

# WOTZON

Whittlesea U3A

**Weekly Fact Sheet**

**Edition 34 - 23rd October 2022**



## CONTACT DETAILS

**CLASS COORDINATOR & COMMUNICATION:**

Natalie – [communication@whittleseau3a.org.au](mailto:communication@whittleseau3a.org.au) (0412 230 561)

OR [coordinator@whittleseau3a.org.au](mailto:coordinator@whittleseau3a.org.au)

**TUTOR LIASON:**

Judy – 9464 1339 or 0404119189

## NEWS OF THE WEEK

Welcome to Week 4 of Term 4.

A few countdowns you might be interested in:

- ◇ 9 days to Melbourne Cup Day - Tuesday 1st November. This is a PUBLIC HOLIDAY. Classes will not be operating today. If you're not too busy why not go to Bunnings Thomastown and buy a sausage or two to support the Walking Football fundraising event.
- ◇ 43 days to the End of Year Christmas function at Epping RSL. There are still some spaces available and tables can be organised by contacting me on the details below.
- ◇ 44 days to the beginning of enrolments for 2023.
- ◇ 45 day to the Line Dancing Social at Epping Memorial Hall. Plenty of spaces available. Why not bring a friend. Tables are being organised just ask your line dancing teacher.
- ◇ 63 days to Christmas for those of you who would like to get prepared.
- ◇ 70 days to New Years' Day and we enter 2023 and we start all over again.

Natalie Lim, Communication Manger/Course Coordinator

[communication@whittleseau3a.org.au](mailto:communication@whittleseau3a.org.au) (0412 230 561)

## OFFICE HOURS FOR WEEK 4 TERM 4

### PETER LALOR CAMPUS

MONDAY to THURSDAY 10AM TO 1PM; **CLOSED FRIDAY**

### MAY ROAD CAMPUS

TUESDAY 11.00AM TO 4.00PM & THURSDAY 10AM TO 4PM

Post 4:

Let's talk all things Smart TVs! Do you have one? If not - why? If yes - what do you like about it and what entertainment options are you currently using? We'd love to know.– click the link to Face Book below and write your comments

<https://www.facebook.com/whittleseau3a/>

We want to hear...

Your thoughts  
on Smart TVs



## INFORMATION REGARDING CHANGE OF FACE TO FACE & COVID VACCINATION POLICY

At the October Committee meeting it was decided that Whittlesea U3A will be amending the COVID 19 policy to abide by government guidelines and directions.

For this reason *members do not need to be fully vaccinated to attend face to face classes*. However we ask you not to attend a class if you feel ill or are experiencing cold or flu type systems.

Please contact me if you have any questions regarding this change. Thank you

## U3A AND DPV HEALTH SENIORS POP-UP DIGITAL LITERACY SUPPORT PROGRAM

Together with DPV Health, Whittlesea U3A is pleased to be holding a Digital Literacy Pop-Up Support Program until early December 2022 at DPV Health 31a Morang Drive Mill Park.

Are you a senior in our community?

Do you want to improve your digital literacy skills to access health information and services online?

Join us to learn how to find health service information, make online bookings, use telehealth services and navigate online medical portals like MyGov and Medicare.

Have those nagging questions answered about your smartphone (iPhone or Android), tablet (iPad or Android) or laptop.

**WHEN:** Wednesday afternoons 26 October 2022 until 7 December 2022

**TIME:** 1:00pm to 3:00pm

**WHERE:** DPV Health 31a Morang Drive, Mill Park

**WHAT TO BRING:** Your own Smart Phone, iPad, Tablet or Laptop that you would like support with

**COST:** FREE

To book your place or find out more about the Digital Literacy Support Program please contact:

Glen Wall [president@whittleseau3a.org.au](mailto:president@whittleseau3a.org.au) OR

Emlyn Jenkins [emlyn.jenkins@dpvhealth.org.au](mailto:emlyn.jenkins@dpvhealth.org.au)

**KUMAR'S BAND OF EXERCISE CHAMPIONS.** Pictured are just some of the members who attend Kumar's Exercise for Healthy Living held on a Thursday at May Rd. Although the class is full for this year it will be one you might want to consider as enrolments for 2023 start on Tuesday 6<sup>th</sup> December. It should be called Exercise whilst having Fun with friends.



## ANOTHER FANTASTIC PERFORMANCE

Last week our ukulele group joined 7 other ukulele groups to participate in the Annual Whittlesea Ukulele Muster.

They performed under the banner of Whittlesea Uke 3A. They also participated in several workshop activities and then performed in the final concert singing "Let Me Be There" and "Beautiful Sunday"

RON HARVEY



## WALKING

## BASKETBALL

GREAT NEWS for those who went to the trial program of walking basketball at Mill Park Basketball Stadium at the end of term and anyone else you is interested in trying out this great sport which is suitable for seniors including those with mobility issues - walking aids can be used on the courts..

A 6 week program is starting on Friday, October 21st from 10.00 to 11.00am. The cost is being covered by Basketball Victoria and registration will be online or at the centre.

IF YOU ARE INTERESTED attend Mill Park Basketball Stadium on the 21st and you can register there.

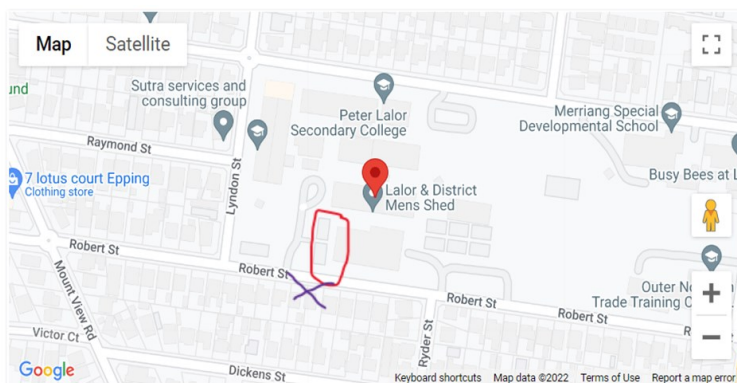
## ALMONER

If you know of anyone that is sick, in hospital or unfortunately lost a loved one that has passed away, Kathy would like to hear from you so a card can be sent to them to let them know that we care. Contact Kathy by either phone or text message on 0414-925567 or an email to [kathylizio@bigpond.com](mailto:kathylizio@bigpond.com)

## SAUSAGE SIZZLE AT THOMASTOWN BUNNINGS

The Walking Football is conducting a sausage sizzle at Bunnings Thomastown on **Tuesday November 1st (MELBOURNE CUP DAY)**. They will be there between 8.00am and 4.00pm and would appreciate your support. All money raised in this fundraising effort will go towards their Masters Games at the Gold Coast in November.

Thanks in advance for your assistance.



## PETER LALOR CAMPUS - OFFICE AND CLASSES NOW OPEN

The new portables are situated near gate 2 which as you can see from the map is still on Robert Street a little further down from our original entrance closer to Lyndon Street. There are 2 sets of portables on the right hand side of the car park. Entrance is through the small gate. Whittlesea U3A signs will be placed in front of the office section of the new complex. The office is now open and classes have commenced. Please report to the office first and the ladies there will tell you where your class is.

**PARKING – If the main gates are opened, please DO NOT park inside the school as this is for school staff only. Gates close during the morning session and are not reopened until after 4.15 unless there is an emergency. Parking is available on both Robert Street and Lyndon Street. Be careful when parking in Lyndon Street as there are some restrictions, however there are plenty of spaces available.**

The new buildings have their own toilets, disabled and normal. There is a kitchen in each building where you can make your own tea and coffee. Unfortunately we do not have a dishwasher at the moment so I would suggest you bring your own cup. Tea and coffee is supplied.

## LINE DANCE SOCIAL WEDNESDAY 7th DECEMBER 10am-3pm AT EPPING MEMORIAL HALL 223WED28

Have you ENROLLED for this event yet?

Tables will seat 10 persons and we are beginning to organise lists **which will be at all line dancing classes for you to fill in.** Please decide who you may want to share a table with and fill in the list, including any guests you may be bringing.

**COST - Members- gold coin. Non members - gold coin plus \$5**

We ask that you all bring a mug for the tea, coffee, sugar and milk provided.

Also please bring a plate of food to share (nothing that requires heating please) Food will be on your individual table, but sharing between tables is encouraged. Any leftover food MUST be taken home.

**IT SHOULD BE A FUN DAY.**

## END OF YEAR LUNCH - MEMBERS 221MON30 NON-MEMBERS 221MON31

**Date** Monday 5<sup>th</sup> December 2022

**Time** 11.00am to 3.00pm

**Cost** \$30 members \$35 NON MEMBERS

**Location** Epping RSL Harvest Home Rd Epping

**Description** This End of Year Activity is being organised to celebrate all the achievements of 2022. It includes a 3 course seniors' meal with soft drinks and tea and coffee. The cost is \$30 for members and \$35 for non-members. Why not enrol and come and have fun with friends and fellow members. Join in the games, prizes, raffles, great food and hopefully we will also have a visit from Santa himself. Non member friends or family can also attend. .

*Please contact the office or course coordinator if you need help to enrol. Non-members need to contact course coordinator to enrol.*

**TABLES ARE NOW BEING ORGANISED. ONLY ABOUT 40 PLACES LEFT**

## *SPECIAL EVENTS—Term 4 2022*

DATE	EVENT	LOCATION
<b>NOVEMBER 2022</b>		
Tuesday 1st @ 8.00 (until 4.00)	SAUSAGE SIZZLE @ BUNNINGS THOMASTOWN. Proceeds to Walking Football Masters Games at the Gold Coast	Bunnings Thomastown
Monday 7th @ 10.00	Monthly Morning Tea - Walking Football receiving their kits for the Gold Coast.	Epping RSL
Monday 14 <sup>th</sup> @ 10.00am	Committee meeting	Peter Lalor Campus
Thurs 10th - Sun 13th	Pan Pacific Games - Walking Football Teams	Gold Coast Queensland
<b>DECEMBER 2022</b>		
Friday 2nd	Official end of the year for Whittlesea U3A - some classes continue after this date.	Various Locations
Monday 5th @11.00	End of Year Lunch Celebration for both members (\$30) and non members (\$35)	Epping RSL
Tuesday 6th @ 10.00	Day 1 of Enrolments for 2023 FACE TO FACE & ONLINE	Peter Lalor Campus
Wednesday 7 <sup>h</sup>	Peter Lalor Campus closes today for Christmas break	Peter Lalor Campus
Wednesday 7 <sup>h</sup> from 10.00 to 15.00	End of Year Line dancing Social for both members (gold coin donation) and non members (\$5 + gold coin donation)	Epping Memorial Hall
Thursday 7th @ 10.00	Day 2 of Enrolments for 2023	May Road Campus
Friday 9th	May Rd Campus closed today for Christmas break	May Road Campus
Friday 9th	2022 Line Dancing classes finish on this date	Various venues
<b>JANUARY 2023</b>		
MONTH OF JANUARY	Offices at May Road and Peter Lalor will be closed during this time	May Road Campus Peter Lalor Campus
Thursday 26th	Australia Day Public Holiday	
Monday 30th @ 11.00	Tutor Lunch - Thank you lunch for tutors of 2022	Epping RSL
Tuesday 31st	Official Beginning to Term 1 2023	
<b>FEBRUARY 2023</b>		