

Whittlesea U3A News Sheet June Edition 2021

TERM 2 Commences on 19th April –25th June 2021

Message from President....

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As I am writing this message, I have received news that there have been 10 cases of COVID detected through testing linked to a person in Wollert. This new outbreak reminds us that we must comply with Victorian Government regulations and the importance of having the COVID vaccination for protection and to stay safe.



Of the 95 members who attended our May morning tea it was pleasing to find that a significant number of those attending had been vaccinated and did not suffer any significant reactions. If you have not been vaccinated, please book in for the vaccination at either:

- Epping, Northern Hospital: wait time - 45 minutes
- South Morang, DPV Health - Plenty Ranges Arts & Convention Centre: wait time - No Delay

Advice of changes in COVID safe regulations which require changes to be made to classes and activities will be included in the weekly “WOTZON” or if more urgent by email and SMS.

It is pleasing to report that Peter Cleary and Janice Boswell have successfully commenced delivering classes (Hybrid) with participants in the classroom and some members participating in the class via ZOOM from home. Peter and Janice are assisting other class leaders provide their classes in this format. Advice of these developments will be included in “WOTZON” as they are introduced.

The Department of Education and Training have confirmed that they have arranged for disabled toilet facilities to be located at the Peter Lalor Campus for use by members of Whittlesea U3A. We will now be able to schedule more classes at the Peter Lalor Campus

We have been advised that the Minister’s Department of Education and Training office has signed off on the areas allocated to each of the organisations who will be occupying the site long term. The Architects for the project have commenced the design work for the site. It is understood that construction of the areas for Whittlesea U3A and Lalor and District Men’s Shed will not commence until into 2022.

Our U3A organisation’s theme in 2021 is “*Working Better Together for 2021 and After*”, looking at how we can extend further the co-operation and support with other organisations. In line with this theme Whittlesea U3A has reached agreement with the City of Whittlesea to collaborate in the further development of the Whittlesea Seniors Linkup program which will enable Whittlesea U3A to expand its classes and activities and better support seniors in the City of Whittlesea.

Let us all look forward to the future with optimism and enthusiasm. Stay safe, have your vaccination, and support your friends.



AN EMAIL FROM A MEMBER – FOOD FOR THOUGHT

Hi everybody

Here we are the virus kicking another goal and stopping us from doing what we like and enjoy. Maybe it is time for us to play our game and kick some goals. The only way we can do it is getting vaccinated so we can get protected and protect the team to, my wife and I had the first dose waiting for the second one with no problem at all. So please consider it if each of us can kick a goal (one vaccine each) we can stop the virus winning and we can safely come back to do what we like.

Sent from my iPad



COVID 19 pandemic information focused on City of Whittlesea from the state government sources. Please pass this on to all your members.

Dear Senior Citizen Clubs, LEAP and Community Members,

We have collated this [COVID 19 pandemic information focused on City of Whittlesea from the state government sources. Please pass this on to all your members.](#)

If you have symptoms, get tested

If you have any symptoms at all, you should immediately get tested and isolate until you get your result. In response to the outbreak, additional testing sites have been opened at:

- Mosaic Pavilion in Lalor 9am until 7pm

Epping Memorial Hall, High Street Epping from 8am until 7pm.

You can also get tested at:

- Schotters Road in Mernda
- Northern Hospital in Epping

4Ctye Pathology in Epping.

Site locations and open times are changing. You can stay up to date with testing locations, times and current wait times at www.coronavirus.vic.gov.au/getting-tested

Monitor exposure sites

LOCAL TIER 1 SITES - last updated 12noon Wednesday 26 May

Get tested and quarantine for 14 days

Jump! Swim School at 4/37 The Concord in Bundoora on 21 May between the hours of 8.55am and 10.15am

Nandos Epping (Dalton Rd) on 19 May from 8.30pm - 9.20pm

Woolworths Epping North on 22 May from 4.45pm to 5.45pm

The Furniture Trader in Cooper Street Epping on 18 May from 12pm to 12.50pm

JMD Grocer & Sweets in High St, Epping on 17 May from 10.30am to 1pm

Woolworths Epping in Pacific Epping on 20 May from 6.25pm to 7.15pm

Coles Epping at Pacific Epping on 20 May from 6.45 to 7.35pm

Plus, others in other areas including Clifton Hill, Brunswick, Coburg, Maribyrnong, Fitzroy, Melbourne, Port Melbourne, Prahran, South Yarra and Thornbury.

LOCAL TIER 2 SITES - last updated 12noon Wednesday 26 May

Get tested and isolate until you receive a negative result

House and party store in Lyndarum Drive in Epping on 22 May from 5.15pm to 5.50pm

Epping North Shopping Centre in Lyndarum Drive on 22 May from 4.45pm to 5.50pm

Pacific Epping Urban Diner Food Court on 23 May from 1.15pm to 2.30pm

Aldi Epping on 23 May from 6pm to 7.30pm

Chemist Depot Epping at Pacific Epping on 23 May at 11.15am to 12pm

Deep Indian Supermarket on High Street in Lalor on 20 May from 7pm to 8.30pm

Fruits of Lalor on Station Street, Lalor on 19 May from 12pm to 1pm

Lalor No1 Fruit Market on May Rd Lalor on 19 May from 12pm to 1pm

Lalor Everfresh Fruit Market on Station Street, Lalor on 19 May from 12pm to 1pm

Mill Park Bunnings on Plenty Rd on 20 May from 4pm to 6.30pm

ACTROL in Brand Drive in Thomastown on 17 May from 12pm 1.30pm

White Line Automotive in Lipton Drive, Thomastown on 20 May from 12pm to 1.30pm

Plus, others in other areas including Maribyrnong, Preston, Reservoir.

If you have been exposed to any of these sites, follow the Victorian Government's instructions. Please continue to monitor the Victorian Government website for exposure sites - this is constantly being updated. www.coronavirus.vic.gov.au/exposure-sites

New changes have been introduced to slow the spread of COVID-19 by reducing the number of people leaving their homes and moving around Victoria.

This means that you cannot leave your home unless you are doing so for one of the five following reasons:

shopping for necessary goods and services

care and caregiving, including medical care, including medical care,

or to get a COVID-19 test exercise

authorised work and permitted study

to get a COVID-19 vaccination.

Victorians may also leave home to visit their intimate partner, their single social bubble buddy, or in an emergency – including those at risk of family violence.

NEW CLASS

CODE: 104ONL02

NAME: ZOOM More Than Just A Phone

FREQUENCY: Wkly

TYPE: ZOOM Short

LOCATION: ONLINE

START DATE: Thursday 17/06/2021 – 22/07/2021

TIME: 14:00 – 16:00

DESCRIPTION: "More Than Just a Phone" is a short course designed to assist participants to navigate their way around smart phones, iPads, and tablets.

REQUIREMENTS: Bring your own, Android Phone/Tablet. iPhone /iPad

NEW FACE -TO-FACE CLASS

THIS CLASS WILL GO AHEAD ONLY AFTER GOVERNMENT PERMISSION IS PROVIDED

CODE: 212TUE10

DESCRIPTION: SEED TO PLATE AND BEYOND

LEADER: Yolanda Avery

START: 15th June – 30th November

TIME: 13.00 – 14.00 WEEKLY

LOCATION: Estia School House, 879 Plenty Rd, South Morang

DESCRIPTION: Get involved with your garden, learn how to grow and enjoy your own fruit and vegetables using sustainable practices. Create and enjoy the "Seed to Plate and Beyond" experience.

The activity focusses on how to reduce garden waste; enrich the soil; and develop an organic garden.

Exploring Melbourne Gardens

This particular Sunday we visited The Royal Botanic Gardens a great time was held by all

A fair amount of walking is expected so a Good Level of fitness is necessary. Casual Clothing & Sturdy Shoes, Water bottle, Hat (for warm weather) appropriate Clothing for weather, Camera BYO Lunch or you can Buy Lunch or just a coffee. The U3A membership Lanyards and your MYKI/ Pension Cards are Essential. Sunday is free travel for seniors but you still require your MYKI card.



Cross Country Walk

Held on the 4th Monday from 9.15-1pm this month we walked the Carome Track along the Plenty River it was muddy and slippery in the end it was a lot of fun and well worth it we do need more participants if you would like to join us please ring the office 94641339

