

WOTZON

Whittlesea U3A

Weekly Fact Sheet

Edition 11 - 2nd April 2023



CONTACT DETAILS

CLASS COORDINATOR & COMMUNICATION MANAGER:

Natalie – communication@whittleseau3a.org.au (0412 230 561)
OR coordinator@whittleseau3a.org.au

TUTOR LIASON: Judy – 9464 1339 or 0404119189

NEWS OF THE WEEK

Hello Everyone,

Yes we have arrived at the last week of Term 1 and the holidays begin Friday 7th April.

We return back to start Term 2 on Monday 24th April and Tuesday 25th April is ANZAC Day and a public holiday. There will be no classes on ANZAC Day.

Like every year, term 1 has been a very busy and exciting time with the return of old favourites and the start of new ones. Members have all been busily learning, exercising and creating thanks to the wonderful work of our tutors.

You will notice that there are a number of classes which will not be operating this week, mainly those on Thursday, however some others are also affected. Please check if your class is included in the list so you do not attend the venue for nothing. Also don't forget to refer to the list of classes which will be continuing during the break. Remember these are classes that are in hired venues. Many activities, especially outdoor ones or those in shopping centres, are continuing, so don't forget to check with your tutor.

As we are having a 2 week break the next WOTZON will be published on SUNDAY 23rd April just in time for the beginning of term 2.

REMEMBER: MAY ROAD OFFICE IS CLOSED THURSDAY 6th APRIL and TUESDAY 25th APRIL

Natalie Lim, Communication Manger/Course Coordinator

communication@whittleseau3a.org.au (0412 230 561)

OFFICE HOURS for WEEK BEGINNING MONDAY 3rd April

PETER LALOR CAMPUS

MONDAY - OFFICE CLOSED - MONTHLY MORNING TEA,

TUESDAY, WEDNESDAY, THURSDAY: OPENED 10.00 to 1.00 pm

FRIDAY: CLOSED

MAY ROAD CAMPUS

OPENED: TUESDAY 1.00PM TO 4.00PM

CLOSED: THURSDAY

**OFFICES WILL BE CLOSED FROM FRIDAY 7TH APRIL TO FRIDAY 21ST APRIL—
TERM BREAK**

THEY WILL REOPEN ON MONDAY 23RD APRIL

Subscriptions can be paid at the office.

You can also have your badge printed and if you are a new member pick up your lanyard

Government Power Saving \$250 Bonus Program

A new round of **the** Power saving Bonus program commenced on Friday 24th March 2023. Victorian households will be able to receive a NEW \$250.00 payment including any household that received a payment through the current round. You can apply for the new payment after Friday 24th March 2023.

Kathy is available on any Thursday between 9.30 and 12 noon at May Road Campus Lalor to assist members to complete their application. Ring or text for an appointment or just call in to see her if you need any help with claiming. ***Kathy is not available until after the term break (available from Thursday 27th April)***

You must bring in with you a recent electricity bill.

Kathy Lizio

Vice President: 0414 925 567

Below is a list of classes that will be operating during the holidays AT ORGANISED VENUES. NEW CLASSES have been added to last week's list. Please remember you need to be enrolled in the class in order to attend. There may be other classes added in next week's WOTZON once the tutors contact me. Other classes, where we do not have to book a venue e.g. Coffee and Chat may be on during the break so please ask the tutor this week.

TENNIS (YMCA)

CARDS 500 LAURIMAR (COMMUNITY CENTRE DOREEN)

CARDS 500 LALOR (WORKING WITH ALBY'S GROUP AT EPPING MEMORIAL AS PETER LALOR IS UNAVAILABLE – TUESDAY 10.00)

CARDS 500 EPPING (EPPING MEMORIAL)

CANESTA/SAMBA CARDS (THOMASTOWN LIBRARY)

LINE DANCING FOR EXERCISE 1 (EPPING MEMORIAL) – week 1 only

LINE DANCING FOR EXERCISE 2 (EPPING MEMORIAL) – week 1 only

LINE DANCING FOR BEGINNERS (FRENCH STREET) – week 1 only

EXERCISES FOR HEALTHY AGEING (THOMASTOWN LIBRARY)

FRENCH CONVERSATION (LALOR LIBRARY)

BEGINNERS MANDARIN (MILL PARK LIBRARY)

MIDDLE EASTERN CULTURAL AWARENESS (PETER LALOR CAMPUS – EVENING)

FEEL WELL, BE WELL (THOMASTOWN LIBRARY) – 17TH APRIL ONLY

WALKING FOOTBALL – MEN'S ONLY – (YMCA)

SURVEY FROM DPV HEALTH

“DPV Health invites you to complete a short survey to help understand your involvement, connection and engagement with your local community.

DPV Health is an inclusive organisation that celebrates diversity of all people within our communities. They deliver healthcare services to people of all ages across the Hume and Whittlesea areas.

Click here to go to survey (or scan the QR code below): <https://forms.office.com/r/htiTG2TPc1>

Your responses are important for DPV Health to gain a deeper understanding of what is important to the community. The information collected will support development of strategies and projects in the future.

Please note that your response will be kept private and confidential. We do not collect your name or private details and do not share your information without permission.

Any questions, please reach out to populationhealth@dpvhealth.org.au”

CLASS CANCELLATION FOR THIS WEEK – the following classes will not be held during the week beginning Monday 3rd April. They will return after the holiday break.

Tuesday 4th April – Laptop Windows 232TUE18 @ Thomastown Library with Kevin

Thursday 6th April – Italian Culture and Language Advanced 234THU08 @ Lalor Library with Antonio

Monday 3rd April – Feel Well, Be Well 231MON18 @ Thomastown Library with Pattie

Thursday 6th April – Beginners Yoga 234THU07 @ May Road with Marietta

Thursday 6th April – Windows 10 Computer Support 234THU04 @ May Road with Kathy

Thursday 6th April – Trivia Night 234THU05 @ May Road with Kathy

Thursday 6th April – Exercise for Healthy Living 234THU06 @ May Road with Kumar

Thursday 6th April – Carpet Bowls 234THU34 @ May Road

THE OFFICE WILL BE AT MAY ROAD WILL BE CLOSED ON THURSDAY 6TH APRIL AND TUESDAY 25TH APRIL (ANZAC DAY). IT WILL REOPEN ON THURSDAY 27TH APRIL

NEW EXCITING EVENT

The first Line Dancing Social for 2023 has been organised for Sunday 18th June.

LOCATION: Epping Memorial Hall

DATE: Sunday 18th June

START/FINISH TIME: 10.00am to 3.00pm

COST: MEMBERS: \$1 for tea and coffee; NON MEMBERS \$5 + \$1 for tea and coffee

DESCRIPTION: This Line Dancing Social is being organised for June as a mid year fun dancing experience. Tables will be organised similar to previous years **however this year those booking a table MUST tell the tutor who is sitting on the table – PROVIDE FULL NAME AND CONTACT DETAILS, to make it easier to organise.** Participants to bring food and other drinks for their own table and all rubbish must be taken home with you at the end of the event. Please contact any of the line dancing tutors (Mia, Tita, Lillian, Cathy and Bev) the venue coordinator (Christine) or the course coordinator (Natalie) for further information or if you need help to enrol. Money to be paid on the day.

It is essential that members enrol for the event and tutors are advised of NON Members who are attending as all numbers need to be accounted for.

THE CLASS IS NOW ON THE CALENDAR SO DO NOT FORGET TO ADD YOUR NAME TO THE LIST IF YOU ARE A MEMBER OR TELL YOUR TUTOR IF YOU ARE BRINGING A FRIEND.

WALKING FOOTBALL CHOCOLATE DRIVE

The Walking Football program is conducting a chocolate drive. Funds raised from this will be used to help send Whittlesea U3A teams to the Australian Masters games in Adelaide later in the year. A box of chocolates contains 60 chocolate bars. Each bar costs \$1. If we sell all 60 bars we make \$20 profit. If you would like to take a box to sell to family and friends **please contact Gerry Fay on 0418137631.** Any support is greatly appreciated. If you don't sell all 60 bars it is fine to return any unsold bars.

CALENDAR OF MAIN EVENTS—Term 1/2 2023

DATE	EVENT	LOCATION
APRIL 2023		
Monday 3rd @ 10.00	Whittlesea U3A Morning Tea	Epping RSL
Thursday 6th	End of Term 1	
Friday 7th - Monday 10th	Easter Public Holidays	
Monday 23rd	Beginning of Term 4	
Tuesday 25th	ANZAC Day - Public Holiday	No classes
MAY 2023		
Monday 1st @ 10.00	Whittlesea U3A Morning Tea	Epping RSL
Monday 8th @ 10.00	Committee Meeting	Peter Lalor Campus
Sunday 14th	Mother's Day	Happy Mother's Day

WAITING LISTS AND FULL CLASSES

You will be aware that as many of our classes grow in popularity they start to fill up and waiting lists may occur. We are constantly reviewing these lists with an aim to reduce them by either creating a new class or by increasing the number of participants in a class after discussion with the tutor.

WHY DO WE HAVE WAITING LISTS.

Waiting lists are an unfortunate result of popular classes and although we always try to remove them they occur from time to time. Whether it is an exercise class, line dancing class or computer class we create a maximum number of people for a class based on the following:

The total number which the tutor has asked us to put in their class

The capacity of the venue – how many people can **SAFELY** fit in a room when everyone, who is enrolled, is present. Even if classes have an number of absences every week we have to consider how many people would fit **SAFELY** if everyone attends. **This is a health and safety issue.**

The number of participants that the equipment (if used) can accommodate. If it is a computer class, for example, there may be limitations with computers etc.

PLEASE DO NOT ATTEND A CLASS IF YOU ARE ON A WAITING LIST. We try to review these lists regularly and either increase the numbers with the tutor (if the venue allows) or create a new class, if a new tutor is available. We thank all members for assisting us with this matter