



WHITTLESEA U3A

NEWSLETTER

Issue No. 30

November 2018

**A MERRY CHRISTMAS AND A PROSPEROUS
NEW YEAR TO ALL OUR U3A MEMBERS AND
THEIR FAMILIES**



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- Enrolments information

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Whittlesea U3A

Motto:

*"Sharing
of skills and
knowledge"*



THE PRESIDENT'S MESSAGE.....

As our 2018 Whittlesea U3A year draws to a close it is time to reflect on our achievements, challenges and development as an organisation over the past 12 months. I am proud to confirm our membership is 809 members at the beginning of November an increase from 643 at the commencement of Term 1.

Statistics are interesting but the excitement is in the "What do they mean?" Our growth has resulted from having built strong relations with the City of Whittlesea Positive Ageing Team, Brotherhood of St Laurence Retirement and Ageing Team and their Multicultural Communities Team, Whittlesea Community Leadership Network and the Strengthening Seniors Inclusion and Participation in local communities' project as well as U3A Network Victoria capacity building projects and RMIT University Chinese Medicine Confucius Institute.

I thank them all for their support to Whittlesea U3A throughout the year and committee to future support.

The committee's work on building strong relations ships has enabled us to continue to refresh classes, recruit new class and activity leaders to better engage our members in a positive world of learning, enjoyment and interaction through sharing knowledge, skills and experiences. These relationships have enabled us to increase our number of classes and activities offered to 123 including the following:

- ◆ Additional and photography classes
- ◆ Ongoing display of the Art work of our Art Groups at the "Two Beans and A Farm" Café in Mernda
- ◆ Tai Chai
- ◆ Craft
- ◆ Exercise for Healthy Living
- ◆ Expand I Pad self-help classes and provide on a booking basis "one on one" computer technology support.
- ◆ Multicultural Affairs discussion groups
- ◆ Creative writing and story-telling classes
- ◆ Men's Health awareness and exercise program "Sons of the West in the North" (SoWiN)
- ◆ Discussion over Coffee in the Township of Whittlesea

It is pleasing to note that these new classes will continue in 2019.

In the Senior Week Celebration week in October the U3A Movement in Victoria won the Age-Friendly Victoria award, for an organisation in the State of Victoria that promotes active ageing. The award was presented at Government House hosted by the Honourable Linda Dessau AC, Governor of Victoria. The U3A Network organisation is excited that our movement has been recognised during the Seniors Festival this month as playing such an important role in the lives of seniors.

The U3A Network Victoria nomination of our movement was supported by endorsements from Memorandum of Understanding Partner's La Trobe University, Age-Friendly City of Banyule, and the City of Whittlesea.

Our Whittlesea U3A Leader of the Walking Football program Gerry Faye was nominated by the City of Whittlesea U3A Positive Ageing Team for the Healthy and Active Living Award. I congratulate Gerry on this recognition of his contribution in providing members with the opportunity to participate in a healthy and active living program .

Special thanks to

Andrew Giles' Office for printing the newsletter & other publications

THE PRESIDENT'S MESSAGE.....CONTINUED

The Whittlesea U3A Choir again was one of eight performers on the Sunday of Senior Celebration week to perform at "The Edge" Federation Square Swanston St Melbourne.

It is pleasing that our organisations work on inclusion of seniors in the community and for well-being and happiness of seniors has been noted in this way.

CHALLENGES

During 2018 our committee has faced with a number of challenges regarding the establishment of the Peter Lalor Campus and setting up our administration offices at the campus. The significant challenge has been the issues of parking on site and access to the building. Investigations by City of Whittlesea engineers has identified a solution with costings. To assist all community users of the facility, work through matters of concern with the School Council the Department of Education and Training has appointed a person to work with the College and third-party groups who have shared use agreements on the Peter Lalor College site.

In our case this involves reaching an agreement to implement a solution to enable use of the car park area and easier access to the classroom area and toilet facilities. Discussions are progressing positively and I expect to be able to advise details of the solution negotiated by the end of November.

ENROLMENT FOR 2019

When considering re enrolling in classes for 2019

remember Whittlesea U3A is committed to provide our multi-cultural membership with a friendly safe environment and be a catalyst to assist them generate new knowledge and ideas by participating in classes and activities that provide mental and physical stimulation, enlarge personal horizons knowledge and skills, and provide an opportunity to make and enjoy being with friends.

Please contact me or our membership team either directly or through your class leaders if you would like to discuss any classes or activities and particularly if you have any suggestion for new classes or ideas to expand the scope of existing classes.

The details of the 2019 enrolment program are provided in this newsletter.

Our Whittlesea Township contact committee members Peter Rodaughan and Bev Moore are continuing to work on meeting residents and developing new activities to engage seniors in the local area.

Details of WU3A classes including membership forms are available at Whittlesea Community Activity Centre, Laurel Street, Whittlesea,

I wish all a very happy Christmas with family and friends and look forward to seeing you through 2019.

*Glen Wall
President
Whittlesea U3A*



Age Friendly Victoria Award -The U3A Movement in Victoria

Susan Webster, President, U3A Network of Victoria and
Honourable Linda Dessau AC, Governor of Victoria.



The U3A Movement in Victoria was established in 1984 as a volunteer-based education and social movement for seniors. The movement and the work of the U3A Network Victoria which is the peak representative body for all U3As in Victoria (also celebrating their 30th Anniversary) and embodies the principles of an age-friendly organisation and builds communities that are inclusive of older people. The Section Panel recommended U3A Network Victoria for this Award in recognition of the organization's commitment to the engagement of

older people at all levels of the organisation and for the well-established presence of the U3A movement in Victoria.

Across Victoria there are now 109 U3As with over 38,000 members, who participate in and lead a great variety of activities and programs for seniors. U3As show the wealth of social capital in our communities. Volunteer members share their expertise, skills and passions to lead courses on life-long learning programs, social interest groups such as healthy ageing, the arts, climate change and the environment, walking

and mountain climbing; or work on advisory groups with local business, community organisations and all levels of government to develop and support socially inclusive and age-friendly communities and positive ageing strategies to support seniors to live their lives to the max!

There is also growing evidence to highlight the positive health and wellbeing benefits of being involved with and participating in local activities, and organisations like the U3As set an excellent example of this.

As promised, Lillian Madden and Elaine Bateman's Banyule group of Line dancers demonstrating what they had learnt at Ivanhoe

Library on Saturday 6th October. Here are a couple of photos.

Well done Lillian and Elaine



Emails received as feedback from the Ivanhoe demonstration line dancing

Member: 613 Elaine Bateman

Hi Elaine,

An enormous thankyou to Lillian and Elaine and to all of you who participated in the Line Dancing demonstration at the Ivanhoe Library yesterday. I thought you were marvellous and that the display was immensely successful!

After less than 3 months you are all amazing.

Many heartfelt thanks to you all.

Joan

Course Coordinator

Hello Mary and Helen, Diana and Toni

The Line Dancing was a great success with much clapping and whooping and with many people joining in when asked.

Our members were dressed in red tops and looked very smart. The knitting that was displayed was of its usual high standard. The volunteers that attended were most appreciated.

Cheers

Joan

Hello Elaine and Lillian, just to let you know I have received heaps of emails similar to the one below, since I sent out an email thanking everyone.

I knew the 2 of you were stars but everyone else knows now.

Cheers

Thanks Joan

I'd like to make special mention and thank our tutors – Lillian and Elaine - who travel from Whittlesea each week to run the class and were there for us on Saturday. Without their expertise, support and enthusiasm I doubt that we

would have felt comfortable taking part in the Festival on Saturday after just 10 weeks of lessons.

Thanks for organising the class it has been a terrific experience.

Cheers

Toni



Dear Community Group,

Firstly I would like to say thank you for your generous contribution on Saturday to Ivanhoe Library's Fun Palace. The hours and effort you put in to running your event was very much appreciated by our Community. We've had fabulous feedback from the public who enjoyed the creativity, fun, socializing and learning. We hope that your involvement has led to a greater awareness of your group and perhaps, to new members.

Would you be able to give us some

feedback on how you think the day went, the organizing, how we could do better etc. If you have any anecdotes, statistics (eg. 60 seedling pots made) or suggestions, please let me know. Thank you for cross promoting our event through your own social media / posters etc. Can you let us know if/how you did this so that we can include it in our reporting?

There are lots of photos which we will share soon.

Please also pass on our thanks to all members of your group who were involved.

Kind Regards,

Annette

Annette Lewis

Learning Coordinator

Ivanhoe Library

Yarra Plenty Regional Library

Bag 65 Bundoora VIC 3083

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E: alewis@yprrl.vic.gov.au

W: yprrl.vic.gov.au

BUS TRIPS

The cost for **next year's** bus trips is tiered with 2 prices; the first price is for Whittlesea U3A members and the second price is for non-members.

Monday 4th February 2019

Departing Epping Memorial Hall 8:30am sharp includes: Morning tea, Peninsula Sea Road Transport, two course lunch at Rye RSL. Return to Epping Memorial Hall approx 5.00pm—\$65 / \$70. Payment to be received at U3A office by Thursday 29th November 2018



Wednesday 13th March 2019

Departing Epping Memorial Hall 8:30am sharp, includes: Morning tea, entry to Ballarat Begonia Festival. Two course lunch at Ballarat Leagues Club. Return to Epping Memorial Hall approx 5.00pm Cost \$55 / \$60.00 Payment to be received at U3A office by Wednesday 13th February 2019.



Tuesday 14th May 2019

Departing Epping Memorial Hall 9:00am sharp includes: Morning tea, 2 course lunch at Healesville RSL visit to Yarra Glen Chocolaterie & Ice Creamery Return to Epping Memorial Hall approx 4.00pm Cost \$50 / \$55 Payment to be received at U3A office by Tuesday 16th April 2019



Wednesday 19th June 2019



Departing Epping Memorial Hall 8:30am sharp includes: Morning tea, Chocolate Apple Factory, 2 course carvery lunch Shepparton Club. Return to Epping Memorial Hall approx 5.00pm. Cost \$65 / \$70 Payment to be received at U3A office by Wednesday 22nd May 2019

Friday 19th July 2019

Departing Epping Memorial Hall 9:00am sharp includes: Morning tea, Noorilim Estate Tour, 2 course lunch at Nagambie Lakes & Entertainment Centre. Return to Epping Memorial Hall approx 4.00pm. Cost \$60 / \$65 Payment to be received at U3A office by Friday 21st June 2019

BUS TRIPS CONTINUED

Wednesday 21st August 2019

Departing Epping Memorial Hall 9:00am sharp includes: Morning tea, visit Istra Smallgoods, 2 course lunch at Daylesford Bowling Club, visit Chocolate Mill Return to Epping Memorial Hall Approx 5.00pm. Cost \$55 / \$60. Payment to be received at U3A office by Wednesday 24th July 2019



Istra Smallgoods quality products are cured using traditional methods, passed from generation to generation of the Jurcan family.

Istra is a peninsula found off the northern coast line of Croatia on the Adriatic Sea. Bordering with neighbouring Italy, a Southern European culture not only exists in lifestyle, but also in the class of food, especially quality meats. The curing and processing of these quality pork products date back to ancestors hundreds of years ago and have been continued up until the present time.

These beautiful products produced by Istra Smallgoods include Prosciutto, Pancetta, Pečenica (Cured Loin), Cappocollo, Bresaola, Kulin, Air Dried Chorizo and Salami, just to name a few. Along with these fine quality traditional cured meats, Istra Smallgoods also specialises in top of the range Bacon, Continental Sausages, Chorizo's, Hams using Western Plains Pork, Kaiserfleisch and many more delicious products all made from start to finish by Istra.

Monday 16th September 2019

Departing Epping Memorial Hall 9:30am sharp includes: Morning tea, Free time in Williamstown, Fish & chip lunch. Return to Epping Memorial Hall approx 3.00pm. Cost \$70 / \$75.00. Payment to be received at U3A office by Monday 19th August 2019



Wednesday 20th November 2019

Departing Epping Memorial Hall 8:30am sharp.
includes: Morning tea, Tour of Creswick by our driver.
Ploughman's Lunch at Tangled Maze, Creswick Woollen Mills Presentation
Return to Epping Memorial Hall approx 5.00pm

Cost \$70 / \$75 (**corrected 1/10/18**) Payment to be received at U3A office by Wednesday 23rd October 2019.

Bus trips can be booked through the office; Please have correct monies when booking. Any cancellation occurring up to 14 days prior to the trip, incurs a \$5 admin fee subtracted from the refund amount.



TRIP TO BENDIGO

On the 19th September, 55 U3A members met at The Epping Memorial Hall eagerly awaiting the bus that would take them to Kyneton, Bendigo and Castlemaine. As they boarded the bus they were welcomed by Sue Meers who organised the trip and Glen the bus driver.

Along the way Glen gave an interesting and informative commentary about the surrounding countryside. A few games of bingo were played and some raffle prizes drawn.

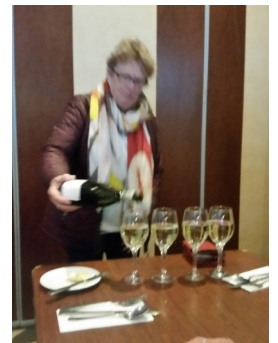
On arriving in Kyneton, a lovely town with many beautiful old buildings, everyone went for a short wander. Some ladies bought plants while others browsed in shops. Then it was off to a park for a welcome tea/coffee and a biscuit.

Then it was all aboard for Bendigo along the Calder Highway. We drove past Mt. Macedon, Hanging Rock and Pine Tree plantations. Glen explained that a new interchange had been built over the Highway for people travelling from Mildura. It is on the outskirts of Bendigo and is much safer for everyone.

After driving through Kangaroo Flat, the bus arrived at the Bendigo R.S.L. Everyone checked in and then sat down to a delicious lunch. After lunch Glen drove through the centre of Bendigo; past the War Memorial, Gardens and a Fountain. The mass planted tulips were just opening and will look stunning when all are in bloom.



Castlemaine was the next destination. It is a pretty town with open spaces and interesting shops. After a short walk around the town it was back to the bus for the trip home. A group photo was taken in front of the bus before leaving. A few more games of bingo were played before reaching Epping.



It was a great day. Thank you, Sue, for all the time and effort you put in to making this trip a success.

Glenda Vincent

TRIVIA QUIZ QUESTIONS

1. In what century was the first written use of Xmas?
2. What political cartoonist is largely responsible for defining what the modern Santa Claus looks like ?
3. What was the poem "Twas the Night Before Christmas" originally titled?



A grapefruit cake!!!! Yes, it is true. When given many grapefruit I looked for some uses apart from eating and making marmalade and this recipe came up on www.taste.com.au

I tried it and it is now on my 'to do' list whenever grapefruits are in season and the taste is much milder than you would expect. Although this recipe is for a Bundt cake tin, I put patty pans into muffin tins and turned the recipe into cupcakes. I did a simple vanilla icing instead of the suggested grapefruit one and it tasted good. So please yourself for your chosen topping.

My alterations to the recipe are in bold face. So, enjoy.

Beryl Clarke

Grapefruit and poppy seed cake (www.taste.com.au)

INGREDIENTS

Melted butter, to grease

80ml (1/3 cup) milk

1 1/2 tablespoons poppy seeds

200g (1 1/3 cups) plain flour, sifted

150g (1 cup) self-raising flour, sifted

285g (1 1/3 cups) caster sugar

150g butter, melted

3 eggs

1 tablespoon finely grated grapefruit rind (**2 tbls at least**)

150ml fresh grapefruit juice (**about 1.5 grapefruit**)

150g (1 cup) pure icing sugar, sifted

METHOD

Step 1— Preheat oven to 180°C. (**Different for cup cakes**).

Brush a 22cm (top measurement)

Bundt pan with melted butter.

Combine milk and 1 tablespoon poppy seeds in a bowl. Set aside for 5 minutes to soak. (**I used patty pans in muffin tins**).

Step 2— Meanwhile, place the combined flour and sugar in a large bowl. Stir to combine. Make a well in the centre. Whisk the butter, eggs, grapefruit rind and 125ml (1/2 cup) grapefruit juice in a jug until combined.

Step 3 - Add egg mixture and milk mixture to flour mixture and mix until well combined. (**I thought the mix needed extra liquid so I added some more grapefruit juice.**) Pour into prepared pan and smooth the surface. Bake for 40-45 minutes or until a skewer inserted into the cake comes out clean. Turn onto a wire rack to cool completely. (**If cupcakes, the time will be about 15 -20 minutes. Test with skewer.**)

Step 4 - Place the cake on the rack over a baking tray. Combine icing sugar and remaining grapefruit juice in a small bowl.

Spoon the icing over the cake and top with the remaining poppy seeds. Set aside to set. (**Or use plain icing with vanilla extract**).

NB. Made as cupcakes in patty pans using muffin tins about 2 dozen. Oven 190 Fan forced (210 conventional oven) about 15 – 20 minutes.

My additions are in bold face.



Do you have a favourite recipe you would like to share.

Send to news@whittleseau3a.org.au

HUMOUR



Coffee, Chat, Company

The Drop in Room” at Peter Lalor Campus (Room number 108) has been set up. Members can call in, have a chat to others, read a book, share interests when they have nothing to do at home and looking for company. It can be used as a venue for casual sharing of interests. The room is furnished with comfortable chairs, tables and book shelves for a book, jigsaw and puzzle

exchange program and is available for use Monday to Friday 9:30 am. We encourage members to help with assembling a jigsaw which has been set up in the room. You can add your piece/s anytime and stay as long as you like. The room and jigsaw are open to all from Monday to Friday.

Display cabinets at Peter Lalor Campus

Jewellery, knitted garments, other hand-made craft and 3D printed items (by Wes Smith), are on display in glass cabinets (3), along with items produced by members of our neighbouring Men’s Shed.

If you wish to buy any of the items, please enquire with the onsite office staff.



Publisher: Whittlesea U3A Inc

Editor: Lilian Kwiatkowski

Photographer/video: Carol & Bob Battye

Layout/Design: Lilian Kwiatkowski

Email articles to: news@whittleseau3a.org.au

Closing date for submissions to the next edition: 13th January 2019

If you have any hand made products to sell or showcase, contact Val Marlow/Norma Campbell or send photos to news@whittlesea.org.au

Que sera, sera means 'whatever will be, will be'. The **translation** is closest to Spanish, but it really is Italian in origin. The phrase became a major part of the lexicon when Doris Day had a big hit with the song '**Que Sera, Sera**'.

CHARLIE Delia MY VERSION OF " QUE SERA SERA "

AS A CHILD, I lost My MUM,
I was so young life had to Come.
Wonderful Pleasant Years,
Some brought ME Memories of Cheerful Tears.
QUE SERA, SERA What life has been for ME
MY Future improved in years, I'M HAPPY with CHEERS

AS I Grow up, I fell in Love.
And I got married, Gift from Above,
WE got two children Girl and a BOY,
It was our lovely Joy,
QUE SERA, SERA, whatever should have been, we've
seen,
Through Sad and Happy Years, also cheerful Tears.

WE'RE Going were we use to live,
SEE ALL Our Relatives, presents to give,
MY Dearest wife, I do employ,
Together WE both Enjoy.
QUE SERA, SERA, our future still going for US,
WE take it as it come, NO Hurry, NO Fuss.

We've Been together so long ago,
To make our Living, and Let It Flow.
Time to celebrate, and CHEERS.
WE'VE Been married. many good Years,
QUE SERA, SERA, WHAT EVER WOULD BE, WILL BE,
THE FUTURE IN YEARS YOU SEE,
LET IT FLOW ALL FREE.
WHAT SHALL BE, WILL BE.

Margaret Cassidy's Chair Exercise Class.....1.30 --2.30 Friday afternoon, Epping Memorial Hall



Our Class has had two Theme days in recent weeks the first being Halloween and the second being a Spring Racing Carnival theme.

Of course Halloween is a crazy scary monster day and I think Margaret herself took out first prize. It is wonderful to see the class get into the spirit of the themes because it just adds a bit of fun to our hard work.

With Spring racing our feature was hats and for some reason we could not get any of the men to wear a fascinator. Still a fun day with lots of banter among our exercise group.

Table Tennis.....May Road Hall..... Tuesday from 1 to 4 PM - Gloria Patane

Gloria Patane started the table tennis group around 8 years ago needing only two tables. This class has now grown to needing four tables with anywhere between 30-40 members attending each week.

What does it mean to the class attending the Table Tennis? The popular comments were :- Friendship, Great fun people, good exercise and workout, helps keep reflexes sharp, not taken too seriously, just fun and laughter and food.

Gloria is very proud of her fun and noisy group of players and wants to take this opportunity to thank Janice Scerri who has looked after the class while she has been unable to attend herself.



Thursday night was the final of Lillian and Elaine's line dancing class



YOU MIGHT BE OLD IF...

You feel like you really hung one on the night before, but you were in bed asleep by eight o'clock

You are out of breath playing chess

Your children begin to look middle-aged.

You look forward to a dull evening

Your favourite part of the newspaper is "25 years ago today!"

You sit in a rocking chair and can't get it to rock

You stop looking forward to your next birthday

Dialling long distance wears you out

A fortune teller offers to read your face

You turn out the lights to save money rather than for romance

You remember this week that last week was your wedding anniversary

You are shocked the first time you are addressed as "Old Timer".

You burn your midnight oil after 9:00 pm

You sink your teeth into a steak and they stay there

Your pacemaker makes the garage door go up when you see a pretty girl walk by

You have too much room in the house and not enough in the medicine cabinet



TRIVIA QUIZ ANSWERS

1. *The 16th century*

The "X" in Xmas comes from the Greek letter Chi which looks like an "X". The letter "X" has long been used as an abbreviation for Christ since the Greek word for Christ begins with what looks like an "X". Christ was often written with the letters Chi (X) Rho (p) which looks like Xp. The Chi-Rho symbol representing Christ looks like this:



2. *Thomas Nast*

Thomas Nast drew a picture of Santa Claus for the January 1, 1881 issue of Harper's Weekly and the rest of the media ran with it. It became the visual prototype of the Santa Claus we all know and love.



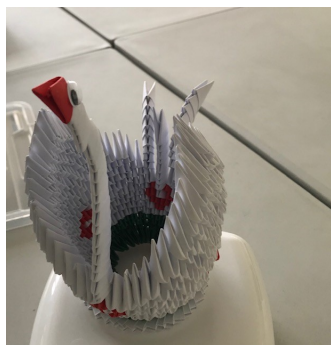
3. *A Visit from St. Nicholas*

It was anonymously published in 1823. It has been attributed to, and claimed by, Clement Clarke Moore but there is some controversy as to whether he actually wrote it.

Origami (折り紙,

Swan's made by members

Jenny Loring



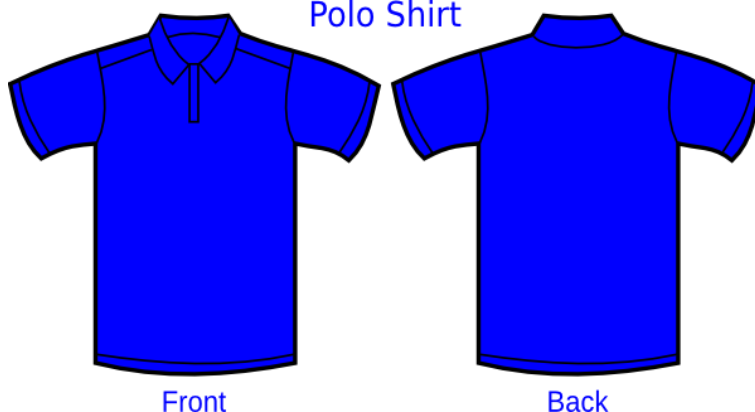
Margaret Fyfe

Origami (折り紙, from *ori* meaning "folding", and *kami* meaning "paper" (*kami* changes to *gami* due to *rendaku*)) is the art of paper folding, which is often associated with Japanese culture. In modern usage, the word "origami" is used as an inclusive term for all folding practices, regardless of their culture of origin. The goal is to transform a flat square sheet of paper into a finished sculpture through folding and sculpting techniques. Modern origami practitioners generally discourage the use of cuts, glue, or markings on the paper. Origami folders often use the Japanese word *kirigami* to refer to designs which use cuts, although cutting is more characteristic of Chinese paper craft. The small number of basic origami folds can be combined in a variety of ways to make intricate designs. The best-known origami model is the Japanese paper crane. In general, these designs begin with a square sheet of paper whose sides may be of different colors, prints, or patterns. Traditional Japanese origami, which has been practiced since the Edo period (1603–1867), has often been less strict about these conventions, sometimes cutting the paper or using non square shapes to start with. The principles of origami are also used in stents, packaging and other engineering applications.

Classes in Origami will continue on next year.

Contact Afroditi coordinator@whittleseau3a.org.au

Polo Shirt



WHITTLESEA U3A INC. POLO SHIRT

Royal Blue with Gold Logo

The Polo Shirt is 220-gram Polyester/Cotton Pique Knit, with a fully taped neck seam, half-moon yoke, ridged collar & side vents.

AT THE SUBSIDISED PRICE OF \$20 EACH

Sizes available: (cms)

	XS	S	M	L	XL	2XL	3XL	4XL	5XL
Half chest size	51.0	53.5	56.0	58.5	61.0	63.5	66.0	68.5	71.0
Body Length	69.0	71.5	74.0	76.5	79.0	81.5	84.0	86.5	89.0

There is also a size K14, slightly smaller than the XS. Payment required with order.

Available at Monthly Morning Tea or from Brenda Gorely on 9717 4126 or [0468 423 586](tel:0468423586)

CHAIR AEROBICS DVD ALSO AVAILABLE AT \$10 EACH.

Whittlesea Committee Inc. U3A 2018- 2019

COMMITTEE EXECUTIVE

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ACKNOWLEDGEMENT

We wish to acknowledge and thank the Hon. Andrew Giles M.P. (Scullin) Bronwyn Halfpenny M.P. (Thomastown), Hon. Lily D'Ambrosia M.P. (Mill Park) and their staff for their generosity and their assistance in printing and copying our Newsletter, Forms, Calendars, and mail outs.

A big thank you also goes out to Mill Park Library for the use of their rooms

Term 1 4th February—5th April 2019

N.B. When at Peter Lalor Campus, please use the cups/mugs provided; after use, rinse and place in dishwasher.

Under any circumstances, polystyrene cups are NOT to be used in Peter Lalor Campus.

Membership Renewal for 2019

Membership Renewal for 2019

Prepare for membership renewal / re-enrolment

View the 2019 Course Summary in the November Newsletter, or

View the courses [online](#) via our website from 19 November

Make a note of your Course/Activity selection/s

Enrolment Period 2019 6th December till 11th December 2018

If NOT online either post (plan for the mail to arrive before 6th December) / bring your completed Enrolment Form, including payment, to Whittlesea U3A (if you are unable to attend the Office during enrolment period), OR

attend the office during the Enrolment Period with your Course selections and payment in cash or cheque

If Online—Login during the Enrolment Period commencing 10.00am, Thursday 6th December 2018, select your Courses/Activities and pay using PayPal or send cheque or bring cash to the office during the Enrolment Period

Office Enrolment dates/times

Senior Citizens Centre
2b May Road, Lalor (behind Lalor Library)
Thursday 6th December 10:00am to 4:00pm
Tuesday 11th December 12:30pm to 4:00pm

Whittlesea Community Activity Centre
57-61 Laurel St Whittlesea
Monday 10th December 1.00pm to 4:00pm

Instructions to assist with renewals are located on the website – [click here](#)

Some courses/activities will initially have all enrolments Wait Listed.

Acceptance into the course will be sent by email or post late January 2019. Members are encouraged to re-enrol during the above dates to minimise the risk of missing out getting into your preferred course / activity.

Course/Activity Confirmation 2019

Confirmation of your Courses/Activities enrolments will be sent late January 2019 along with a Welcome Note and Name tags for the New Year.

Information sessions for Online Enrolments

You are welcome to attend either of the information sessions for those who like to enrol [online](#). Bring your laptop/tablet/smartphone but not essential.

Thursday 22nd November 2018 10:30am – 12:30am Peter Lalor Campus 2b May Road Lalor	OR	Tuesday 27th November 2018 2:00pm – 4:00pm Nick Ascenzo Hall 2 Boronia Street Thomastown
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We would appreciate all membership renewals and new memberships to be completed before 4pm Tuesday 11th December 2018.

Membership Fees for 2019 are

Full Member \$50.00
Associate \$30.00

proof of membership of another U3A required
Tutor / Leader N/A



We would appreciate all membership renewals and new memberships to be completed before 4pm Tuesday 11th December 2018.

Online payments of the Whittlesea U3A subscription fees can be made using PayPal. You can use your PayPal account or Credit/Debit Card without having to create a PayPal account. There are step by step instructions on how to use PayPal for enrolments and re-enrolments on the Whittlesea U3A website on the [Membership](#) menu.



Whittlesea U3A Inc. Membership 2019

P.O. Box 1157

34 Robert Street LALOR 3075

LALOR VIC. 3075 Telephone 9464 1339

Subscriptions for 2019: - Full member \$50 Associate member \$30

Membership

Number if known

First Name

Surname / Family Name

Preferred Name

Year of Birth

Gender (M/F)

☐

Street Number and Name

Membership Type

Suburb

☐

Postcode

☐

'Phone—Home (03)

Full -----

'Phone—Mobile

☐

[Please print] Email

Do you want the
newsletter by email?

Yes

No

Municipality (To which City do you pay

Country of Birth

Emergency contact person's name (one on-

Contact person's phone number

Contact person's relationship to you

I agree to the Whittlesea U3A Membership Terms & Conditions <http://whittleseau3a.org.au/about-us/>

➔ Applicant's Signature _____ Date

It is only with our member's involvement that this association is able to function effectively

Are you able to assist in any of the following ways?

General Duties [] Office Duties [] Newsletter mail [] Tutor/Activity Leader []

Committee/sub-committee [] Photography / Video Recording [] Community connector []

Office use only Office use only Office use only Office use only Office use only

Amount _____ Date _____

☐ Cash

☐ Cheque

Nº _____

Whittlesea U3A Inc. Class Selection 2019

ABN 91617395831

Name..... Member No.....
Address
PhoneMob.....
Email

Please be mindful of the dates and times of the courses you select to ensure they do not overlap

Code	Description

NOTE: Name tags MUST be worn to ALL Courses

Post this form to

Secretary

Whittlesea U3A Inc.

PO Box 1157

Lalor 3075

or deliver to

Whittlesea U3A Office

Peter Lalor College

34 Robert Street (opp Ryder Street)

Lalor 3075

Make your Selections from our 2019 Course Calendar. (Refer to our website — <https://whittleseau3a.org.au/>)

Enter your selections including Course Code that interest you. You will be notified of the courses you are enrolled in. We do have members on waiting lists for some courses. Therefore, anytime during the year you decide to stop attending, it is imperative you notify the Course coordinator. If you are going to be absent for more than THREE consecutive course times you must notify the Course Leader or Office, to maintain your place in the course.