

# WOTZON

Whittlesea U3A

## Weekly Fact Sheet

Edition 19 - 5th June 2022



### CONTACT DETAILS

#### CLASS COORDINATOR & COMMUNICATION:

Natalie – [communication@whittleseau3a.org.au](mailto:communication@whittleseau3a.org.au) (0412 230 561)

OR [coordinator@whittleseau3a.org.au](mailto:coordinator@whittleseau3a.org.au)

#### TUTOR LIASON:

Judy – 9464 1339 or 0404119189

## NEWS OF THE WEEK

*As we come closer to the end of the term classes continue to be super productive and the tutors super busy. I have had a request from tutors regarding participants being absent from a class. Most members have been fantastic and they have notified the tutor when they are unable to attend a class, however there are still classes where a tutor attends and there is no one there. Please be aware that tutors are volunteering their time, at no cost, to lead a class, pay for petrol to travel to the venue and prepare the activities for the week. Notification of an absence is very easy. You either do it through your enrolment profile on the internet, notify the office during office hours or text me the information. It is just a little time taken from your day but it can make a very big difference to the tutor/leader. Unfortunately for privacy reasons no one in the office is permitted to provide you with the contact details of either a member or a tutor without the permission of that person so please do not ask for this information.*

### VERY IMPORTANT NEWS

***IF YOU ARE GOING TO THE BIRTHDAY LUNCH AND YOU HAVE NOT TOLD ME OF ANY DIETARY REQUIREMENTS I NEED TO KNOW AS SOON AS POSSIBLE. THESE CANNOT BE ARRANGED ON THE DAY OF THE LUNCH. PLEASE TELL ANY OF YOUR FRIENDS WHO ARE COMING IN CASE THEY DO NOT SEE THIS MESSAGE. AN EMAIL HAS BEEN SENT OUT ABOUT THIS INFORMATION BUT TO DATE NOT MANY REPLIES HAVE BEEN RECEIVED.***

*This week I am going to focus on classes with lots of vacancies that you may wish to enrol in for term 4. enrolment is easy and if you are unable to do it yourself the volunteers in the office are more than happy to help.*

*Thank you*

*Natalie Lim, Communication Manger/Course Coordinator*

[communication@whittleseau3a.org.au](mailto:communication@whittleseau3a.org.au) (0412 230 561)

***PLEASE REMEMBER that Monday 13th June is a public holiday - part of the Queen's Birthday long weekend. There will be no classes on this day unless prearranged with the tutor.***

### OFFICE HOURS

**PETER LALOR CAMPUS** MONDAY TO THURSDAY 10AM TO 1PM; CLOSED FRIDAY

**MAY ROAD CAMPUS** TUESDAY 11.00AM TO 4.00PM & THURSDAY 10AM TO 4PM

## JUNE MORNING TEA

Reminder that the June Monthly Morning Tea at EPPING R.S.L. 195 Harvest Home Road, Epping is being held this Monday 6th jUNE It will begin at 10.00 so try to be there by 9.45 so we can start on time. Light refreshments including tea and coffee provided. Bar will be opened. Why not stay and have lunch (at own cost). Seniors' meals available at very reasonable prices

Please sign your name in the book provided in the hall. If you have a Birthday in June please put it in the book so it can be acknowledge. Hope to see you all there.

Code	Start Date	Finish Date	Tutor / Leader	Location
Crochet <a href="#">221MON02</a>	31/01/2022	21/11/2022	Freda Delia	Peter Lalor Campus
Walk and Talk <a href="#">221MON05</a>	31/01/2022	28/11/2022	Mary Renshaw	Plenty Valley
The Cross Country Walkers <a href="#">221MON06</a>	28/02/2022	28/11/2022	Marion Steel	Council Car Park
Scrabble <a href="#">221MON08</a>	31/01/2022	28/11/2022	Joan Delbridge	Mill Park Com. House
Canasta / Samba Cards <a href="#">221MON09</a>	31/01/2022	19/12/2022	Florence Majewski	Thomastown Library
Cards 500 - Laurimar <a href="#">221MON10</a>	31/01/2022	28/11/2022	David Ross	Laurimar CAC
Orchid repotting <a href="#">221MON11</a>	17/10/2022	17/10/2022	Alex Shepherd	Peter Lalor Campus
Tai Chi & Qigong <a href="#">221MON12</a>	07/02/2022	28/11/2022	Phu Phan	French St Hall Lalor
Wu Tao Dance with Meditation <a href="#">221MON14</a>	31/01/2022	28/11/2022	Maria Veerasamy	Riverside Community
Tai Chi Sword for Health <a href="#">221MON15</a>	07/02/2022	28/11/2022	Phu Phan	French St Hall Lalor
Understanding Depression - Group 2 <a href="#">221MON17</a>	06/06/2022	06/06/2022	Bill Gould	Peter Lalor Campus
Understanding Depression - Group 3 <a href="#">221MON18</a>	11/07/2022	11/07/2022	Bill Gould	Peter Lalor Campus
E-Book Publishing <a href="#">221MON23</a>	31/01/2022	28/11/2022	Jan Marshall	Whittlesea CAC
Tai Chi Bo Staff <a href="#">221MON27</a>	07/02/2022	28/11/2022	Phu Phan	French St Hall Lalor
Lalor Lazy Walking Group <a href="#">222TUE07</a>	01/02/2022	29/11/2022	Cath Vindgini	Lalor Library
Mah-Jong <a href="#">222TUE08</a>	01/02/2022	29/11/2022	Margaret Healy	Peter Lalor Campus
Cards 500 - Epping <a href="#">222TUE10</a>	01/02/2022	29/11/2022	Alby Griffin	Epping Memorial
Tai-Chi Advanced Level <a href="#">222TUE14</a>	08/02/2022	29/11/2022	Teresa Wong	Riverside Community
Table Tennis - May Rd <a href="#">222TUE17</a>	01/02/2022	29/11/2022	Janice Scerri	May Rd Campus
Golf <a href="#">222TUE18</a>	01/02/2022	29/11/2022	Domenic Marino	Growling Frog Golf C
Digital Literacy Training ONLINE <a href="#">222TUE20</a>	01/02/2022	27/12/2022	Janice Boswell	ONLINE
Jewellery Making <a href="#">222TUE22</a>	08/02/2022	29/11/2022	Christina Stamatopoulos	Mill Park Com. House
Apple iPHONE & iPAD Self Help - ONLINE <a href="#">223WED03</a>	02/02/2022	30/11/2022	Janice Boswell	ONLINE
Apple iPHONE & iPAD - ONLINE <a href="#">223WED04</a>	02/02/2022	30/11/2022	Janice Boswell	ONLINE
Apple iPHONE & iPAD Self Help <a href="#">223WED06</a>	02/02/2022	30/11/2022	Janice Boswell	Peter Lalor Campus
Hand Sewing for Unfinished Projects <a href="#">223WED08</a>	02/02/2022	30/11/2022	Joh Griffin	Janefield CC
Knitters Group <a href="#">223WED09</a>	02/02/2022	16/11/2022	Diana Torcaso	Peter Lalor Campus
Line Dancing - Intermediate <a href="#">223WED10</a>	02/02/2022	30/11/2022	Elaine Bateman	Epping Memorial Hall
Line Dancing for Exercise <a href="#">223WED11</a>	02/02/2022	30/11/2022	Elaine Bateman	Epping Memorial Hall
Exercises for Healthy Ageing <a href="#">223WED12</a>	02/03/2022	30/11/2022	Ida Tipping	Thomastown Library
Walking Group <a href="#">223WED13</a>	02/02/2022	30/11/2022	Beth Pearce	Norris Bank Reserve
Mernda Walking Group <a href="#">223WED14</a>	02/02/2022	30/11/2022	Jeanette Daisley	Mernda Village Shops
Chess - Develop Skills <a href="#">223WED15</a>	02/02/2022	30/11/2022	John Kolonis	Peter Lalor Campus
Tai Chi - ONLINE <a href="#">223WED19</a>	09/02/2022	30/11/2022	Teresa Wong	ONLINE

**CLASSES WITH  
SOME  
VACANCIES.  
WHY NOT TRY  
SOME READY  
FOR TERM 3.  
  
MORE ON  
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### **LINE DANCING CLASSES RETURN - Wednesday and Friday at Epping Memorial**

Line Dancing on Wednesday and Friday return to Epping Memorial Hall this week after a long break. Classes scheduled for Wednesday will be held in the Function Room and Friday's classes will be in the main hall as usual.

### **LINE DANCING BEGINNERS ONLY 224 TUE33**

Starting Term 3: 14/07/2022 Thursday from 10:15 to 11:15

This is a face to face class and all participants need to be fully vaccinated.

*This new line dancing program is for BEGINNERS ONLY. The tutors of the class will be teaching simple steps to the beginner line dancer and then applying them to simple dance moves. It is NOT a class for the experienced dancer as the steps taught will be at the beginners level only.*

LOCATION: French Street Hall, French St Lalor VIC 3075

### **THE FOLLOWING CLASSES HAVE BEEN CANCELLED FOR THE WEEK BEGINNING MONDAY 6TH JUNE TO FRIDAY 10TH JUNE**

Maria Beginners Tai Chi 221MON24 and Wu Tao Dance 221MON14 classes are cancelled tomorrow (Monday 6th June)



<b>Code</b>	<b>Start Date</b>	<b>Finish Date</b>	<b>Tutor / Leader</b>	<b>Location</b>
<b>Well Being Steps - ONLINE</b> <u>223WED20</u>	02/02/2022	30/11/2022	Maria Veerasamy	ONLINE
<b>Creative Writing Group</b> <u>223WED23</u>	02/02/2022	30/11/2022	Jan Marshall	Jindi Centre
<b>Improving Your Writing Craft</b> <u>223WED24</u>	09/02/2022	30/11/2022	Jan Marshall	Jindi Centre
<b>Digital Literacy Popup Support Prog.</b> <u>223WED27</u>	30/03/2022	02/11/2022	Glen Wall	DPV Health
<b>Self Help Genealogy</b> <u>224THU02</u>	24/02/2022	24/11/2022	Anne Heafield	Mill Park Library
<b>Technology and Computers for Seniors</b> <u>224THU03</u>	03/02/2022	29/12/2022	Glen Wall	ONLINE
<b>Technology and Computers for Seniors</b> <u>224THU05</u>	03/02/2022	24/11/2022	Glen Wall	Peter Lalor Campus
<b>Origami 3D (Golden Ventures folding)</b> <u>224THU07</u>	10/02/2022	24/11/2022	Phu Phan	Peter Lalor Campus
<b>Singing for Joy</b> <u>224THU19</u>	03/03/2022	24/11/2022	Silvana Di Battista	May Rd Campus
<b>Ukulele with the Choir</b> <u>224THU20</u>	03/02/2022	24/11/2022	Ron Harvey	May Rd Campus
<b>Trivia Night</b> <u>224THU22</u>	03/02/2022	17/11/2022	Kathy Lizio	May Rd Campus
<b>Tennis</b> <u>224THU23</u>	03/02/2022	24/11/2022	Ann Sangwell	Lalor Tennis Club
<b>Walking Football - Ladies</b> <u>224THU24</u>	03/02/2022	24/11/2022	Mick Trim	YMCA Leisure
<b>Walking Football - Gentlemen</b> <u>224THU25</u>	03/02/2022	24/11/2022	Mick Trim	YMCA Leisure
<b>Reflexology</b> <u>224THU26</u>	24/02/2022	29/12/2022	Maria Veerasamy	Riverside Community
<b>Well Being</b> <u>224THU27</u>	24/02/2022	29/12/2022	Maria Veerasamy	Riverside Community
<b>Paper Quilling Arts</b> <u>224THU29</u>	10/02/2022	29/12/2022	Phu Phan	Peter Lalor Campus
<b>Laptop Trouble shooting</b> <u>224THU30</u>	03/02/2022	01/12/2022	Shoukry Sidrak	Peter Lalor Campus
<b>Line Dancing - For Experienced Dancers</b> <u>224THU31</u>	24/03/2022	01/12/2022	Elaine Bateman	French St Hall Lalor
<b>Android Devices - Learn how to use</b> <u>224THU32</u>	28/04/2022	01/12/2022	Peter Cleary	Peter Lalor Campus
<b>Line Dancing BEGINNERS ONLY</b> <u>224THU33</u>	14/07/2022	01/12/2022	Cathy Gatt	French St Hall Lalor
<b>Computers Level 1</b> <u>225FRI03</u>	04/02/2022	25/11/2022	Peter Rodaughan	Thomastown Library
<b>Computer Very Basic - Total Beginners</b> <u>225FRI04</u>	04/02/2022	25/11/2022	Afroditi Toso	Thomastown Library
<b>Busy Hands Circle</b> <u>225FRI05</u>	04/02/2022	25/11/2022	Federica Bordin	Peter Lalor Campus
<b>Line Dancing - Level 1</b> <u>225FRI07</u>	04/02/2022	25/11/2022	Elaine Bateman	Epping Memorial Hall
<b>Line Dancing - Level 2</b> <u>225FRI08</u>	04/02/2022	25/11/2022	Elaine Bateman	Epping Memorial Hall
<b>Light Exercises ONLINE</b> <u>225FRI09</u>	04/02/2022	25/11/2022	Ida Tipping	ONLINE
<b>Tai Chi</b> <u>225FRI10</u>	11/02/2022	25/11/2022	Teresa Wong	Thomastown Library
<b>Film Night</b> <u>225FRI13</u>	25/02/2022	25/11/2022	Gloria Mason	Readings Cinema
<b>African Violet Propagation</b> <u>226SAT01</u>	19/02/2022	19/11/2022	Jan Marshall	Private Home Bun
<b>Leisurely Sunday Bike Rides</b> <u>227SUN01</u>	06/02/2022	27/11/2022	Shirley Louie	Various Locations
<b>Discover Melbourne by Train - GROUP 2</b> <u>227SUN03</u>	20/02/2022	20/11/2022	Marion Gaylard	Sth Morang Station

## Community Help Clinics

Providing practical support to residents  
living in the City of Whittlesea

Mill Park Library: 394 Plenty Rd, Mill Park VIC 3082  
Tuesdays: 10th May | 14th June | 12th July  
Hours: 9:30am – 2:30pm

### We can help with:

- ✓ Providing information, advice and referral
- ✓ Registering for services i.e. My Aged Care, myGov, Tax File Number, etc
- ✓ Form filling assistance i.e. Centrelink, Medicare, Housing, Childcare, etc
- ✓ Applying for Government rebates and subsidies
- ✓ Help making appointments and accessing services.

Do you need help:  
Accessing services?  
Filling in a form?



Please call 9401 6666 (Monday to Friday, 9am - 5pm)  
to book an appointment. Drop-ins welcome.



## WHITTLESEA ANTI-RACISM COMMUNITY PROJECT

The Whittlesea Anti-Racism Project team,  
Victorian Human Rights and Equal Opportunity Commission (VEOHRC)  
and Victoria Police would like to invite you to a

## Community Forum and Information Session

Together, we will share information about your rights and how:

- The law protects people from racial and religious discrimination and vilification
- To report racism to VEOHRC and Victoria Police

We will also ask questions about how existing reporting and support pathways could be improved for people who experience racism in Whittlesea.

Dinner will be provided.

**WHEN:** Tuesday 7 June  
**TIME:** 6.00 to 8.00pm  
**LOCATION:** Community Room 112B, Pacific Epping, 581 High Street Epping

For more information or to RSVP contact [Emma.eantonetti@whittleseacc.org.au](mailto:Emma.eantonetti@whittleseacc.org.au) or 9401 6666

## CITY OF TREES EXHIBITION

This photographic essay was commissioned by Council to document the ancient River Gums in our municipality. A talk has been organised on Monday 6<sup>th</sup> June at 1pm where you will be able to hear from the artist and photographer himself. Stephen McKenzie, will also be joined by Council's Greening Whittlesea Lead Officer, Charlotte Aberdour, who will provide a short introduction on Council's greening policy and the work being undertaken in that space. *This is a free event and everyone is welcome (not just artists) but if you can, please book for catering purposes, via the following link: <https://www.trybooking.com/BZZAV>. The talk will be hosted within the Great Hall Gallery at the Civic Centre and we look forward to seeing you there.*

