

WOTZON

Whittlesea U3A

Weekly Fact Sheet

Edition 02 - 23rd January 2022



CONTACT DETAILS

CLASS COORDINATOR & COMMUNICATION:

Natalie – communication@whittleseau3a.org.au (0412 230 561)

OR coordinator@whittleseau3a.org.au

TUTOR LIASON:

Judy – 9464 1339 or 0404119189

THE NEW YEAR IS ALMOST HERE—ONE WEEK TO GO

This week the WOTZON is focusing on classes - new classes that have been placed in the calendar this week and some classes that you may not remember are on. This year we are also trialing some DROP IN digital literary sessions. The first being at the Growling Frog (refer to information in this publication). You do not need to book these sessions, just drop in.

Don't forget it is not too late to enrol so if you know anyone who was a member in 2021 and has not enrolled yet why not get to either contact Peter Lalor Office during opening times, or contact Judy Cleary or Natalie using the details above and we would be very glad to help

Once again welcome to all members, new and returned, to 2022 and remember if you have a question or query there are many people who would love to help so contact us either by phone or email or visit one of the offices and we will answer your questions, enrol you in classes or just have a chat.

See you all soon.

Natalie Lim, Class Coordinator/Communication Manager.

OFFICE OPENING HOURS

Peter Lalor Campus Office will be opened on Monday 24th, Tuesday 25th and Thursday 27th January between 10 am and 1pm. From 30th January the office will be opened Monday to Thursday between 10.00am to 3.00pm. The office is closed on Friday.

May Road Campus Office will reopen on Tuesday 1st February at 12.00

WELCOME PACK

Anyone who has an email address should have received their **WELCOME PACK** with confirmation of all the classes you are enrolled in, and your 2022 membership label. If you do not have an email address the pack was mailed to you and it may take a little longer to come. All packs were emailed out on the 18th January. If you have not received your emailed pack yet could you please contact me on the contact details below and I will organise to resend it. Don't forget to check your junk/spam mail first just in case.

Natalie Lim, Phone # 0412 230 561 OR communication@whittleseau3a.org.au

TUTOR INFORMATION SESSIONS

TWO INFORMATION SESSIONS have been organised. The aim of these sessions is to provide tutors with some basic information relating to class organisation, attendance sheets, venue procedure, how to send an email to members of the class, how to check who is in the class, COVID regulations etc. It is also a chance for tutors to ask any questions they might have. Two sessions will be held - **Tuesday 25th January 11.00 to 12.00 on Zoom** and **Thursday 27th January 11.00 to 12.00 a face to face session at the May Rd Campus**. An email was sent to all tutors with the zoom link and necessary information. Come to the session that best suits you. There is no need to reply just attend the online or face-to-face session and have your questions answered. Various members of the committee will be attending to assist you with your inquiries. Please notify me if you did not get the information about these sessions.

COVID AND 2022 CLASSES

At this stage classes will be going ahead as advertised based on the following conditions:

- Anyone enrolled in a face-to-face class must be fully vaccinated (until we are advised otherwise by the State Government fully vaccinated means 2 injections. However the requirement to have the booster shot may become necessary soon).
- All indoor activities - except where the activity is strenuous exercise - masks must be worn.
- QR Codes need to be used in venues and tutors will need to have a COVID Marshall available.
- Tutors will check your vaccination certificate during the first class so please make sure you either have connected to your Services Victoria app or have an official copy as supplied by Medicare.
- Members of classes please remember that a tutor may decide to postpone the commencement of a class due to the current COVID conditions. If this occurs you will be notified by either SMS or email.

PLEASE CONTACT ME OR THE OFFICE IF YOU NEED ANY FURTHER INFORMATION.

NEW CLASSES & ACTIVITIES

These classes and activities have just been added to the calendar

GROWLING FROG DROP IN SESSION – TECHNOLOGY HELP

Have you got some questions about your smartphone, iPad, Android tablet or laptop and don't have the time to go to a class? A drop in digital learning session is being organised at the Growling Frog Golf Course, 1910 Donnybrook Road, Yan Yean every Tuesday between 11.00am and 1.00pm. You will find Bob Rampling and other Whittlesea U3A members in the café having a drink and discussing technology problems and getting solutions. The sessions begin this coming Tuesday 25th January.

CODE: 224THU30 - Android tablet and smartphone

TUTOR: Shoukry Sidrak

FREQUENCY: Weekly

LOCATION: Peter Lalor Campus 34 Robert Street Lalor, opp. Ryder Street

START DATE: 3rd February

TIME: 10.30 – 12.30

DESCRIPTION: Learn how to use your Android phone (Samsung etc) and Android tablet. This class covers the basic apps on these devices. There will be a different focus every week and lots of time to ask questions and have your problems solved.

REQUIREMENTS: Android smartphone and/or Android tablet.

Classes at Thomastown library will be going ahead as normal as long as tutors have a COVID Marshall. Information will be sent out in the next WOTZON regarding Mill Park Library and Lalor Library.

CODE: 222TUE22 - Jewellery Making

TUTOR: Christina Stamatopoulos (new tutor)

FREQUENCY: Weekly

LOCATION: Mill Park Community House, Cnr Blamey Ave Mill Park Dve. Mill Park

START DATE: 8th February

TIME: 9.00 – 11.00

DESCRIPTION: Learn to make simple jewellery using both natural material, cord, bought beads, elastic, and pearls. Tutor will discuss with participants the tools needed for the activity. There may be a small cost involved depending on materials used. The jewellery made will include bracelets, necklaces, earrings and rings.

REQUIREMENTS: Some tools may be needed. This will be discussed at the beginning of the session

CODE: 221MON28 - Digital Learning – using your technology

TUTOR: Glen Wall

FREQUENCY: Weekly

LOCATION: French Street Community Centre – Computer Room

START DATE: 7th February

TIME: 11.00 – 12.00

DESCRIPTION: Come and learn how to use your iPad, smartphone, laptop etc. Have your questions answered and problems solved. Session to include safe internet use; how to manoeuvre through the MyGov app etc.; how to download apps, etc.

Over the next weeks I will be advertising various classes and activities that may be of interest. Many of these are being conducted by the same tutors as 2021 and they are either online or face-to-face. Others are brand new classes which returning tutors have kindly agreed to do or they could be new tutors offering exciting new sessions.

CODE	DESCRIPTION	START DATE	TUTOR	LOCATION	FREQ.	DAY
221MON01	Computer Android Social Media Support	31-01	Shoukry Sidrak	Peter Lalor Campus	Wkly	Mon
223WED04	Apple iPHONE & iPAD - ONLINE	02-02	Janice Boswell	ONLINE	Wkly	Wed
224THU30	Android tablet and smartphone	03-02	Shoukry Sidrak	Peter Lalor Campus	Wkly	Thu
221MON03	Self Help Card Making	14-02	Judy Cleary	Nick Ascenzo	2 4 Mon	Mon
222TUE22	Jewellery Making	08-02	Christina Stamatopoulos	Mill Park Com. House	Wkly	Tue
223WED08	Hand Sewing for Unfinished Projects	02-02	Joh Griffin	Janefield CC	Wkly	Wed
223WED25	Beginners Card Making	02-02	Christine Czerny	Nick Ascenzo	Wkly	Wed
224THU29	Paper Quilling Arts	10-02	Phu Phan	Peter Lalor Campus	Wkly	Thu
221MON26	Exercises ONLINE	31-01	Ida Tipping	ONLINE	Wkly	Mon
223WED14	Mernda Walking Group	02-02	Jeanette Daisley	Mernda Village Shops	Wkly	Wed
222TUE08	Mah-Jong	01-02	Margaret Healy	Peter Lalor Campus	Wkly	Tue
222TUE10	Cards 500 - Epping	01-02	Alby Griffin	Epping Memorial	Wkly	Tue
223WED15	Chess - Develop Skills	02-02	John Kolonis	Peter Lalor Campus	Wkly	Wed
221MON27	Tai Chi Bo Staff	07-02	Phu Phan	French St Hall Lalor	Wkly	Mon
222TUE14	Tai-Chi Advanced Level	08-02	Teresa Wong	Riverside Community	Wkly	Tue
221MON20	Annual Labour Day Picnic at Yan Yean	14-03	Marion Gaylard	Yan Yean	Annual	Mon
224THU22	Trivia Night	03-02	Kathy Lizio	May Rd Campus	1 3 5 Thu	Thu
224THU23	Tennis	03-02	Ann Sangwell	Lalor Tennis Club	Wkly	Thu
224THU24	Walking Football - Ladies	03-02	Mick Trim	Mill Park Basketball	Wkly	Thu
224THU25	Walking Football - Gentlemen	03-02	Mick Trim	Mill Park Basketball	Wkly	Thu

This is just a sample of the activities we have. Go to the Whittlesea U3A website for a list of all the classes we have available in 2022 and remember new ones are being added all the time

NEED INFORMATION ABOUT MY AGE CARE

My Age Care packages. <https://www.myagedcare.gov.au/help-at-home/home-care-packages> Their phone contact is 1800200422. Some providers do not charge the Basic daily fee so keep that in mind when looking for a provider.

A number of classes/activities need new leaders as the tutor who led this group in 2021 is not available in 2022. Please contact me if you are available to help.

Course Code:	223WED22
Description:	Table Tennis - French St
Frequency:	Wkly
Tutor / Leader:	To be advised
Tutor2:	None
Type:	Long Course
Location:	French St Hall Lalor
Start Date:	02/02/2022 Wed
Finish Date:	30/11/2022
Start Time:	11:30
Finish Time:	13:30
Maximum enrolments:	30
Number Enrolled:	7

Course Code:	221MON06
Description:	The Cross Country Walkers
Frequency:	4th Mon
Tutor / Leader:	To be advised
Tutor2:	None
Type:	Long Course
Location:	Council Car Park
Start Date:	28/02/2022 Mon
Finish Date:	28/11/2022
Start Time:	9:15
Finish Time:	13:00
Number of weeks:	10
Maximum enrolments:	20
Number Enrolled:	7

Course Code:	222TUE09
Description:	Bocce
Frequency:	Wkly
Tutor / Leader:	To be advised
Tutor2:	None
Type:	Long Course
Location:	May Rd Campus
Start Date:	01/02/2022 Tue
Finish Date:	29/11/2022
Start Time:	13:00
Finish Time:	16:00
Maximum enrolments:	10
Number Enrolled:	1

Course Code:	224THU13
Description:	Bocce
Frequency:	Wkly
Tutor / Leader:	To be advised
Tutor2:	None
Type:	Long Course
Location:	May Rd Campus
Start Date:	03/02/2022 Thu
Finish Date:	24/11/2022
Start Time:	13:00
Finish Time:	16:00
Maximum enrolments:	10
Number Enrolled:	1

INFORMATION FOR TUTORS

DURING THE TUTOR INFORMATION SESSION YOU WILL BE SHOWN HOW TO DOWNLOAD YOUR ENROLMENT AND ATTENDANCE LISTS. HOWEVER FOR YOUR CONVENIENCE I WILL ALSO BE SENDING YOU A COPY OF THESE LISTS AT THE END OF NEXT WEEK.



- Things that will bring Tigers luck:**
- **Lucky numbers:** 1, 3, and 4 and numbers containing them (like 13 and 43)
 - **Lucky days:** the 16th and 27th of any Chinese lunar month
 - **Lucky colors:** blue, gray, orange
 - **Lucky flowers:** yellow lily, cineraria

Happy Chinese New Year to everyone. 2022 is the Year of the Tiger. Those born under this sign are courageous and energetic, love a challenge or competition and are prepared to take risks. They are hungry for excitement and crave attention. They can also be rebellious, short-tempered and outspoken, preferring to give orders rather than take them, which often leads to conflict. If you were born in 1938, 1950, 1962 or 1974 you are born under the sign of the Tiger so a special Happy New Year to you.



Digital Literacy

Learning to use your device and get online

For ages
55 and
over

Whittlesea U3A & The City of Whittlesea invites all seniors to our Digital Literacy program, to help you get online, and get connect.

This program aims to help senior's use their android or apple phone's, laptop's, computer's or tablet's, and get online, connecting with friends and family, learn new things, communicate and have fun online!

When: Every Tuesday, 2.30pm to 4pm

Where: Classes are held via Zoom

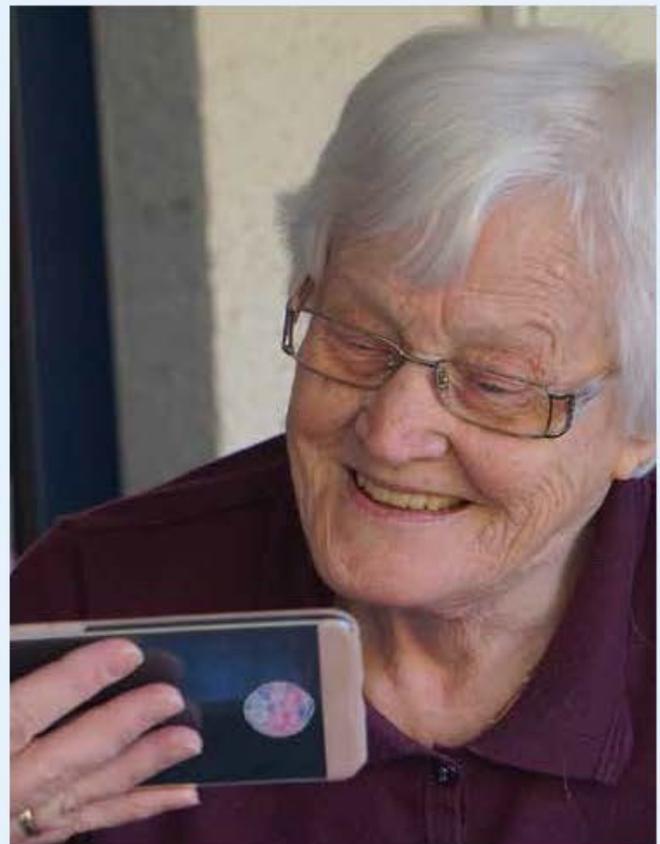
A Zoom link will be sent to your email address
Classes are limited to 15 participants.

Cost: FREE

Classes are hosted by experienced U3A instrcutors.

Please send an email to LEAP@whittlesea.vic.gov.au, or get in contact with one of our Positive Ageing Officers.

Please provide us with your:
Full Name, Email Address, Phone Number, and the device you use.



For more information about this and other programs please contact the Positive Ageing Team on 9407 5913 or email LEAP@whittlesea.vic.gov.au