

# WOTZON

**Whittlesea U3A  
Weekly Fact Sheet  
Edition 7 - 30th May 2021**



## CONTACT DETAILS

### CLASS COORDINATOR:

Judy – 9464 1339 or 0404119189

### COMMUNICATION:

Natalie – [communication@whittleseau3a.org.au](mailto:communication@whittleseau3a.org.au) (0412 230 561)

OR [coordinator@whittleseau3a.org.au](mailto:coordinator@whittleseau3a.org.au)

You would all be aware, through emails sent over the last few days that Afroditi, our class coordinator has decided to step down from this position. We would like to thank Afroditi for her dedication and exceptional commitment to ensuring that Whittlesea U3A runs smoothly.

Should you wish to enrol in a class or get further information relating to classes please either ring Judy Cleary on 9464 1339 or 0404119189 OR email Natalie on [coordinator@whittleseau3a.org.au](mailto:coordinator@whittleseau3a.org.au) or [communication@whittleseau3a.org.au](mailto:communication@whittleseau3a.org.au)

**Due to government regulations and the announced lockdown between FRIDAY 28th May 12.00AM and THURSDAY 3rd June 11.59PM ALL FACE-TO-FACE classes have been cancelled. Should the lockdown be extended an email regarding classes will be sent to all members.**

**ZOOM classes will continue. SOME classes (as shown below) have converted to ZOOM classes.**

**Please contact the phone numbers and/or emails listed above if you require further information.**

## NEW ZOOM ONLINE CLASS

CODE: 103ONL03

DESCRIPTION: ZOOM WRITING YOUR STORY

LEADER: Helen Bourgazas

START: 9<sup>th</sup> June – 24<sup>th</sup> November

TIME: 12.00 – 14.00 WEEKLY

DESCRIPTION: Writing your story will focus on student specific goals/ needs i.e. story writing, memoir, biographies and autobiographies.

Specific writing aspects will be discussed that will enhance student stories.

## CONFIRMATION – DUE TO GOVERNMENT REGULATIONS THE FOLLOWING CLASSES ARE NOW ON ZOOM - ONLINE

**213WED22 – EXERCISES FOR HEALTH AGEING**  
Wednesday 14.00 – 15.00 Leader – Ida Tipping

**212TUE02 – LAPTOP WINDOWS**  
Tuesday 13.00 – 15.30 Leader – Kevin Whelan

## TIME CONFIRMATION – THE FOLLOWING ONLINE ZOOM CLASS IS CONFIRMED AT THIS TIME

**103ONL07 – ZOOM TAI CHI**  
Wednesday 09.30 – 11.00 Leader – Teresa Wong

## NEW CLASS

CODE: 104ONL02

NAME: ZOOM More Than Just A Phone

FREQUENCY: Wkly

TYPE: ZOOM Short

LOCATION: ONLINE

START DATE: Thursday 17/06/2021 – 22/07/2021

TIME: 14:00 – 16:00

DESCRIPTION: "More Than Just a Phone" is a short course designed to assist participants to navigate their way around smart phones, iPads, and tablets.

REQUIREMENTS: Bring your own, Android Phone/ Tablet. iPhone /iPad

## NEW FACE -TO-FACE CLASS

**THIS CLASS WILL GO AHEAD ONLY AFTER GOVERNMENT PERMISSION IS PROVIDED**

CODE: 212TUE10

DESCRIPTION: SEED TO PLATE AND BEYOND

LEADER: Yolanda Avery

START: 15<sup>th</sup> June – 30<sup>th</sup> November

TIME: 13.00 – 14.00 WEEKLY

LOCATION: Estia School House, 879 Plenty Rd, South Morang

DESCRIPTION: Get involved with your garden, learn how to grow and enjoy your own fruit and vegetables using sustainable practices. Create and enjoy the "Seed to Plate and Beyond" experience.

The activity focusses on how to reduce garden waste; enrich the soil; and develop an organic garden.