

# WOTZON

**Whittlesea U3A  
Weekly Fact Sheet  
Edition 5 - 16th May 2021**



## CONTACT DETAILS

### CLASS COORDINATOR:

Afroditi – [coordinator@whittleseau3a.org.au](mailto:coordinator@whittleseau3a.org.au) (0431 488 346)

### COMMUNICATION:

Natalie – [communication@whittleseau3a.org.au](mailto:communication@whittleseau3a.org.au) (0412 230 561)

## PETER LALOR CAMPUS OFFICE & CLASSROOMS are opened.

*Many classes are starting up at Peter Lalor. If you have a class at the Peter Lalor Campus, be advised that toilets (until sometime in May) are only available through the Men's Shed. Parking is still only available on the street.*

**IMPORTANT NOTICE** – if you are sending money to Whittlesea U3A by mail – whether it is a cheque or money order please send it to

P.O. Box 1157 Lalor.

There are still many classes with vacancies so don't forget to check out the **CALENDAR**.

[coordinator@whittleseau3a.org.au](mailto:coordinator@whittleseau3a.org.au) (0431 488 346)

## THE FOLLOWING CLASSES HAVE BEEN CANCELLED FOR

**WEEK 17<sup>th</sup> – 21<sup>st</sup> of May**

*due to Tutor's Family Commitments*

**211MON16** Wu Tao Dance with Meditation (Monday from 1.00pm – 2.00pm)

**103ONL04** ZOOM Reflexology for Health (Wednesday, from 4:30pm to 5:30pm)

**214THU13** Beginners Tai Chi for Health (Thursday from 1.00pm-3.00pm)

## THERE HAS BEEN A CHANGE to the NAMES of THE FOLLOWING CLASSES

**211MON18** Line Dancing for Exercise Group 1 & 2  
IS NOW CALLED

**211MON18** Line Dancing for Exercise

**213WED02** Line Dancing - Easy Intermediate

IS NOW CALLED

**213WED02** Line Dancing – Intermediate

**213WED19** Line Dancing - Level 1 & 2

IS NOW CALLED

**213WED19** Line Dancing for Exercise

*Notice that in all cases the name has changed not the code number of the class*

## NEW CLASS

**212TUE11 SNOOKER**

This class will start on **Tuesday 25<sup>th</sup> of May, 2021** at **Lalor Senior Citizens Building – May Road Campus** from **1.00pm – 3.00pm**

The class has vacancies so

**ENROLMENTS ARE STILL AVAILABLE**



### Social Exercise and Walking Football

for people aged 50 and over

**For ages 50 and over**

Men and women of all abilities are welcome to come and try Walking Football. Fun gentle exercises and walking football training and games.

Exercises are easy to do and slow paced. No running is required.

**Date:** Every Monday, starting Monday 21 June 2021 (only during school terms)

**Times:** 10am - 12pm

**Where:** YMCA Leisure City, 41-53 Miller Street, Epping

**Cost:** Free until Wednesday 30 July 2021

**Bookings:** Phone 9407 5913 or 0439 007 455  
Email [leap@whittlesea.vic.gov.au](mailto:leap@whittlesea.vic.gov.au)

Please wear comfortable clothing, runners or indoor soccer shoes (no black soles.)

COVID-19 health and safety rules will apply.

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