# **WOTZON**

Whittlesea U3A
Fortnightly Fact
Sheet



Sheet Edition 7 - 14th April 2024

#### **CONTACT DETAILS**

#### **CLASS COORDINATOR & COMMUNICATION MANAGER:**

Natalie – <u>communication@whittleseau3a.org.au</u> (0412 230 561) OR coordinator@whittleseau3a.org.au

TUTOR LIASON: Judy - 9464 1339 or 0404119189

Hello Everyone,

#### WELCOME TO TERM 2.

Most classes begin this week. Please refer to Page 2 of this issue for changes and updates to time and locations of classes. Remember that members in classes are either emailed or sent a text if there are changes. However you will not be notified if you are not enrolled in the class.

Due to the removal of asbestos (final stages) Peter Lalor Campus will be closed on Monday 15th and Tuesday the 16th of April. This is for both classes and the office. Please refer to class changes on page 2.

REMINDER - All classes have an attendance list and it is essential you ensure that your name is ticked off this list - either by yourself or sometimes it is completed by the tutor. Members who do not have their names ticked off may find themselves removed from the class. If you are unable to attend a class please report the absence. Follow this link for information about how to do this: <a href="https://whittleseau3a.org.au/memberships/membership-management-system/">https://whittleseau3a.org.au/memberships/membership-management-system/</a> If you need help contact the office and they will be able to assist you

Natalie Lim, Communication Manager/Course Coordinator

# **OFFICE HOURS for WEEK BEGINNING MONDAY 15th April**

## PETER LALOR CAMPUS

**OFFICE WILL BE CLOSED Monday, and Tuesday and Friday (as normal)** 

OFFICE WILL BE OPENED Wednesday 10.00 TO 2.00 & Thursday 10.00 TO 1.00.

OFFICE WILL BE CLOSED ON FRIDAY

<u>MAY ROAD CAMPUS</u> OFFICE WILL BE OPENED: TUESDAY 1.00PM TO 4.00 & THURSDAY - 9.00 TO 4.00PM





### MCG ANZAC EVE 24th April 2024



THURSDAY 25TH April

PUBLIC HOLIDAY

ANZAC DAY

There will be no classes on this day

Epping RSL needs your help to sell badges at the MCG on ANZAC EVE Wednesday  $24^{\rm th}$  April 2024 starting at 3.30pm till about 7.30pm.

We will meet you at the MCG car park like previous years at 3.00pm.

(I will confirm a gate number opposite car park to meet on the day via text or email) to give out boxes and tins to sell around the outside of the MCG, Train station and Bridges.

If you can help the Epping RSL raise money for the ANZAC Appeals this year would be amazing.

Just jump on a train and meet us at the MCG after 3.00pm please email me your names and contact phone numbers gm@eppingrsl.com.au OR com4@eppingrsl.com.au

\*All children must be accompanied by an adult.

Regards
Narelle Hart
General Manager
Epping RSL
gm@eppingrsl.com.au
M.0438 246 669
W.94081566

Elaine & Greg Eddy Appeals Officers Epping RSL Greg Eddy M. 0407 532 519 BOTH THE OFFICES AT PETER
LALOR AND MAY ROAD WILL
BE CLOSED ON THIS DAY

## THE FOLLOWING PROGRAMS HAVE CHANGES

TAI CHI INTERMEDIATE LEVEL at RIVERSIDE with CHRISTINE – program will be starting on Tuesday 16th April.

TAI CHI BEGINNERS LEVEL at RIVERSIDE with CHRISTINE – program will be resuming with Christine on Friday 19th April.

ITALIAN INTERMEDIATE with ANTONIO will RESTART ON THURSDAY 18th April. This is the first Thursday of term 2. THE CLASS HAS MOVED TO THOMASTOWN LIBRARY WHILST RENOVATIONS ARE BEING CONDUCTED AT LALOR LIBRARY (BETWEEN April 15TH AND June 3RD). Members will be notified if this changes

FRENCH CONVERSATION with CHRISTIANE HAS MOVED TO THOMASTOWN LIBRARY WHILST RENOVATIONS ARE BEING CONDUCTED AT LALOR LIBRARY (BETWEEN April 15TH AND June 3RD)

EXERCISE FOR FITNESS at THOMASTOWN LIBRARY with HELEN. Helen's class will not be on April 22nd. This is week 2 of Term 2

YANG SHENG ZHANG TAI CHI STICK with PHU has been temporally cancelled until MONDAY 3RD June. On this date it will be moving to SPRING STREET in THOMASTOWN. THE VENUE IS NOT AVAILABLE BEFORE THIS TIME FOR THIS CLASS.

TAI CHI SWORD FOR HEALTH with PHU has been temporally cancelled until MONDAY 3RD June. On this date it will be moving to SPRING STREET in THOMASTOWN. THE VENUE IS NOT AVAILABLE BEFORE THIS TIME FOR THIS CLASS.

MONDAY 15TH April - THERE WILL BE NO CLASSES AT PETER LALOR CAMPUS

TUESDAY 16TH April - THERE WILL BE NO CLASSES AT PETER LALOR CAMPUS

ITALIAN BEGINNERS with OSCAR has moved to THOMASTOWN LIBRARY for MONDAY 15TH April ONLY.

## **CLASSES STARTING IN TERM 2**

## Finding Medical Records Online (241MON29)

This informative session will run twice during the year — on the 29<sup>th</sup> April and on the 29<sup>th</sup> July. It will focus on showing participants how to access their medical records online. The session will also explain how medical plans can be viewed and updated.

The session is lead by Northern Health and facilitated by Glen. It will be held at Mernda Seniors Support Centre, Mernda running between 1.30pm and 3.00pm. As stated above the first one will be held on Monday 29<sup>th</sup> April. Enrolments available.

## Share a Meal (244THU29)

This activity, popular a number of years ago will give members the opportunity to meet at May Road Campus and share a meal. As a group they will be able to discuss the menu for the months to come which will often be pizza or pasta with salad. If you are free on the fourth Thursday of the month and often eating alone why not join this band of merry eaters.

The session is lead by Cath. It will be held on the fourth Thursday of the month beginning from Thursday 23rd May meeting at May Road Campus and running from 6.00pm. There is no activity in April as it is ANZAC Day



On Tuesday 9th of April 59 Whittlesea U3A members attended a High Tea at Whittlesea Bowls Club. There was lots of chatter and everyone thoroughly enjoyed the afternoon including the great spread of delicious pastries, cakes, scones and sandwiches. The event was so popular that all agreed to have another one during the next break. Our next High Tea will be held at Two Beans and a Farm in Mernda. Notification regarding enrolment will be on the WOTZON in the next few weeks. You will need to be quick once it is advertised as there will be a limited number of spaces available.

Some of the Walking Football players helping Joe Palumbo celebrate his 64<sup>th</sup> Birthday. Joe invited the group back to his house where they were provided with a delicious lunch. Happy Birthday Joe



Walking football players
enjoying lunch at the Shamrock
Hotel in Bendigo. This follows
some friendly matches with
Bendigo U3A and Kyneton U3A.
40 players from the Whittlesea
U3A Thursday group, the City of
Whittlesea Monday group and
the Banyule program travelled
to Bendigo for a very enjoyable
day.

# CALENDAR OF MAIN EVENTS - Term 2 2024

DATE	EVENT	LOCATION
APRIL 2024		
Monday 15th	Term 2 Begins	All classes begin this week unless otherwise stated
Monday 15th	NO CLASSES AT PETER LALOR	
Tuesday 16th	NO CLASSES AT PETER LALOR	
Thursday 25th	PUBLIC HOLIDAY - ANZAC DAY	NO CLASSES
MAY 2024		
Monday 6th 10.00	Monthly Morning Tea	Epping RSL
Monday 13th 9.30	Committee Meeting	Mernda Support Centre