

Whittlesea U3A
Weekly Fact Sheet



Edition 05 - 13th February 2022

#### **CONTACT DETAILS**

**CLASS COORDINATOR & COMMUNICATION:** 

Natalie – <u>communication@whittleseau3a.org.au</u> (0412 230 561) OR <u>coordinator@whittleseau3a.org.au</u>

**TUTOR LIASON:** 

Judy - 9464 1339 or 0404119189

## 2022 - CELEBRATING 20 YEARS IN OPERATION

Thank you to all members who have either rejoined Whittlesea U3A in 2022 or who have joined us for the first time. Activities continue to be provided to ensure that we come out of a very dull 2020 and 2021 with a revised sense of excitement. Remember that you can enrol in classes all through the year by going online, calling the office, tutor liaison or the course coordinator.

At this point I would like to take this opportunity to remind everyone that those who "work" at Whittlesea U3A do so as a VOLUNTEER (not paid). We are grateful for the contribution made by these unpaid volunteers as they enable us to provide more than 110 classes on a weekly basis which are extensive in the topics they cover. This has been possible even through lockdown and various levels of COVID restrictions. Wherever it was evident that certain advertised classes were not possible many tutors adapted their content and style to provide online activities to ensure members remained connected to their friends. Some face-to-face classes suffered but connection was still maintained wherever possible.

Whether the volunteer works as a tutor, an office helper, a member of the committee or a coordinator of an activity they all volunteer their time and expertise to benefit all members of Whittlesea U3A in an unpaid capacity.

As a volunteer we would ask that you respect our contribution by:

- Being courteous when making inquiries whether they are over the phone, in person or via email.
- Remembering that in the majority of cases phone inquiries should be made during office hours which are between 10.00am and 4.00pm Monday to Friday. Phone contact at other times are for emergency cases only. Outside of these times we encourage you to send an email, SMS or leave a message and the recipient will reply when they are able.
- Remembering that a tutor has the right to postpone and even cancel a class in the rare occasion
  that it becomes necessary to do so. All of our tutors take leading a Whittlesea U3A class very
  seriously and many of them spend hours in preparation of an activity. If they cancel a class, it is
  always done for some unavoidable reason.
- Reading the communication that is sent out to you whether it is by email or SMS. This is how we
  ensure you are kept up to date with class changes etc.

Once again thank you to all Whittlesea U3A member who love attending our classes and who regularly show their appreciation for the hard work done by these unpaid volunteers.

I hope you are looking forward to the year ahead, our 20<sup>th</sup> Anniversary year, as everyone is very excited with what is to come. Lots of social activities are being planned including very exciting classes, lunches and special outings.

Natalie Lim, Communication Manger and Course Coordinator.

### WHAT A FANTASTIC MORNING TEA

Thank you to those members who came to the Morning Tea last Monday. Over 50



members attended and we all enjoyed a great spread of muffins and scones with cream and jam whilst talking with friends and listening to all the current information. Afterwards many stayed for lunch. The March Morning Tea which will be held on March 7th will be a special celebration - our



official 20th Birthday. It will be exactly 20 years since the first Whittlesea U3A event. Once again everyone is welcome and light refreshments will be served. We are also planning to have a birthday cake to mark the occasion.

# **WATER AEROBICS**

Water Aerobics is becoming a very popular activity at Whittlesea U3A. We have 2 venues where these are available. In the past enrolling in the activity in the Whittlesea U3A calendar automatically gave you a place in the class, however like everything else COVID has changed all of this. Please read the information below carefully if you are interested in the activity.

- TRAC (Thomastown Recreation Centre) in Main Rd, Thomastown has classes available on Tuesday. If you are interested you need to first register, with the venue, as a member (online, by phone or at the venue) and then book your attendance. Booking needs be done WEEKLY by the individual member so as to ensure you have a place in the class. Cost of the session is \$7.50 per session.
- Mill Park Leisure Centre in Morang Drive, Mill Park offers a number of similar activities. Once
  again if you are interested you need to register with the venue online, by phone or at the venue.
  Once a member you can choose casual membership to Hydro Aerobics at \$7.50 to \$8.00 per
  lesson; Concession Aqua Membership costing \$11.10 per week (by direct debit) which gives a
  member unlimited use of the pool facilities; and finally \$13.00 per week (by direct debit) which
  gives a member unlimited use of all the facilities at the centre. Cancellation can be made at any
  time by giving 30 day written notice.

Just a reminder that Whittlesea U3A is not recommending or promoting any venue we are just providing information of interest to members.

### **COVID AND 2022 CLASSES**

At this stage classes will be going ahead as advertised based on the following conditions:

- Anyone enrolled in a face-to-face class must be fully vaccinated (until we are advised otherwise by the State Government fully vaccinated means 2 injections. However the requirement to have the booster shot may become necessary soon).
- All indoor activities except where the activity is strenuous exercise masks must be worn.
- QR Codes need to be used in venues and tutors will need to have a COVID Marshall available.
- Tutors will check your vaccination certificate during the first class so please make sure you either have connected to your Services Victoria app or have an official copy as supplied by Medicare.
- Members of classes please remember that a tutor may decide to postpone the commencement of a class due to the current COVID conditions. If this occurs you will be notified by either SMS or email.

PLEASE CONTACT ME OR THE OFFICE IF YOU NEED ANY FURTHER INFORMATION.

Over the next few weeks I will be focusing on classes in categories. This week I am focusing on GAMES and CRAFT. Below are the classes we have available in these categories. Remember enrolment to these classes can be done online, contacting the office at Peter Lalor Campus, contacting Judy Cleary or Natalie Lim (contact details available on our website or page one of this publication). Remember these are just a few of our classes, more are available on our website. Click Here for the course summary.

# **CRAFT CLASSES**

Code	<u>Course</u>	<b>Location</b>	Tutor / Leader	Start	Day	Time	Freq
221MON02	Crochet	Peter Lalor Campus	Freda Delia	31/01/2022	Mon	11:30	1,3,5Mon
222TUE22	Jewellery Making	Mill Park Com. House	Christina Stamatopoulos	08/02/2022	Tue	9:15	Wkly
223WED08	Hand Sewing for Unfinished Projects	Janefield CC	Joh Griffin	02/02/2022	Wed	11:00	Wkly
223WED09	Knitters Group	Peter Lalor Campus	Diana Torcaso	02/02/2022	Wed	10:00	1,3 Wed
224THU07	Origami 3D (Golden Ventures folding)	Peter Lalor Campus	Phu Phan	10/02/2022	Thu	11:00	Wkly
224THU29	Paper Quilling Arts	Peter Lalor Campus	Phu Phan	10/02/2022	Thu	12:00	Wkly
225FRI05	Busy Hands Circle	Peter Lalor Campus	Federica Bordin	04/02/2022	Fri	10:00	Wkly
225FRI06	Card Making- Instructional & Self Help	Nick Ascenzo	Christine Czerny	04/02/2022	Fri	9:30	Wkly

# **GAMES CLASSES**

<u>Code</u>	<u>Course</u>	<u>Location</u>	Tutor / Leader	<u>Start</u>	<u>Day</u>	Time	Freq
221MON08	<u>Scrabble</u>	Mill Park Com. House	Joan Delbridge	31/01/2022	Mon	10:30	Wkly
221MON09	Canasta / Samba Cards	Thomastown Library	Florence Majewski	31/01/2022	Mon	12:00	Wkly
221MON10	Cards 500 - Laurimar	Laurimar CAC	David Ross	31/01/2022	Mon	13:00	Wkly
222TUE08	Mah-Jong	Peter Lalor Campus	Margaret Healy	01/02/2022	Tue	10:00	Wkly
222TUE09	<u>Bocce</u>	May Rd Campus	To be advised	01/02/2022	Tue	13:00	Wkly
222TUE10	Cards 500 - Epping	Epping Memorial	Alby Griffin	01/02/2022	Tue	10:00	Wkly
222TUE11	<u>Snooker</u>	May Rd Campus	John Kolonis	01/02/2022	Tue	13:00	Wkly
222TUE12	Cards 500 - Lalor	Peter Lalor Campus	Tyrone Dark	01/02/2022	Tue	12:30	Wkly
223WED15	Chess - Develop	Peter Lalor Campus	John Kolonis	02/02/2022	Wed	13:00	Wkly
224THU13	<u>Bocce</u>	May Rd Campus	To be advised	03/02/2022	Thu	13:00	Wkly
224THU14	Carpet Bowls	May Rd Campus	Ron Gorely	03/02/2022	Thu	13:00	Wkly