

WOTZON

Whittlesea U3A

Weekly Fact Sheet

Edition 8 - 12th March 2023



CONTACT DETAILS

*For information regarding classes and information listed in this WOTZON please contact
Judy – 9464 1339 or 0404119189*

NEWS OF THE WEEK

Hello Everyone,

Compare Energy \$250 Bonus

If you haven't applied for the current round of \$250.00 you still have time until **23rd March** to do so that is the deadline otherwise you will miss out

this is your last chance to do so.

If you need help in claiming the current \$250, I am able to help you with your claim remember it finishes on the 23rd March.

I am available on any Thursday between 9.30 and 12 noon at May Road Campus Lalor, ring or text for an appointment or just call in to see me if you need any help with claiming. You must bring in with you a recent electricity bill.

Kathy Lizio

0414 925 567

OFFICE HOURS for WEEK BEGINNING MONDAY 13th March

PETER LALOR CAMPUS

CLOSED : MONDAY LABOUR DAY WEEKEND

OPENED: TUESDAY, WEDNESDAY, THURSDAY: 10.00 to 1.00 pm

CLOSED: FRIDAY

MAY ROAD CAMPUS

OPENED: TUESDAY 1.00PM TO 4.00PM

OPENED: THURSDAY 10am to 4pm

PUBLIC HOLIDAY - MONDAY 13TH MARCH

PLEASE REMEMBER

Monday 13th March is a public holiday - Labour Day Weekend. There will be not classes on this day BUT you can attend the Whittlesea U3A PICNIC AT HAWKSTOWE PARK starting at 9.00

INFORMATION FROM TUTORS

Jewellery Class Tuesday 9.15-11am at the Miller CAC (Formally known as Mill Park CAC

The Jewellery Making class has been changed to weekly starting from 14th March

Chess at PLC Wednesday

The finishing time for Chess has been changed to 2.45pm instead of 3pm

Important note from Venue Co-Ordinator

If your class has been cancelled please do not think it is permissible to join a similar class at another venue on the same day

Cancellation of Class

Thursday Line Dancing for Experienced dancers at French street Lalor has been cancelled due to Tutors request

23THU34 CARPET BOWLS

TIME: 13.00 – 15.00 -Wkly Thursday

LOCATION: May Rd Campus Senior Citizen's Club 2b May Road Lalor

DESCRIPTION: Two teams compete against each other to score the most points in two hours (e.g. closest to the little white ball). It's good fun and good exercise.

We are desperately in need of more players please come and join our teams we require at least 8-10 players

Whittlesea Community Festival Sunday

19th March 2023 Time 11am-5pm

Plenty Ranges and Art Convention Centre

Whittlesea U3a will be organising a stall to promote our organisation and classes with some of the items that are produced by members

This is a day of family fun with live performances bustling market stalls and delicious food there's something for everyone please come along and be part of the activities with us.

we are in need of members to donate an hour of their time to help promote our U3A can you help!!! If so please ring:

Jodie on 0407045471

ANNUAL LABOUR DAY PICNIC

1 day activity on Monday 13th March

TUTOR: Marion Gaylard

TIME 9.00 am

LOCATION: Hawkstowe Park, Gordons Road, South Morang (Melways I83H8)

DESCRIPTION: This is the Whittlesea U3A Annual Labour Day Picnic hosted by Marion. Starting at 9.00 am participants stay talking until they have all had enough. B.Y.O. Everything. Food chairs drinks and whatever it takes to have a good time.

232TUE25 MANAGING SLEEP AND FATIGUE

START DATE: One day activity on Tuesday 28/03/2023

TUTOR: Peter Cleary

TIME: 10.00 – 11.00 - am

LOCATION: Peter Lalor Campus, 34 Robert St Lalor

DESCRIPTION: Managing Sleep and Fatigue is an information session run by Bolton Clarke for those who have trouble sleeping and wake up fatigue without really knowing why. Practical handouts will also be provided to refer to at a later date.

231MON19 BEGINNERS LINE DANCING WHITTLESEA

FREQUENCY: WEEKLY (MONDAY) TIME: 11.30 – 12.30 TUTOR: Bev Moore

LOCATION: Whittlesea CAC (Whittlesea Library) WHITTLESEA

TOWNSHIP

DESCRIPTION: This is a beginners line dancing class, our first in the township of Whittlesea. The tutor will explain and instruct basic skills and transform these to simple dances. Not suitable for intermediate or advanced dancers as the primary aim is to teach the steps.

231MON13 CANASTA/SAMBA CARDS

FREQ.: Wkly Monday TIME: 12.00 – 1.00pm

TUTOR: Flo Majewski

LOCATION: Thomastown Library Community Room 2/52 Main Street Thomastown

DESCRIPTION: Samba card game is closely related to Canasta but it introduces a couple of variations that make the game much more enjoyable. Sessions will continue through the school holidays.

CALENDAR OF MAIN EVENTS—Term 1 2023

DATE	EVENT	LOCATION
MARCH 2023		
Monday 13th	Labour Day Holiday	
Monday 13th @9.00	Whittlesea U3A Labour Day Picnic	Hawkstowe Recreation Reserve
Monday 20th @ 10.00	Committee Meeting	Peter Lalor Campus
APRIL 2023		
Monday 3rd @ 10.00	Whittlesea U3A Morning Tea	Epping RSL
Thursday 6th	End of Term 1	
Friday 7th - Monday 10th	Easter Public Holidays	
Monday 24th	Start of term 2	
Tuesday 25th	ANZAC Day - Public Holiday	No classes

WAITING LISTS AND FULL CLASSES

You will be aware that as many of our classes grow in popularity they start to fill up and waiting lists may occur. We are constantly reviewing these lists with an aim to reduce them by either creating a new class or by increasing the number of participants in a class after discussion with the tutor.

WHY DO WE HAVE WAITING LISTS.

Waiting lists are an unfortunate result of popular classes and although we always try to remove them they occur from time to time. Whether it is an exercise class, line dancing class or computer class we create a maximum number of people for a class based on the following:

The total number which the tutor has asked us to put in their class

The capacity of the venue – how many people can **SAFELY** fit in a room when everyone, who is enrolled, is present. Even if classes have an number of absences every week we have to consider how many people would fit **SAFELY** if everyone attends. **This is a health and safety issue.**

The number of participants that the equipment (if used) can accommodate. If it is a computer class, for example, there may be limitations with computers etc.

PLEASE DO NOT ATTEND A CLASS IF YOU ARE ON A WAITING LIST. We try to review these lists regularly and either increase the numbers with the tutor (if the venue allows) or create a new class, if a new tutor is available. We thank all members for assisting us with this matter