

WOTZON

Whittlesea U3A

Weekly Fact Sheet

Edition 29 - 4th September 2022



CONTACT DETAILS

CLASS COORDINATOR & COMMUNICATION:

Natalie – communication@whittleseau3a.org.au (0412 230 561)

OR coordinator@whittleseau3a.org.au

TUTOR LIASON:

Judy – 9464 1339 or 0404119189

NEWS OF THE WEEK

Hello Everyone,

This week's WOTZON, hopefully, is not as complicated as last week. All classes, including Line Dancing, have continued to follow a routine and members are appreciating the variety as they continue to enrol daily. The two new line dancing classes added to Wednesday's program have given members lots to choose from. Even though it is getting closer to the end of the year we still have a whole term left and we would like to hear from you if you have an idea for a new class/activity.

Just to reinforce what tutors are asking - Please do not enrol in classes that are running at the same time (whatever the class) as this really confuses the enrolment lists and tutors prepare for participants who may not attend.

On behalf of the tutors thank you to everyone who is filling out absence reports online or reporting their absence to the office or to me to record. This has also meant tutors know who will be attending their class.

This week we have the AGM - TOMORROW AT EPPING R.S.L starting at 10.00. Nominations for committee members have now closed and a list of the Committee members (as nominated) is included in this edition. Hope you can all attend tomorrow as it is your opportunity to ask questions about your organisation.

As mentioned in previous editions and in emails, Peter Lalor Campus will be closed tomorrow. This includes both the office and the classrooms. The following classes have been cancelled tomorrow due to the AGM. Please take note so you do not go to the venue for nothing.

221MON02 Crochet	Peter Lalor Campus	Freda Delia	Mon	11:30
221MON05 Walk and Talk	Westfield Plenty Valley	Mary Renshaw	Mon	9.15
221MON07 Indoor Walking Aerobics	French St Hall Lalor	Mary Leeds	Mon	12:40
221MON08 Scrabble	Mill Park Com Centre	Joan Delbridge	Mon	10:30
221MON12 Tai Chi & Qigong	French St Hall Lalor	Phu Phan	Mon	9:00
221MON13 Yang Tai Chi 24 Form	French St Hall Lalor	Phu Phan	Mon	10:15
221MON14 Wu Tao Dance with Meditation	Riverside Community	Maria Veerasamy	Mon	13:30
221MON15 Tai Chi Sword for Health	French St Hall Lalor	Phu Phan	Mon	11:30
221MON24 Beginners Tai Chi for Health	Riverside Community	Maria Veerasamy	Mon	14.45
221MON25 Computers for Advanced Beg	Thomastown Library	Ben Caruana	Mon	10.30
221MON27 Tai Chi Bo Staff	French St Hall Lalor	Phu Phan	Mon	12:00

Thank you

Natalie Lim, Communication Manger/Course Coordinator

communication@whittleseau3a.org.au (0412 230 561)

OFFICE HOURS

PETER LALOR CAMPUS

MONDAY TO THURSDAY 10AM TO 1PM; CLOSED FRIDAY **CLOSED MONDAY 5TH SEPTEMBER**

MAY ROAD CAMPUS

TUESDAY 11.00AM TO 4.00PM & THURSDAY 10AM TO 4PM

WHITTLESEA U3A AGM - MONDAY 5TH SEPTEMBER

The **ANNUAL GENERAL MEETING** is being held tomorrow on Monday 5th of September followed by the **monthly morning tea**. It will be held at **EPPING RSL**, beginning at 10.00. All members are welcome to attend. This is your opportunity to ask any questions you might have about classes, programs, yearly costs etc. It is important you have your say.

Reports will also be presented outlining what Whittlesea U3A has achieved over the last 12 months.

As stated on page one THERE WILL BE NO CLASSES ON THE MORNING OF MONDAY 5TH SEPTEMBER IN ANY VENUE. This will ensure that those tutors wishing to attend do not have teaching commitments.

A light morning tea will be provided and the bar is open.

In 2022/2023 the Committee of Management will be made up of 10 members.

Nominations for the 2022/2023 Committee of Management have now closed.

Below is a list of Committee Members as nominated.

PRESIDENT	Glen Wall
VICE PRESIDENT 1	Kathy Lizio
VICE PRESIDENT 2	Natalie Lim
TREASURER	Peter Rodaughan
SECRETARY	Jodie Lang
GENERAL COMMITTEE MEMBERS	

- Kevin Whelan
- Christine Czerny
- Peter Cleary
- Kumar Chandrakumar
- Marion Gaylard

The AGM will be followed by our *Monthly Morning Tea for September*.

Lunch will be available (at your own expense) for those wishing to stay.

Hope to see many members there.

2023 CLASSES

Preparations are starting to be made for the development of classes for 2023. Current tutors will be emailed this week to confirm which classes they will be taking next year. New classes and activities are always being sought. If you have an idea, activity, hobby etc. that you would like to share with other members of Whittlesea U3A I would love to hear from you. Many members have indicated that they would be very interested in classes like Photo Editing, more line dancing, other types of dancing, exercise classes—all types etc. We have even had inquiries about guitar playing.

I would also like to hear some feedback about the classes/activities you have taken this year. These constructive comments will help us to develop an even better program.

Thank you and looking forward to hearing from all of you soon.

WHITTLESEA U3A HAS A FACEBOOK PAGE

Whittlesea U3A has a Facebook page which we would love all members to like. The number of likes is increasing and new posts will be made on a regular basis advertising current events and classes. Photos will also be included. If you are a tutor and would like to have your class advertised or a member and have taken a photo of an activity why not send it to me and I will ensure it is place in the page.

PLEASE REMEMBER that if you want to include photos taken of members make sure you have their permission

SENIORS' WEEK IS COMING

CONGRATULATIONS TO THE WHITTLESEA U3A CHOIR AND UKULELE GROUP

As part of the Seniors' Week Celebrations the WU3A Choir and Ukulele group will be performing at The Edge theatre, Federation Square, on Sunday the 2nd of October 2022. According to the program they will be performing at 3.00pm. We are hoping that as many Whittlesea U3A members as possible can attend. Look up the information on page 15 of the "Victorian Seniors Festival" booklet.

I have included the links for the State Government Seniors' Week Program [CLICK HERE](#)

More information will be provided closer to the date - October 2nd to 9th.

Remember that during this week all public transport is free for seniors with a SENIORS CARD.

RU OK DAY – Thursday 8th September

This year Whittlesea U3A is going to take part in this NATIONAL MENTAL HEALTH AWARENESS DAY. We will be conducting activities at the YMCA, Millers Rd Epping.

THE PROGRAM WILL BE AS FOLLOWS:

COME AND TRY:

- TENNIS AT 9.00 – meet DOMENIC
- WALKING FOOTBALL LADIES AT 9.30 – meet MICK
- WALKING FOOTBALL MEN AT 11.00 – meet MICK
- TAI CHI with MARIA AT 11.15

INFORMATION TABLES WILL BE AVAILABLE FROM:

- ◇ Whittlesea U3A
- ◇ DPV Health
- ◇ City of Whittlesea
- ◇ YMCA

There will be a **PUTTING MAT TO PRACTISE AND SKILL UP YOUR GOLF** – this will be on all day.

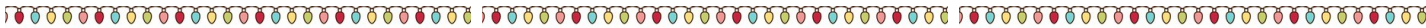
PHYSIOTHERAPISTS will be on site to provide information about body strength and fitness as well as providing some warm up exercises.

PLUS MORNING TEA WILL BE PROVIDED.

The event is between 9.00 and 1.00pm on Thursday 8th September at YMCA, Miller Street Epping, so why not drop in and support the groups.

DO YOU NEED HELP CLAIMING THE STATE GOVERNMENT \$250 POWER SAVING BONUS

The State Government's \$250 Power Saving Bonus one off payment is available for all households and applications need to be completed through their website. Kathy has offered to help members putting in a claim assisting them with the process of comparing energy providers. She is also available to assist members to fill out the form electronically and to explain the whole process. Kathy is available on Thursdays between 9.30 and 12.30 pm at the Thomastown Lalor Seniors Citizens Hall May Road Lalor. It is essential that you contact Kathy on 0414 925 567 to make an appointment. Also remember to bring a current electricity bill with you to the session. Other sessions will be organised at different locations later in the year.



CODE: 221MON30

END OF YEAR LUNCH - MEMBERS

Leader Natalie Lim

Date Monday 5th December 2022

Time 11.00am to 3.00pm

Cost \$30 members

Location Epping RSL Harvest Home Rd Epping

Description This End of Year Activity is being organised to celebrate all the achievements of 2022. It includes a 3 course seniors' meal with soft drinks and tea and coffee. The cost is \$30 for members. Why not enrol and come and have fun with friends and fellow members. Join in the games, prizes, raffles, great food and hopefully we will also have a visit from Santa himself. Non member friends or family can also attend. They can enrol in **221MON31**. See the next ad.

ENROL NOW AND PAY \$30 BY THE BEGINNING OF OCTOBER.

Please contact the office or course coordinator if you need help to enrol

CODE: 221MON31

END OF YEAR LUNCH - NON- MEMBERS

Leader Natalie Lim

Date Monday 5th December 2022

Time 11.00am to 3.00pm

Cost \$30 members + \$5 to enrol into Whittlesea U3A

Location Epping RSL Harvest Home Rd Epping

Description If you are a non member and would like to join family and friends celebrating the End of Year you will need to contact the office or the class coordinator. There will be a cost of \$5 on top of the \$30 for the lunch. Enrolment is simple we only need your name and contact details.

ENROL NOW AND PAY \$30 BY THE BEGINNING OF OCTOBER.

Remember to please contact the office or course coordinator who will be able to help you to enrol

CODE: 223WED28 - END OF YEAR LINE DANCING SOCIAL

Leader Variety of Tutors

Date Wednesday 7th December 2022

Time 1.00pm to 5.00pm

Cost Gold coin donation for Members and \$5 + gold coin donation for non members

Location Epping Memorial Hall

Description. This End of Year Activity is being organised to celebrate all the achievements of 2022 with a line-dancing social. It is open for both members and non members. Members need to enrol in the class and give a gold coin donation when they attend the event. Non members need to pay a gold coin donation plus \$5 when they get to the venue. Non members don't need to be registered. Just bring them along and they can pay on the day. Could everyone also bring a plate for afternoon tea (the charge is to cover costs like tea and coffee etc.)?

Please contact the office or course coordinator if you need help to enrol



SPECIAL EVENTS—Terms 3 & 4 2022

DATE	EVENT	LOCATION
SEPTEMBER 2022		
Monday 5 th @ 10.00am	Whittlesea U3A AGM – all members encouraged to attend	Epping RSL.
Monday 5 th @ 10.00am	Peter Lalor Office closed - AGM	Peter Lalor Campus
Monday 5th @ 10.00am	NO CLASSES IN THE MORNING DUE TO AGM	ALL VENUES
Thursday 8 th @ 10.00am	R U Ok Day – Walking Football + all interested Whittlesea U3A members	Epping Leisure Centre
Monday 12 th @ 10.00am	Committee meeting (First meeting of 2022/2023 Committee)	Peter Lalor Campus
Friday 16th	End of Term 4	
OCTOBER 2022		
Monday 10 th @ 10.00am	Committee meeting	Peter Lalor Campus
NOVEMBER 2022		
Monday 14 th @ 10.00am	Committee meeting	Peter Lalor Campus
Thurs 10th - Sun 13th	Pan Pacific Games - Walking Football Teams	Gold Coast Queensland
DECEMBER 2022		
Friday 2nd	Official end of the year for Whittlesea U3A - some classes continue after this date.	Various Locations
Monday 5 th @11.30	End of Year Lunch Celebration for both members (\$30) and non members (\$35)	Epping RSL
Wednesday 7 ^h from 13.00 to 17.00	End of Year Line dancing Social for both members (gold coin donation) and non members (\$5 + gold coin donation)	Epping Memorial Hall
Friday 9th	Line Dancing classes finish by this date (other than summer school)	Various venues
JANUARY 2023		
Monday 30th @ 11.00	Tutor Lunch - Thank you lunch for tutors of 2022	Epping RSL
FEBRUARY 2023		
Monday 6th	Official Beginning to Term 1 2023	