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Issue No. 29

September 2018

# NEWSLETTER

A G M 2018



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# THE PRESIDENT'S MESSAGE.....

*Whittlesea U3A*

*Motto:*

*“Sharing  
of skills and  
knowledge”*



## FROM THE PRESIDENT .....

Spring is here, the weather is getting warmer and our membership and class numbers are increasing. Membership has reached 798 members and our class offerings have increased to 73. It is pleasing to note the interest in craft, technology and exercise classes which I comment on in the article. Our continual refreshment of classes is focused on engaging our members in a positive world of learning, enjoyment and interaction through sharing knowledge, skills and experiences.

The Whittlesea U3A Annual General Meeting was held on 23rd August. The executives elected were President Glen Wall, Vice President Kathy Lizio, Secretary Elaine Bateman and Treasurer Peter Rodaughan. The Committee members for 2018/19 are Kevin Whelan (Membership), Peter Cleary (Peter Lalor Campus Co-ordinator), Afroditi Tosso (Class Data Base support), Bryan McNally (Planning), Michael Murray (Partnership Co-ordinator), Bev Moore (Township of Whittlesea Representative), Helen Downie (Welcoming Sub Comm) and Anne Heathfield (U3A Network Rep).

The 2018-19 committee is committed to continuing the good work of past committees and I look forward to working with them.

We are continuing to expand class and activities offerings to our members. Commencing in term 4 is an expansion to the “Computer Use Support” program that assists members overcome problems in using computers, tablets and smart phones to access online government and support organisations websites. The program is on a booking basis and is for one on one support.

Android (non-Apple) smart phones and Tablet computer classes, the classes provides instruction in using Smart Phone and Tablets effectively. Includes help on mastering specific functions necessary for the installation and use of applications on the device. Bring your own Smart phone or Tablet.

Bookings can be made for these support sessions by calling the Whittlesea U3A office on 9464 1339.

Other new classes include Candle Making, Calendar for 2019 and Origami - The art of paper folding and art cuOngto to create artistic forms out of paper.

Two additional Tai Chi classes for beginners have been added to the class list, one Thursday at 2:00 pm at the Laurimar Community Centre 25 Hazel Glen Drive Laurimar, the second Mondays at 9:00 am at French Street Hall, Lalor.

The six (6) “Sons of the West in the North” (SoWiN) men’s health awareness program completed in the last week of September. The participants were engaged in learning how to gain the knowledge to enable them to reach their own mental. physical and social health goals, while receiving constant support from key health wellbeing professions. As a result of the success of the program work has commenced on continuing the program in 2019.

Special thanks to

Andrew Giles’ Office for printing the newsletter & other publications

The Whittlesea U3A Art for Fun group has paintings painted by members of the group on display at the Two Beans and a Farm restaurant in the Carome Homestead Mernda. The art work on display is for sale and we are pleased to report that some items on display have been sold.

Our Whittlesea Township contact committee members Peter Rodaughan and Bev Moore are continuing to work on meeting local residents and developing new activities to engage seniors in the local area.

Details of Whittlesea U3A classes including membership forms are available at Whittlesea Community Activity Centre. Laurel Street, Whittlesea,

### **SENIORS WEEK CELEBRATIONS COMMENCE ON MONDAY 8<sup>th</sup> COTOBER**

We are pleased that the Whittlesea U3A Choir will again perform at the Edge Federation Square Swanston Street Melbourne. The Whittlesea U3A Choir is one on eight (8) Choirs to perform in recognition of the hard work and enjoyment the Choir members gain by participating.

### **REQUEST FROM KNITTERS GROUP**

Our Knitters Group lead by Coral Rourke is looking for donations of 8 ply wool to assist them continue their good work. The group has 31 members and from July 2015 to 19 September 2018 with the help of outside people have knitted 6,293 items. These items all go to KOGO, (knit one, give one) who then pass it onto over 300 charities weekly. The groups that benefit include homeless, refugees, children who are at risk, families struggling to make ends meet, and also indigenous communities.

The Knitters Group is one of the Whittlesea U3A classes that provides a tangible community benefit from their learning and socialising.

Wishing all members an enjoyable Term 4.

Glen Wall  
President



## **Christmas Break up**



Bookings are open for our Christmas break-up luncheon and we have managed to keep prices down this year.

**Venue:-** Manor on High -519 High street Epping.

**Date:-** Wednesday 5th December 2018.

**Time:-** 11.30 am—4.00 pm.

**Band:-** Horizon

**Cost:-** Members \$45.00 Non-members \$50.00

**Tables** take up to 12 people.

**Bookings** close 5th November, (Morning tea). All money to be paid by then.

Bookings are made by contacting Dianne Germaine (03) 9436 9147 or [gdgermaine@bigpond.com](mailto:gdgermaine@bigpond.com)

Payments can be made by cash or cheque (Whittlesea U3A Inc.) to Margaret Mitten, Dianne Germaine or at the office.

## Lunch at Groove Train



Valda Marlow has for a number of years arranged a social get together for members at Groove Train, Plenty Valley shopping center.

This is a lunch held on the 2nd Thursday of each month from 12 noon -- 2pm.

We are offered a good selection of dishes with several special dishes for vegetarians.

Price across the board is \$13 for main meal. Coffee or tea \$3 and with cake \$5. All good value and quite large size serves. Some order the coffee and cake and find they are unable to fit it in

after their main course so end up taking the cake home.

The whole two hours is a noisy talkfest and gives you a chance to meet with members of Whittlesea U3A who you might otherwise never know. All walk away happy and well fed. The Staff at Groove train do a great job of keeping themselves organized with orders from on average 40-50 people.



## WINTER WARRIORS

U3A Chair exercises with Margaret Cassidy. Friday 1.30 PM -- 2.30 PM Epping Memorial Hall



Lorraine McFarlane, Rocel Bautista, Margaret Cassidy, Patty Barroga, Joy Nichols and Carmelita Dionisio

For our last class for Term 2 it was decided to have a bit of a theme day. Being the time of year the idea of Winter Warriors seemed fitting. Everyone was encouraged to wear winter items such as Beanies, Scarves, Ugg Boots and the like. Well we do get a bit carried away in this class at times and this was no exception. We even had a Father Christmas getting ready

for all the Christmas in July events.

We still went through our exercises but had some fun stuff added such as tunnel ball. Margaret herself has to take the gold medal for best outfit going all out to create a wonderful snow person costume which she bravely drove to the Hall in.

Second place would have to go to Ronda Boughey who turned

up as Santa.

Third Place was Maureen Brown who wore a Onesie. Honorable mention goes to Thi Pham and Huong Ly who came along in funny slippers. All in all, it was a great effort on everyone's part and just adds some fun to our day. Margaret finished off by walking around handing out snowballs which made everyone happy.



## “Who I am” BY CHARLIE DELIA—Life story in his own words.

My Name is Charlie Delia,

As a child I had a hard life, Mum was sick I was looked after on and off by my Auntie, till Mum was O.K. Lost my Mother at age 6. Dad had 5 children, youngest son only 2 months old. Auntie looked after him for 6 months straight then was given back to Dad. The oldest was my sister 17; me & my 1 year older brother, dad took us to orphanage, a place that looks after children with no parents. No fault to Dad as he had to work 50 hours a week, & had us 5 to look after, So



me & my brother I was 6, my brother was 7 years ended up in the orphanage. to me it was like a children's jail, all the presents we use to get from family & relatives, after they go, no longer ours, but for them to sell at a fete. I got so sick there with hepatitis, Dad saw that I should not stay there, so after I got O.K. he took us out. We lived the life of Oliver Twist, our schooling was sleep on the bench school. I still have memories and that 63 years ago. Last time I saw my Mum, I was 6 Dad came for me at the orphanage with the Holy Communion dress in white, and took me to see Mum in hospital, that was the last time I saw Mum alive, I went to live with my auntie again for few months, then gone home after school could not find a job, Dad remarried again, I was on the roof, desperate, of suicide, lucky Dad's new wife came up, saw me crying, and comfort me told Dad to start give me some pocket money. After 5 months I found a job in wine factory, slave labour, 50 long hrs a week at age 16. Stayed 1 year, could not continue there, & emigrated to Australia age 17, because under age. My Sister decide to come with me. My sister had become my mother at her age of 17, till Dad had remarried 10 long years after.



I emigrated to Victoria Australia January 1967. Nearly 3 years after me and my Sister went back, try our luck again back home Malta, 1969 was the same as I left it, 50 hours a week, very low pay, I found a job as a hotel waiter, lasted 2 weeks only, could not take it anymore. Stayed in Malta 5 months, was great holiday for me, and came back to Australia. Now before I went to Malta I met my wife Freda at my cousin, she had lost her Mum too at age 9, when I saw her she was only 11, I was 18. I fell for her, but cause of her age I could not ask her to go out with her, but when I came back I met her again living with her sister and my cousin, she was older then she was 16, & I was 23. I asked her where she worked, said Cole's Sydney Road, Coburg. I went to see her at work next day & our relation started. Got married 16 months after. It was

written in our testament to be with each other, I found a good job at C.I.G. Preston in Medical Department with good wages. Retired after 32, in that time we had 2 children a son & a daughter, now we got 4 grandchildren, they had 2 each.

In 2005 I retired from work aged 56, year after I joined Whittlesea U3A, was recommended to us, by doing computer class in Mill Park & line dancing with John Whitelock.



Best thing me and my wife, Freda did. After that I joined the Whittlesea U3A choir. I love it so much, give the chance to sing as I love singing. I love the Monday morning tea, get together, and listen to any improvement Whittlesea U3A is doing, I am with Kathy computer class too, missed one term. I am in a Maltese Committee club as well. I love cooking as well. Best thing happened to me was joining Whittlesea U3A. I love day trips too.

That's who I am Charlie Delia.



## Charlie's songs

{MY BIRTHDAY INTO SOMETHING GOOD} .....

*This Month of JULY. I'M SO Happy, I tell you why.*

*Cause it's THE BIRTHDAY OF MINE, I turn LUCKY 69.*

*And all those Years, I Had Employed, I Lived them to ENJOY,*

*ALL those MEMORIES of mine, To My LUCKY NUMBER 69*

-----  
*Now I Hope I AM in for, Future Years to Live some More.*

*Celebrate month of JULY, For this GREAT BIRTHDAY of MINE.*

*I Thank GOD, I Lived those Years, SO with YOU I Share with CHEERS.*

*Sing a Song for You I would. -----, I AM INTO SOMETHING GOOD.*

*( By Charlie Delia, Sang the song on 2nd July 2018 for JULY Monday Morning tea )*

\*Permission to be printed on next u3a Newsletter.

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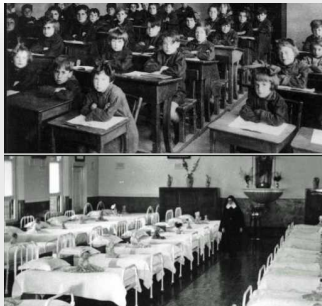
I'M not ELVIS PRESLEY or FRANKIE LANE  
But I Love to sing Just the same,  
So I Joined a CHOIR in our NEIGHBOURHOOD OH YEAH.  
AND I Do think, I'M INTO SOMETHING GOOD.

-----  
WE'RE from Whittlesea U3A,  
WE ALL Meet every THURSDAY,  
And WE even Sing, While Guitars Play, OH-YEAH  
I sang at MORNING TEA, GET TOGETHER MONDAY.

-----  
AT Whittlesea WE'RE doing GREAT,  
Lots of activities, and Great MATES.  
Our CHOIR Group - WE Love to JOIN.  
Thank our LEADERS SILVANA & RON.

-----  
Young at Heart, WE'RE Doing GREAT,  
With OUR Voices try to Please the REST.  
And WE always SING TO OUR BEST OF MOOD, OH YEAH.  
As we all try to SING, AS GOD WE WOULD.  
Something tells US ALL, WE'RE into SOMETHING GOOD.  
SOMETHING GOOD, REALLY GOOD, DOING GOOD.

\*\*\*\*\* By CHARLIE DELIA \*\*\* 2 JULY 2018 \*\*\*\*\*



## LINE DANCING AT BANUYLE

We have mentioned in a previous newsletter about Lillian Madden and Elaine Bateman being prepared to help out U3A Banyule to get a line dancing class going. They have been working with just over 20 of Banyule's members for just one term and already the group is looking wonderful. They have been asked to do a demonstration dance at Ivanhoe Library on the 6th October.



Lillian and Elaine have been getting them feeling comfortable with a selection of dances they will do on the day. We were invited to go along and meet the group because they want photos and video taken at this event which we have agreed to do. Lillian and Elaine have achieved a lot in a short amount of time and we could see that the class were really enjoying themselves.

*Carol & Bob Battye*



### Coffee, Chat, Company

The "Drop in Room" at Peter Lalor Campus (Room number 108) has been set up. Members can call in, have a chat to others, read a book, share interests when they have nothing to do at home and looking for company. It can be used as a venue for casual sharing of interests. The room is furnished with comfortable chairs, tables and book shelves for a book, jigsaw and

puzzle exchange program and is available for use Monday to Friday 9:30 am. We encourage members to help with assembling a jigsaw which has been set up in the room. You can add your piece/s anytime and stay as long as you like. The room and jigsaw are open to all from Monday to Friday.

### Display cabinets at Peter Lalor Campus

Jewellery, knitted garments, other hand-made craft and 3D printed items (by Wes Smith), are on display in glass cabinets (3), along with items produced by members of our neighbouring Men's Shed.

If you wish to buy any of the items, please enquire with the onsite office staff.



### TRIVIA QUIZ QUESTIONS

1. On which Australian decimal banknote was the portrait of Henry Lawson?
2. In which state would you find jarrah forests?
3. What was a 'deener'?
4. In which Queensland town was Waltzing Matilda first performed?
5. Traveling from Sydney to Perth prior to 1970 how many train changes needed due to rail gauge differences?



## Beryl Clarke spoke at the August morning tea about Art for Fun.

About 6 years ago, sisters, Rae and Robyn suggested an art class be included in Whittlesea U3A's program. The aim of the class was to provide a supporting venue where members could practice and experiment their art using whatever medium they wanted and paint whatever subject they chose, and most of all, to have FUN doing so. Originally, the class consisted of only a handful of members, but that has now grown. There is a waiting list and 2 more classes have been added.

The mediums used in class, include graphite pencils, coloured pencils, fluid filled pens similar to 'markers', pastels, acrylics, oils, watercolours and anything else that maybe on the market. In fact, most of the group use several mediums, sometimes all at the one time, which is called 'mixed media'

The experience level ranges from raw beginners who have never used a brush or drawn with a pencil, though to more experienced painters who produce excellent work. Most of the group have sold one or more paintings at the various shows they have attended.

Art for Fun has exhibited at shopping centres, libraries, and at the combined U3A exhibition at Parliament House, a couple of years ago. We also show at the City of Whittlesea annual art exhibition and at Kinglake Rotary Art Show. Currently, we have some of our work on display at the Two Bean and a Farm

Restaurant in the Carome Homestead, Mernda, where one was sold in the first week.

Robyn Phillips, is the group leader and has had quite a lot of painting experience. She gives helpful support wherever and whenever needed. Every couple of months she gives us a challenge in order to improve skills and widen members' knowledge of techniques.

I have been associated with the group for three and a half years and give monthly tutorials on whatever subjects members want to learn about. This also challenges their capabilities and helps them to grow. It has been a two-way learning process as some of the subjects that they have asked for, I know very little or nothing about...so I research and practice myself in order to teach them.

Art for Fun provides a means of socializing as well as enjoyment in learning new skills and when you watch their interaction and hear the chatter you know that the aim of the original leaders has been achieved in practicing

**Art for Fun.**



### **Puns For Those With A High IQ**

Those who jump off a bridge in Paris are In Seine.

A man's home is his castle, in a manor of speaking.

Dijon vu - the same mustard as before.

Practise safe eating - always use condiments.

Shotgun wedding - A case of wife or death.

A man needs a mistress just to break the monogamy.

A hangover is the wrath of grapes.

Dancing cheek-to-cheek is really a form of floor play.

Condoms should be used on every conceivable occasion.

Reading while sunbathing makes you well red.

When two egotists meet, it's an I for an I.

A bicycle can't stand on its own because it is two tired.

The definition of a will is a dead give away.

Time flies like an arrow. Fruit flies like an orange.

In democracy your vote counts. In feudalism your Count votes.

She was engaged to a boyfriend with a wooden leg but broke it off.

A chicken crossing the road is poultry in motion.

If you don't pay your exorcist, you get repossessed.

With her marriage, she got a new name and A Dress.

The man who fell into an upholstery machine is fully recovered.

You feel stuck with your debt if you can't budge it.

Local Area Network in Australia - the LAN down under.

Every calendar's days are numbered.

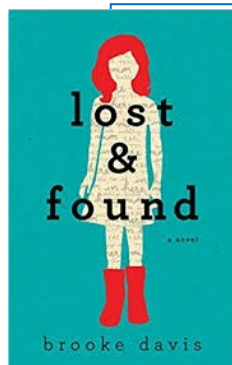
A lot of money is tainted - Taint yours and taint mine.

A boiled egg in the morning is hard to beat.

He had a photographic memory that was never developed.

A midget fortune-teller who escapes from prison is a small medium at large.

Once you've seen one shopping centre, you've seen a mall.



## LOST & FOUND BY BROOKE DAVIS

*Book Review by Brenda Gorely*

I tend to review rather serious books, so this time I have selected a quirky amusing book based around three main characters.

There is Millie Bird, a seven-year-old girl obsessed with dying creatures; firstly her dog,

an old neighbour, bugs etc., and then her father. Soon after her father dies, her mother abandons her in a Department Store. Eventually she hides under a mannequin, where she stays at night. She keeps leaving notes around so her

mum can trace her, assuming, naturally enough, that mum is looking for her. She comes across Karl the Touch Typist, a man in his late eighties whose son has recently placed him in a Nursing Home from which he has escaped and is hanging out

in the shopping centre café during the day and sleeping in the Department Store at night. Then there is Agatha Pantha, an eighty-two year old lady who has not left the house since her husband died. She is a neighbour of Millie's.

Millie eventually leaves the store to evade the authorities who are trying to find her to place with carers in her mother's absence. She returns to her house, where Agatha befriends her. They decide to go and find Millie's mother and join up with Karl and the mannequin he has brought along with him.

They were all nice people, Agatha and Karl grieving for their loved, dead partners, lost opportunities and ageing bodies, and Millie realising her mother has actually abandoned her. It was sad, moving and hilarious at times and very thought provoking.

I wondered who the author's target audience was as it could appeal to teenagers and adults who like their characters a bit odd, but endearing. It came across as a whimsical story with implausible happenings along the way. I could actually visualise it as an illustrated children's book depicting Millie, Agatha and Karl's

antics chasing around Australia with a mannequin in tow. It's a poignant story along the lines of *The Unlikely Pilgrimage of Harold Fry*.

**Brooke Davis** is an Australian author living in Perth. This, her first novel, has been published in over twenty-five countries. **Lost & Found** won Fiction Book of the Year at the Australian Book Industry Awards 2015 and was a number one bestseller in this Country.



Dear Tutor,

Below are the requirements for any submissions for the newsletter. Please encourage your class to write something. If they are not comfortable in writing, let me know and I will look into the problem

**Newsletter Contributions** If you've something to share about your Whittlesea U3A experiences, let us know. Short articles (100-250 words) could be included in a future Newsletter – this could be about your class/es, class leaders, etc. Articles must be submitted as MS Word documents. We'd also like accompanying photos; however, those taken on smartphones and tablets are unlikely to be usable. High-resolution jpg images taken on cameras are preferred.

Email to [news@whittleseau3a.org.au](mailto:news@whittleseau3a.org.au)

Thank you

Publisher: Whittlesea U3A Inc

Editor: Lilian Kwiatkowski

Photographer/video: Carol & Bob Battye

Layout/Design: Peter Rodaughan

Email articles to: [news@whittleseau3a.org.au](mailto:news@whittleseau3a.org.au)

Closing date for submissions to the next edition: 13<sup>th</sup> November 2018

# Crotchet Baby Blanket—supplied by Freda Delia

## MEASUREMENTS

Approximate Size - 80cms x 80cms

Requires 8 x 200g balls

(enough for 2 blankets, pictured blanket uses all Bold bamboo colours).

Bold Bamboo. Classic, Luxury, Stellar

Yarn quantities can vary and are therefore approximate requirements

Use only Bendigo yarns as specified.

## ACCESSORIES

4.00mm crochet hook.

## TENSION

Unlike knitting a garment a tension measurement is not essential when crocheting a blanket. Therefore, no tension measurement is needed.

## ABBREVIATIONS (UK crochet terms used throughout this pattern)

Ch = chain,	dc = double crochet,	dec = decrease,	rep = repeat;
sl st = slip stitch,	sp = space,	tr = treble.	

## BLANKET

(Working 3 rows of each colour)

- 1st Row (first block): Ch 6, tr in 4th chain from hook and in next 2 ch, turn.
- 2nd Row (2 blocks): Ch 6, tr in 4th ch from hook and in next 2 ch, (sl st, ch 3, 3 tr) into 3 ch sp of previous row, turn.
- 3rd Row (3 blocks): Ch 6, tr in 4th ch from hook and in next 2 ch, \*(sl st, ch 3, 3 tr) into next 3 ch sp of previous row, rep from\* to end, turn.

Rep 3rd row until side of work measures 80cm (or length desired).

1st Row (dec): SI st across first 3 tr, \*sl st, 3 ch, 3 tr into 3 ch sp of previous row, rep from \* to last 3 ch sp (do not make a block in this last space), sl st in last space, turn.

Rep last row until 1 block remains, fasten off.

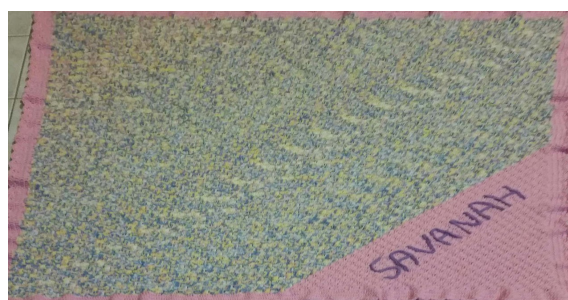
## EDGING

- With right side facing work 2 rows of dc around edge of blanket.
- Work one row of crab stitch or backwards dc around entire- blanket.

Fasten off.

## TO MAKE UP

Sew in ends. Press lightly with a warm iron and a damp cloth if desired.



## BUS TRIPS

**W**e have one more bus this year and a few bus trips occurring next year.

The cost for **next years** bus trips is tiered with 2 prices; the first price is for Whittlesea U3A members and the second price is for non-members.

### **This Year: -**

**Wednesday 21st November 2018**

Mornington Markets \$45 pp

Great opportunity to buy some Christmas gifts.



### **Next Year: -**

#### **Monday 4th February 2019**

Departing Epping Memorial Hall 8:30am sharp includes: Morning tea, Peninsula Sea Road Transport, two course lunch at Rye RSL.

Return to Epping Memorial Hall approx 5.00pm \$65 / \$70



Payment to be received at U3A office by Friday 21st December 2018



#### **Wednesday 13th March 2019**

Departing Epping Memorial Hall 8:30am sharp includes: Morning tea, entry to Ballarat Begonia Festival Two course lunch at Ballarat Leagues Club

Return to Epping Memorial Hall approx 5.00pm

Cost \$55 / \$60.00 Payment to be received at U3A office by Wednesday 13th February 2019

#### **Tuesday 14th May 2019**

Departing Epping Memorial Hall 9:00am sharp includes: Morning tea, 2 course lunch at Healesville RSL visit to Yarra Glen Chocolaterie & Ice Creamery Return to Epping Memorial Hall approx 4.00pm Cost \$50 / \$55

Payment to be received at U3A office by Tuesday 16th April 2019



#### **Wednesday 19th June 2019**

Departing Epping Memorial Hall 8:30am sharp includes: Morning tea, Chocolate Apple Factory, 2 course carvery lunch Shepparton Club. Return to Epping Memorial Hall approx 5.00pm

Cost \$65 / \$70

Payment to be received at U3A office by Wednesday 22nd May 2019



# BUS TRIPS CONTINUED

## Friday 19th July 2019

Departing Epping Memorial Hall 9:00am sharp includes: Morning tea, Noorilim Estate Tour 2 course lunch at Nagambie Lakes & Entertainment Centre Return to Epping Memorial Hall approx 4.00pm Cost \$60 / \$65

Payment to be received at U3A office by Friday 21st June 2019



## Wednesday 21st August 2019

Departing Epping Memorial Hall 9:00am sharp includes: Morning tea, visit Istra Smallgoods, 2 course lunch at Daylesford Bowling Club, visit Chocolate Mill Return to Epping Memorial Hall approx 5.00pm Cost \$55 / \$60

Payment to be received at U3A office by Wednesday 24th July 2019



## Monday 16th September 2019

Departing Epping Memorial Hall 9:30am sharp includes: Morning tea, Free time in Williamstown, Fish & chip lunch Return to Epping Memorial Hall approx 3.00pm

Cost \$70 / \$75.00

Payment to be received at U3A office by Monday 19th August 2019



## Wednesday 20th November 2019



Departing Epping Memorial Hall 8:30am sharp includes: Morning tea, Tour of Creswick by our driver Ploughman's Lunch at Tangled Maze, Creswick Woollen Mills Presentation

Return to Epping Memorial Hall approx 5.00pm

Cost \$70 / \$75 (corrected 1/10/18) Payment to be received at U3A office by Wednesday 23rd October 2019.

Bus trips can be booked through the office; Please have correct monies when booking. Any cancellation occurring up to 14 days prior to the trip, incurs a \$5 admin fee subtracted from the refund amount.

## TRIVIA QUIZ ANSWERS

1. \$10
2. Western Australia
3. A one shilling coin (The equivalent of today's 10c)
4. Winton
5. Five

## SOLUTION TO THE JUNE WORD SEARCH

Below is a table showing how many columns over and rows down each suburb starts followed by the direction in which the word is spelled. The 128 leftover letters complete the following: - JUNE TWO THOUSAND AND EIGHTEEN SAW WHITTLESEA UNIVERSITY OF THE THIRD AGE MEMBERS RESIDE IN THESE FIFTYNINE DIFFERENT SUBURBS ALL BUT ONE IS IN VICTORIA,

ABBOTSFORD	14	21	↗	GREENVALE	22	14	↙	ROKEBY	12	15	↘
ALTONA	22	22	↖	HADFIELD	11	25	→	ROSANNA	6	3	↓
ARTHURS CREEK	13	4	↓	HEIDELBERG	21	17	↖	ROXBURGH PARK	18	23	↖
BEVERIDGE	10	24	↖	HEIDELBERG HEIGHTS	21	17	↖	SEYMOUR	14	1	→
BROADMEADOWS	3	12	↗	KALKALLO	21	2	↙	SOUTH MORANG	7	16	→
BRUNSWICK	10	24	←	KEILOR EAST	18	9	←	STHELENA	7	16	↘
BUNDOORA	22	23	↖	KING LAKE WEST	4	15	→	THOMASTOWN	12	23	↖
COBURG NORTH	21	8	↓	KINGSBURY	23	23	↑	TULLAMARINE	2	6	↓
CRAIGIEBURN	13	11	↘	LALOR	8	15	↗	VIEWBANK	17	11	↑
DIAMOND CREEK	4	3	↓	MACLEOD	1	16	↓	WALLAN	6	13	↑
DONNYBROOK	13	24	↑	MELTON SOUTH	1	16	→	WATSONIA	3	5	→
DOREEN	11	21	←	MERENDA	7	17	↘	WATSONIA NORTH	3	5	→
EDEN PARK	16	24	↖	MICKLEHAM	1	16	↑	WATTLE GLEN	3	24	↑
ELTHAM NORTH	19	3	↓	MILL PARK	6	16	→	WESTMEADOWS	10	11	↑
EPPING	2	17	↓	NORTHCOTE	11	23	↖	WHITTLESEA	17	2	↙
ESSENDON	7	9	↗	PHEASANT CREEK	20	6	←	WOLLERT	3	5	↓
FAWKNER	14	7	↗	PLENTY	2	2	→	WOODSTOCK	9	1	←
FITZROY NORTH	5	15	↑	PRESTON	20	7	↓	YALLAMBIE	22	9	↑
FRANKSTON	14	11	↘	RESERVOIR	22	24	↖	YANYEAN	5	24	→
GREENSBOROUGH	21	1	↙					YARRAMBAT	23	9	↑

### WHITTLESEA U3A INC. POLO SHIRT

Royal Blue with Gold Logo

The Polo Shirt is 220-gram Polyester/Cotton Pique Knit, with a fully taped neck seam, half-moon yoke, ridged collar & side vents.

AT THE SUBSIDISED PRICE OF \$20 EACH

Sizes available: (cms)

	XS	S	M	L	XL	2XL	3XL	4XL	5XL	
Half chest size	51.0	53.5	56.0	58.5	61.0	63.5	66.0	68.5	71.0	
Body Length	69.0	71.5	74.0	76.5	79.0	81.5	84.0	86.5	89.0	

There is also a size K14, slightly smaller than the XS. Payment required with order.

Available at Monthly Morning Tea or from Brenda Gorely on 9717 4126 or 0468 423 586

**CHAIR AEROBICS DVD ALSO AVAILABLE AT \$10 EACH.**

Whittlesea Committee Inc. U3A 2018- 2019

COMMITTEE EXECUTIVE

Glen Wall	president	<a href="mailto:president@whittleseau3a.org.au">president@whittleseau3a.org.au</a>
Kathy Lizio	vice president	<a href="mailto:vicpresident@whittleseau3a.org.au">vicpresident@whittleseau3a.org.au</a>
Elaine Bateman	secretary	<a href="mailto:secretary@whittleseau3a.org.au">secretary@whittleseau3a.org.au</a>
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Helen Downie	Welcoming Sub-committee	
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A big thank you also goes out to Mill Park Library for the use of their rooms

Term 4

6th October—21st November 2018

N.B. When at Peter Lalor Campus, please use the cups/mugs provided; after use, rinse and place in dishwasher.

Under any circumstances, polystyrene cups are NOT to be used in Peter Lalor Campus.