

WOTZON

Whittlesea U3A

Weekly Fact Sheet

Edition 24 - 31st July 2022



CONTACT DETAILS

CLASS COORDINATOR & COMMUNICATION:

Natalie – communication@whittleseau3a.org.au (0412 230 561)

OR coordinator@whittleseau3a.org.au

TUTOR LIASON:

Judy – 9464 1339 or 0404119189

NEWS OF THE WEEK

Hello Everyone,

Big focus this week is tomorrow's Morning Tea. We have 2 special presenters tomorrow who are coming to provide information about accessing the 'My Home Care' package and 'Community Safety' - refer to the text below for more information. It would be great if we had lots of members at the Epping RSL tomorrow as the information being provided will be of interest to everyone.

In this edition there is also information about the return of a favourite activity. Bocce has returned to May Road on Tuesday and Thursday afternoons. See more information on page 2.

IMPORTANT INFORMATION ABOUT CLASSES AT PETER LALOR ON MONDAY 1ST AUGUST. PETER LALOR CAMPUS will be closed on MONDAY 1ST AUGUST due to the cancellation of classes and closing of the office.

Thank you

Natalie Lim, Communication Manger/Course Coordinator

communication@whittleseau3a.org.au (0412 230 561)

AUGUST MORNING TEA AT EPPING RSL SPECIAL PRESENTATION STARTING AT 10.00am

This month we are heading our morning tea with 2 presentations focussing on information that is essential to many of our members.

DISCUSSION NUMBER 1

Tania Phillips CareAbout | Care with Confidence

Tanya will be heading a discussion on how to source information to start getting Home Care in order to stay confidently at home. You do need to start slowly but you also need to start. Even if you or your loved one doesn't want help right now it's important to get support before health needs become overwhelming. People often leave it too late to get support and a fall or an illness occurs that may have been prevented which results with the person having to go into permanent care.

DISCUSSION NUMBER 2

Chris Allen | Inspector; Whittlesea Local Area Commander; North West Metro Region | Division 5 |

Sandy O'Connor | Crime Prevention Officer; Whittlesea Police service Area

Here the discussion focus is the neighbourhood policing model for Whittlesea - Neighbourhood Policing Model – getting back to basics in our Policing approach.

They will be providing information in order to ensure that community has a voice.

Objectives of Neighbourhood Policing Model

1. Highly visible & accessible
2. Collaborative approach
3. Develop community safety response that meets local needs
4. Balance reactive and proactive response

BOCCE HAS RETURNED TO MAY ROAD.

After a long absence Bocce has returned on Tuesday and Thursday afternoon to May Rd. Michele has taken on the role of leader of both groups and he is hoping to get a few members to join him on both days. If you are interested in trying out just come and have a go. The first class will be on TUESDAY 9TH AUGUST and THURSDAY 11TH AUGUST.

For more information please contact the Class Coordinator on communication@whittleseau3a.org.au or 0412230561. Remember you do not have to be an expert to take part just come and have some fun

WHITTLESEA U3A AGM

This year the ANNUAL GENERAL MEETING is being held on Monday 5th of September (in place of the monthly morning tea). It will be held at EPPING RSL. beginning at 10.00. All members are welcome to attend. This is your opportunity to decide who will be part of the Committee for 2022/2023, and to ask any questions you might have about classes, programs, yearly costs etc. It is important you have your say. The secretary will be emailing all members information regarding Proxy votes, committee positions and some reports in the next few weeks so have a read of them when they arrive in your INBOX.

THERE WILL BE NO CLASSES ON THE MORNING OF MONDAY 5TH AUGUST IN ANY VENUE. This will ensure that those tutors wishing to attend do not have teaching commitments.

A light morning tea will be provided and the bar is open. It would be appreciated if you could contact one of the following if you intend to attend so that we can make catering arrangements.:

Natalie Lim: 0412230561

Judy Cleary: 9464 1339 or 0404119189

The office at either May Rd or Peter Lalor: 9464 1339 or 0404 119 189

Kathy Lizio: 0414 925 567

Looking forward to seeing lots of you there.

DO YOU NEED HELP CLAIMING THE STATE GOVERNMENT \$250 POWER SAVING BONUS

The State Government's \$250 Power Saving Bonus one off payment is available for all households and applications need to be completed through their website. Kathy has offered to help members putting in a claim assisting them with the process of comparing energy providers. She is also available to assist members to fill out the form electronically and to explain the whole process. Kathy is available on Thursdays between 9.30 and 12.30 pm at the Thomastown Lalor Seniors Citizens Hall May Road Lalor. It is essential that you contact Kathy on 0414 925 567 to make an appointment. Also remember to bring a current electricity bill with you to the session. Other sessions will be organised at different locations later in the year.

WHITTLESEA U3A HAS A FACEBOOK PAGE

Whittlesea U3A has a new Facebook page which we would love all members to like. New posts will be made on a regular basis advertising current events and classes. Photos will also be included.

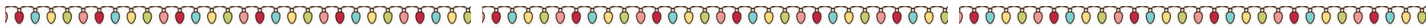
OFFICE HOURS

PETER LALOR CAMPUS

MONDAY TO THURSDAY 10AM TO 1PM; CLOSED FRIDAY

MAY ROAD CAMPUS

TUESDAY 11.00AM TO 4.00PM & THURSDAY 10AM TO 4PM



CODE: 221MON30

END OF YEAR LUNCH - MEMBERS

Leader Natalie Lim

Date Monday 5th December 2022

Time 11.00am to 3.00pm

Cost \$30 members

Location Epping RSL Harvest Home Rd Epping

Description This End of Year Activity is being organised to celebrate all the achievements of 2022. It includes a 3 course seniors' meal with soft drinks and tea and coffee. The cost is \$30 for members. Why not enrol and come and have fun with friends and fellow members. Join in the games, prizes, raffles, great food and hopefully we will also have a visit from Santa himself. Non member friends or family can also attend. They can enrol in **221MON31**. See the next ad.

ENROL NOW AND PAY \$30 BY THE BEGINNING OF OCTOBER.

Please contact the office or course coordinator if you need help to enrol

CODE: 221MON31

END OF YEAR LUNCH - NON- MEMBERS

Leader Natalie Lim

Date Monday 5th December 2022

Time 11.00am to 3.00pm

Cost \$30 members + \$5 to enrol into Whittlesea U3A

Location Epping RSL Harvest Home Rd Epping

Description If you are a non member and would like to join family and friends celebrating the End of Year you will need to contact the office or the class coordinator. There will be a cost of \$5 on top of the \$30 for the lunch. Enrolment is simple we only need your name and contact details.

ENROL NOW AND PAY \$30 BY THE BEGINNING OF OCTOBER.

Remember to please contact the office or course coordinator who will be able to help you to enrol

CODE: 223WED28 - END OF YEAR LINE DANCING SOCIAL

Leader Elaine Bateman

Date Wednesday 7th December 2022

Time 1.00pm to 5.00pm

Cost Gold coin donation for Members and \$5 + gold coin donation for non members

Location Epping Memorial Hall

Description. This End of Year Activity is being organised to celebrate all the achievements of 2022 with a line-dancing social. It is open for both members and non members. Members need to enrol in the class and give a gold coin donation when they attend the event. Non members need to pay a gold coin donation plus \$5 when they get to the venue. Non members don't need to be registered. Just bring them along and they can pay on the day. Could everyone also bring a plate for afternoon tea (the charge is to cover costs like tea and coffee etc.)?

Please contact the office or course coordinator if you need help to enrol

