

Whittlesea U3A
Weekly Fact Sheet



Edition 25 - 17th October 2021

CONTACT DETAILS

CLASS COORDINATOR & COMMUNICATION:

Natalie – <u>communication@whittleseau3a.org.au</u> (0412 230 561) OR <u>coordinator@whittleseau3a.org.au</u>

CLASS COORDINATOR:

Judy - 9464 1339 or 0404119189

CHANGES TO COVID -19 RESTRICTIONS AS ANNOUNCED BY STATE GOVERNMENT

These restrictions will change from 11.59pm, Thursday October 21, when Victoria reaches its 70 per cent double-dose milestone

METROPOLITAN MELBOURNE

- No restrictions on leaving home
- No curfew
- No travel limit providing resident doesn't cross from regional Victoria to metropolitan Melbourne and vice versa, unless for work or other permitted reasons
- Hospitality: Food and drink seated service, 20 people fully vaccinated indoors and 50 fully vaccinated outdoors subject to density limits
- Private gatherings: 10 people including dependents, vaccination highly recommended for 12+
- Public gatherings: 15 people including dependents, vaccination highly recommended for 12+
 Entertainment venues 50 people fully vaccinated, outdoors only
- Outdoor community sport: Open for training only (not competition). Minimum number required, changing rooms closed
- Community facilities: 50 people fully vaccinated, outdoors only
- Masks will still be required both indoors and outdoors across the state.
- Homes will be allowed 10 visitors, including dependants. It is "highly recommended" visitors aged over 12
 are vaccinated but not mandatory,

This will mean that some face-to-face classes (mainly outdoor) will be able to resume as long as both the tutor/leader and participants are fully vaccinated.

Refer to the list on the second page for more information.

Regardless of these changes members need to remember that the following conditions still apply with regards to the resumption of classes.

- The resumption of a class is dependent on the availability of a venue and as many are provided to us by the City of Whittlesea we will need to wait for information from their facilitator.
- 2. A tutor may chose not to resume a class
- 3. The resumption of a class will depend on the enrolled number of participants and government guidelines (Tutors will receive an up to date copy of their class enrolments today).
- Vaccination status of both the tutor and the participants based on the Whittlesea U3A <u>Covid-19 policy</u>

As always do not hesitate to contact me on <u>communication@whittleseau3a.org.au</u> or 0412230561 if you have any questions

These ZOOM classes will continue to be available as usual.

Other classes - Some tutors have contacted the members of their class informing them that their face to face classes are on ZOOM during these restrictions. These sessions will continue and tutors will notify those enrolled of any change to the class.

<u>Code</u>	<u>Course</u>	<u>Location</u>	Tutor / Leader
1010NL02	ZOOM Exercises	ONLINE	lda Tipping
1010NL12	ZOOM Just A Chat Session	ONLINE	Janice Boswell
1020NL02	ZOOM Self Help Italian	ONLINE	Wilma Mason
1030NL01	ZOOM Apple iPHONE & iPAD Self Help	ONLINE	Janice Boswell
1030NL02	ZOOM Apple iPHONE & iPAD	ONLINE	Janice Boswell
1030NL04	ZOOM Reflexology for Health	ONLINE	Maria Veerasamy
<u>1030NL06</u>	ZOOM Introduction to Genealogy	ONLINE	Peter Cleary
1030NL07	ZOOM Tai Chi	ONLINE	Teresa Wong
1030NL08	Zoom Line Dancing With Elaine	ONLINE	Elaine Bateman
<u>1030NL09</u>	ZOOM: Seed to Plate & Beyond Comm.Garden	ONLINE	Yolanda Avery
1030NL10	ZOOM Well Being Steps	ONLINE	Maria Veerasamy
1030NL11	Add digital. vacc. cert. to Service Vic	ONLINE	Janice Boswell
1040NL01	ZOOM Technology-Computers for Seniors	ONLINE	Glen Wall
1040NL03	ZOOM Trivia Night	ONLINE	Kathy Lizio
<u>1040NL04</u>	ZOOM Catch Up and Chat	ONLINE	Kathy Lizio
1040NL06_	ZOOM Exercises for Healthy Ageing	ONLINE	lda Tipping
1040NL10	ZOOM Just A Chat Session	ONLINE	Janice Boswell
1050NL01	ZOOM Computers Level 1	ONLINE	Peter Rodaughan
<u>1050NL02</u>	ZOOM Social Seniors	ONLINE	Glen Wall
<u>1050NL03</u>	ZOOM Training for Android, Apple & Zoom	ONLINE	Peter Cleary
1050NL08_	ZOOM Lockdown Light Exercises	ONLINE	Ida Tipping

The following classes will resume from Friday 22nd October based on the conditions shown below and on page 1. Please remember that based on Government restrictions a safe distance must be maintained.

Code	<u>Course</u>	<u>Location</u>	Tutor / Leader	
211MON01	Walk and Talk	Plenty Valley Westfield NEED TO STAY OUTDOORS	Mary Renshaw	Those indicated in red have already started. These activities can resume under the
211MON10	The Cross Country Walkers	Council Car Park	Regina Di Pasquale	
212TUE07	Golf Day	Growling Frog Golf Course	Domenic Marino	government regula-
212TUE25	Lalor Lazy Walking Group	Lalor Library MEET OUT- SIDE	Cath Vindgini	tions. Participants will need to continue to wear masks and maintain a safe distance. Participants and tu-
213WED01	Walking Group	Norris Bank Reserve	Beth Pearce	
213WED07	Mernda Walking Group	Mernda Village Shops	Jeanette Daisley	
214THU01	Bike Riding	Various Locations Co	Allan Fowler	
214THU14	<u>Tennis</u>	Lalor Tennis Club	Ann Sangwell	tor/leader must be
214THU25	Walking Football - Ladies (if played outdoors)	OUTDOOR VENUE	Gerry Fay	fully vaccinated. Resumption is up to
<u>214THU26</u>	Walking Football - Gentlemen (if played outdoors)	OUTDOOR VENUE	Gerry Fay	the tutor/leader of the class
216SAT02	Gardening for Enjoyment	Lalor Links Comm Gar	Yolanda Avery	
217SUN04	Leisurely Sunday Bike Rides	Various Locations	Shirley Louie	
217SUN05	Exploring Melbourne's Gardens	Various Locations	Michael Mikedis	