARCH 2016

Richard and Pam are hosting the Annual Labour Day Picnic day at Yan Yean Reservoir on 14th March 2016 starting at 9.00am near the Rotunda at the top of the Park. Electric barbeques are provided however, B.Y.O. everything - food, chairs, drinks and whatever it takes to have a good time. All Welcome.



2016 TRIVIA NIGHTS

On the 2nd, 3rd and 5th Thursday of each month at 7pm, Trivia is hosted at the Senior Citizens' Hall in May Road Lalor at a cost of \$1 per session. The cost is inclusive of table treats, raffles and incidentals needed for the evening. At the end of each year, left-over monies are contributed to the cost of a Presentation/break-up party.

Trivia Group's Christmas Party 2015

This year, congratulations go to Margaret Ashley who was the overall winner for 2015. The photo on the right shows the players with their special prizes including the tongue-in-cheek "Sheep-Station" that the players vie for each year.

Trivia is an addictive and fascinating game, so if you like a challenge and love trivia, come along for a fun night where you can join a team of 5 or 6 players and enjoy a b.y.o supper . You can contact Kathy on $\,9465\,\,2726-0414\,\,925\,\,567$ or email $\,\underline{kathylizio@bigpond.com}$





Whittlesea U3A - BREAKFAST AT SINNERS

SINNER'S FAMILY RESTAURANT – 3/797 Plenty Road South Morang

Breakfast Menu

Commencing February 2016

9.30am - 11.30am

Big Breakfast: Bacon, Sausage, hash brown, tomato, mushrooms, and 2 eggs cooked to your liking normally \$16.00. **Big Veggie Breakfast:** Mushrooms, Tomato, hash brown, baked beans, spinach, 2 eggs cooked to your liking normally \$14.90.

Eggs Benedict: Poached eggs on ham with hollandaise sauce normally \$13.90.

Eggs Florentine: Poached eggs on sautéed spinach and hollandaise normally \$13.90.

Eggs Atlantic: Poached eggs on sautéed spinach, smoked salmon, & hollandaise sauce normally \$13.90.

Ham Cheese and Tomato Omelet Normally \$14.90.

Bacon and Egg on toast Your choice of eggs normally \$11.90.

French Toast with Strawberries also available

All meals are served with a small juice and tea/coffee at a cost of \$13.00

Dates for 2016			
Sunday 7th February	Sunday 5 th June	Sunday 2 nd October	
Sunday 6th March	Sunday 3 rd July	Sunday 6 th November	
Sunday 3 rd April	Sunday 7th August	Sunday 4th December	
Sunday 1st May	Sunday 11th September		

THE NEXT NEWSLETTER WILL ISSUE IN MARCH 2016. THE NEWSLETTER SUBMISSION CUT-OFF DATE IS 15TH MARCH 2016 SO IF YOU HAVE A CONTRIBUTION, INCLUSION OR ARTICLE, PLEASE EMAIL TO epspinner@bigpond.com BEFORE THE SUBMISSION DATE .

RICHARD AND PAM'S FUN DAY TRIPS

Once again, our appreciation is extended to Richard and Pam for hosting two day trips, the first one is to Woop Woop and the second one to Geelong, details as follows:



Wednesday 13th April 2015 to Woop Woop.

If you haven't been there, it's a fun day.

Departing Epping Memorial Hall at 9.15 am and returning 4.30 pm

Cost \$55.00 per person includes entry to Woop Woop plus 2 course lunch at The Cumberland Hotel.

Payment due 31^{st} March with no refunds after 4^{th} April



Wednesday 13th July 2016 - Geelong to visit op shops and a two course lunch at the Anglesea golf club with more shopping on the way home.

Leaving Epping Memorial Hall at 9.00 am and returning 5 pm

Cost \$50.00 per person. Updates later.

<u>Diary date for November</u> Lakes Entrance Coach tour on 18th to 21st November Enquiries to Richard - Phone 8364 0570

Whittlesea U3A Membership Annual Fees		
Single	\$40.00	
Joint (at same address)	\$35.00 each	
Associate (member of another U3A)	\$15.00	
TALEC (May Rd activities only)	\$1.00	
Tutors	N/A	
After the Enrolment Period in December a \$5.00 fee increase will apply		

Whittlesea U3A Inc. Committee 2014-2015

Committee Executive

President

Joseph Felice

 $9408\ 5675 - 0409\ 979\ 089$

joefelice1@bigpond.com for personal contact or

presidentwhittleseau3a@gmail.com for official contact.

Secretary/Public Officer/IT Consultant

Peter Rodaughan 9745 2518 -0438 050 824

pgrodaughan@bigpond.com for personal contact or secretarywhittleseau3a@gmail.com for official contact. Vice President

Kathy Lizio

 $9465\ 2726 - 0414\ 925\ 567$

kathylizio@bigpond.com for personal contact or vpwhittleseau3a@gmail.com for official contact.

Treasurer

Margaret Mitten

9404 1479

emaymitt@bigpond.com for personal contact or treasurerwhittleseau3a@gmail.com for official contact.

General Committee

Programs Co-ordinator

Margaret Fyfe

8418 8786 - 0438 881 482

coordinatorwhittleseau3a@gmail.com

Grants Officer/Assistant Treasurer

Meg Brown $0403\ 176\ 212$

grantswhittleseau3a@gmail.com

Venues Co-ordinator/Publicity Officer

Aldo Vicentic 0409 359 743

venuewhittleseau3a@gmail.com

Membership Co-ordinator/Systems Administrator

Kevin Whelan

9401 3004 - 0419 003 848

kevin.whelan@optusnet.com.au

Network Representative/Admin Assistant

Anne Heafield

 $9401\ 2370 - 0407\ 011\ 839$

bigimps@tpg.com.au; regionalrep@whittleseau3a.com.au

Minute Secretary (Non-Committee)

Lesley Curran

Programs Co-Ordinator

Judy Cleary

9465 7414 - 0409 465 741

coordinatorwhittleseau3a@gmail.com

IT Co-ordinator/Assistant Grants Officer

Glen Wall

0422 852593

itwhittleseau3a@gmail.com

Almoner/Programs Assistant

Dianne Germaine

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gdgermaine@bigpond.com

Website Content Co-ordinator

Mary Renshaw

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infowhittleseau3a@gmail.com maryr3089@gmail.com

Riverside Liaison

Marlene Day

 $9401\ 2054 - 0488\ 377\ 296$

marleneday40@gmail.com

Policies Co-Ordinator

Michael Murray $9465\ 6163 - 0418\ 753\ 670$

michaelmurray6@bigpond.com



ANCIENT CHINESE PROVERB:

People with clenched fists cannot shake hands