



Whittlesea U3A News Sheet

2020 ISSUE 04 May 2020- **COVID-19 version**

News Editor kathylizio@bigpond.com

TERM 2 Commences on 14th April -26th June 2020

FROM THE PRESIDENT.....GLEN WALL

Many years ago when I was a teenager a wise older person who I greatly respected continually said to me “Nothing is so bad that it can’t get better” and “You are not alone”. Over the past few weeks I have often reflected on these comments. I believe you will all agree that COVID-19 has not only caused us to stay at home, socially distance, the shops to close and Whittlesea U3A to suspend classes in class rooms but it has provided us with an unbelievable opportunity. Think of all the ingenious ways we as individuals have found to keep in touch with family and friends, learnt how to use functions on your phones and computers you did not think existed. Who would have thought the use of ZOOM would have spread quicker than the COVID-19 virus. Don’t forget that it was our generation that invented and developed the technology the young ones to day have mastered .



ANZAC DAY 25TH APRIL

We could not gather on the 25th to remember the nation’s servicemen and women who served Australia in times of war.



Whittlesea U3A has positively reacted and now have 17 classes continuing with members joining the classes from home having mastered ZOOM. It is confidently expected that the number of classes will increase to over 25 over the next two weeks. There are places available in these classes for you to join. The following classes are now open for enrolments via the website or email coordinator@whittleseau3a.org.au

or president@whittleseau3a.org.au:

- Introduction to ZOOM – ZOOM Mentor team
- Social Seniors - Extend your digital skills, broaden your social networks, share stories creatively, and connect with people on social media. Library facilitator
- Creative Writing – Bryan McNally
- ePublishing – Jan Marshall
- Telling your story- Paul Hollander
- Windows Lap Tops – Kevin Whelan
- Propagating African Violets – Jan Marshall
- Photography – Peter Cleary
- Introduction to Genealogy – Peter Cleary
- Singing for Joy – Ron Harvey
- Ukulele Group – Ron Harvey
- Introduction to Computers Fri – Peter Rodaughan
- Introduction to Computers Tues – Kathy Lizio
- Introduction to iPad – Janice Boswell
- Advanced iPad – Janice Boswell
- Social Seniors Program – Glen Wall
- Italian – Wilma Mason
- Exercise Class - Ida Tipping
- and an Email Trivia Program - Kathy Lizio



What is the Social Seniors Program?

While your members are socially distanced, they can participate in the Social Seniors program which will provide them with an opportunity to extend their digital skills, broaden

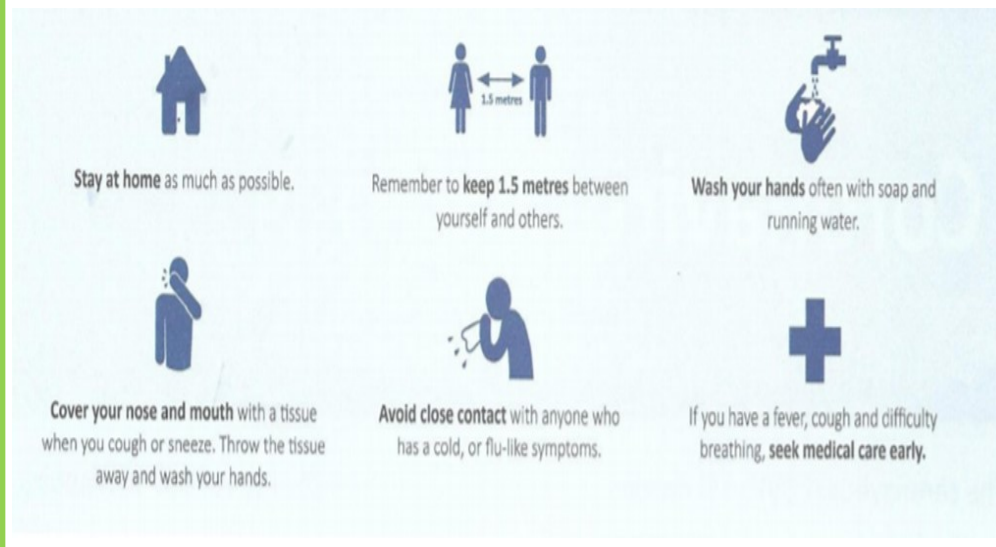
their social networks, share their stories creatively, and connect with people on social media.

Social Seniors is a series delivered over six weeks to introduce members to a range of simple tools that they can use to produce short films on their mobile device and share stories with people with similar interests.

As well as sharing 'digital stories' and discovering social opportunities, the program will help members address any concerns they may have around online privacy, safety and security.

Protect you and your family

We need to work together to help stop the spread of coronavirus (COVID-19)



Stay up-to-date on the COVID-19 situation

Stay informed, stay home and stay safe.

For the latest information visit:

Australian Government Department of Health
health.gov.au

Department of Health and Human Services Victoria
coronavirus.vic.gov.au

Coronavirus hotline

If you think you may have coronavirus (COVID-19),
call the 24-hour hotline on **1800 675 398**.

Please phone **Triple Zero (000)** in an emergency only.

**If you, or someone you know, is experiencing hardship please contact
Whittlesea Community Connections on 9401 6644.**

WHITTLESEA U3A SINGING TOGETHER ON ZOOM

Ron and Silvana did not miss a "beat" in continuing the "Singing for Joy WU3A Choir and Ukulele" weekly classes using ZOOM to sing and play while socially distanced

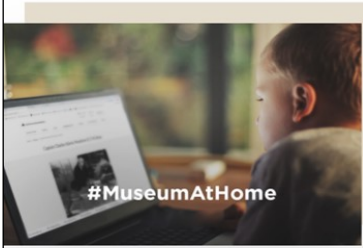


Kathy's Tuesday's Zoom Computer Class

Peters Zoom Friday computer class

get together for the first time





Museum at Home

Our galleries and exhibitions are temporarily closed but we're still telling stories about our nation's servicemen and servicewomen and the Australian experience of war.

Research a family member, explore our interactive digital experiences, listen to podcasts, and watch videos about the amazing objects in our collection.

You can visit the Museum at Home - <https://www.awm.gov.au/visit/visitor-information>

An Article published in the Herald and Weekly Times by Noel Butterfield.

Stimulation missed

The Elderly continue to do it tough as many await a vaccine that could be 12 months away. Many of the broader community may not be familiar with U3A a worldwide, voluntary educational initiative that offers invaluable social contact and stimulating educational opportunities for those in the third age of their lives (around 50 plus) I teach one Shakespearean class 2 Literate classes. Class sizes range from 15-25. There are hundreds like me .

The closure of U3A classes Australia wide will have a crippling effect on our elderly. A little-known yet significant impact of COVID-19.

Supplied by Hans and Flo Majewski

Almoner

if you know of anyone that is sick, in hospital or unfortunately lost a loved one that has passed away, I would like to hear from you so a card can be sent to them to let them know that we care.

I can be contacted by text or phone on 0414925567 or home phone message 94652726 or by email kathylizio@bigpond.com

Trivia if you wish to be added to my Trivia list, questions are emailed out every Saturday to participants and answers are mailed out the following week please let me know I hope to hear from you

Trivia Questions to keep you occupied during Lockdown

1 Q How many times did Princess Margaret Marry?
Was it 1, 2 or 3 times?

2 Q The Toy Story character Buz Aldrin was named after which astronaut?
Is it Neil Armstrong, Alan Shepherd, Edwin Aldrin Jr. or Jim Hovel?

3 Q Which of these is not an insect?
Is it Wasp, Grass Hopper Bee or scorpion?

4 Q What word can go before Key and after Time?

5 Q In which decade was the first Automatic Pop up Toaster sold?
Was it 1920, 1930, 1940 or 1950?

6 Q The human brain is composed of how much water?
Is it less than 10%, 25%, 40% or 80%?

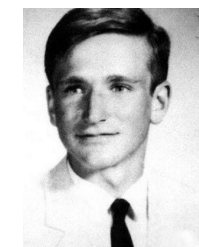
7 Q What did the Romans use a mixture of Honey, Vinegar and Salt for?
Was it Throat Balm, Tooth Paste, Gravy or Embalming Fluid?

8 Q Which of the following was not a President of the USA?
Was it George Washington, Millard Fillmore, Benjamin Franklin or James Polk?

9 Q whose famous white bikini was sold at auction in 2001 for 35000 pounds?
Was it Marilyn Monroe, Paris Hilton, Ursula Andres or Elizabeth Taylor ?

10 Q Who committed suicide in AD68 at the age of 36?
Was it Caesar, Napoleon Cleopatra or Nero?

Who are these famous actors when they were young



If you would like to participate in the quiz please email me the answers

kathylizio@bigpond.com