



Whittlesea U3A Inc

# COURSE SUMMARY 2023

23-Nov

<https://whittleseau3a.org.au/>

Term 1 - 6 February 2023 to 6 April 2023

Term 2 – 24 April 2023 to 23 June 2023

Classes may be cancelled

Term 3 – 10 July 2023 to 15 September 2023

Term 4 – 2 October 2022 to 1 December 2023

Total Fire Ban Days

| Code     | Day | Description                                | Location             | Tutor/Leader       | Start Date | Finish Date | Start   | Finish  |
|----------|-----|--|----------------------|--------------------|------------|-------------|---------|---------|
| 230GEN01 | Mon | General Membership Activities              | None                 | Kevin Whelan       | 02-01-23   | 31-12-23    | 9:00AM  | 9:00AM  |
| 231MON01 | Mon | The Cross Country Walkers                  | Council Car Park     | Ching Wong         | 27-02-23   | 27-11-23    | 9:15AM  | 1:00PM  |
| 231MON02 | Mon | Indoor Walking Aerobics                    | French St Hall Lalor | Mary Leeds         | 06-02-23   | 27-11-23    | 12:40PM | 1:30PM  |
| 231MON03 | Mon | Tai Chi & Qigong                           | French St Hall Lalor | Phu Phan           | 06-02-23   | 27-11-23    | 9:00AM  | 10:00AM |
| 231MON04 | Mon | Yang Tai Chi 24 Form                       | French St Hall Lalor | Phu Phan           | 06-02-23   | 27-11-23    | 10:15AM | 11:15AM |
| 231MON05 | Mon | Tai Chi Sword for Health                   | French St Hall Lalor | Phu Phan           | 06-02-23   | 27-11-23    | 11:30AM | 12:00PM |
| 231MON06 | Mon | Tai Chi Bo Staff                           | French St Hall Lalor | Phu Phan           | 06-02-23   | 27-11-23    | 12:00PM | 12:30PM |
| 231MON07 | Mon | Annual Labour Day Picnic at Hawkstowe Park | Hawkstowe Park       | Marion Gaylard     | 13-03-23   | 13-03-23    | 9:00AM  | 5:00PM  |
| 231MON08 | Mon | Cards 500 Laurimar                         | Laurimar CAC         | David Ross         | 09-01-23   | 18-12-23    | 1:00PM  | 4:00PM  |
| 231MON09 | Mon | Scrabble                                   | Mill Park Com Centre | Joan Delbridge     | 06-02-23   | 27-11-23    | 10:30AM | 1:30PM  |
| 231MON10 | Mon | Mental Illness Present and Future          | Peter Lalor Campus   | Bill Gould         | 20-03-23   | 20-03-23    | 1:00PM  | 3:00PM  |
| 231MON11 | Mon | Italian Total Beginners                    | Peter Lalor Campus   | Oscar Altavilla    | 06-02-23   | 27-11-23    | 10:00AM | 12:00PM |
| 231MON12 | Mon | Illness Present and Future                 | Peter Lalor Campus   | Bill Gould         | 15-05-23   | 15-05-23    | 1:00PM  | 3:00PM  |
| 231MON13 | Mon | Canasta / Samba Cards                      | Thomastown Library   | Florence Majewski  | 09-01-23   | 18-12-23    | 12:00PM | 3:00PM  |
| 231MON14 | Mon | Crochet                                    | Peter Lalor Campus   | Freda Delia        | 06-02-23   | 20-11-23    | 11:00AM | 2:00PM  |
| 231MON15 | Mon | Leprechaun Trivia Afternoon                | Peter Lalor Campus   | Patrick Muldoon    | 13-02-23   | 20-11-23    | 1:00PM  | 3:00PM  |
| 231MON16 | Mon | Computer Android Social Media Support      | Peter Lalor Campus   | Shoukry Sidrak     | 06-02-23   | 27-11-23    | 10:00AM | 12:00PM |
| 231MON17 | Mon | Walk and Talk                              | Plenty Valley        | Margaret Dins      | 06-02-23   | 27-11-23    | 9:15AM  | 10:15AM |
| 231MON19 | Mon | Beginners Line Dancing Whittlesea          | Whittlesea CAC       | Bev Moore          | 06-02-23   | 27-11-23    | 11:30AM | 12:30PM |
| 231MON20 | Mon | Macros and Forms                           | Thomastown Library   | Ben Caruana        | 06-02-23   | 27-11-23    | 10:30AM | 12:30PM |
| 231MON21 | Mon | E-Book Publishing                          | Whittlesea CAC       | Jan Marshall       | 06-02-23   | 27-11-23    | 1:00PM  | 3:00PM  |
| 231MON22 | Mon | Orchid repotting                           | Peter Lalor Campus   | Alex Shepherd      | 16-10-23   | 16-10-23    | 10:00AM | 12:00PM |
| 231MON24 | Mon | Line Dancing Advanced                      | French St Hall Lalor | Tita Kolonis       | 06-02-23   | 04-12-23    | 1:40PM  | 2:40PM  |
| 232TUE01 | Tue | Cards 500 Epping                           | Epping Memorial      | Alby Griffin       | 03-01-23   | 19-12-23    | 10:00AM | 1:00PM  |
| 232TUE02 | Tue | Gardening Class                            | Estia School House   | Peter Rodaughan    | 07-02-23   | 04-04-23    | 1:30PM  | 3:30PM  |
| 232TUE03 | Tue | Golf                                       | Growling Frog Golf C | Domenic Marino     | 31-01-23   | 28-11-23    | 8:30AM  |         |
| 232TUE04 | Tue | Lalor Lazy Walking Group                   | Lalor Library        | Cath Vindgini      | 31-01-23   | 28-11-23    | 9:30AM  | 11:00AM |
| 232TUE05 | Tue | Basic Computer and Tablet and Smartphone   | Peter Lalor Campus   | Antonio Pignatelli | 07-02-23   | 28-11-23    | 10:00AM | 12:00PM |
| 232TUE06 | Tue | Table Tennis - May Rd                      | May Rd Campus        | John Darnley       | 31-01-23   | 28-11-23    | 1:00PM  | 4:00PM  |
| 232TUE07 | Tue | Laptop Win 10 Advanced                     | May Rd Campus        | Kathy Lizio        | 31-01-23   | 28-11-23    | 1:00PM  | 3:00PM  |

| Code     | Day | Description                            | Location             | Tutor/Leader            | Start Date | Finish Date | Start   | Finish  |
|----------|-----|--|----------------------|-------------------------|------------|-------------|---------|---------|
| 232TUE08 | Tue | Bocce                                  | May Rd Campus        | Michele Patane          | 31-01-23   | 28-11-23    | 1:00PM  | 4:00PM  |
| 232TUE09 | Tue | Jewellery Making                       | Mill Park Com Centre | Christina Stamatopoulos | 07-02-23   | 28-11-23    | 9:15AM  | 11:00AM |
| 232TUE10 | Tue | Digital Literacy Training ONLINE       | ONLINE               | Janice Boswell          | 07-02-23   | 28-11-23    | 2:30PM  | 4:30PM  |
| 232TUE11 | Tue | Excel Projects ONLINE                  | ONLINE               | Oliver Mc Auley         | 31-01-23   | 28-11-23    | 10:00AM | 12:00PM |
| 232TUE12 | Tue | Mah-Jong                               | Peter Lalor Campus   | Margaret Healy          | 31-01-23   | 28-11-23    | 10:00AM | 12:00PM |
| 232TUE13 | Tue | Cards 500 - Lalor                      | Peter Lalor Campus   | Tyrone Dark             | 03-01-23   | 19-12-23    | 12:30PM | 3:30PM  |
| 232TUE14 | Tue | Indoor Walking Aerobics                | Riverside Community  | Ann McGuire             | 07-03-23   | 28-11-23    | 9:15AM  | 10:00AM |
| 232TUE15 | Tue | Tai Chi Beginners Level                | Riverside Community  | Christine Teh           | 31-01-23   | 28-11-23    | 10:15AM | 11:15AM |
| 232TUE16 | Tue | Tai-Chi Advanced Level                 | Riverside Community  | Teresa Wong             | 31-01-23   | 28-11-23    | 11:30AM | 12:30PM |
| 232TUE18 | Tue | Laptop Windows                         | Thomastown Library   | Kevin Whelan            | 31-01-23   | 28-11-23    | 1:30PM  | 3:30PM  |
| 232TUE19 | Tue | Photography iPhone Android             | Sherwin Rise         | Natalie Lim             | 25-04-23   | 12-09-23    | 10:00AM | 11:30AM |
| 232TUE20 | Tue | Gardening Class                        | Estia School House   | Peter Rodaughan         | 03-10-23   | 28-11-23    | 1:30PM  | 3:30PM  |
| 233WED01 | Wed | Teaching Line Dancing No Music         | Epping Memorial Hall | Lillian Madden          | 01-02-23   | 29-11-23    | 10:00AM | 10:30AM |
| 233WED02 | Wed | Line Dancing for Various Levels        | Epping Memorial Hall | Mia Jenkins             | 01-02-23   | 29-11-23    | 10:30AM | 12:30PM |
| 233WED03 | Wed | Hand Sewing for Unfinished Projects    | Janefield CC         | Joh Griffin             | 01-02-23   | 29-11-23    | 11:00AM | 2:00PM  |
| 233WED04 | Wed | Creative Writing Group                 | Jindi Centre         | Bryan McNally           | 01-02-23   | 29-11-23    | 1:00PM  | 3:00PM  |
| 233WED05 | Wed | Improving Your Writing Craft           | Jindi Centre         | Jan Marshall            | 08-02-23   | 29-11-23    | 1:00PM  | 3:00PM  |
| 233WED06 | Wed | Mernda Walking Group                   | Mernda Village Shops | Jeanette Daisley        | 01-02-23   | 29-11-23    | 9:30AM  | 10:30AM |
| 233WED07 | Wed | Walking Group                          | Norris Bank Reserve  | Beth Pearce             | 01-02-23   | 29-11-23    | 9:30AM  | 11:00AM |
| 233WED08 | Wed | Exercises for Healthy Ageing           | Thomastown Library   | Ida Tipping             | 01-02-23   | 29-11-23    | 2:00PM  | 3:00PM  |
| 233WED09 | Wed | Apple iPHONE & iPAD Self Help - ONLI   | ONLINE               | Janice Boswell          | 01-02-23   | 29-11-23    | 10:00AM | 12:00PM |
| 233WED10 | Wed | Apple iPHONE & iPAD - ONLINE           | ONLINE               | Janice Boswell          | 01-02-23   | 29-11-23    | 1:00PM  | 3:00PM  |
| 233WED11 | Wed | Understand your Garden - ONLINE        | ONLINE               | Alex Shepherd           | 21-06-23   | 21-06-23    | 5:30PM  | 7:30PM  |
| 233WED13 | Wed | Knitters Group                         | Peter Lalor Campus   | Diana Torcaso           | 01-02-23   | 15-11-23    | 10:00AM | 12:00PM |
| 233WED14 | Wed | Apple iPHONE & iPAD                    | Peter Lalor Campus   | Janice Boswell          | 01-02-23   | 29-11-23    | 1:00PM  | 3:00PM  |
| 233WED15 | Wed | Apple iPHONE & iPAD Self Help          | Peter Lalor Campus   | Janice Boswell          | 01-02-23   | 29-11-23    | 10:00AM | 12:00PM |
| 233WED16 | Wed | Drawing for Beginners                  | Peter Lalor Campus   | Jill Evans-Bromley      | 01-02-23   | 29-11-23    | 10:00AM | 12:00PM |
| 233WED17 | Wed | Chess and other Board Games            | Peter Lalor Campus   | John Kolonis            | 01-02-23   | 29-11-23    | 1:00PM  | 3:00PM  |
| 233WED18 | Wed | Book Discussion                        | Private home Doreen  | Brenda Gorely           | 15-02-23   | 15-11-23    | 1:00PM  | 2:30PM  |
| 233WED19 | Wed | French Conversation                    | Lalor Library        | Christiane Gemayel      | 08-02-23   | 29-11-23    | 2:00PM  | 3:00PM  |
| 234THU01 | Thu | Italian Language Intermediate          | May Rd Campus        | Antonio Pignatelli      | 02-02-23   | 30-11-23    | 10:00AM | 12:00PM |
| 234THU02 | Thu | Art For Fun                            | Jindi Centre         | Noelene Jardine         | 02-02-23   | 30-11-23    | 1:00PM  | 3:00PM  |
| 234THU03 | Thu | Line Dancing - For Experienced Dancers | French St Hall Lalor | Elaine Bateman          | 02-02-23   | 30-11-23    | 3:30PM  | 5:00PM  |
| 234THU04 | Thu | Windows 10 Computer Support            | May Rd Campus        | Kathy Lizio             | 02-02-23   | 30-11-23    | 1:00PM  | 3:00PM  |
| 234THU05 | Thu | Trivia Night                           | May Rd Campus        | Kathy Lizio             | 02-02-23   | 30-11-23    | 7:00PM  | 9:00PM  |

| Code     | Day | Description                             | Location             | Tutor/Leader        | Start Date | Finish Date | Start   | Finish  |
|----------|-----|---|----------------------|---------------------|------------|-------------|---------|---------|
| 234THU06 | Thu | Exercise for Healthy Living - Lalor     | May Rd Campus        | Kumar Chandrakumar  | 02-02-23   | 30-11-23    | 11:00AM | 12:00PM |
| 234THU07 | Thu | Beginners Yoga                          | May Rd Campus        | Marietta Antoni     | 02-02-23   | 30-11-23    | 9:30AM  | 10:45AM |
| 234THU08 | Thu | Italian Culture and Language Advanced   | May Rd Campus        | Antonio Pignatelli  | 02-02-23   | 30-11-23    | 1:30PM  | 3:30PM  |
| 234THU09 | Thu | Ukulele with the Choir                  | May Rd Campus        | Ron Harvey          | 02-02-23   | 30-11-23    | 3:30PM  | 5:30PM  |
| 234THU10 | Thu | Singing for Joy                         | May Rd Campus        | Silvana Di Battista | 02-02-23   | 30-11-23    | 3:30PM  | 5:30PM  |
| 234THU11 | Thu | Self Help Genealogy                     | Mill Park Library    | Anne Heafield       | 02-02-23   | 30-11-23    | 1:00PM  | 3:00PM  |
| 234THU12 | Thu | Family History                          | Mill Park Library    | Elaine Moore        | 02-02-23   | 30-11-23    | 1:00PM  | 3:30PM  |
| 234THU13 | Thu | Mandarin Elementary Level               | Mill Park Library    | Polly Wong          | 02-02-23   | 30-11-23    | 10:00AM | 12:00PM |
| 234THU14 | Thu | Technology and Computers for Seniors    | Peter Lalor Campus   | Glen Wall           | 02-02-23   | 30-11-23    | 10:30AM | 12:30PM |
| 234THU15 | Thu | Android Devices - Learn how to use      | Peter Lalor Campus   | Peter Cleary        | 02-02-23   | 30-11-23    | 9:30AM  | 10:30AM |
| 234THU16 | Thu | Origami 3D (Golden Ventures folding)    | Peter Lalor Campus   | Phu Phan            | 02-02-23   | 30-11-23    | 11:00AM | 12:00PM |
| 234THU17 | Thu | Paper Quilling Arts                     | Peter Lalor Campus   | Phu Phan            | 02-02-23   | 30-11-23    | 12:00PM | 1:00PM  |
| 234THU18 | Thu | Laptop Trouble shooting                 | Peter Lalor Campus   | Shoukry Sidrak      | 02-02-23   | 30-11-23    | 10:30AM | 12:30PM |
| 234THU19 | Thu | Family History For Beginners            | Mill Park Library    | Marion Gaylard      | 09-02-23   | 09-11-23    | 1:00PM  | 3:00PM  |
| 234THU20 | Thu | Bike Riding                             | Various Locations    | Allan Fowler        | 02-02-23   | 21-12-23    | 9:00AM  | 12:30PM |
| 234THU21 | Thu | Line Dancing BEGINNERS ONLY             | French St Hall Lalor | Cathy Gatt          | 02-02-23   | 30-11-23    | 9:30AM  | 10:30AM |
| 234THU22 | Thu | Tennis                                  | YMCA Leisure         | Domenic Marino      | 02-02-23   | 30-11-23    | 9:00AM  | 10:30AM |
| 234THU23 | Thu | Walking Football - Gentlemen            | YMCA Leisure         | Mick Trim           | 02-02-23   | 30-11-23    | 11:00AM | 12:30PM |
| 234THU24 | Thu | Walking Football - Ladies               | YMCA Leisure         | Mick Trim           | 02-02-23   | 30-11-23    | 9:30AM  | 11:00AM |
| 234THU25 | Thu | Film and Book Discussion                | May Rd Campus        | Christiane Gemayel  | 02-02-23   | 30-11-23    | 11:00AM | 1:00PM  |
| 234THU27 | Thu | Wu Tao Dance with Meditation            | Riverside Community  | Maria Veerasamy     | 02-02-23   | 30-11-23    | 2:00PM  | 3:00PM  |
| 234THU28 | Thu | Beginners Tai Chi for Health            | Riverside Community  | Maria Veerasamy     | 02-02-23   | 30-11-23    | 3:00PM  | 4:00PM  |
| 235FRI01 | Fri | Line Dancing for Exercise 1             | Epping Memorial Hall | Cathy Gatt          | 03-02-23   | 08-12-23    | 9:30AM  | 10:15AM |
| 235FRI02 | Fri | Line Dancing for Exercise 2             | Epping Memorial Hall | Cathy Gatt          | 03-02-23   | 08-12-23    | 10:30AM | 11:30AM |
| 235FRI03 | Fri | Card Making-Instructional Self Help     | Nick Ascenzo         | Christine Czerny    | 03-02-23   | 01-12-23    | 9:15AM  | 11:30AM |
| 235FRI05 | Fri | Middle Eastern Cultural Awareness       | Peter Lalor Campus   | Dawood Sammour      | 03-02-23   | 08-12-23    | 5:00PM  | 10:00PM |
| 235FRI06 | Fri | Busy Hands Circle                       | Peter Lalor Campus   | Federica Bordin     | 03-02-23   | 01-12-23    | 10:00AM | 12:00PM |
| 235FRI07 | Fri | Film Night                              | Readings Cinema      | Gloria Mason        | 24-02-23   | 24-11-23    | 5:30PM  |         |
| 235FRI08 | Fri | Coffee and Chat on Friday               | The Groove Train     | Anne Carbis         | 03-02-23   | 22-12-23    | 2:00PM  | 4:00PM  |
| 235FRI09 | Fri | Computer Very Basic - Total Beginners   | Thomastown Library   | Afroditi Toso       | 03-02-23   | 01-12-23    | 1:00PM  | 3:00PM  |
| 235FRI10 | Fri | Computers Level 1                       | Thomastown Library   | Peter Rodaughan     | 03-02-23   | 01-12-23    | 10:00AM | 12:00PM |
| 235FRI11 | Fri | Tai Chi                                 | Thomastown Library   | Teresa Wong         | 03-02-23   | 01-12-23    | 12:30PM | 2:00PM  |
| 235FRI12 | Fri | Digital Literacy Support Prog #4 ONLINE | ONLINE               | Glen Wall           | 03-02-23   | 01-12-23    | 11:00AM | 1:00PM  |
| 235FRI13 | Fri | Line Dancing for Fun                    | Epping Activity Cent | Mia Jenkins         | 03-02-23   | 08-12-23    | 10:30AM | 12:30PM |
| 236SAT01 | Sat | African Violet Propagation              | Private Home Bun     | Jan Marshall        | 18-02-23   | 18-11-23    | 9:45AM  | 12:15PM |

| Code     | Day | Description                     | Location           | Tutor/Leader    | Start Date | Finish Date | Start  | Finish  |
|----------|-----|---------------------------------|--------------------|-----------------|------------|-------------|--------|---------|
| 236SAT02 | Sat | Reflexology for Health - ONLINE | ONLINE             | Maria Veerasamy | 04-02-23   | 25-11-23    | 8:30AM | 9:30AM  |
| 236SAT03 | Sat | Well Being Steps - ONLINE       | ONLINE             | Maria Veerasamy | 11-02-23   | 18-11-23    | 8:30AM | 9:30AM  |
| 237SUN01 | Sun | Discover Melbourne By Train     | Sth Morang Station | Federica Bordin | 12-02-23   | 12-11-23    | 8:30AM |         |
| 237SUN02 | Sun | Summer Train Trips              | Sth Morang Station | Marion Gaylard  | 05-02-23   | 05-11-23    | 9:00AM |         |
| 237SUN03 | Sun | Exploring Melbourne's Gardens   | Various Locations  | Mike Mikedis    | 28-05-23   | 26-11-23    | 9:00AM | 4:00PM  |
| 237SUN04 | Sun | Leisurely Sunday Bike Rides     | Various Locations  | Shirley Louie   | 05-02-23   | 17-12-23    | 9:00AM | 11:00AM |



indicates that course is full

indicates that course/activity is finished

*Courses and Activities may be altered at any time due to unforeseen circumstances such as unavailability of a tutor or venue.*

*Due to the popularity of some classes if you fail to attend 3 consecutive classes without a valid reason your place may be offered to someone on the Wait List*

*Course alterations will be advertised on the website <http://whittleseau3a.org.au/> and in the Newsletters. Affected members will generally be advised by email.*

*Some courses will, initially, have a zero max limit to place all enrolments on a Wait List.*

|                |   |
|----------------|---|
| Special Events | Monthly Morning Tea for all members is held on the first Monday of the month unless advised of a change<br>Annual General Meeting September (tbc)<br>Christmas Lunch to celebrate the WU3A year – details to be advised |
|----------------|---|