



Whittlesea U3A News Sheet

2019 ISSUE 05 June NEWS

TERM 2 Commences on 23rd April 2019 concludes on 28th June

BUS TRIPS

We have bus trips occurring this year.

The cost for the bus trips are tiered with 2 prices; the first price is for Whittlesea U3A members and the second price is for non-members.

Friday 19th July 2019

Noorilim Estate Homestead

Nagambie Lakes

\$60 / \$65

Bus will depart Epping Memorial Hall 9am SHARP

Trip Details

Morning Tea, Noorilim Estate Homestead Tour, this is named after local Ngurai tribe meaning many lagoons. Two course Lunch at Nagambie Lakes & Entertainment Centre. Returning to Epping Memorial approx. 4.00 - 4.30pm **Payments and bookings to be received at U3A office by Friday 5th July 2019.**

Book early to avoid disappointment only 65 seats available.



Wednesday 21st August 2019

Daylesford

\$55 / \$60

Bus will depart Epping Memorial Hall 9.00am SHARP

TRIP DETAILS: Today we make our way to the beautiful town of Daylesford and visit some of the delightful shops available, Morning Tea, then a Visit to Istra - Smallgoods, Two course Lunch at Daylesford Bowling Club, a visit to the Chocolate Mill. Returning to Epping Memorial approx. 5.00 - 5.30pm. Payments and bookings to be received at Peter Lalor Campus by Wednesday 7th August 2019. To avoid disappointment book early only 56 seats available .Peter Lalor Office Campus 34 Robert Street Lalor 3075



A Social afternoon of Line Dancing

with Elaine Bateman and Lillian Madden

Sun July 14th, 2019 Epping Memorial Hall

827 High St Epping From 1:00 PM to 4:00

PM ENTRY FEE: Cost of a Gold Coin for members & \$5.00 for Non-Members to cover costs Please bring a plate to share.

Bookings at Peter Lalor Campus Office 94641339



CLASS OF THE MONTH

Indoor Carpet Bowls

Carpet Bowls has been a popular activity at the May Road Campus in Lalor since 2008. Ron Gorely took over as leader in 2010 where 20 members meet every week to play, you can always hear laughter and cheering where they play a game of strategy and skill but also a bit of luck getting those bowls closest to the Jack. Carpet Bowls is held every Thursday afternoon from 1pm –3pm weekly.



IMPORTANT NOTES

We're looking for volunteers

If you have an interesting skill or hobby that you are willing to share with others we need you to help teach or lead an activity with us, you don't have to be a professional just have a passion to teach other members. We are always looking for new classes to add to our Course Summary ,if this is you please contact the office on 9464 1339

New Class

Tai Chi Sword-Fan and Variations

Monday's weekly 11.30am-12.30 pm with Lalor Learning and Living Centre @ French Street Hall This is a class open to all members who wish to further extend their knowledge in the art of Tai Chi and also to Enhance their skills. These forms include learning how to hold a sword or fan, tai chi sword or fan is not too vigorous, it is suitable for seniors and beginners are also welcome.

What you will learn is -:

Tai-Chi Sword -Yang 32 form

Tai Chi Fan-18 Fan

Tai Chi Kungfu Fan –52 form

Tai Chi Kungfu Fan 2 –56 form

Requirements:

Comfortable clothing, shoes and buckets of patience. It is necessary to purchase a sword to start with. If any one wishes the tutor Phu is very happy to order the sword for you at the price of \$12.00. **Please note these are telescopic swords, prop type not weapons.** If interested please ring office 9464 1339.