

WOTZON

Whittlesea U3A

Weekly Fact Sheet

Edition 36 - 12th November 2023



CONTACT DETAILS

CLASS COORDINATOR & COMMUNICATION MANAGER:

Natalie – communication@whittleseau3a.org.au (0412 230 561)
OR coordinator@whittleseau3a.org.au

TUTOR LIASON: Judy – 9464 1339 or 0404119189

NEWS OF THE WEEK

Hello Everyone,

Most classes only have 3 weeks before they finish so make the most of the rest of 2023 with your Whittlesea U3A friends.

*This is just a reminder to all members that those of us who help you at Whittlesea U3A **ARE ALL VOLUNTEERS**. **THIS INCLUDES** those who work in the office, take your after hours inquiries, tutor your classes, work as course/class/venue coordinators, or are on the committee of management. We **VOLUNTEER OUR TIME** to ensure that all Whittlesea U3A members have a great experience whilst they are active members. So as we come to the end of 2023 it is a great opportunity to thank those people for their effort in all they do. It is also a time to remember that they too need a break so please be patient over the next few weeks with the various events and hectic enrolment time that is coming up. All efforts are being made to ensure a great end to 2023 and a fantastic beginning to 2024.*

The following activities will be continuing over the holiday break. They will not be operating during the usual public holidays of CHRISTMAS DAY, BOXING DAY, NEW YEAR'S DAY and AUSTRALIA DAY. Please check with the tutor to see which days during December and January the activity has been cancelled.

- ◇ **COFFEE AND CHAT** with Anne on Fridays
- ◇ **CARDS 500 LAURIMAR** with David on Mondays
- ◇ **CARDS 500 EPPING** with Alby joined with **CARDS 500 LALOR** with Tyrone during the break at Epping Memorial on Tuesdays
- ◇ **CANASTA** with Flo on Mondays
- ◇ **AQUA AEROBICS - MILL PARK LEISURE** on Tuesdays & **AQUA AEROBICS - TRAC** on Fridays

IMPORTANT REMINDERS

- ◇ The Christmas lunch at Epping RSL on Monday 4th December has only 20 spaces left so if you are interested in attending you will need to book very soon.
- ◇ The Line Dancing Social being held on Sunday 10th December at Epping Memorial is **FULL** and enrolments have closed. If you have not enrolled you will need to contact me during office hours (Monday to Friday) and I will put you on the waiting list.
- ◇ **ENROLMENTS ARE ONLY 4 WEEKS AWAY THEY START ON TUESDAY 5TH DECEMBER.**
- ◇ On Thursday 7th December - the second day of enrolments at May Rd, we have organised a small market. Some of our members will be selling products including the Whittlesea U3A eBook publishing class latest publication; jewellery; embroidery; cards; and home made Egyptian artifacts. They will be situated in the room just before the hall. Have a look at what they have just in time for Christmas.

Natalie Lim, Communication Manager/Course Coordinator

communication@whittleseau3a.org.au (0412 230 561)

OFFICE HOURS for WEEK BEGINNING MONDAY 13th November

PETER LALOR CAMPUS

OFFICE OPENED 10.00AM to 1.00 PM - MONDAY, TUESDAY, WEDNESDAY & THURSDAY

MAY ROAD CAMPUS

OPENED: TUESDAY 1.00 TO 4.00 & THURSDAY - 9.00AM TO 4.00PM

ENROLMENT INFORMATION

Many members have been contacting me and the office asking about dates of enrolments and when the new courses for 2024 will become available. For this reason I have included some important information which might answer these questions. Some of these dates may vary slightly so please read the published updates in the WOTZON over the next 3 weeks. If you have a friend who is a member of Whittlesea U3A or is thinking of joining Whittlesea U3A for 2024 and does not have an email address please give them this information and ask them to contact the office, if they are interested in joining, for further information.

GENERAL ENROLMENT INFORMATION – IMPORTANT DATES

1. All enrolments into **2023** courses will close on Friday 17th November. Classes will continue as normal until the 1st December. Dates may vary based on the actual activity/class.
2. **Members will be able to view the 2024 courses online from Friday 17th November BUT WILL NOT BE ABLE to enrol in any of these classes until 12.30 Tuesday, 5th December.** This is a great time to write down all the courses you are interested in.
3. **NEW MEMBERS can join Whittlesea U3A from Friday 17th November, however they will not be able to enrol into any classes until 5th December.** If a new member joins they will receive a 24000 number. New member subscription cost is \$65.
4. On the 19th November (next Sunday) the WOTZON will have more enrolment information including links to forms, frequently asked questions, courses etc. All of these links will take you to the Whittlesea U3A website where you can have your questions answered. For other inquiries either send an email or contact the office.
5. **Office at Peter Lalor Campus – Robert Street will close for the holiday break on Thursday 30th November.** Reopening date will be announced later.
6. The **last WOTZON for 2023** will be published on Sunday 3rd December.
7. **TUESDAY 5TH DECEMBER** – enrolments open both ONLINE and at MAY ROAD CAMPUS from 12.30pm until 4.00pm. Reenrollment subscription cost is \$60.
8. **THURSDAY 7TH DECEMBER** – FACE TO FACE enrolments continue at MAY ROAD CAMPUS from 10.00am to 4pm. Reenrollment subscription cost is \$60.
9. You will be able to continue enrolling ONLINE and pay subscription costs during most of December and January. There will be some dates when the ONLINE enrolments will be closed for administrative purposes.
10. Information regarding your enrolment will be emailed to you (mailed for those without an email address) in the week beginning 22nd January 2024. Please check your SPAM/JUNK MAIL folder just in case it goes there. If you do not receive your information by Thursday 25th January please email, or leave a message for the office to contact you. Office volunteers may still be on their break during this time so please be patient.
11. Classes will resume in the week of Tuesday 30th January 2024. Some classes will begin earlier or later than this so check your enrolment details carefully when you receive them.

PLEASE READ THE FOLLOWING CHANGES CAREFULLY THEY MAY AFFECT THE CLASS YOU ATTEND. **THOSE WHO ARE ENROLLED IN THESE CLASSES HAVE ALSO BEEN EITHER EMAILED OR SENT A TEXT MESSAGE.** Please remember that when a class is cancelled emails are sent out (not for classes during the break). Text messages are only sent out to those without an email address or for last minute cancellation.

WU TAO & TAI CHI -- THURSDAY

Maria's Wu Tao with Meditation and Beginners Tai Chi for Health activity will not be held on November 16th at Riverside. The date has been changed to the 23rd November - same time. Also there has been a change to these classes for the rest of the year. From **November 2nd** Maria has combined both classes and they will begin at 2.00pm and end at 3.45pm. If you are enrolled in one you can automatically attend the other.

MEDITATION - FRIDAY

Meditation activity will be restarting this Friday for the last 3 weeks of classes

SUMMER TRAIN TRIP

Marion's Summer Train Trip have finished for 2023. There will be no trip in December.

APPLE IPHONE & IPAD CLASSES

All of Janice's iPhone and iPad classes have finished for the year. This includes both the ZOOM classes and the Face to Face classes. They will resume in 2024.

TAI CHI -- TUESDAY

Christine's Tai Chi class has been cancelled on Tuesday 14th November.

DIGITAL LITERACY HELP AND ASSISTANCE

Need help with your smart device – PHONE: iPhone or Android or TABLET: iPad or Tablet.

Peter Rodaughan is at the Lalor Library on Thursday between 1.00pm and 3.00pm and at Thomastown Library on Friday between 1.00pm and 3.00pm. He is ready to help solve your problems or just to give you some ideas on how to use the smart device.

No appointment is necessary. He is there every week unless otherwise stated. Why not go along to one of 20003(mud) these venues and ask your questions.

ONE DAY ACTIVITY on this Friday

CODE: 235FRI16

NAME: **MASTER YOUR MIND**

LOCATION: PETER LALOR CAMPUS

DATE: **Friday 17th November**

TUTOR: **Peter Cleary**

TIME: **10.00 to 11.00**

DESCRIPTION: Imagine what we could do if we could master our mind. This session provides you with some interesting insights on what this means and how it could alter your lifestyle. Practical handouts will also be provided to refer to at a later date

END OF YEAR LINE DANCING SOCIAL - SUNDAY 10TH DECEMBER - 237SUN07

**THIS ACTIVITY IS SOLD OUT IF
YOU WANT TO ENROL PLEASE
CONTACT THE COURSE
COORDINATOR AND YOU WILL
BE PUT ON THE WAITING LIST**

END OF YEAR CHRISTMAS LUNCH MEMBERS (231MON28)

This year's Christmas celebration has been booked!!!!

DATE: MONDAY 4TH DECEMBER

TIME: 11.30 – 15.00

COST: \$35 Members & \$40 Non Members

LOCATION: EPPING RSL, Harvest Home Road, Epping.

THERE ARE ONLY 20 SPACES LEFT

MENU:

This year we are having a Christmas Lunch menu at a cost of \$35 for members and \$40 for non members.

MAIN MENU:

- ◆ Christmas Roast of 3 meats - Pork, Ham and Turkey with Roast potatoes and other roast vegetables and gravy
- ◆ Individually served plum pudding with custard

VEGETARIAN OPTION (THIS MUST BE PRE BOOKED - CANNOT BE ORDERED ON THE DAY)

- Spinach and Ricotta Tortellini with salad
- Individually served plum pudding with custard

DRINKS:

Tea and coffee and some soft drinks provided



SPECIAL DIETARY REQUIREMENTS

Other dietary requirements may be able to be accommodated so please contact the course coordinator on 0412 230 561. **DO NOT CONTACT THE VENUE.** I need information regarding dietary requirements as soon as possible. If I am not told about your needs you will be receiving the Main Menu item of 3 meats and vegetables. **THE VEGETARIAN OPTION must also be preordered.**

TABLE ORGANISATION FOR THE CHRISTMAS LUNCH

I am in the process of organising the tables for the Christmas Lunch. If you would like to sit with a particular person or group and you have not informed me I need this information as soon as possible. Tables are pre organised due to dietary requirements so I will not be able to organise any changes on the day. Please contact me **EITHER BY TEXT OR EMAIL** with the information. **IF I DO NOT KNOW WHICH TABLE YOU WANT TO BE ON I MAY PLACE YOU ON THE WRONG TABLE SO PLEASE CONTACT ME**

Please remember that members need to enrol for this lunch as usual. Payments need to be finalised by November 25th. As you can see Non Members are also welcome to this event at a cost of \$40. Members who wish to invite non members need to contact the course coordinator on 0412 230 561 to book.

DONATED PRIZES NEEDED FOR RAFFLE

During the Christmas Lunch we conduct a number of raffles. We are now asking members for any donations they may be able to give us for these raffles. If you have any unopened products that could be used as a prize for our raffle and you do not need it please contact me. They can also be craft items etc. you may have made. PLEASE NO FOOD AND REMEMBER IT NEEDS TO BE NEW. Thank you Natalie 0412 230 561



Whittlesea
**Community
Connections**
Making a positive difference everyday

CELEBRATE

50
years

WITH US!



Sunday 3rd December 2023 – 2pm to 5pm

Epping Memorial Hall (827 High St, Epping VIC 3076)

*Afternoon tea provided

Send your RSVP to jmathew@whittleseacc.org.au
or call on 9401 6666

whittleseacc.org.au

CALENDAR OF MAIN EVENTS—Term 4 2023 & Term 1 2024

DATE	EVENT	LOCATION
NOVEMBER 2023		
Monday 13th @ 9.30	Committee Meeting	Peter Lalor Campus
Thursday 16th @9.30	Walking Football Celebration Day	Epping Leisure Centre
Thursday 30th @ 1.00	Peter Lalor Office closes for the holiday Break	Peter Lalor Campus
DECEMBER 2023		
Friday 1st	End of Term 4 - MOST classes end	All venues
Monday 4th @ 11.00	Breakup Christmas Celebration Lunch	Epping RSL
Tuesday 5th @ 12.30	Enrolments for 2024 begin BOTH FACE TO FACE & ONLINE	May Rd Campus
Thursday 7th @ 10.00	Enrolments for 2024 continue BOTH FACE TO FACE & ONLINE	May Rd Campus
Thursday 7th @ 10.00	Market Day at May Road.	May Rd Campus
Thursday 7th @ 4.00	May Road Office closes for holiday break after enrolment day	May Rd Campus
Sunday 10th @ 11.00	End of Year Line Dancing Social	Epping Memorial Hall
JANUARY 2024		
Monday 29th @ 11.00	Volunteer Thank You Lunch	Epping RSL
Tuesday 30th @ 9.00	MOST classes begin this week	Various Locations

WALKING CRICKET COME AND TRY SESSIONS

From Friday 27th October Whittlesea U3A in partnership with Epping Leisure Centre is conducting a Come and Try Walking Cricket activity. The sessions will run until the 30th November. Based on participation and interest we are hoping to place this activity on to the Whittlesea U3A 2024 calendar. If you are interested there is no need to book just attend as many sessions as you would like. Sessions begin at 11am and are for 2 hours. The cost is \$2 per session. If you need further information contact Mick Trim – his contact details are on the poster.

WALKING CRICKET

Only \$2 per Session

Endorsed by Former England
Captain Joe Root And Former
Test Umpire Dickie Bird



Fridays 11am - 1pm
Starting Friday 27th October

Y Leisure City
41 - 53 Miller Street
Epping

For Anyone Over 50
Who Wants To Continue
Playing or Has
Never Played Before

For More Details Contact Mick Trim
mick_trim1@hotmail.com

