

Whittlesea U3A

Weekly Fact Sheet



Edition 18 - 29th May 2022

CONTACT DETAILS

CLASS COORDINATOR & COMMUNICATION:

Natalie – <u>communication@whittleseau3a.org.au</u> (0412 230 561) OR <u>coordinator@whittleseau3a.org.au</u>

TUTOR LIASON:

Judy - 9464 1339 or 0404119189

NEWS OF THE WEEK

Another busy week as we get closer to the end of term 2. I am not sure whether it's because we are getting older but the weeks and months seem to go so fast. I feel that we will be getting ready for Christmas soon—quite scary.

Just wanted to remind everyone that this is the last opportunity to enrol in the Birthday Lunch. We have 132 people attending the event which is very exciting. However if you have not put your name down and would like to go please either enrol (you may be put on a waiting list but I will fix that) or contact myself or any of the office volunteers and we will be able to help you. Payment will be needed as soon as possible.

For those of you who have enrolled I will be sending everyone an email to find out if you have any dietary requirements.

Unfortunately dietary requirements need to be pre booked. Please make sure you give me this information in writing - either email or text, as I am working with Epping RSL to organise the menu. No changes to the menu will be possible on the day.

Tables names and numbers have been set and I have made sure all requests have been organised.

This week we have a few more classes that had to be cancelled however most are only for a week. I have also included some exciting new classes especially if you are interested in learning how to use your smartphone, iPad, tablet or laptop. We have been able to set up areas in a number of different places where you can drop in to chat with other members who will be able to discuss and hopefully solve your problems. Well worth a visit.

Finally for those of you who have been asking we are going to start a BEGINNERS ONLY line dancing class. The class will begin in term 3. Refer to the ad later in this newsletter for more information.

Thank you

Natalie Lim, Communication Manger/Course Coordinator

communication@whittleseau3a.org.au (0412 230 561)

OFFICE HOURS

PETER LALOR CAMPUS MONDAY TO THURSDAY 10AM TO 1PM; CLOSED FRIDAY MAY ROAD CAMPUS TUESDAY 11.00AM TO 4.00PM & THURSDAY 10AM TO 4PM

WHITTLESEA U3A 20™ BIRTHDAY LUNCH

ALL MEMBERS & NON MEMBERS WELCOME - ENROL IN THE EVENT - 221MON29

DATE: Monday 27th June

TIME: Lunch – 12.00 to 3.00pm

VENUE: EPPING RSL, 195 Harvest Home Road, Epping

COST: \$30 MEMBERS; \$35 NON MEMBERS

MENU: 3 COURSE SENIORS MENU – 50/50 ARRANGEMENT + BIRTHDAY CAKE, SOFT DRINKS AND COFFEE

PLEASE NOTIFY NATALIE on 0412 230 561 or communication@whittleseau3a.org.au if you would like to enrol a NON MEMBER TO THE LUNCH OR you would like further information.

FINAL PAYMENT IS NOW DUE SOME VACANCIES AVAILABLE

THE FOLLOWING CLASSES HAVE BEEN CANCELLED FOR THE WEEK BEGINNING MONDAY 30TH MAY TO FRIDAY 3RD JUNE

- 1. WEDNESDAY AND FRIDAY LINE DANCING CANCELLED 1st June and 3rd June Wednesday AND Friday Epping Memorial Hall Elaine's Thursday class has been converted to a general line dancing activity for all members enrolled in other classes You do not need to enroll just come and join the fun. The class is on at French Street Hall from 15:30 to 17.00. unless we hear otherwise from the Council the Wednesday and Friday class will return to normal after the 3rd of June.
- 2. Maria Beginners Tai Chi 221MON24 and Wu Tao Dance 221MON14 classes are cancelled tomorrow (Monday 30th May)

ROCK AND ROLL CLASS WILL BE FINISHING AT THE END OF TERM 2

For those enrolled in John's Rock and Roll Class at French Street on a Thursday, this class will be ending at the end of this term. Please contact me if you wish any further information.

SUNDAY DISCOVER MELBOURNE TRAIN TRIP - 227SUN02 - 2ND SUNDAY OF THE MONTH

The Sunday Discover Melbourne Train Trip activity 227SUN02 is being cancelled until we can find a new tutor. Unfortunately the tutor has increased mobility issues and feels that it is unfair to take a group of people on a walking expedition if she cannot walk. Apologies to those who are in the group. The Group 2 Discover Melbourne train Trip with Marion still has vacancies and she would be more than happy to take you discovering on the third Sunday of the month. PLEASE contact me if you think you would be able to lead this group which runs once a month except during the holidays.

GREAT NEWS

Members have been asking for a Beginners' Line Dancing class where the focus is **LEARNING THE STEPS NEEDED TO LINE DANCE - JUST THE STEPS.**

Well, we have two new tutors who have volunteer to provide this as a new class beginning in Term 3. The class is in the calendar so enrol any time.

PLEASE REMEMBER: IT IS FOR BEGINNERS
ONLY

LINE DANCING BEGINNERS ONLY 224 TUE33

Starting Term 3: 14/07/2022 Thursday from 10:00 11:15

This is a face to face class and all participants need to be fully vaccinated.

This new line dancing program is for BEGINNERS ONLY. The tutors of the class will be teaching simple steps to the beginner line dancer and then applying them to simple dance moves. It is NOT a class for the experienced dancer as the steps taught will be at the beginners level only.

LOCATION: French Street Hall 47A French St Lalor VIC 3075

UNDERSTANDING YOUR DIGITAL DEVICE

Whittlesea U3A is becoming a leader in ensuring that seniors become digital literate and confident using their own technological devices. Whether it is a smartphone, an Android tablet, an iPad or a laptop we are providing sessions throughout the week in various venues. Refer to the list below for a summary of these classes/activities. All face to face classes require members to be fully vaccinated. Masks need to be worn at DPV health

FOCUS OF ALL SESSIONS UNLESS OTHERWISE STATED.

These are pop-up centers where seniors can come and discuss their technology issues with a fellow senior in a pleasant and non threatening environment. There is no set agenda or list of pre-prescribed topics. The activities are all based on the needs of the member. Both Apple and Android products are utilized. Depending on the number of members who attend, the sessions are often one to one making the experience even more meaningful. Sessions cover general and basic use; using them to access the internet, telehealth appointments or learning how to access online portals like MyGov, Medicare & QR codes

223WED27 Digital Literacy Popup Support Prog.

1st Floor, DPV Health 20 Civic Drive, Mill Park

TUTORS – VARIOUS; LEADER – GLEN WALL

30/03/2022 Wed – occurs weekly

13.00 TO 15.00

222TUE25 Digital Literacy Popup Support Prog. #2

Growling Frog Golf Course 1910 Donnybrook Road Yan Yean

TUTORS - VARIOUS; LEADER - GLEN WALL

07/06/2022 Tue 11.00 - 13.00 - occurs weekly

225FRI15 Digital Literacy Popup Support Prog #3

Thomastown Neighbourhood House, 52 Main St, Thomastown. This is part of Thomastown Library Complex

TUTOR - PETER RODAUGHAN

03/06/2022 Fri 10.00 - 12.00 - occurs weekly

225FRI11 Digital Literacy Popup Support Prog #4

ONLINE - NO covid restriction - A ZOOM LINK WILL BE SENT ONCE YOU ENROL

TUTORS – VARIOUS; LEADER – GLEN WALL

03/06/2022 Fri 11.00 - 13.00

221MON01 Computer, Android, Social Media Support

Peter Lalor Campus, Robert St, Lalor

TUTOR – Shoukry Sidrak

03/02/2022 Mon 10.00 - 12.00

224THU32 Android Devices - Learn how to use

Peter Lalor Campus, Robert St, Lalor

TUTOR – PETER CLEARY

28/04/2022 Thu 09.30 - 10.30

224THU30 Laptop Trouble shooting

Peter Lalor Campus, Robert St, Lalor

TUTOR – Shoukry Sidrak

03/02/2022 Thu 10.30 - 12.30

223WED04 Apple iPhone and iPad support ONLINE

ONLINE Program; tutor will provide link on enrolment

TUTOR – Janice Boswell

03/02/2022 Wed 13.00 - 15.00

223WED05 Apple iPhone and iPad support

Peter Lalor Campus, Robert St, Lalor

TUTOR – Janice Boswell

03/02/2022 Wed 13.00 – 15.00



The Whittlesea Anti-Racism Project team,
Victorian Human Rights and Equal Opportunity Commission (VEOHRC)
and Victoria Police would like to invite you to a

Community Forum and Information Session

Together, we will share information about your rights and how:

- · The law protects people from racial and religious discrimination and vilification
- To report racism to VEOHRC and Victoria Police

We will also ask questions about how existing reporting and support pathways could be improved for people who experience racism in Whittlesea. Dinner will be provided.

WHEN: Tuesday 7 June TIME: 6.00 to 8.00pm

LOCATION: Community Room 112B, Pacific Epping, 581 High Street Epping

For more information or to RSVP contact *Emma* eantonetti@whittleseacc.org.au or 9401 6666











Community Help Clinics

Providing practical support to residents living in the City of Whittlesea

Mill Park Library: 394 Plenty Rd, Mill Park VIC 3082 Tuesdays: 10th May | 14th June | 12th July Hours: 9:30am - 2:30pm

We can help with:

- Providing information, advice and referral
- Registering for services

 i.e. My Aged Care, myGov,
 Tax File Number, etc
- Form filling assistance
 i.e. Centrelink, Medicare,
 Housing, Childcare, etc
- ✓ Applying for Government rebates and subsidies
- Help making appointments and accessing services.

Do you need help: Accessing services? Filling in a form?





Please call 9401 6666 (Monday to Friday, 9am - 5pm) to book an appointment. Drop-ins welcome.