

Whittlesea U3A





Edition 20 - 18th June 2023

CONTACT DETAILS

CLASS COORDINATOR & COMMUNICATION MANAGER:

Natalie – communication@whittleseau3a.org.au (0412 230 561) OR coordinator@whittleseau3a.org.au

TUTOR LIASON: Judy - 9464 1339 or 0404119189

NEWS OF THE WEEK

Hello Everyone,

This week's edition of the WOTZON will be the last for Term 2 as the term ends on Friday 23rd June and we will resume classes on Monday 10th July. If your class operates during the break you would have been told by your tutor so please check.

The monthly Morning Tea at Epping RSL will go ahead during the term break and will be on Monday 3rd July at 10.00. After the great success of this month's morning tea we will once again have a bring a friend day with all participants receiving a raffle ticket for a special prize.

Hope you all have a good long weekend (what's left of it) and looking forward to the term break.

Natalie Lim, Communication Manager/Course Coordinator

communication@whittleseau3a.org.au (0412 230 561)

OFFICE HOURS for WEEK BEGINNING MONDAY 18th June

<u>PETER LALOR CAMPUS</u>

OFFICE OPENED 10.00AM to 1.00 PM - MONDAY, TUESDAY, WEDNESDAY & THURSDAY

OFFICE CLOSED FRIDAY

MAY ROAD CAMPUS

OPENED: TUESDAY - 1.00PM TO 4.00PM & THURSDAY - 9.00AM TO 4.00PM

Subscriptions can be paid at the office. You can also have your badge printed and if you are a new member pick up your lanyard

CODE: 233WED11

NAME: UNDERSTAND YOUR GARDEN - ONLINE

LOCATION: ONLINE TUTOR: Alex Shephard

DATE: Wednesday 21st JUNE

TIME: 17.30 to 19.30

DESCRIPTION: Following the yearly success of Alex's orchid repotting class this activity will discuss ways on how you can improve your garden including composting, repotting, safe pest control etc. Some discussion on the propagation and repotting of orchids ill also be included.

WALKING FOOTBALL FUNDRAISING

This year the Walking Football program is planning to send 3 teams to Adelaide to participate in the Australian Masters games. To keep the costs to the players to a minimum we are conducting some fund raising events. One of these is a chocolate drive. We have a number of boxes of chocolates available for sale. There are 60 chocolate bars in each box. They cost \$1 each which is great value. If we sell all the bars in a box we get \$20 towards the fund raising. If you can help by selling a box of chocolates it would be very much appreciated by all the Walking Football group. Chocolates will also be available to purchase at the July Morning Tea – 3th July.

CHANGE TO CLASS PROGRAM WEEK BEGINNING 19TH JUNE

HEALTHY SKIN

This session which was due to be conducted next Tuesday 20th June has been cancelled. As it is a sponsored event we needed 10 participants and we only had 5. Sorry to those people who enrolled.

BEGINNERS' YOGA

This class, led by Marietta at May Rd has been cancelled for Thursday 22nd June and will resume in Term 3. Members who have enrolled in the class will be receiving an email this week about possible changes to the program. Please read the email carefully and contact me if you have any questions.

MOVIE NIGHT

Gloria would like to advise all movie goers enrolled in the Film Night that the next session is on FRIDAY 30th JUNE. This is during the term break so make sure you keep this date free.

BOOK DISCUSSION – BRENDA'S GROUP DOREEN

Beginning from July this book discussion group will be held at BROOKWOOD COMMUNITY CENTRE, Hazelglen Drive Doreen. The members of the group will receive an email once everything has been finalised. The time and date will be the same – third Wednesday of the month from 1.00pm to 2.45pm. The first session at Brookwood will be Wednesday 19th July

CARDS 500 – LALOR with TYRONE

This card group will continue during the term break HOWEVER ON Tuesday 27TH JUNE and Tuesday 4th JULY it will be joining Alby's Group at Epping Memorial Meeting Room. The sessions will be held between 10.00am and 1.00pm.

WU TAO and TAI CHI CLASSES at RIVERSIDE BY MARIA.

Maria's Wu Tao and Tai Chi Classes will be resuming at Riverside Community Centre from the beginning of next term BUT they will be going FORTNIGHTLY. The time will still be at 2pm-3pm / Tai Chi Class at 3pm – 4pm on Thursdays. The dates of the classes are:

July 13 . 2023; July 27, 2023; August 10, 2023; August 24, 2023; September 7, 2023; September 21, 2023; October 5. 2023; October 19,2023; November 2, 2023; November 16, 2023

Don't forget to write them down in your diary.

REFLEXOLOGY/ WELL BEING ZOOM CLASS on Saturdays at 9 am – 10 am.

Maria's Reflexology Class and Well being Class will be resuming Online from the beginning of next term BUT they will be going MONTHLY. Those who have enrolled in the class will be receiving their zoom link during the break. The dates of each class is as follows:

Reflexology Class dates:

15 July 2023; 12 August 2023; 9 September 2023; 7 October 2023; 4 November 2023.

Well being Class dates:

29 July 2023; 26 August 2023; 23 September 2023; 21 October 2023; 18 November 2023.

FRENCH CLASSES

The Basic French Classes at Galada will continue over the term break.

LINE DANCING OVER THE TERM BREAK

There will be NO LINE DANCING classes during the term break. All tutors will be have a well earned rest.
Classes will resume on Monday 10th July.

LINE DANCING SOCIAL - SUNDAY 18TH JUNE

The first line dancing social for 2023 was held today at Epping Memorial hall. Whether it was dancing to a variety of music or sitting down sharing food with friends, everyone who attended had a great time. All of the participants would like to extend a big thank you to all the line dancing tutors who have worked so hard over the past few months with the classes, whether it's teaching, getting them active or just generally having fun. At the end of the year, in December, there will be another social again at Epping Memorial Hall and we know it will be an even bigger and better event Thanks again to everyone who made it a fantastic day





CALENDAR OF MAIN EVENTS—Term 2/3 2023

DATE	EVENT	LOCATION
	JUNE 2023	
Monday 19th @ 9.30	Committee Meeting	Peter Lalor Campus
Wednesday 21st 10.00 to 3.00pm	City of Whittlesea Ageing Well Expo (including Walking Football BBQ)	Plenty Ranges Arts and Convention Centre (PRACC) 35 Ferres Boulevard, South Morang
Friday 23rd June	End of Term 2	
JULY 2023		
Sunday 2nd	Walking Football Bunnings BBQ	Bunnings Epping
Monday 3rd @ 10.00	Whittlesea U3A Morning Tea	Epping RSL
	Embroidery/Tapestry/Jewellery Class Display	
Monday 10th	Beginning of Term 3	Classes Begin
Monday 10th @ 9.30	Committee Meeting	Peter Lalor Campus
AUGUST 2023		
Monday 7th @ 10.00	Whittlesea U3A Morning Tea	Epping RSL
Monday 14th @ 9.30	Committee Meeting	Peter Lalor Campus
SEPTEMBER 2023		
Monday 4th @ 10.00	Whittlesea U3A AGM	Epping RSL
Monday 11th @ 9.30	NEW Committee Meeting	Peter Lalor Campus

Government Power Saving \$250 Bonus Program

A new round of the Power saving Bonus program commenced on Friday 24th March 2023. Victorian households will be able to receive a NEW \$250.00 payment including any household that received a payment through the current round. Kathy is available on any Thursday between 9.30 and 12 noon at May Road Campus Lalor to assist members to complete their application. Ring or text for an appointment or just call in to see her if you need any help with claiming. You must bring in with you a recent electricity bill. The rebate finishes on the 31st August

Kathy Lizio

Vice President: 0414 925 567