

WOTZON

Whittlesea U3A

Weekly Fact Sheet

Edition 9 - 19th March 2023



CONTACT DETAILS

*For information regarding classes and information listed in this WOTZON please contact
Judy – 9464 1339 or 0404119189*

NEWS OF THE WEEK

Hello Everyone,

Natalie is back home from re-hab and is well on the way to recovery she will be back doing Watzon next week

This is my last edition thank you for your patience and your kind words, over the last few weeks I have enjoyed bringing you the Watzon

Kathy Lizio, Vice President

kathylizio@bigpond.com (0414 925 567)

OFFICE HOURS for WEEK BEGINNING MONDAY 13th March

PETER LALOR CAMPUS

OPENED: MONDAY, TUESDAY, WEDNESDAY, THURSDAY: 10.00 to 1.00 pm

CLOSED: FRIDAY

MAY ROAD CAMPUS

OPENED: TUESDAY 1.00PM TO 4.00PM

OPENED: THURSDAY 10am to 4pm

Subscriptions can be paid at the office.

You can also have your badge printed and if you are a new member pick up your lanyard

Cancellation of Classes

231MON16: Computer, Android, Social Media Support :

Tutor / Leader: Shoukry Sidrak :

Monday 20th and 23rd of March 2023

Cancellation of Class

Thursday Line Dancing for Experienced dancers with Elaine Bateman at French street Lalor is finished and you will be notified for future changes

232TUE25 MANAGING SLEEP AND FATIGUE

START DATE: One day activity on Tuesday 28/03/2023

TUTOR: Peter Cleary

TIME: 10.00 – 11.00 - am

LOCATION: Peter Lalor Campus, 34 Robert St Lalor

DESCRIPTION: Managing Sleep and Fatigue is an information session run by Bolton Clarke for those who have trouble sleeping and wake up fatigued without really knowing why. Practical handouts will also be provided to refer to at a later date.

231MON13 CANASTA/SAMBA CARDS

FREQ.: Wkly Monday **TIME:** 12.00 – 3.00pm

TUTOR: Flo Majewski

LOCATION: Thomastown Library Community Room 2/52 Main Street Thomastown

DESCRIPTION: Samba card game is closely related to Canasta but it introduces a couple of variations that make the game much more enjoyable. Sessions will continue through the school holidays.

WALKING FOOTBALL CHOCOLATE DRIVE

The Walking Football program is conducting a chocolate drive. Funds raised from this will be used to help send Whittlesea U3A teams to the Australian Masters games in Adelaide later in the year. A box of chocolates contains 60 chocolate bars. Each bar costs \$1. If we sell all 60 bars we make \$20 profit. If you would like to take a box to sell to family and friends **please contact Gerry Fay on 0418137631**. Any support is greatly appreciated. If you don't sell all 60 bars it is fine to return any unsold bars.



Highlights

Victoria Police invites residents from the City of Whittlesea community to attend the CommSafe Forum.

The forum is an opportunity for you to talk directly with police about what is important in your community and to you. The forum will explore a range of topics including:

- ◇ Current crime trends and crime prevention
- ◇ Young people
- ◇ Family violence
- ◇ Road policing
- ◇ Drugs and drug related crime.

ASK QUESTIONS ABOUT SAFETY FOR OLDER PEOPLE

The forum will be run by a Victoria Police panel. Questions will be taken from the audience throughout the event.

Registration is a must. To register your interest, please send your details to:

whittlesea-forum-2023-mgr@police.vic.gov.au

Refreshments and food will be offered. If you have any dietary requirements, please include them in your registration.

EVENT DETAILS

Description:

Talk with police about what is important to you in our community.

Date: Thursday, 23 March 2023

Time: 9:00AM — 12:00PM

Location: The Great Hall, Council Offices, 25 Ferres Blvd, South Morang

Cost: Free

Registration [Email Victoria Police to register](mailto:whittlesea-forum-2023-mgr@police.vic.gov.au)

CALENDAR OF MAIN EVENTS—Term 1 2023

DATE	EVENT	LOCATION
MARCH 2023		
Monday 20th @ 10.00	Committee Meeting	Peter Lalor Campus
APRIL 2023		
Monday 3rd @ 10.00	Whittlesea U3A Morning Tea	Epping RSL
Thursday 6th	End of Term 1	
Friday 7th - Monday 10th	Easter Public Holidays	
Tuesday 25th	ANZAC Day - Public Holiday	No classes

WAITING LISTS AND FULL CLASSES

You will be aware that as many of our classes grow in popularity they start to fill up and waiting lists may occur. We are constantly reviewing these lists with an aim to reduce them by either creating a new class or by increasing the number of participants in a class after discussion with the tutor.

WHY DO WE HAVE WAITING LISTS.

Waiting lists are an unfortunate result of popular classes and although we always try to remove them they occur from time to time. Whether it is an exercise class, line dancing class or computer class we create a maximum number of people for a class based on the following:

The total number which the tutor has asked us to put in their class

The capacity of the venue – how many people can **SAFELY** fit in a room when everyone, who is enrolled, is present. Even if classes have an number of absences every week we have to consider how many people would fit **SAFELY** if everyone attends. **This is a health and safety issue.**

The number of participants that the equipment (if used) can accommodate. If it is a computer class, for example, there may be limitations with computers etc.

PLEASE DO NOT ATTEND A CLASS IF YOU ARE ON A WAITING LIST. We try to review these lists regularly and either increase the numbers with the tutor (if the venue allows) or create a new class, if a new tutor is available. We thank all members for assisting us with this matter