

WOTZON

Whittlesea U3A

Weekly Fact Sheet

Edition 12 - 11th July 2021



CONTACT DETAILS

CLASS COORDINATOR:

Judy – 9464 1339 or 0404119189

COMMUNICATION:

Natalie – communication@whittleseau3a.org.au (0412 230 561)

OR coordinator@whittleseau3a.org.au

WELCOME TO TERM 3

Monday 12th July is the beginning of Term 3 and classes are starting to get back to normal. COVID rulings at this stage are as follows:

- Always have a mask with you when you attend a class whether indoor or outdoor just in case
- Exercise classes indoor and outdoor do not need to wear masks
- Some venues require masks to be worn so please ask the venue coordinator or tutor to confirm
- Always check in using the QR Code or if you do not have a smart phone sign the sheet which the tutor will have available
- Indoor classes will have a COVID Marshall organized by the tutor. This allows us to increase the number we can have in a room so please listen to their instructions

VERY IMPORTANT: DUE TO COVID REGULATIONS IT IS ESSENTIAL THAT YOU ENROL OFFICIALLY IN A CLASS. PLEASE DO NOT JUST PUT YOUR NAME DOWN ON THE ATTENDANCE LIST.

CHANGES TO SOME CLASSES FROM BEGINNING OF TERM 3

CLASS CODE	NAME OF CLASS	CHANGES MADE
214THU27	ROCK n ROLL	Class has moved from Tuesday to Thursday and is beginning at French Street on Thursday 16 th July
213WED24	CREATIVE WRITING CLASS	Class has moved from Tuesday to Wednesday
211MON09 214THU20	ITALIAN TOTAL BEGINNERS ITALIAN LANGUAGE INTERMEDIATE	Classes have been suspended for Term 3 at the request of the tutor due to COVID restrictions
211MON23	CARDS 500 LAURIMAR	Class has moved from Painted Hills to Laurimar CAC
212TUE01	MAH JONG	New leader for class – Margaret Healy
214THU13	BEGINNERS TAI CHI FOR HEALTH	Moved from Painted Hills to Riverside CC
215FRI07 105ONL07	BEGINNERS YOGA (face to face) & BEGINNERS YOGA ZOOM	Both classes have been cancelled at tutors request. We are looking for a new yoga tutor.
211MON26	INTRODUCTION TO PHOTOGRAPHY	This is a monthly class usually held on the first Monday of the month. During July it will be held on 12 th July
104ONL09	INTRODUCTION TO PHOTOGRAPHY ZOOM	This class is not on. The class is only held as a face-to-face class (211MON26)
217SUN02	DISCOVER MELBOURNE BY TRAIN	New leader for class – Natalie Lim
212TUE06	CARDS 500 – EPPING	Class has moved from Epping Memorial Hall to Janefield CAC due to COVID staff requiring the room
213WED02	LINE DANCING INTERMEDIATE	Class has moved from Epping Memorial hall to TRAC
213WED19	LINE DANCING FOR EXERCISES	Class has moved from Epping Memorial hall to TRAC
215FRI01	LINE DANCING LEVEL 1	Class has moved from Epping Memorial hall to TRAC Change of time - 12.00pm - 1.00pm
215FRI04	LINE DANCING LEVEL 2	Class has moved from Epping Memorial hall to TRAC
101ONL11	ZOOM TAI CHI FOR HEALTH	This short course is now finished
104ONL04	ZOOM CATCH UP AND CHAT	This short course is now finished
104ONL06	ZOOM EXERCISES FOR HEALTHY AGEING	This course has been cancelled at the request of the tutor
215FRI08	COFFEE AND CHAT	Resuming from 9 th July

ALL OTHER CLASSES REMAIN AS ADVERTISED IN THE CALENDAR

LOCATION ADDRESS

French Street – 47A French Street, Lalor

Laurimar CAC – 110 Hazel Glen Drive, Doreen

Riverside Community Centre – 8 Doreen Rogen Way, South Morang

Janefield Community Centre – 2 Manchester Cres, Bundoora

TRAC (Thomastown Recreation Activity Centre) – 52 Main Street, Thomastown

INTERESTED IN LAWN BOWLS

New class being proposed for Terms 3 & 4 Lawn Bowls @ Epping R.S.L.

**This will be a monthly activity at the R.S.L. with a qualified instructor.
The activity will run in September, October and November.**

Cost will \$10

Day of the week – at this stage Wednesday but this is negotiable. Only days not available are Tuesday and Saturday as Club as pennant sessions on those days.

Time – morning – exact time to be decided once we have an indication of interest

If you are interested in taking part please contact Natalie Lim on 0412230561 or communication@whittleseau3a.org.au

The University of Melbourne is completing a study about household risk within the community and has asked Whittlesea U3A to assist them by referring members to complete a short survey either by phone or by zoom. The survey only takes about 15 minutes, and the information will only be used for their study.

Your participation will be greatly appreciated so if you are interested, please let your class tutor know or contact our Secretary, Elaine Bateman on 0415 191 294.

community risk reduction



HELP MAKE YOUR
COMMUNITY
SAFER

Come participate!

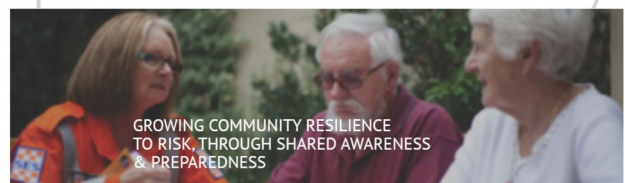
Take a short, anonymous survey about your experiences to help us understand:

How do U3A members in the Banyule and Whittlesea area perceive risk?

What are residents doing in response to risks at the household level?

How does community affect risk and wellbeing?

How can we improve future community engagement for risk reduction?



To participate,
Email: brian.cook@unimelb.edu.au
or call Reanna on 0433 992 893 (5-9pm)



You must wear
a face mask
while travelling