

WALKING FOOTBALL GALA DAY



To celebrate the success of the City Strikers Walking Football Program please come and enjoy Melbourne City FC's Walking Football Gala day

Walking football is a slower version of the world game (soccer) that is helping senior's get active, make friends and smile! Men and women of all ages and ability levels welcome.

Date: Thursday October 27 2016

Time: 10 am to 2pm

Venue: Mill Park Basketball and Netball Stadium, Redleap Avenue Mill Park

Event Hosts: City of Whittlesea Walking Football Program



The day will include:

- Special Tai Chi Warm up exercise class by Tai Chi Master
- Fun tournament
- Come and Try for beginners
- Skills training
- Morning tea, Lunch and Plenty of laughter
- Meet new friends and learn about local Walking Football Programs

VICTORIAN
SENIORS
Festival



Cost: \$5 per person **Dress Code:** Comfortable non black soled footwear

Bookings essential contact: GEORGE HALKIAS on 0403 653 951

Supported by: Multicultural Social Group of Victoria, Mill Park Basketball and Netball Stadium



