



Whittlesea U3A News Sheet February 2022

TERM 1 Commences on 31st January –7th April 2022

President's message



We are looking forward to the future with confidence. COVID restrictions reducing and as long as we all follow Health guide lines it is safe to meet in class rooms, community centres and shopping centres.

It is pleasing that we are able to start the 2022 Whittlesea U3A year returning to "face to face" classes supplemented by online "ZOOM" classes, outdoor activities and some classes having members participating in a class room with other members joining the class from home via ZOOM.

Our new normal.

Vaccination and follow up boosters is enabling us to enter a new normal era with a degree of confidence.

Our hope, of course, is that we will not be assailed by a new variant or other catastrophe; and that gradually over this U3A year, all our leaders, Tutors and members will be accustomed to masks, social distancing, and check-ins.

I would like to welcome first time Whittlesea U3A members and express the pleasure it gives me to see how well our growing membership have settled into classes.

Looking forward to a successful 2022 and the future with confidence.

Stay safe and well.

Glen Wall

President Whittlesea U3A.

CELEBRATING CHINESE NEW YEAR – 2022 The year of the TIGER



According to the Chinese zodiac, 2022 is the Year of the **Tiger**. It starts from February 1 and lasts until January 2, 2023. Those born in the Year of the Tiger are said to be brave, competitive, unpredictable and confident. Recent and upcoming years of the Tiger are 1938, 1950, 1962, 1974, 1986, 1998, 2010, and 2022.



Don't forget Morning tea Monday 7th February 2022

Epping RSL Harvest Home Road at 10am light refreshments supplied, don't forget to sign the book at the door, please indicate if its your birthday in February hope to see you there,

Our next morning tea will be at the Epping RSL March 7th 2022



If anyone is interested in leading Bocce on a Tuesday or a Thursday at 1pm for 2 hours at the May Road Campus or if you know of anyone who would be interested please let our Co-ordinator Natalie Lim know

communication@whittleseau3a.org.au

Also there are a few classes that have vacancies at the moment please check the calendar or notify Natalie



GRANDMA'S RECIPE BOOK FOR SHARING WITH FAMILY



Whittlesea U3A has reached agreement with the Acting Principal of Peter Lalor Vocational College Melissa Lozanovski to work together to develop a program where Whittlesea U3A members and year 9 / 10 students learn together how to produce a digital copy of "GRANDMA'S RECIPE BOOK" for sharing with family.

The U3A Members will learn how to preserve recipes handed down from Grandma, record memories and improve digital skills. Students will learn how to connect with seniors, develop their writing, graphic arts and technology skills. The program is an innovative approach to Life Long Learning.



Do you have a favourite recipe you would like to share with your family?

We can help you in the Tuesday activity save those recipes in this form:



Nana's Jelly Slice

The Base

Packet plain sweet biscuits (crushed)
6oz (175 gms) melted butter
Mix together and press into tin.

Lemon Layer

1 tin condensed milk
3 teaspoons gelatine dissolved in 3/4 Cup boiling water
Juice of 2 lemons (1/3 Cup)
Beat this together with a beater
Pour onto biscuit layer and refrigerate to set.

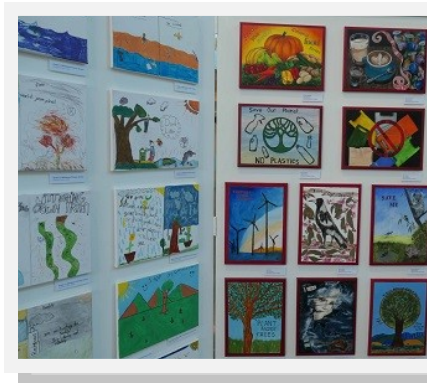
Topping

Packet red jelly dissolved in boiling water (Directions on the jelly packet)
I usually add extra gelatine to the jelly crystals to make sure it is firm- about 1 teaspoon.
Pour the jelly mix on top of the lemon layer after it is set.
Then refrigerate till the jelly is firm

Please contact Glen Wall 0422852593 or president@whittleseau3a if you are interest in participating in this project.

the Collectively Caring For Climate murals that have been installed to date, at various locations in the municipality. It's take longer than expected due to the pandemic, but we have almost completed this stage of the project. The next stage of the project is for all of us to honour our climate pledges and take climate action and act to do our best to help mitigate climate change. I would really appreciate it if you can spread the word to your families and friends about this and take them to see the murals.

Photo's supplied by Beryl Clarke



ALMONER

if you know of anyone that is sick, in hospital or unfortunately lost a loved one that has passed away, I would like to hear from you so a card can be sent to them to let them know that we care.

I can be contacted by text or phone on 0414925567 or home phone message 94652726 or by email kathylizio@bigpond.com