

Whittlesea U3A
Weekly Fact Sheet



Edition 08 - 6th March 2022

CONTACT DETAILS

CLASS COORDINATOR & COMMUNICATION:

Natalie – <u>communication@whittleseau3a.org.au</u> (0412 230 561) OR <u>coordinator@whittleseau3a.org.au</u>

TUTOR LIASON:

Judy - 9464 1339 or 0404119189

NEW TUTORS, RETURNING TUTORS AND MORE

As our member base is slowly increasing so are our tutor numbers. It is great to see new tutors starting this month revamping classes that have not started. Remember if you are interested in starting a group activity with some friends there are many venues and times available. Suggestions for new classes/activities could be: book discussion group, language class, ten pin bowling, craft classes, exercises and computer classes. If you have a skill or interest that you would like to share with others please contact me for a chat about creating a small group class. Just a reminder also that unless you are told otherwise by your tutor there are no classes on Monday 14th March as it is a public holiday

<u>Class Focus.</u> Last week we focused on our *Social, Outdoor and Dance activities*. This week the focus will be on **GARDEN**, **COMPUTERS**, **MUSIC**, **WRITING** activities. Remember that I have just picked a few of the classes and many more available on the website.

Natalie Lim, Communication Manger and Course Coordinator.

REMINDER NEW OFFICE OPENING TIMES AT PETER LALOR CAMPUS

New opening times have been organised for the PETER LALOR CAMPUS office. During these times the volunteers will be able to answer inquiries, help with payments and assist members with the printing of name badges etc.

MONDAY - THURSDAY 10AM TO 1PM FRIDAY CLOSED.

THE OFFICE WILL BE <u>CLOSED</u> MONDAY 7TH MARCH - MONTHLY MORNING TEA AND MONDAY 14TH MARCH—PUBLIC HOLIDAY

MONTHLY MORNING TEA - MONDAY MARCH 7TH

Don't forget that the March Morning Tea is once again being held at the Epping R.S.L. starting at 10.00. This particular one is very special because it is the official 20th Birthday of Whittlesea U3A. It would be great to have lots and lots of members there.

It's on TOMORROW - Monday 7th March at EPPING R.S.L. 195 Harvest Home Road, Epping. It will begin at 10.00 so try to be there by 9.45 to be able to check in with the QR Code at the entrance. Light refreshments provided plus we are also having a special birthday cake. Bar will be opened. Why not stay and have lunch (at own cost). Seniors' meals available at very reasonable prices.

Hope to see you there.

CROSS COUNTRY WALKERS' GROUP STARTING

The <u>CROSS COUNTRY WALKERS'</u> 221MON06 group is starting on Monday 28th March with a brand new tutor. Marion is very excited about leading this group on some walking adventures. Why not join Marion and her band of adventurers on the 4th Monday of each month. They meet at the <u>City of Whittlesea Car Park from 9.15</u>. Please contact me if you are interested and I will provide further information.

SEED TO PLATE - GARDENING

The <u>SEED TO PLATE - ONLINE</u> gardening group 223WED16 will be starting on Wednesday 27th April with a new tutor. Alex, the tutor of the ORCHID CLASS, is very excited about leading this group and sharing his extensive knowledge of gardening. Why not join Alex and find out how to improve your gardening skills and maybe even get some great recipes on the way. The class is <u>ONLINE</u> starting at 18.30 and it runs for 10 weeks beginning from 27th April. Please contact me if you are interested and I will provide further information.

ANNUAL LABOUR DAY PICNIC - MONDAY 14th MARCH

This event, which used to be held at Yan Yean Reservoir has moved this year to Hawkstowe Park, Gordons Road, South Morang. The move is due to road works around the Yan Yean area that make access to the Reservoir a little difficult.

The *Annual Labour Day Picnic 221MON20 is hosted by Marion G*. It starts at around 9.15 am. Participants stay as long as they want talking to friends until they have all had enough. B.Y.O. Everything including: food, chairs, drinks and whatever it takes to have a good time.

Contact myself or the office if you need any further information.

NEW ACTIVITY - LINE DANCING SOCIAL EVENT

CODE: 227SUN05

DESCRIPTION: Line dancing Social Event

DATE: Sunday 24th April

TIME: 13.00 – 17.00

TUTOR: Elaine Bateman

VENUE: Epping Memorial Hall

LOCATION: Epping Memorial Hall, 827 High Street Epping.

DESCRIPTION: A line dancing social event is being organised on Sunday 24th April at Epping Memorial Hall. Come and dance the afternoon away with a huge selection of music for all ages. The afternoon will involve line dancing for all abilities with the focus being a social get-together for members to have fun with friends. Bring a plate to share for afternoon tea. The cost is a GOLD COIN donation to cover expenses. Please remember you need to be fully vaccinated to take part in this activity.

HOW TO ENROL: If you want to enrol in this activity you can do so online, contact the office during OFFICE hours, contact ELAINE during your line dancing activities, or contact JUDY or NATALIE (contact details on page 1)

CELEBRATION LUNCH - 2011 BIRTHDAY

Come and Celebrate Whittlesea U3A 20th Birthday with us. ALL MEMBERS WELCOME - ENROL IN THE EVENT - 221MON29

WHY NOT ORGANISE A TABLE. Tables of 8 or 10 can be prebooked.

DATE: Monday 27th June

TIME: Lunch – 12.00 to 3.00pm

VENUE: EPPING RSL, 195 Harvest Home Road, Epping

COST: \$50

MENU: THIS IS NOT A SENIOR'S MENU

Entrée: Served 50/50

Salt & Pepper Squid Served on a bed of rocket and side of garlic aioli

Chicken satay skewers Served on rice

Main: Served 50/50

Porterhouse Char grilled medium, served on mash potato, green beans and a red wine jus

♦ Chicken Kilpatrick Topped with prawns, bacon, Worcestershire sauce and melted cheese, served with seasonal vegetables

Dessert and Tea and Coffee

- Platters of cakes, chocolate and plain will be served
- Tea and coffee available
- Jugs of soft drinks and water placed on table

Extras

- ♦ Alcohol can be purchased from the bar.
- Specialty coffees purchased from the bar.

Dietary Needs:

♦ Dietary needs will be catered for. If you are vegetarian, vegan or have a particular allergy please contact me at least 2 weeks prior to the event.

PAYMENT: Payment (\$50/head) can be made as follows:

PAYING ONLINE:

Login to the Membership System, enrol in "20th Anniversary Lunch" and pay using PayPal

BANK TRANSFER

Account Name: Whittlesea U3A Inc. BSB: 033 137; Account Number: 189765

Make sure you include your U3A membership number/name to make it easier to confirm your booking.

PAYING AT ANY WESTPAC BRANCH

Account Name: Whittlesea U3A Inc. BSB: 033 137; Account Number: 189765

Ask the bank teller to include your U3A membership number.

PETER LALOR CAMPUS OFFICE -CASH OR CHEQUE ONLY (exact money please)

Office is opened Monday to Thursday 10.00 – 2.00

MAY ROAD CAMPUS OFFICE - CASH OR CHEQUE ONLY- CASH OR CHEQUE ONLY (exact money please)

Office is opened Tuesday at 1.00pm – 4.00pm and Thursday 10.00am – 4.00pm

CONTACT THE COURSE COORDINATOR IF YOU WOULD LIKE TO ORGANISE A TABLE AND TO DISCUSS PAYMENT OPTIONS on 0412 230 561 or communication@whittleseau3a.org.au

PLEASE REMEMBER:

Epping RSL complies with the COVID -19 rules as set out by the Victorian state government therefore you need to be fully vaccinated or have a medical exemption to attend.





This week the focus in on GARDEN, COMPUTERS, MUSIC, WRITING activities. Below are the classes we have in these categories that <u>still have spaces</u>. Enrolment to these classes can be done online, contacting the office at Peter Lalor Campus, contacting Judy Cleary or Natalie Lim (contact details available on our website or page one of this publication). Remember these are just a few of our classes, more are available on our website.

GARDEN									
CODE C	OURSE	LOCATION	TUTOR/	LEADER	<u>START</u>	DAY	TIME	FREQ.	
221MON11	Orchid repotting	Peter Lalor (Campus Shep	lex herd	17/10/2022	Mon	10:00	1 day	
223WED16	Seed to Plate & Beyond	d CG - ONLIN	IE Shep	lex herd	27/04/2022	Wed	18:30	Wkly	
226SAT01	African Violet Propaga	tion Private Hor	ne Bun Jan Ma	arshall	19/02/2022	Sat	9:45	3rd Sat	
MUSIC									
CODE	COURSE	LOCATION	TUTOR/LEADE	R STAR	I	DAY	TIME	FREQ.	
224THU19	Singing for Joy	May Rd Campus	Ron Harvey	03/03	3/2022	Thu	15:30 W	/kly	
224THU20	Ukulele with the Choir	May Rd Campus	Ron Harvey	03/02	2/2022	Thu	15:30 W	/kly	

COMPUTER								
CODE	COURSE	LOCATION	TUTOR/LEADER	START	<u>DAY</u>	TIME	FREQ.	
221MON25	Computer - EXCEL & More	Thomastown Library	Ben Caruana	31/01/2022		10:30	Wkly	
222TUE01	Laptop Windows	Thomastown Library	Kevin Whelan	01/02/2022		13:30	Wkly	
222TUE20	Digital Literacy Training ONLINE	ONLINE	Janice Boswell	01/02/2022		14:30	Wkly	
222TUE21	Specialist EXCEL – ONLINE	ONLINE	Ben Caruana	01/02/2022	Tue	10:30	Wkly	
223WED03	Apple iPHONE & iPAD Self Help - ONLINE	ONLINE	Janice Boswell	02/02/2022	Wed	10:00	Wkly	
223WED04	Apple iPHONE & iPAD - ONLINE	ONLINE	Janice Boswell	02/02/2022	Wed	13:00	Wkly	
223WED05	Apple iPHONE & iPAD	Peter Lalor Campus	Janice Boswell	02/02/2022	Wed	13:00	Wkly	
223WED06	Apple iPHONE & iPAD Self Help	Peter Lalor Campus	Janice Boswell	02/02/2022		10:00	Wkly	
224THU03	<u>Technology and Computers for</u> <u>Seniors</u>	ONLINE	Glen Wall	03/02/2022	Thu	10:30	Wkly	
224THU05	Technology and Computers for Seniors	Peter Lalor Campus	Glen Wall		inu	10:30	Wkly	
225FRI03	Computers Level 1	Thomastown Library	Peter Rodaughan	04/02/2022	Fri	10:00	Wkly	
225FRI04	Computer Very Basic - Total Beginners	Thomastown Library	Afroditi Toso	04/02/2022	Fri	13:00	Wkly	

WRITING									
CODE	COURSE	LOCATION	TUTOR/LEADER	<u>START</u>	DAY	TIME FREQ.			
221MON23	E-Book Publishing	Whittlesea CAC	Jan Marshall	31/01/2022	Mon	13:00 Wkly			
223WED23	Creative Writing Group	Jindi Centre	Jan Marshall	02/02/2022	Wed	13:00 Fort			
223WED24	Improving Your Writing Craft	Jindi Centre	Jan Marshall	09/02/2022	Wed	13:00 Fort			

PLEASE BE AWARE THAT MEMBERS OF THE COUNCIL HAVE THE AUTHORITY TO VISIT COUNCIL PREMISES TO CHECK IF THOSE ATTENDING ARE ABIDING BY THE COVID REGULATIONS AS SET OUT BOTH BY THE CITY OF WHITTLESEA AND THE STATE GOVERNMENT. FINES CAN BE ISSUED TO INDIVIDUALS. PLEASE REMEMBER TO CHECK IN. RULES REGARDING MASK WEARING ARE EXPLAINED BELOW

Wearing of Masks

WHERE FACE MASKS ARE REQUIRED

During the week we were notified that the City of Whittlesea would adapt the same regulations as those advertise by the state government. You are no longer required to wear a face mask in most indoor settings, but wearing a mask remains recommended if you cannot socially distance. You must always carry your mask when leaving home.

Face masks are mandatory for everyone aged 8 years and above in the following settings. I have extracted those conditions that **MAY AFFECT WHITTLESEA U3A MEMBERS IN CLASSES**.

Please follow this link if you would like to read the complete list. (https://www.coronavirus.vic.gov.au/face-masks-when-wear-face-mask)

- 1. On public transport, in taxis/rideshare services, in tourism vehicles and on commercial flights.
- 2. While visiting a hospital, care facility or any other indoor space that is a publicly accessible area in a healthcare setting, including allied health settings.- if visiting or working at ESTIA Health
- 3. After being tested for COVID-19 and awaiting results, other than as part of surveillance testing.
- 4. If the person has COVID-19 or is a close contact or probable case, and is leaving the premises in line with quarantine, isolation or testing requirements.

WHERE FACE MASKS ARE RECOMMENDED

We strongly recommend wearing a mask if you:

- 1. Can't physically distance, this includes outdoor settings
- 2. Have any COVID-19 symptoms
- 3. Are with people who may be vulnerable to COVID-19,