



May Road Campus
2B May Road
Lalor 3075
(03) 9464 1339

Peter Lalor Campus
34 Roberts Street
Lalor, 3075

All Correspondence:
Secretary, Whittlesea U3A Inc.
P.O. Box 1157
Lalor 3075
email; secretary@whittleseau3a.org.au

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THE PRESIDENT'S MESSAGE.....



Winter is a reflective time of year. Recently listening to a group of members chatting over a coffee, the chatter ranged from excitement of upcoming cruises, leaving the cold temperatures, flu injections, class activities, and the grandkids. As I walked to my car I reflected on the chatter and thought how relevant our organisation's Public Relations initiative is. You may have seen on late night TV or the in Theatres a U3A promotional clip branded as:

The Whittlesea U3A programs are engaging our members in a positive world of learning, enjoyment and interaction through sharing knowledge, skills and experiences.

Our classes and activities are recognised as beneficial in the combat of social isolation of seniors in the community. The physical and social activities promote wellbeing.

MEMBERSHIP

It is pleasing to announce that Whittlesea U3A now has a membership of 731 members and that we are progressively adding multicultural classes and activities to our course calendar.

I would like to recognise the commitment of our over 80 volunteer class and activities leaders and administration support for their time commitment, and willingness to share their knowledge. As members remember that our Volunteers are unpaid leaders who facilitate classes for the benefit of the class participants not themselves.

WHITTLESEA U3A OFFICE RELOCATION

The May Road Office which was only available to Whittlesea U3A on Tuesday PM and Thursday had become unworkable some time ago and a significant part of the case for Whittlesea U3A succeeding in being provided the Peter Lalor College facility was to provide an administration office on a five day a week basis to support our growing membership.

The Whittlesea U3A administration office has now been fully relocated to the Peter Lalor College 34 Robert St Lalor and the office is open for part of each day Monday to Friday.

Whittlesea U3A
Motto:

*"Sharing
of skills and
knowledge"*

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Special thanks to

Andrew Giles' Office for printing the newsletter & other publications

the President's message.....continued

The schedule of office hours for 3rd Term will be emailed to members prior to the commencement of third term. The Whittlesea U3A phone numbers {03}9464 1339 and mobile 0422852593 remain the same.

The WHITTLESEA U3A DROP IN at PLC campus Robert St is well stocked with Books to read or exchange, puzzles to solve and space for chat over a tea or coffee. Please call in and have a look.

SUCCESS OF THE COMPUTER, TABLET & ANDROID PHONE SUPPORT

The member support for better use and problem-solving issues with technology devices Computers, Tablets and Android Phones introduced through 2nd Term is most popular and now has been extended to other days by appointment. Our leader for the program Shaun O'Brien has assisted a number of members and is to be congratulated on setting up the program.

MENS HEALTH

I attended, with Susan Webster U3A Network Victoria President and Michael Murray WU3A Partnership Coordinator, the launch of men's health Week, 11-17 June, at a Men's Health initiative at Government House, hosted by The Hon Linda Dessau Victorian Governor.

The questions posed at the launch was - "Why is Australian male health so in need of attention? Why work on men's health?"

The response - "Because the health status of males in most countries, including Australia, is generally poorer than that of females."

More males die at every stage through the life course, more males have accidents, more males take their own lives and more males suffer from lifestyle-related health conditions than females at the same age.

Meanwhile, men are less frequent visitors to general practitioners, and the perception is that they don't care about health or that health services are not well-prepared to interact with men effectively.

This is not just a concern for men but most men will have any of a wife, sister, daughter, granddaughter for whom it is a concern. WU3A will be progressively including in our program information session and activities that contribute to the improvement of health of men within our community.



The body worn camera Pilot

If you happen to be around Epping or Ballarat you may notice police officers wearing body worn cameras. Victoria

Police has started trialling the new equipment to see if it can play an effective role in a Victorian policing environment.

The small video cameras worn on the uniform of police officers can capture video and audio evidence, and are expected to improve community safety and justice outcomes.

Victoria Police will take what is learnt from the pilot and evaluate this information to guide the further use and deployment of the cameras.

The Royal Commission into Family Violence found there is potential for body worn cameras to be a beneficial tool in the response to, and management of, family violence incidents.

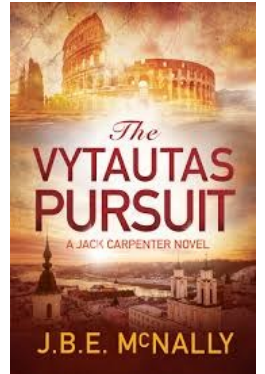


Hi Everyone

Allow me to introduce myself.

My name is Bryan McNally and I participate in a number of Whittlesea U3A classes including the Writer's Group of which I am the tutor. The group meets fortnightly on Wednesdays at Jindi, Mernda and we share stories, ideas and written pieces. The group has great fun and the variety of the writing subjects is broad and interesting.

We set different exercises based on just about anything such as random topics, opening sentences and random lines from books to create different short stories. Or any other work that each class member would like to present. The results are many and varied and great fun. For example, someone suggested a piece developing a character and this was really different but gave us some interesting results.



We have now three members in the group who have self-published works. Don Langdon, Jan Marshall and now myself under the pseudonym of J.B.E. McNally (I thought I would cash in on the JK Rowling and JRR Tolkien theme - a bit optimistic don't you think?). So we are all thrilled about that.

My book called The Vytautas Pursuit traces the rise and fall of the most revered Grand Duke of Lithuania; Vytautas the Great, and introduces Jack Carpenter, one might say my alter ego. Jack and his small team need to work their way through the maze that is modern-day Vilnius, fighting off the local mob and the Teutonic Knights to regain the lost crown jewels and rescue his family held to ransom.

Jack (The Vytautas Pursuit) is available from Kindle in e-book and paperback and on Apple ibooks, Kobo and Smashwords for all other formats. If you purchase on Smashwords at <https://www.smashwords.com/books/view/806898> there is a special introductory discount of 30% for the ebook for Whittlesea U3A members. The discount coupon code is DB67Z and should be entered when you are checking out.

We are also planning a special workshop and book launch at the Mill Park Library during July and August and I will confirm this once dates are available.



For enquiries about my class please call me on 0419 585 894. New members are welcome

Yours in writing
J.B.E. (Bryan)

CENTENARY OF “BATTLE OF ARRAS” – 9 April, 1917 – 9 April, 2017

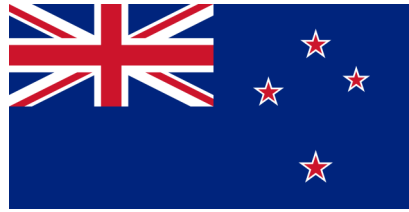
Arriving in Arras, Northern France from the railway station on April 5, 2017 we were amazed to see, flying at the entrance, flags of the countries which had helped France in the First World War; 100 years before. In front of us was our Australian flag with words “Thank you Australia”; turning to the left was the Union Jack with the words



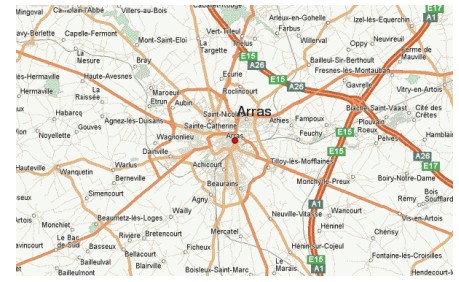
The dawn ceremony to commemorate the centenary was being held at 6.30 am on Sunday 9th April but on the Friday previously we had the privilege to watch bands playing in the Town Centre and a Sound and Light show from the Canadian Government showing Canada's military history and its close links to the town. We returned to La Carriere Wellington museum to be reminded of the New Zealand tunnellers who created a 20 kilometre network of passages

We noticed the many large posters of the soldiers from various countries displayed around the town and spent time looking at a trench reconstruction made by the school children of Arras whilst also looking at various exhibitions of photos displaying the destruction of Arras. In most of the shops were displayed the flags of the nations to show their thanks to the countries which took part in the fighting. Saturday 8th April at 6.00 pm saw us in the Cathedral attending a ceremony commemorating the people of all faiths who fell as that was the date a religious ceremony was held underground before the soldiers began their battle on 9th April. Next day at 5.00am we walked to where the dawn

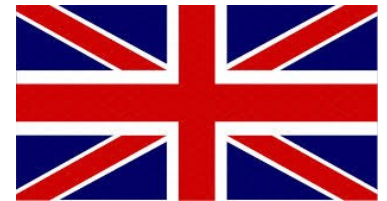
“Thank you Great Britain”;
“Thank you New Zealand”,



“Thank you Canada” plus a few more all with their own country's flag. It brought tears to our eyes and we remembered the reason we were there. We wished to honour Ian's grandfather and pay tribute to so many gallant men and women who fell in



that battle. Arras became a pivotal point on a battlefield stretching 20 kilometres from Vimy Ridge to the Bullecourt sector.



linking the massive ancient subterranean chalk quarries and to where 24,000 soldiers stayed underground for 8 days before launching themselves onto the battlefield. This “underground city” had a hospital with 700 beds. Most of the residents of Arras were evacuated as 80% of the town was destroyed. It was in when British and Commonwealth nationalities converged to defend the area of Artois.

ceremony was to be held at 6.30. “*What a moving and emotional service it was*”. Reverend Dr. Russell Barr, Moderator of the General Assembly of the Church of Scotland opened the ceremony with a call to prayer. Many readings followed, one of a newspaper extract depicting the bombardment of Arras, another the fall of the Belfry, a poem by a German with many more readings from diaries of the soldiers which left no one dry eyed. After the final national anthem played Ian and I started the two kilometres walk to the next ceremony, a “Scottish Commemoration Service” which was being held at the Arras Memorial where Ian's grandfather has his name on one of the huge columns.

Another moving ceremony followed and thankfully this was all in English. Many kilts were worn at that place and it was lovely to see Scottish school children there who placed Poppy Crosses on graves after the ceremony. The next two days were taken up by visiting the various battlefields and to visit Loos cemetery where my uncle has his name.





We were keen to see Vimy Ridge as that is where the Canadian memorial is held and whereas the British offensive was not Ridge by the Canadians was one of the major episodes of the Battle of Arras. In fact they held their centenary ceremony at 3.30 pm on 9th April with 25,000 people in attendance, including the Prime Minister of Canada, Mr J Trudeau.

It was that day we learned that Newfoundland was not part of Canada until 1949 and there is a special memorial to the Newfoundlanders as they lost 800 men from a battalion of 1,000. It was amazing to drive through the village of Vimy

Ridge to see the Canadian Maple Leaf flag flying from many windows.

Another highlight was to go to Villers Bretonneux where the Australians were also victorious and at the school is a wall with large writing

“DO NOT FORGET AUSTRALIA”

There is also a stone tablet advising that the children from the State of Victoria helped to build the school from donations they raised.

We drove to the Memorial and noticed a lot of activity along the side of the memorial which our guide mentioned was for ANZAC Day which is celebrated each year. Once again it was a pure delight to witness many Australian flags in the village of Villers Bretonneux as we passed through.

Overall our seven day visit to Arras was highly emotional and very rewarding as we are always reminded to never forget these courageous men and women who died in the First World War.

Elizabeth Kendrick



Coffee, Chat, Company

The “Drop in Room” at Peter Lalor Campus (Room number 108) has been set up. Members can call in, have a chat to others, read a book, share interests when they have nothing to do at home and looking for company. It can be used as a venue for casual sharing of interests. The room is furnished with comfortable chairs, tables and book shelves for a book, jigsaw and puzzle

exchange program and is available for use Monday to Friday 9:30 am. We encourage members to help with assembling a jigsaw which has been set up in the room. You can add your piece/s anytime and stay as long as you like. The room and jigsaw are open to all from Monday to Friday.

HUMOUR

One day the old German shepherd starts chasing rabbits and before long, discovers that he's



lost. Wandering about, he notices a leopard heading rapidly in his direction with the intention of having lunch.

The old German shepherd thinks, 'Oh, no! I'm in deep doo-doo now!' Noticing some bones on the ground close by, he immediately settles down to chew on the bones with his back to the approaching cat. Just as the leopard is about to leap, the old German Shepherd exclaims



loudly, 'Boy, that was one delicious leopard! I wonder, if there are any more around here?'

Hearing this, the young leopard halts his attack in mid-strike, a look of terror comes over him and he slinks away into the trees. 'Whew!' says the leopard, 'That was close! That old German Shepherd nearly had me!'

Meanwhile, a monkey who had been watching the whole scene from a nearby tree, figures he can put this knowledge to good use and trade it for protection from the leopard. So, off he

goes, but the old German shepherd sees him heading after the leopard with great speed, and figures that something must be up.

The monkey soon catches up with the leopard, spills the beans and strikes a deal for himself with the leopard.

The young leopard is furious at being made a fool of and says, 'Here, monkey, hop on my back and see what's going to happen to that conniving canine!'



Now, the old German Shepherd sees the leopard coming with the monkey on his back and thinks, 'What am I going to do now?', but instead of running, the dog sits down with his back to his attackers, pretending he hasn't seen them yet, and just when they get close enough to hear, the old German Shepherd says 'Where's that monkey? I sent him off an hour ago to bring me another leopard!'

Moral of this story...

Don't mess with the old dogs... age and skill will always overcome youth and treachery!

Brilliance only comes with age and experience.

TRIVIA QUIZ QUESTIONS

1. Who was the legendary Benedictine monk who invented champagne?
2. Name the largest freshwater lake in the world?
3. Where would you find the Sea of Tranquility?
4. What is someone who shoes horses called?
5. What item of clothing was named after its Scottish inventor?



The story behind our logo



I was recently asked about the logo of Whittlesea U3A and thought it was time to tell its' story!

“Back in the early days a group of people came together to form another U3A, suggestions were called for a suitable name for this organisation.

A Maltese member, who was also a Councillor at the time, Fred Fabri, suggested Whittlesea U3A and although this was accepted, concern arose because the name could imply the township of Whittlesea and not the City of Whittlesea. I suggested that the outline of the municipality of Whittlesea could be used to signify our area of operation. This was accepted and the yellow

shape you see is the municipality boundary.

Helen Campbell then put the shape and initials into a format, using the original colours of U3A, blue and yellow. A problem arose when using the logo on coloured documents as the background was opaque. Don Clarke came to the rescue with his computer skills and made the background transparent.

It's simple format and colour makes it easy to identify information belonging to Whittlesea U3A Inc. which is, after all, the function of a logo”.

Beryl Clarke



This class is called '*FeldenKrais, Awareness through Movement*' and the Tutor is Medhavi Verma.

It is held at Riverside Community Center on Tuesday mornings. This will be put on hold now until October as Medhavi has just had a baby girl. Congratulations from everyone at Whittlesea U3A

The class numbers around 20 but on this Tuesday there were only 8; the members say that this class has been helping them a lot

with back pain. The attendees for this photoshoot were; Bev Cousins, Christine Tch, Susan Young, Jan Tornatora, Silvana Di Battista, Wendy Bester, Joan Delbridge, and Sandra Ellis-Nock.

Publisher: Whittlesea U3A Inc

Editor: Lilian Kwiatkowski

Photographer/video: Carol & Bob Battye

Layout/Design: Lilian Kwiatkowski & Peter Rodaughan

Email articles to: news@whittleseau3a.org.au

Closing date for submissions to the next edition: Thursday, 13th September 2018

ANNUAL GENERAL MEETING—23rd August 2018—2:00pm.

Come along to find out about what we have achieved this year, what could be happening next year and show you support for the hard working committee who keep Whittlesea U3A operating for you.

One of the things you are all responsible for is approving the annual subscriptions for Whittlesea U3A membership. That requires a majority vote in favour of whatever the subscriptions proposal is presented to the members present. Be there to have your say.

Solution to the last Word search

Below is a table showing how many columns over and rows down each town starts followed by the direction in which the word is spelled. The 27 leftover letters complete the following: - THERE IS NO TOWN STARTING WITH X In Victoria,

Name	Over	Down	Direction
ARARAT	1	6	↗
BACCHUS MARSH	18	9	←
BAIRNSDALE	9	10	→
BALLARAT	20	12	↓
BANNOCKBURN	20	1	↓
BENA	11	1	→
BENALLA	3	9	↗
BENDIGO	10	16	→
CASTLEMAINE	19	13	↑
COBRAM	11	19	→
COLAC	16	1	↙
COWES	18	16	↑
DARGO	7	16	↓
DROUIN	5	15	↓
DRYSDALE	18	8	←
ECHUCA	13	6	↗
GEELONG	9	7	↗
GISBORNE	3	13	↓
HAMILTON	2	19	↑

Name	Over	Down	Direction
HEALESVILLE	2	11	↗
HENTY	9	16	↓
HORSHAM	12	11	→
INVERLOCH	10	7	→
KILMORE	19	1	↙
KYABRAM	20	20	←
LAKES ENTRANCE	17	1	↙
LARA	12	13	→
LEONGATHA	17	19	↑
LEOPOLD	18	18	←
LOCH	2	1	↓
MARYBOROUGH	7	12	→
MELBOURNE	10	1	↙
MELTON	1	19	↑
MILDURA	19	2	↙
MOE	16	4	↘
MORWELL	6	14	↓
NYAH	7	11	→
OCEAN GROVE	3	11	↗

Name	Over	Down	Direction
PORTARLINGTON	1	2	↓
PORTLAND	9	15	→
SALE	10	5	↗
SEYMOUR	2	8	↗
SHEPPARTON	10	5	↙
STAWELL	7	1	←
SUNBURY	19	14	↓
SWANHILL	4	19	↑
TORQUAY	18	17	←
TRARALGON	17	13	←
WALLAN	10	2	↙
WANGARATTA	18	14	←
WARRAGUL	8	1	↙
WARRNAMBOOL	11	11	↖
WODONGA	5	14	↘
WONTHAGGI	13	20	↖
YARRAWONGA	8	11	↓
YEA	9	20	→

On the next page, there are 59 suburbs listed where Whittlesea U3A members live. They are in the word search table for you to find. They are spelled forwards, backwards, up, down or diagonally.

Can you identify the one that is not in Victoria; also there are 128 letters left over to form the following statement.

[Solution will be available in the next Newsletter]

	1	2	3	4	5	6	7	8	9	10	11	12	13	14	15	16	17	18	19	20	21	22	23
1	K	C	O	T	S	D	O	O	W	S	J	U	N	S	E	Y	M	O	U	R	G	E	T
2	E	P	L	E	N	T	Y	T	W	W	O	T	W	N	H	O	W	U	E	R	K	I	A
3	S	A	N	D	D	R	H	A	N	O	D	O	O	E	I	H	G	N	E	A	H	B	B
4	T	E	E	I	H	O	N	G	S	D	D	D	A	A	I	W	K	E	L	W	H	M	M
5	I	T	W	A	T	S	O	N	I	A	N	O	R	T	H	W	N	K	T	T	L	A	A
6	E	T	O	M	R	A	S	K	E	E	R	C	T	N	A	S	A	E	H	P	E	L	R
7	A	U	L	O	O	N	U	M	S	M	H	L	H	F	B	L	B	N	A	R	C	L	R
8	M	L	L	N	N	N	D	S	I	T	E	G	U	O	L	V	W	E	M	E	O	A	A
9	A	L	E	D	Y	A	E	R	T	S	A	E	R	O	L	I	E	K	N	S	B	Y	Y
10	H	A	R	C	O	L	S	I	E	E	T	O	S	E	Y	O	I	F	O	T	U	T	H
11	E	M	T	R	R	L	E	A	T	W	U	R	C	F	B	H	V	I	R	O	R	R	D
12	L	A	B	E	Z	A	K	A	G	G	O	E	R	R	R	L	M	E	T	N	G	M	D
13	K	R	B	E	T	W	E	R	H	L	R	S	E	R	A	A	E	E	H	S	N	R	I
14	C	I	N	K	I	N	G	L	A	K	E	W	E	S	T	I	N	D	D	E	O	G	I
15	I	N	E	W	F	M	I	L	L	P	A	R	K	N	T	H	G	K	I	F	R	E	Y
16	M	E	L	T	O	N	S	O	U	T	H	M	O	R	A	N	G	I	S	E	T	S	R
17	A	P	G	E	O	T	M	T	K	F	I	G	O	K	I	R	A	T	E	T	H	F	U
18	C	P	E	D	T	C	S	E	H	R	Y	N	R	I	E	O	O	N	N	B	O	E	B
19	L	I	L	D	I	I	H	A	R	E	A	F	B	U	F	B	V	O	O	E	U	N	S
20	E	N	T	R	E	R	N	T	M	N	L	P	Y	T	B	A	Y	R	D	T	S	R	G
21	O	G	T	U	B	N	E	E	R	O	D	E	N	A	L	X	U	R	E	N	L	B	N
22	D	S	A	A	L	L	B	V	U	O	H	A	N	E	T	O	O	N	E	S	U	A	I
23	I	S	W	I	Y	A	N	Y	E	A	N	T	O	A	D	N	V	R	I	C	E	B	K
24	T	K	C	I	W	S	N	U	R	B	H	A	D	F	I	E	L	D	O	R	I	R	A

ABBOTSFORD	ELTHAM NORTH	KINGLAKE WEST	ROKEBY	WESTMEADOWS
ALTONA	EPPING	KINGSBURY	ROSANNA	WHITTLESEA
ARTHURS CREEK	ESSENDON	LALOR	ROXBURGH PARK	WOLLERT
BEVERIDGE	FAWKNER	MACLEOD	SEYMOUR	WOODSTOCK
BROADMEADOWS	FITZROY NORTH	MELTON SOUTH	SOUTH MORANG	YALLAMBIE
BRUNSWICK	FRANKSTON	MERENDA	ST HELENA	YANYEAN
BUNDOORA	GREENSBOROUGH	MICKLEHAM	THOMASTOWN	YARRAMBAT
COBURG NORTH	GREENVALE	MILLPARK	TULLAMARINE	
CRAIGIEBURN	HADFIELD	NORTHCOTE	VIEWBANK	
DIAMOND CREEK	HEIDELBERG	PHEASANT CREEK	WALLAN	
DONNYBROOK	HEIDELBERG HEIGHTS	PLENTY	WATSONIA	
DOREEN	KALKALLO	PRESTON	WATSONIA NORTH	
EDEN PARK	KEILOR EAST	RESERVOIR	WATTLE GLEN	

A HAPPY STORY



This is the town where the family originated. St. Giles Church in the background.

A chance meeting with another member Lyn, at a Monthly U3A meeting, saw the amazing re-union of a long lost family.

A few years ago my nephew worked hard tracing and recording my husband's family history. He produced a book with all his findings after travelling back to the old country and researching immensely. Sadly, there was one arm of the family that seemed to disappear back in the 1940's. Not in the old country, but here in good old Australia! A little information was known but nothing after that time.

Our original ancestor arrived in Australia back in 1850; from there the families have grown. My husband was the youngest in a family of eleven children. Sadly, he is the last one left, and growing up in a country town he got to know most of his relatives that lived in close proximity. Those who lived further afield contact diminished due to lack of transport and

having such a large family made it impossible to venture away. Normally the outings were by train. His uncle lived in the Melbourne area but contact was lost.

When I met this lovely lady and realized we both shared the same surname I was curious. She told me we would probably not be related as she had heard that their surname had been changed early in the 1900's. I smiled at her and said yes I also know this! And so started our friendship. In turn she introduced us to her brother-in-law and we have had a wonderful get together.

Now this meeting with Lyn has introduced us to a cousin who has been able to fill us in with that missing link.

I thank U3A and this lovely lady for being an important part in finding the missing link of our family.

Cath Bradford



14th Century old Bradford Bridge in the Town.

184THU16 – TENNIS

This class has been postponed until 3rd term due to leader's ill health.

Class Changes

182TUE01 & 184THU13 WATER AEROBICS – MILL PARK

These classes will be shut down from Sat. 30th June for approximately 20 months while a new centre is being constructed.

182TUE02 – FELDENKRAIS

This class has been postponed until 4th term as tutor is on maternity leave. Congratulations to Medhavi on the birth of her little girl.

184THU03 – YOGA

This class needs someone to help keep it running. Please contact Judy Cleary 0404 119 189 if you could help.



Sharing our talent



The moment Line dancing was introduced from America; Lillian Madden has been involved with learning all the moves. Five different teachers over a long period of time has given her a lot of experience and with this experience and her love of dancing she decided to start teaching a class herself passing on her knowledge and showing people who were keen to learn how to have fun and get exercise at the same time.



The first opportunity came to take a beginner's class on the second Thursday night of each Month at the May Road hall. It had been a very popular class but really more sessions were needed. Having a class once a month was just giving students a taste of the fun. Then an idea was put forward to make use of a gap between two different classes held at Epping Memorial Hall on Fridays; Whittlesea U3A has use of this hall for the whole day on Fridays and here was an opportunity to create a beginner's class as a weekly option.



It all started out with very basic equipment using a CD player. Meg Brown stepped up and offered to be the DJ leaving Lillian to concentrate on the teaching side of things. Then Elaine Bateman came up on stage to help demonstrate some of the dance steps and so they became a team of three. Now things have moved on to a point where the music is from a Playlist using a lap-top so the music has become much more efficient. Also around the hall, Lillian has a group of experienced line dancers whose help is there when needed. The class has grown to be a big group of fun loving individuals who are spending an hour learning dancing having a lot of laughs while generally exercising.

Due to a sudden tutor vacancy for the earlier Line Dancing class, which is a more experienced group of dancers, they needed someone to help keep their class going and after much discussion and not wanting to see this class fold, Lillian and Elaine stepped up and agreed to take on this class as well. After a few hic-cups, the class is now getting on track and these students are still getting to enjoy their dance session.



Word must have got around because an e-mail came through from U3A Banyule looking for help to set up a line dancing class.



Carol Battye





Discover Melbourne Train Trip



Once again, the Whittlesea U3A year started and so did the Discover Melbourne Train Trips;

Group 1, under Mary Renshaw's guidance the group has had the opportunity to see the various sights of CBD Melbourne, and outer suburbs. Going on these trips one almost feels like a tourist seeing Melbourne from a different perspective. We have been able to learn some of our history, visit sights we often walk past and ignore and investigate cultures evident in this great city of ours.

We meet monthly at South Morang station (or stations along the way). It is always a very early start to the day catching the 8.33am train to Flinders Street. The great thing is we do not have to worry too much about parking because as you might guess there are not that many people competing with spaces that time on a Sunday morning. However, the early start pays off because we get into the city or other

destination in enough time to really enjoy the day. Our first stop has always been Flinders Street Station and a visit to a local coffee shop for that early morning hit of caffeine, just to get us ready for the rest of the day.

By the end of each day we are all tired but quite rejuvenated having walked and walked, and talked and talked, and observed all that is around us. Although the list below is not in any sort of chronological order because there are so many to talk about some of the sights we have visited include:

Exhibition gardens with the various species of flora seen there

Melbourne Museum and the retirement of the Chinese Dragon

Federation square with its changing display – on this instance the focus was farming and decorated cows

Melbourne Arts Precinct showing both the permanent

Music History display and the promotion of its theatre productions

Victoria Market

South Melbourne Market

Maling Road in Canterbury and its antique style street shops

Puffing Billy and the varied restaurants and shops in Olinda and Gembrook

Treasury Place

Victoria Harbor, South Bank and South Wharf

Etihad Stadium

ACMI and Alice in Wonderland

We have ridden trains and trams and done lots of walking. The photos attached give you some idea of what we have seen along the way.

Once again thanks Mary for each new activity and looking forward to our next discovery in August – unfortunately we miss out in July because of school holidays.

Natalie Lim



Discover Melbourne Train Trip



CONGRATULATIONS

On June 16 the WU3A Choir and Ukulele players performed at the Mernda Cultural Fusion Festival. As well as enthusiastic applause, their performance received great praise from the organisers. Local Member of Parliament, Danielle Green got up and joined in with the choir as they sang “All My Loving”. Later Danielle sang a solo version of “We Are Australian” and had the choir supporting her with the choruses.



TRIVIA QUIZ ANSWERS

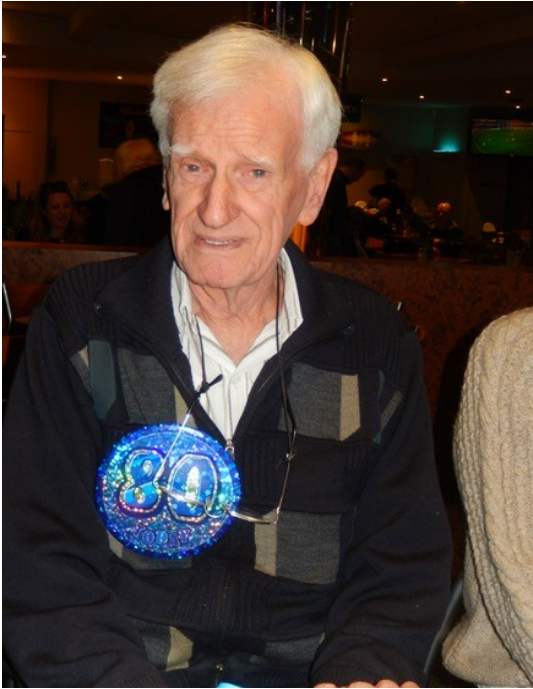
1. *Dom Perignon.*
2. *Lake Superior*
3. *The Moon.*
4. *A farrier.*
5. *A Mackintosh.*

Term 3;-

16th July—21st September

2018

Wes Smith



Curiosity killed the cat', but not so for 83-year-old Wes Smith, as he turned his attention from engineering to modern 3D printing. It has been quite a challenge for him to master the process as he went from one class to another; from one university to many more in order to crack the code to make it easy. 3D printing lets designers create complex shapes and parts – many of which cannot be produced by conventional manufacturing methods. By the natural laws of physics, manufacturing through additive methods means that complexity doesn't have a price; elaborate product with complicated design features now cost just as much to produce as simple product designs that follow all the traditional rules of conventional manufacturing.

He drew on his engineering experience and took baby steps to understand the basic instructions. The teachers/professors were very much in the dark or did not want to divulge the whole processing secret to the masses. Wes, now works with young adults from Peter Lalor College.

He was born in 1935 and has lived in St Kilda, Lakes Entrance, Bendigo, Mildura and Reservoir. He was a merchant seaman, travelling the world extensively and he is a qualified engineer. He has worked with a number of companies including Metropolitan Fire Brigade, Containers, Rowntree and Caterpillar,

just name a few. He retired in 1999.

Even now, Wes spends a lot of time developing unusual items, currently he is working on adapting a mobility scooter, to go "off road". He just loves spending time in his shed.

He married Marlene in 1963 and children played a major part in their lives. Apart from their own children they fostered many children from 1984 to approx. 2008. They generally took on children with more difficult family issues, and Wes still keeps in contact with one or two. He also thinks about all of them and how they might be going now.

Within the community Wes and Marlene were heavily involved with their Church, Scouts and helped out with local drama groups, making costumes, set design and building. They were also involved with the St Kilda Cheer Squad, creating many new St Kilda supporters with the Foster Children.



Wes cared for Marlene during her ill health from 2009 to her death in 2012.

Joining Whittlesea U3A in 2008 had a major impact on their lives, providing a strong social outlet for them both, especially for Wes after Marlene's death.

Some of the activities Wes has enjoyed are: Computer, Carpet Bowls, Trivia, Share a Meal, Breakfast, Devonshire tea, Monthly Morning Tea and has gone on most of the bus trips.

He especially enjoyed the Lakes Entrance trips, sharing his memories of living there. Whittlesea U3A remains a major part of Wes' life. Of course Wes can always be counted on to help out with some of the many behind the scenes work as well.

Wes took an avid interest in the ongoing production of 3D printers over the past 5 or so years, seeking out anyone who could quench his thirst for knowledge on the subject. He finally purchased his own (approx.) 2 years ago, and has slowly developed his knowledge.

He has found some parts difficult, but true to form, has not given in. Having stuck to his guns, he is now in his element, being able to actually show a small taste of what he believes can be achieved using 3D printing. Imparting his knowledge and helping others realise that you are never too young or too old to learn is extremely important to Wes.

He also has recently renewed contact with a former work colleague, who is now in a position to help Wes further in his love of 3D printing.

*Jenny Loring &
Lilian Kwiatkowski*



WHITTLESEA U3A INC. POLO SHIRT

Royal Blue with Gold Logo

The Polo Shirt is 220-gram Polyester/Cotton Pique Knit, with a fully taped neck seam, half-moon yoke, ridged collar & side vents.

AT THE SUBSIDISED PRICE OF \$20 EACH

Sizes available: (cms)

	XS	S	M	L	XL	2XL	3XL	4XL	5XL
Half chest size	51.0	53.5	56.0	58.5	61.0	63.5	66.0	68.5	71.0
Body Length	69.0	71.5	74.0	76.5	79.0	81.5	84.0	86.5	89.0

There is also a size K14, slightly smaller than the XS. Payment required with order.

Available at Monthly Morning Tea or from Brenda Gorely on 9717 4126 or 0468 423 586

CHAIR AEROBICS DVD ALSO AVAILABLE AT \$10 EACH.

ANYONE FOR YOGA?



Whittlesea Committee Inc. U3A 2017 - 2018

COMMITTEE EXECUTIVE

Glen Wall	president	president@whittleseau3a.org.au
Kathy Lizio	vice president	vicpresident@whittleseau3a.org.au
Natalie Lim	secretary	secretary@whittleseau3a.org.au
Margaret Mitten	treasurer	treasurer@whittleseau3a.org.au
Afroditi Toso	program coordinator	coordinator@whittleseau3a.org.au
Peter Cleary	it coordinator	itcoordinator@whittleseau3a.org.au
Lilian Kwiatkowski	web communication	news@whittleseau3a.org.au
Kevin Whelan	membership	membership@whittleseau3a.org.au
Anne Heafield	network rep	regionalrep@whittleseau3a.org.au
Aldo Vicentic		info@modsmmedia.com
Joe Felice	project development	programdevelopment@whittleseau3a.org.au
Bev Moore	Whittlesea Township Liaison	wu3aTownship@whittleseau3a.org.au
Michael Murray	Partnership Coordinator	
Peter Rodaughan	Public Relations	peter.r@whittleseau3a.org.au

Kathy Lizio	almoner	
Dianne Germaine	social events	gddgermaine@bigpond.com
Judy Cleary	tutor liaison	judy.c@whittleseau3a.org.au
Mary Renshaw	custodian of Professor Bear	professor.Bear@whittleseau3a.org.au

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A big thank you also goes out to Mill Park Library for the use of their rooms

N.B. When at Peter Lalor Campus, please use the cups/mugs provided; after use, rinse and place in dishwasher.

Under any circumstances, polystyrene cups are NOT to be used in Peter Lalor Campus.