

WOTZON

Whittlesea U3A

Weekly Fact Sheet

Edition 1 - 21st January 2023



CONTACT DETAILS

CLASS COORDINATOR & COMMUNICATION:

Natalie – communication@whittleseau3a.org.au (0412 230 561)

OR coordinator@whittleseau3a.org.au

TUTOR LIASON:

Judy – 9464 1339 or 0404119189

WELCOME TO 2023

Hello Everyone,

Welcome to 2023. I hope everyone had a great break and enjoyed the festive season. For those of you who have just joined Whittlesea U3A a special welcome and I hope you will enjoy the activities we have and the friends you will make over the next few months and beyond

MOST CLASSES WILL BE RESUMING SOON - TUESDAY 31ST JANUARY. There are some that will resume later as requested by the tutor. [Here is a link to the timetable that is on our website.](#)

During the week beginning the 23rd of January Kevin will be emailing the WELCOME BACK to all active members with an email address.

Those without an email address the pack will be posted during the week, so if you know anyone who is a member of Whittlesea U3A and who does not have an email address please tell them. I will also be sending out a text message to these members to inform them.

THE WELCOME PACK WILL CONTAIN:

1. An introductory letter from Glen Wall, the President;
2. Some general administrative information;
3. **The classes which you have enrolled into** - these are divided into those which you have got into and those which you are waitlisted in. If you are waitlisted in a class please **DO NOT** attend that class until you receive notification that you have been accepted. WAITLISTING is recorded because the class is FULL and the venue CANNOT TAKE any more participants. You will be notified as soon as a spot becomes available. This year I will be notifying you both by email and text/phone call so there is no confusion
4. **Your badge** - as described in the letter this badge can be found at the bottom of the welcome pack so don't forget to check. If you need to have your badge printed please come to the office (Peter Lalor or May Rd) once we are open. Opening times are listed below. Please ensure you wear your badge (or have it with you when you come to class) as tutors may ask to see it. If you have lost your lanyard (holds the badge) or are a new member and do not have one you can pick one up from an office once they open.

If you do not receive your pack (emailed) by 25th January please contact me on the details below or leave a message on the website and we can organise something. Don't forget to check your SPAM/JUNK mail.

Finally remember that if you have any queries or need assistance to enrol, there are lots of volunteers to help you get started. The ladies at the office, Judy Cleary (contact details listed at the top of this newsletter) and myself are only a phone call away. Alternately leave a message on the website and we will contact you as soon as possible. Once again welcome back, or welcome to Whittlesea U3A and I hope you have a great year.

Natalie Lim, Communication Manger/Course Coordinator
communication@whittleseau3a.org.au (0412 230 561)

OFFICE HOURS

PETER LALOR CAMPUS OPENED WEDNESDAY 25TH JANUARY 10AM TO 1PM FOR ENROLMENTS, PAYMENTS ETC.; Closed the rest of the week. REOPENS TUESDAY 31st JANUARY 10AM

MAY ROAD CAMPUS OPENED TUESDAY 31st JANUARY 1.00PM TO 4.00PM and THURSDAY 10am to 4pm

**Here are some exciting new, revised and relocated classes.
NEW CLASS AND IN MOST CASES NEW TUTOR:**

231MON18 Feel Well, Be Well

Weekly exercise class to music and dance

New tutor: Pattie Nenadich

Start date: Monday 06/02/2023

Time: 9.30 to 10.30

LOCATION: THOMASTOWN library Main Road Thomastown

DESCRIPTION: This is an exercise to dancing class. The tutor Pattie, new to Whittlesea U3A uses music to get participants exercising at their own pace and level. It is a fun and light-hearted class aimed at getting the heart pumping and the legs moving.

231MON25 Exercise For Fitness

Weekly exercise class

Tutor: Helen Ang

Start Date Monday 06/03/2023

Time: 10:30 – 11.30

LOCATION: THOMASTOWN library Main Road Thomastown

DESCRIPTION: This is a gentle exercise class to develop strength. The focus is upper body strength whilst keeping the heart pumping. All exercises are completed at the participants pace and rate of ability.

234THU25 Film and Book Discussion

Fortnightly activity

Tutor: Christiane Gemayel

Start Date: 2nd February

Time: 10.30 to 12.,30

LOCATION: Lalor Library, May Rd Lalor

DESCRIPTION: Seen an exciting film or read a book worth sharing with a group of friends. This activity is just that. Meeting weekly the group will discuss books they have read and maybe even loan them out to those interested. Films will also be discussed. This will be done by either watching the film as part of the session or discussing a film you have already seen. This is a very casual activity where the focus is talking with friends in a friendly and light hearted environment.

234THU35 Book Discussion Mill Park Library

Monthly activity – 1st Thursday of the Month

Tutor: Jan Marshall

Start Date: 2nd February

Time: 1.00om to 3.00pm

LOCATION: Mill Park Library, Plenty Rd Mill Park

DESCRIPTION: The group meets on the first Thursday of the month in the Make a Space Room of the library . They read and review a book supplied by the library. Great opportunity for conversation with a few laughs.

231MON19 Beginners Line Dancing Whittlesea

Weekly class for line dancing beginners

Tutor Bev Moore

Start Date: Monday 6th February

Time: 11.30 to 12.30

LOCATION: WHITTLESEA TOWNSHIP Whittlesea CAC 57/61 Laurel St, Whittlesea VIC 3757

DESCRIPTION: This is a beginners line dancing class, our first in the township of Whittlesea. The tutor will explain and instruct basic skills and transform these to simple dances. The aim of this class is teaching basic steps so not suitable for the intermediate or advanced dancer.

POPULAR CLASS RETURNED:

232TUE21 Basic Bee Keeping

1 day activity on Tuesday 28th February

Tutor: Frank Ciechomski

Time: 12.00 – 1.30pm

LOCATION: Peter Lalor Campus

DESCRIPTION: This activity sees the return of a popular one held a number of years ago. Frank, our resident bee keeper, accompanied by his bees, discusses the history of beekeeping, life cycle of bees, how a queen is chosen and her role in maintaining the hive and the collection of honey. It is a very informative and interactive activity.

POPULAR CLASS WITH A CHANGE OF VENUE:

232TUE22 Leprechaun Trivia Afternoon

2nd and 4th Tuesday

Tutor: Patrick Muldoon

Starting date: Tuesday 14/02/2023

Time: 1pm to 3pm

LOCATION: Brookwood Community Centre, Hazel Glen Drive Doreen

DESCRIPTION: To be sure, to be sure! Whether you're a Novice, a Trivia Buff or just want to get those 'Grey Matter' Cogs moving, Leprechaun Trivia is an entertaining afternoon of quizzing, camaraderie and chats with fellow Trivia enthusiasts. There's always a laugh to be had, and you'll be amazed with what you thought you didn't know! Afternoon tea/door prize draw/chat between Rounds 4 & 5. Come and join in the fun!! Create your own Team or join an existing Team. \$1 per session (covers Door prize etc). - BOTH Men and Women Welcome!! Leprechaun Trivia Motto: We're not playing for Sheep Stations!

ANNUAL Whittlesea U3A PICNIC:

231MON07 Annual Labour Day Picnic

1 day activity on Monday 13th March

Tutor: Marion Gaylard

Time 9.00

LOCATION: Hawkstowe Park, Gordons Road, South Morang (Melways I83H8)

DESCRIPTION: This is the Whittlesea U3A Annual Labour Day Picnic hosted by Marion. Starting at 9.00 am participants stay talking until they have all had enough. B.Y.O. Everything. Food chairs drinks and whatever it takes to have a good time.

First Monthly morning tea of the year to be held at Epping RSL on Monday 6th February. This year to help up cover the cost of the morning tea we are asking those who attend to donate a gold coin. The morning tea provides lots of information about our program and classes. It is also a great opportunity to ask questions and just to talk to friends. Thanks for your assistance

TUTOR ATTENDANCE AND ENROLMENT LISTS

These will be emailed out to tutors the end of the week (by the end of January). If you need to have your list printed and cannot come to PLC on the 25th January, please contact me on 0412 230 561 (text or phone) and I will bring a copy to the Volunteers lunch on Monday 30th January at Epping RSL starting at 11.30am.

CALENDAR OF MAIN EVENTS—Term 1 2023

DATE	EVENT	LOCATION
JANUARY 2023		
Monday 23rd	Member information WELCOME PACK start to be distributed to active members	
Wednesday 25th @10.00	Peter Lalor Office Reopens 10.00 to 1.00pm	Peter Lalor Campus
Thursday 26th	Australia Day Public Holiday	All offices closed
Monday 30th @ 11.00	Volunteer Lunch - Thank you lunch for volunteers of 2022	Epping RSL
Tuesday 31st	Official Beginning to Term 1 2023	Various Locations
Tuesday 31st	May Road office opened	May Rd Office
FEBRUARY 2023		
Monday 6th @10.00	First Morning Tea for 2023	Epping RSL
Monday 13th @ 10.00	Committee Meeting	Peter Lalor Campus