2B May Road, Lalor 3075 (03) 9464 1339 or 0404 119 189



All Correspondence: Secretary, Whittlesea U3A Inc. P.O Box 58 South Morang 3752 em: secretarywhittleseau3a@gmail.com

Non-competitive learning with no qualifications and no exams

Issue 18

Newsletter

Social, creative, technical and recreational activities

June 2016



#### MESSAGE FROM THE PRESIDENT

I am pleased to report that we have some 609 active financial members with numbers increasing all the time. We currently offer members 82 classes & activities using 15 venues throughout the City Of Whittlesea from Thomastown right up to The Township of Whittlesea, so there is something for everybody to do and somewhere close by to do it in.

The Whittlesea U3A Inc. Annual General Meeting will take place on August 25<sup>th</sup> 2016; at May Road Lalor. I ask you to put this date in your Diary and strongly encourage you to attend this important meeting, when all Committee Positions will become vacant and are up for election.

Members at the 2015 AGM were advised that this would be my last year as President after 7 years in the position and they unanimously voted that the Committee should initiate a succession plan and look for a suitable replacement to understudy me. This person would then stand for election at the 2016 AGM and if elected by the members would become the next President.

Appropriate action was taken, a formal letter was sent to ALL MEMBERS in March calling for applications from interested financial members, several applicants were in turn interviewed by an Executive Panel and the person selected for the interim understudy role was Glen Wall. This selection was ratified by the full Committee.

This means that Glen has the Committee's endorsement to stand for the position at the AGM; but it will be up to the members to elect whoever they want to the position.

<u>NOTE:</u> This does not preclude any other eligible member from standing for the position; it will be up to the members to elect a President at the AGM in line with our Constitution.

All positions on the Committee will be declared vacant and up for election, the committee will consist of 11 Members – 4 Executive Members and 7 Ordinary members and I would encourage anybody interested to stand. Nominations must be on the official form and must be seconded by another financial member and submitted in the required timeframe to the Secretary. Nomination Forms will be circulated to members with the notice of the AGM and will also be available from the office in due course.

<u>Note:</u> If the number of nominations exceeds the number of available committee positions a vote will be held at the AGM to elect the persons chosen by the financial members present.

As always your Committee welcomes constructive suggestions and new ideas from members; in the meantime I encourage you to take an interest in the management of your organisation and the shaping of Whittlesea U3A Inc. future.

Joseph P Felice

#### **ACKNOWLEDGEMENTS**

We wish to acknowledge and thank the Hon. Andrew Giles M.P. (Scullin), Bronwyn Halfpenny M.P. (Thomastown), Hon. Lily D'Ambrosia M.P. (Mill Park) and their staff for the generosity and their assistance in printing and copying our Newsletters, Calendars, Forms and Mail-outs.

A big thank you also goes out to Mill Park Library for the use of their rooms.

#### Whittlesea U3A Inc.

All Correspondence to:

The SecretaryWhittlesea U3A Inc. P.O. Box 58, South Morang, Vic.3752



ABN 91 617 395 831 A0042367P

Telephone: 03 9464 1339 Mobile Telephone: 0404 119 189

Website: www.whittleseau3a.org.au

presidentwhittleseau3a@gmail.com

secretarywhittleseau3a@gmail.com

#### To All Members Whittlesea U3A Inc.

May 13th 2016

Dear Fellow Members,

On the 14<sup>th</sup> of March 2016 I wrote to advise you that I will be retiring from the position of President –Whittlesea U3A Inc. at the 2016 AGM on August 25<sup>th</sup> 2016, after serving as your President for 7 Years and on the Committee for 8 years.

I also invited expressions of interest from members who may have been interested in the President's position and who had the requisite Qualifications & Experience.

As I explained the Committee wanted to put in place a "President in Waiting" to understudy me for a few months and then for the person selected to go to the election with the Committee's full endorsement and backing. This is to ensure a smooth succession and an orderly transition of The President's Duties & Responsibilities.

I'm pleased to advise that a number of members expressed interest in the position and we ended up with 4 excellent written applications for the nomination.

An executive selection panel was formed consisting of President Joe Felice (Chairman); Vice President Kathy Lizio; Treasurer Margaret Mitten; & Policy Manager Michael Murray to meet with the applicants.

On Thursday 5<sup>th</sup> May of we interviewed the 4 applicants namely Karen Mace; Aldo Vicentic; Peter Rodaughan & Glen Wall whose presentations were all excellent. We deliberated long and hard over identifying the most suitable applicant, taking into account the set down requirements that go with the position; the applicant's commitment to Whittlesea U3A Inc. and their state of preparedness to take on the role fairly quickly.

I am pleased to advise that the successful applicant was "Mr Glen Wall' who subject to his meeting certain conditions that he has agreed to, such as making Whittlesea U3A Inc. management his main priority and divesting himself of committee involvement in other non-aligned peripheral organisations such as Community Leadership Network (CLN); has the Committee's endorsement for the Presidential Nomination at the AGM in August 2016.

In the interim Glen will understudy me in the President's role and assume some additional Whittlesea U3A Inc. operational responsibilities in conjunction with his existing roles of IT Coordinator & Grants Officer..

By way of background, Glen has had many years' experience in Senior Management in private industry, government organisations and regional development and worked for International Firm Andersen Management Accounting for many years in various parts of Australia and overseas.

He has an Economics Degree and majored in Company Management Accounting, Company Structure; Business Management, Research & Technology.

He is a Senior Vice President of U3A Victoria, chairs the U3A Victoria's Technology users group; and is a member of the Federation University-U3A joint Virtual Village development project.

He also chairs the City Of Whittlesea's Emergency Management Residents Sub-committee which meets quarterly.

Glen has been a member of Whittlesea U3A Inc. for many years and on the Committee of Management for some 4 years in various portfolios, so he is very familiar with the way Whittlesea U3A Inc. functions.

I believe that in Glen, members have an excellent candidate to replace me in the President's Role going into the future, I know Glen is very committed to continuing guiding Whittlesea U3A's amazing progress and growth within the entire City of Whittlesea and will lead and steer this organisation as it transitions from mid-size with some 635 members & offering some 83 classes and activities to a much larger organisation as it encompasses the phenomenal population growth being forecast for the City Of Whittlesea.

In closing I want to convey the entire Committee's congratulations to Glen on his selection and acceptance of the Presidential Nomination and I would ask all members to join me in getting behind Glen at the AGM in August.

Yours Sincerely

Joseph T Felice

President-Whittlesea U3A Inc.

#### MESSAGE FROM THE CLASS CO-ORDINATORS

A big thank you goes out to our tutors, leaders and just a reminder for tutors to please return class attendance lists as soon as possible at end of term. You can email, hand deliver to the office or send through the post.

Pilates class has been cancelled for the remainder of 2016, hopefully it will resume in 2017.

3<sup>rd</sup> term resumes on 11<sup>th</sup> July until 16<sup>th</sup> September.

Hope everyone enjoys their break and can escape to some warmer weather somewhere!

Judy and Afroditi.

Contact Class Coordinators for more information coordinatorwhittleseau3a@gmail.com

Afroditi 0431 488 346 or Judy 0409 465 741

### Did you receive this Newsletter by post?

As postage costs have recently risen we would like as many members as possible to receive Newsletters by email.

If you would like to change your Newsletter delivery to email, please contact us and we will adjust our records.

Kevin Whelan, Membership Coordinator

Email: info@whittleseau3a.org.au











#### BECOME "SCAM-WISE" -

#### Learn how to protect yourself from scams

Older Victorians are becoming more aware of scams – particularly those being targeted by **phone or online** - during National Consumer Fraud Week (which was 16-22 May).

Australians aged 55 and over lost more than \$21 million to scams of all types last year, according to the Australian Competition and Consumer Commission (ACCC).

Phones (including texts and apps) were the primary contact method: the ACCC reported almost 10,000 approaches over the phone and losses of \$8.6 million. However, scams via email, social networking sites and websites cost the community more, collectively accounting for \$10.6 million in losses for older Australians.

Figures from Consumer Affairs Victoria show that in the first half of this financial year, the most prevalent scams targeting the Victorian community were those relating to:

- government rebates (241 reports)
- false billing (72 reports)
- investment and financial matters (65 reports), and,
- identity theft, through online communications, mobile devices or telephone calls (60 reports).

Fraud Week raises awareness of scams and provides communities with tips and advice on how to avoid

them, including.
$\square$ Do not let anyone pressure you into making decisions. Scammers often try to create a sense of urgency so the call-taker will act impulsively. They do this through short deadlines, fake emergencies or by making threats of legal action.
$\Box$ Get a second opinion. If someone is requesting money from you and you have any doubts, discuss it with a trusted and reliable third party.
□ Do not respond to emails and phone calls from strangers offering predictions on shares, investment tips, or investment advice. Talk to a financial adviser licensed by the Australian Securities and Investments Commission before agreeing to anything – this might save you a lot of money.
☐ Know who you're dealing with when dating online. Don't send money to someone you've never met in person. If you're approached by someone you don't know on social media, be wary.
$\Box$ If you receive a call telling you your computer has a problem (such as from Microsoft or Telstra), it is likely to be a scam. Never allow anyone to remotely log into your computer.
□ Government agencies will generally write to you if you are entitled to money. If somebody calls you claiming to be from the Government, do not trust them. Get as much information as you can from the caller, hang up and find independent contact details for the agency they claim they represent; then call back and check.

Fraud Week is an initiative of the Australasian Consumer Fraud Taskforce, of which Consumer Affairs Victoria is a member. For more information about scams, visit Consumer Affairs Victoria's website: consumer.vic.gov.au/scams. For information helping older Victorians protect themselves from scams, visit the ACCC's Scamwatch website: scamwatch.gov.au/get-help/advice-for-seniors.



### **Future Strategy Planning Day**

On Thursday 7<sup>th</sup> April the committee, understudies and life members attended a Whittlesea U3A Inc. Strategic Planning Day which was conducted by Andrew Lockwood, retired Corporate Director of Strategy at Telstra.



Andrew has been a member of U3A Nunawading since 2006 and was involved in structuring a strategic plan for U3A Nunawading, who have 2000+ members, for the period 2014 to 2017; he delivered an excellent overview of our potential future projections. President Joe Felice opened the Meeting at 10.00am and welcomed attendees, Andrew and City of Whittlesea Mayor Stevan Kozmevski.

In sharing his vast strategic planning knowledge, Andrew outlined the importance of measuring WU3A strengths, weaknesses, opportunities and threats.



# \*BACK BY OVERWHELMING DEMAND\* Her Majesty's Theatre

219 Exhibition Street, Melbourne VIC 3000

Sat 23 Jul 2016 2:00PM

\$86.00 per person

For further details contact Willeke - 0417 313 794

# SHAKE RATTLE 'n' ROLL IS BACK AT HER MAJESTY'S THEATRE, AS NEVER BEFORE SEEN. IT'S BIGGER AND MORE SPECTACULAR.... IT'S SHAKE RATTLE 'N' ROLL 2

Shake Rattle 'n' Roll 2 with all your favorite performers paying tribute to many of the immortal rock 'n' roll legends of the 50's & 60's along with a twist of Magic.

Just when you thought Shake Rattle 'n' Roll was at maximum turbo charge in the stakes of electrifying energy with Razzle-Dazzle performances by our dynamic Vocalists and sizzling Dancers, as seen on Dancing With The Stars. Now audiences will be spellbound with mind blowing Magic/Illusions - Magical Costume Transformation - Circus acts and more. Adding to this stellar line up, Australia's Boys of Motown with their stunning tributes to Frankie Vali & The Four Seasons and hits of Motown.

A must see fun show for the whole family! Sing-along and bop along to the songs of, Neil Sedaka - Bobby Darin - Elvis - Buddy Holly - Frankie Vali & The Four Seasons - Bill Haley - Chuck Berry - Little Richard - The Drifters - The Righteous Brothers - Richie Valens - Doris Day - Australia's own rock 'n' roll "Wild One" Johnny O'Keefe and many more of your party Jukebox hits !!!

#### Whittlesea U3A Inc. Walk and Talk group by Mary Renshaw

Our U3A group walk every Monday. Starting from Westfield Plenty Valley, look for us outside Woolworths, we walk for at least three quarters of an hour. Members of all abilities can walk with us as we have different routes for different fitness.

This group is also social and we gather at the Groove Train after our walk to catch up over a coffee. If you wish you can join us for this social time around 10.00 am on Mondays, except the first Monday of the month, when we walk from the Epping Memorial Hall and return to join in the celebrations at the monthly morning tea.

During the month of April many of the Walk and Talk group made a commitment and participated in the Premiers Active April challenge. All exceeded their goals and kept up their physical activity for all April and because of their individual achievements, received "2016 Active April" paper trophies of Gold, Silver and Bronze as a further incentive. The team received a "Thank You" from the Premier of Victoria – Hon. Daniel Andrews MP.

Set out below is a copy of the letter.

Mary Renshaw maryr3089@gmail.com 0431 219 871

#### Thank you from the Premier

On behalf of the Victorian Government I would like to thank you and the team for your commitment to Active April.

This year, you were among a record 104,472 Victorians who participated, taking part by walking the dog, going for a cycle, having a kick-to-kick or going for a swim at the local pool.

I know it can be hard to make the time. But by taking these few small steps, you've taken huge strides towards improving your health and wellbeing.

Regular exercise improves our fitness, sharpens our minds and helps us to be happier and healthier.

Whether you did it for the challenge, for your family or for yourself, congratulations and thank you for your involvement in this year's Active April.

Signed by Hon Daniel Andrews MP Premier of Victoria.

#### "Big Pond" by The Woodland Historical Players -Yan Yean Reservoir



Everyone thoroughly enjoyed the live play "Big Pond" on Saturday 28<sup>th</sup> May, which was presented in the Caretakers Cottage at Yan Yean Reservoir.

"Big Pond" takes us back to Tuesday 12<sup>th</sup> March 1892 - a day in the life of the Caretaker John Wilson, his wife Mary-Jane and son George. News is received that there is an outbreak of Typhoid in Melbourne with the possibility that the Yan Yean water supply is the source of the epidemic. The story unfolds in the most surprising way as the Authorities set about finding the source of the trouble. The Play was followed by a sumptuous afternoon tea, and a tour of the Cottage (which is now a heritage listed Museum).

#### **но но но**!

#### HARD TO BELIEVE IT'S THAT TIME AGAIN -

#### Bookings will be taken for the 2016 U3A Christmas Party from July 1st.

- A 3 course meal and music by Horizon (Isobel and Rory) will be provided once again.
- Bookings are to be made with Dianne Germaine 94369174 or gdgermaine@bigpond.coi
- Payments to be made to Margaret Mitten (treasurer) 94041479 or <u>emaymitt@bigpond.دى ب</u> بادهاي بادهاي والمادية والمادية المادية المادية والمادية المادية الم
- All bookings and money must be finalized by November 7<sup>th</sup> (no later) Please book under your preferred name.
- If you wish to sit with a certain group please mention it at booking and we will try our best to accommodate you.
- Please come along and we can celebrate another great year with all our WU3A friends.

<u>Date</u> Wednesday 7th December 2016

Venue Manor on High, 519 High Street,

Epping.

<u>Time</u> 11.30am finish 4pm <u>Cost</u> \$40 members - \$45 non-members

Band "Horizon" (Rory & Isabell) Contact Dianne Germaine- Email

gdgermaine@bigpond.com

Ph: 94369174



#### The above photo shows the pan on fire outside our home

# Smoke Alarms ... Do yours work properly?

We recently had a bit of drama in our household after a chip pan containing oil was left unattended on the stove. I can hear you saying "I never leave things unattended on the stove". The person who was distracted has always lectured the family about not leaving things unattended on the stove – but on this occasion, oil caught fire and there was a lot of rushing about trying to save the fire from getting worse and the house ending up ablaze.

In the end, our house ended up full of smoke - we had to open all windows and doors and had ceiling fans going full blast to try and clear the smoke and smell from the house. It was thick, making us cough and our eyes sting. We were standing outside because we thought it was better to freeze in the great outdoors than choke in a smoke filled house.

After the air cleared and we were back inside talking about the reason how it happened, we realised that our smoke detectors did not work. They are both under 5 years old and had fairly new batteries. When they were tested after the event, they both worked. The scary thing is that if this had been an undetected fire while we were asleep then we would not have known until it would probably have been too late. Smoke gets you before the fire does.

We have looked into the situation and were told that we should always get one with an Australian standards tick. We have also heard that you can get heat activated as well as smoke activated detectors. Ours must have been only heat activated, we don't know for sure but seeing neither detected the smoke, we can only guess. We will be replacing ours now with what we hope will be SMOKE detectors.

We thought we would put this story into the newsletter as a warning to make sure you have actual **smoke** detectors. Maybe someone with more knowledge could come along to one of our morning teas and give us a talk on fire safety.

Carol & Bob Battye.



Meg Brown (former Grants Officer Whittlesea U3A) and myself (Coral) attended a breakfast on 4<sup>th</sup> May, 2016 at the Langham Hotel, Southbank for the results of the \$1000.00 grant that was handed out by the Leaders Local Grant. We were down to the last three recipients for the Whittlesea Leader.

Unfortunately we did not win the grant in our area went to Findon Primary School - who received the most votes.

It was unfortunate for us as a lot of people had trouble getting onto the website and also some people at WU3A may not have computers.

## Hews from the Knitter

Meg and I voiced our concerns about this to one of the Leader staff who was sitting on our table, who told us she would relay this back to staff, and suggested maybe they could have drop off boxes at the Library next year, so we will see how we go.

So far this year the Knitters Group is going good, we have knitted so far to the 4<sup>th</sup> May,2016 a total of 523 articles of which is hats, scarves, jumpers, cardigans, mittens, teddies and bootees.

All of this has been donated to KOGO which stands for Knit one, give one.

Also my sister-in-law (Gail Roeby, just loves doing them, she does not belong to WU3A) knitted 432 squares for KOGO to sew up for blankets. They are so grateful for our contributions, they are then distributed to many other charities.

I would like to give a big thank you for the following people who are not in the Knitters Group but contribute a lot to us in their spare time they are, Gloria Mason, Margaret Cassidy, Dianne Germaine and to all the people who are not members of Whittlesea U3A. To all our Knitters Group, girls you all have done a great job!





#### **WU3A PHOTOGRAPHY GROUP**

How well do you know your City?

## Photography Group members have been out and about with their trusty cameras and have issued a challenge to our readers -

### WHERE ARE WE ?



Can you guess the snapshot location?

Here's a Clue: crivitoa rhbuora

(Answer on last page)

#### **UPCOMING LAKES ENTRANCE TRIP**



#### 18, 19, 20 & 21ST NOVEMBER 2016

Richard and Pam will be announcing their annual Lakes Entrance Trip and providing full details at the **August Morning Tea**....

#### **BEGINNERS' LINE DANCING**





If you have wanted to give Line Dancing a go, but not sure of the steps, then here is your chance to learn.

Held on the 2nd Thursday evening of the Month in May Road Hall. This is run at the same time as the Games/Social night. Starting at 6.30 PM. Our instructor is Lillian Madden and the idea is to give thosewanting to give Line Dancing a go but have no idea where to start and what all the steps are.

Lillian explains the different steps and walks you through a dance that is fairly simple and uses the steps she has just taught. All the basics for the beginner.

Carol Battye

THE NEXT NEWSLETTER WILL ISSUE IN SEPTEMBER 2016. THE NEWSLETTER SUBMISSION CUT-OFF DATE IS 15<sup>TH</sup> SEPTEMBER 2016 SO IF YOU HAVE A CONTRIBUTION, INCLUSION OR ARTICLE, PLEASE EMAIL TO epspinner@bigpond.com BEFORE THE SUBMISSION DATE.

#### **WU3A 2016 TERM DATES**

#### Term 3

#### 11 July to 16 September 2016

Whittlesea U3A Membership Annual Fees				
Single	\$40.00 *			
Joint (at same address)	\$35.00 *each			
Associate (member of another U3A)	\$15.00 *			
TALEC (May Rd activities only)	\$1.00			
Tutors	N/A			
*Pro-rata fees apply during the year				

# . . Do you remember . .

#### 1959 at a glance



The first major station in the Snowy Mountains Scheme begins production of electricity.

*Introduction of* first passenger car ferry service on the "*Princess of Tasmania*" from Melbourne to Devonport.

Sydney Myer Music Bowl opened by Prime Minister Robert Menzies.

Female NSW state school teachers become the first group of women to win equal pay rights. HIT SONG OF THE YEAR
"Tom Dooley"

Women are admitted to the 'men only' stand at the MCG for Billy Graham's evangelical meeting.

 $\begin{array}{c} \text{MELBOURNE CUP} \\ \textit{Macdougal} \end{array}$ 

Construction of the Sydney Opera House begins.

The Federal Government amends the Health Insurance Scheme to assist chronic patients and those with pre-existing conditions.

#### Whittlesea U3A Inc. Committee 2015-2016

#### Committee Executive

#### President

Joseph Felice 9408 5675 – 0409 979 089 joefelice1@bigpond.com for personal contact or presidentwhittleseau3a@gmail.com for official contact.

#### Secretary/Public Officer/IT Consultant

Peter Rodaughan 9745 2518 -0438 050 824 pgrodaughan@bigpond.com for personal contact or secretarywhittleseau3a@gmail.com for official contact.

#### Vice President

Kathy Lizio
9465 2726 – 0414 925 567
<a href="mailto:kathylizio@bigpond.com">kathylizio@bigpond.com</a> for personal contact or <a href="mailto:ypwhittleseau3a@gmail.com">ypwhittleseau3a@gmail.com</a> for official contact.

#### Treasurer

Margaret Mitten 9404 1479 <u>emaymitt@bigpond.com</u> for personal contact or <u>treasurerwhittleseau3a@gmail.com</u> for official contact.

#### General Committee

#### **Programs Co-ordinator**

Afroditi Toso 0431488346 coordinatorwhittleseau3a@gmail.com

#### **Grants Officer/Assistant Treasurer**

Meg Brown 0403 176 212 grantswhittleseau3a@gmail.com

#### Venues Co-ordinator/Publicity Officer

Aldo Vicentic 0409 359 743 venuewhittleseau3a@gmail.com

#### Membership Co-ordinator/Systems Administrator

Kevin Whelan 9401 3004 - 0419 003 848 kevin.whelan@optusnet.com.au

#### **Programs Co-Ordinator**

Judy Cleary 9465 7414 - 0409 465 741 coordinatorwhittleseau3a@gmail.com

#### IT Co-ordinator/Assistant Grants Officer

Glen Wall 0422 852593 itwhittleseau3a@gmail.com

#### Almoner/Programs Assistant

Dianne Germaine 9436 9174 – 0419 343 789 gdgermaine@bigpond.com

#### Website Content Co-ordinator

 ${\bf Mary\ Renshaw-Lilian\ Kwiatkowski}$ 

9436 6231 - 0431 219 871

infowhittleseau3a@gmail.com maryr3089@gmail.com

#### Network Representative/Admin Assistant

Anne Heafield

 $9401\ 2370 - 0407\ 011\ 839$ 

bigimps@tpg.com.au; regionalrep@whittleseau3a.com.au

#### **CHAIR AEROBICS**

DVD IS AVAILABLE - \$10.00 each

Available at Monthly Morning Tea or from Brenda Gorely on 9436 9203.

#### Riverside Liaison

Marlene Day 9401 2054 – 0488 377 296 marleneday40@gmail.com

#### **Policies Co-Ordinator**

Michael Murray 9465 6163 – 0418 753 670 michaelmurray6@bigpond.com



### ANCIENT CHINESE PROVERB: What comes from the heart goes to the heart

#### ANTI VIRUS SOFTWARE FOR COMPUTERS

at "PC Australia", 26 May Road, Lalor - (03) 9464 6888 Offering WU3A members special prices and substantial discounts on Norton, Trend Micro and Kaspersky software

#### POLO SHIRT ORDER FORM

The Polo Shirt is 220 gram Polyester/Cotton Pique Knit, with a fully taped neck seam, half moon yoke, ridged collar & side vents. It is wash'n'wear Royal Blue with Gold logo.



#### AT THE SUBSIDISED PRICE OF \$20 EACH

Sizes available: (cms)

	XS	$\mathbf{S}$	$\mathbf{M}$	${f L}$	XL	2XL	3XL	4XL	5XL
Half chest size	51.0	53.5	56.0	58.5	61.0	63.5	66.0	68.5	71.0
Body Length	69.0	71.5	74.0	76.5	79.0	81.5	84.0	86.5	89.0

There is also a size K14, slightly smaller than the XS. Payment required with order.

NAME	PHONE NO.	SIZE	CLASS DELIVERY

#### WHERE ARE WE ?



<u>Answer:</u> Victoria Harbour [Intersection of Collins and Bourke Street].