

WOTZON

Whittlesea U3A

Weekly Fact Sheet

Edition 27 - 21st August 2022



CONTACT DETAILS

CLASS COORDINATOR & COMMUNICATION:

Natalie – communication@whittleseau3a.org.au (0412 230 561)

OR coordinator@whittleseau3a.org.au

TUTOR LIASON:

Judy – 9464 1339 or 0404119189

NEWS OF THE WEEK

Hello Everyone,

In this week's edition I have again included some changes to classes which were requested by the tutors. I hope that the calendar at the last page of the publication is useful and it will be updated every week as events are added.

Don't that the AGM is on Monday week and we would appreciate as many members as possible to attend. The AGM will be followed by a quick information session as is usual at the Monthly Morning Tea and members are also invited to stay for lunch (at their own expense). Once again hope to see you there.

Thank you

Natalie Lim, Communication Manger/Course Coordinator

communication@whittleseau3a.org.au (0412 230 561)

OFFICE HOURS

PETER LALOR CAMPUS

MONDAY TO THURSDAY 10AM TO 1PM; CLOSED FRIDAY **CLOSED MONDAY 5TH SEPTEMBER**

MAY ROAD CAMPUS

TUESDAY 11.00AM TO 4.00PM & THURSDAY 10AM TO 4PM

WHITTLESEA U3A AGM

This year the **ANNUAL GENEREL MEETING** is being held on Monday 5th of September (in place of the **monthly morning tea**). It will be held at **EPHING RSL**. beginning at 10.00. All members are welcome to attend. This is your opportunity to decide who will be part of the Committee for 2022/2023, and to ask any questions you might have about classes, programs, yearly costs etc. It is important you have your say. I have emailed all members information regarding Proxy votes, and committee positions so have a read of them when they arrive in your INBOX.

THERE WILL BE NO CLASSES ON THE MORNING OF MONDAY 5TH SEPTEMBER IN ANY VENUE. This will ensure that those tutors wishing to attend do not have teaching commitments.

A light morning tea will be provided and the bar is open. It would be appreciated if you could contact one of the following if you intend to attend so that we can make catering arrangements.:

Natalie Lim: 0412230561

Judy Cleary: 9464 1339 or 0404119189

The office at either May Rd or Peter Lalor: 9464 1339 or 0404 119 189

Kathy Lizio: 0414 925 567

Looking forward to seeing lots of you there.

CHANGES TO CLASSES

LINE DANCING PROGRAM – Line dancing class Friday – 225FRI08 – Line Dancing Class for Exercise 2 is starting slightly earlier – 11.45 to 12.45

SHOUKRY'S CLASSES on Monday (Computer, Android, Social Media Support) and Thursday (Laptop Trouble Shouting) have been cancelled between 30th August and 27th October

Please contact me if you have any queries regarding any of these activities.

Natalie Lim Course Coordinator - communication@whittleseau3a.org.au (0412 230 561)

THE IMPORTANCE OF ENROLLING IN A CLASS

*This is a reminder that if you regularly attend a class, whether you are doing so at the request of the tutor, by yourself or with a friend you **MUST** be an active member of Whittlesea U3A and you **MUST** enrol in the class.*

There are still many who attend a class without enrolling.

When the class is large it is very confusing for the tutor. Also if there are changes of times etc., to the class you will not receive notification and may attend the venue for no reason.

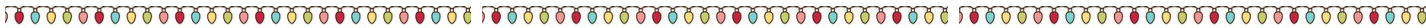
If you are an inactive member the cost of membership for the rest of the year is \$30. Please assist us to maintain our program and cover our costs by paying the subscription fees.

DO YOU NEED HELP CLAIMING THE STATE GOVERNMENT \$250 POWER SAVING BONUS

The State Government's \$250 Power Saving Bonus one off payment is available for all households and applications need to be completed through their website. Kathy has offered to help members putting in a claim assisting them with the process of comparing energy providers. She is also available to assist members to fill out the form electronically and to explain the whole process. Kathy is available on Thursdays between 9.30 and 12.30 pm at the Thomastown Lalor Seniors Citizens Hall May Road Lalor. It is essential that you contact Kathy on 0414 925 567 to make an appointment. Also remember to bring a current electricity bill with you to the session. Other sessions will be organised at different locations later in the year.

WHITTLESEA U3A HAS A FACEBOOK PAGE

Whittlesea U3A has a Facebook page which we would love all members to like. New posts will be made on a regular basis advertising current events and classes. Photos will also be included.



CODE: 221MON30

END OF YEAR LUNCH - MEMBERS

Leader Natalie Lim

Date Monday 5th December 2022

Time 11.00am to 3.00pm

Cost \$30 members

Location Epping RSL Harvest Home Rd Epping

Description This End of Year Activity is being organised to celebrate all the achievements of 2022. It includes a 3 course seniors' meal with soft drinks and tea and coffee. The cost is \$30 for members. Why not enrol and come and have fun with friends and fellow members. Join in the games, prizes, raffles, great food and hopefully we will also have a visit from Santa himself. Non member friends or family can also attend. They can enrol in **221MON31**. See the next ad.

ENROL NOW AND PAY \$30 BY THE BEGINNING OF OCTOBER.

Please contact the office or course coordinator if you need help to enrol

CODE: 221MON31

END OF YEAR LUNCH - NON- MEMBERS

Leader Natalie Lim

Date Monday 5th December 2022

Time 11.00am to 3.00pm

Cost \$30 members + \$5 to enrol into Whittlesea U3A

Location Epping RSL Harvest Home Rd Epping

Description If you are a non member and would like to join family and friends celebrating the End of Year you will need to contact the office or the class coordinator. There will be a cost of \$5 on top of the \$30 for the lunch. Enrolment is simple we only need your name and contact details.

ENROL NOW AND PAY \$30 BY THE BEGINNING OF OCTOBER.

Remember to please contact the office or course coordinator who will be able to help you to enrol

CODE: 223WED28 - END OF YEAR LINE DANCING SOCIAL

Leader Variety of Tutors

Date Wednesday 7th December 2022

Time 1.00pm to 5.00pm

Cost Gold coin donation for Members and \$5 + gold coin donation for non members

Location Epping Memorial Hall

Description. This End of Year Activity is being organised to celebrate all the achievements of 2022 with a line-dancing social. It is open for both members and non members. Members need to enrol in the class and give a gold coin donation when they attend the event. Non members need to pay a gold coin donation plus \$5 when they get to the venue. Non members don't need to be registered. Just bring them along and they can pay on the day. Could everyone also bring a plate for afternoon tea (the charge is to cover costs like tea and coffee etc.)?

Please contact the office or course coordinator if you need help to enrol



WALKING FOOTBALL is famous. An article was written in yesterday's age. The article with photos of members of the team focusses on the benefit of the program to seniors. If you have not read it here is the link.

[Walking soccer a runaway success for Melbourne seniors \(theage.com.au\)](http://theage.com.au)



Even walking Football needs to use Digital Technology sometimes. Members of the



MOVE TO NEW PORTABLES AT PETER LALOR CAMPUS

As mentioned last week we will be moving to new section of Peter Lalor Campus. We are hoping that the move will be during the coming term holidays and we will start Term 4 in this new area. The area has its own built-in toilet facilities, kitchen and ramp. During the next few days I will be contacting tutors with classes at Peter Lalor to discuss the move further. Once we move directions will be sent to all members but they are just a little distance further down from the current location – in fact the next main gate down on Robert Street. We will be in these building until the final refurbishment of Peter Lalor is completed which is estimated to be in 2024

Welcome to #DIF2022 – A Victorian tech driven festival

#DIF2022 is a two-week festival from 24 Aug to 7 Sept. celebrating Victoria's tech-driven innovation by showcasing the best of Victoria's technology culture across the industry. There's something for everyone at Victoria's favourite tech fest.

This year's festival gives people the chance to connect, innovate, and engage with the amazing opportunities created by the digital economy. Created to bring together businesses, entrepreneurs, innovators, and startups, DIF is all about encouraging collaboration to help grow the digital economy.

The master event with links to all of the events:

<https://www.eventbrite.com.au/myevent?eid=399387818717>

WALKING BASKETBALL – COME AND TRY DAYS

Mill Park Basketball Stadium is trialling a WALKING BASKETBALL PROGRAM. The program requires no basketball skills and has been played in other regions by people (mainly seniors) with various walking abilities. It is for both men and women and the rules ensure no contact and a safe playing area.

The first session is on Monday 29th August, followed by Wednesday 31st and then Friday the 2nd of September. They are all between 10.00 and 11.00. These are all come and try days and the centre is hoping that the actual program will start in Term 4. There is no cost and I have been told it is a lot of fun. There is no cost to these sessions.

The location will be Mill Park Basketball Stadium situated at The Stables Shopping Centre, Redleap Ave, Mill Park. I have included a couple of links of videos showing what walking basketball is all about.

<https://www.youtube.com/watch?v=wAOqURx3y8w>

<https://www.youtube.com/watch?v=erHWv--IL4>

If you interested just go to Mill Park Basketball Stadium and you will be greeted at the door by a member of the team who will be able to help.

SPECIAL EVENTS—Terms 3 & 4 2022

DATE	EVENT	LOCATION
AUGUST 2022		
Monday 29th @ 10.00	Walking Basketball Come and Try Day - All Welcome	Mill Park Basketball Stadium
Wednesday 31st @ 10.00	Walking Basketball Come and Try Day - All Welcome	Mill Park Basketball Stadium
SEPTEMBER 2022		
Friday 2nd @ 10.00	Walking Basketball Come and Try Day - All Welcome	Mill Park Basketball Stadium
Monday 5 th @ 10.00am	Whittlesea U3A AGM – all members encouraged to attend	Epping RSL.
Monday 5 th @ 10.00am	Peter Lalor Office closed - AGM	Peter Lalor Campus
Monday 5 th @ 10.00am	NO CLASSES IN THE MORNING DUE TO AGM	ALL VENUES
Thursday 8 th @ 10.00am	R U Ok Day – Walking Football + all interested Whittlesea U3A members	Epping Leisure Centre
Monday 12 th @ 10.00am	Committee meeting (First meeting of 2022/2023 Committee)	Peter Lalor Campus
Friday 16th	End of Term 4	
OCTOBER 2022		
Monday 10 th @ 10.00am	Committee meeting	Peter Lalor Campus
NOVEMBER 2022		
Monday 14 th @ 10.00am	Committee meeting	Peter Lalor Campus
Thurs 10th - Sun 13th	Pan Pacific Games - Walking Football Teams	Gold Coast Queensland
DECEMBER 2022		
Friday 2nd	Official end of the year for Whittlesea U3A - some classes continue after this date.	Various Locations
Monday 5 th @11.30	End of Year Lunch Celebration for both members (\$30) and non members (\$35)	Epping RSL
Wednesday 5 th from 13.00 to 17.00	End of Year Line dancing Social for both members (gold coin donation) and non members (\$5 + gold coin donation)	Epping Memorial Hall
JANUARY 2023		
Monday 30th @ 11.00	Tutor Lunch - Thank you lunch for tutors of 2022	Epping RSL
FEBRUARY 2023		
Monday 6th	Official Beginning to Term 1 2023	