#### **WHITTLESEA U3A**

## **BREAKING NEWS FORTNIGHTLY INFO OF INTEREST**



**EDITION 14:** 

DATE: 18th August 2024

### **MESSAGE FROM EDITOR**

## Info of Interest in this edition:

- 2024 Whittlesea U3A AGM
- Patrick Muldoon to sing at Walking Football Pan Pacific Fundraiser.
- Tech Café for Seniors
- Community Priorities 2025 Consultation
- Art Exhibition theme is HOPE a spectrum of possibility
- DPV Health Message

Enjoy the "Have a Laugh" throughout the newsletter.

Looking forward to hea<u>ring</u> your feedback on these initiatives.

Glen Wall

PRESIDENT—Whittlesea U3A

Mobile: 0422 852 593 Email: president@whittleseau3a.org.au

Whittlesea U3A AGM will be held on Monday 2<sup>nd</sup> September beginning at 10.00. It will be held at Epping RSL. Active members have received a formal notice of the AGM from the 12<sup>th</sup> August. Information has been sent by email or for those without an email address by normal mail. Please put in an apology by contacting the office if you are unable to attend.

## Message from the President......

Current Whittlesea U3A Vice President Natalie Lim has nominated for the position of President for 2024 /25. Natalie has successfully held the roles of Class Coordinator and Communications Manager. In accordance with ongoing succession planning to ensure the long-term success of Whittlesea U3A the Committee of Management supports and endorses Natalie's nomination.

All members are entitled to nominate for a Committee of Management Position, and I would be happy to discuss the role of a member of the Committee of Management with any member thinking of nominating.

### **OFFICE HOURS FROM MONDAY 19th AUGUST**

#### PETER LALOR CAMPUS

OFFICE WILL BE OPENED Monday Tuesday and Wednesday 10.00 TO 2.00 & Thursday 10.00 TO 1.00.

**OFFICE WILL BE CLOSED: FRIDAY** 

MAY ROAD CAMPUS OFFICE WILL BE OPENED: Tuesday 1.00PM TO 4.00 & Thursday - 9.00 TO 4.00PM



Patrick Muldoon returns from London to sing at the WU3A Walking Football pan Pacific Fund-Raising Luncheon.

This ceramic artwork was found as part of the old maltings at Snape. This was an artist's enclave, previously had been where hops was stored for beer making, etc. **Patrick on the right.** 











Pan Pacific Games Fund Raiser
Epping RSL – 195 Harvest Home Road Epping
Friday September 6<sup>th</sup> 2024
12 noon to 2.30pm
Everyone Welcome

- 3 Course Meal
- Songs by Patrick Muldoon Whittlesea U3A
- Speeches of Support by Whittlesea U3A, City of Whittlesea, Football Victoria
- Presentation of Kits to players
- Slideshow showing the Walking Football Journey
- Raffle

Cost - \$30 per person

Children under 12 free (but meals must be ordered and paid for separately)

See Menu below

Please advise if you have special dietary requirements

Bookings – Contact Gerry Fay on 0418 137 631 or gerry4919@hotmail.com before 16<sup>th</sup> August 2024

### Menu

### 3 Course Meal

- Entrée Soup of the day (will be known on the day)
- Main Meal Chicken or fish. As meals are brought out chicken will be served to one person and then fish to the person sitting next to them.

Meals served with chips and salad

 Dessert – New York Cheese Cake or Apple Crumble. Served in the same way as the main meal.

# TECH CAFÉ FOR SENIORS Digital Skills Mentoring Program

Need help with your Digital Technology – Phone, Android or Apple, iPAD or Tablet.

GO TO Thomastown Library on Fridays 1:00 pm to 3:00 pm, Lalor Library Thursdays 1:00 pm to 3:00 pm, Mernda Senior Support Centre Fridays 10:00 am to 12.



## Technology Corner – Monthly Forum Program Live Life Digitally Connected Topics

2024 monthly forums will be on ZOOM on the third Wednesday of the month at 10:00 am to 11:30am.

Further details regarding dates and times will be provided. Please check regularly our Facebook page Tech Corner" (https://www.facebook.com/groups/2957658941217497) for updates.

### **Peter Rodaughan Mentors members:**

Ron could not sign-in on his laptop with his password anymore. He was confronted with a "black screen".

After he demonstrated what he does to login on to his computer I realized that the solution was to inform Ron what the function of the NUM LOCK button was. He was quite relieved.

**Lucy needed a Gmail email account** visited Laor Library to see Peter and now has a Gmail email account and using it.

## 2025 Art Exhibition Hope – a spectrum of possibility



### About the exhibition

Each year, Council hosts an art exhibition to showcase and celebrate the work of artists

who live, work or are connected to the City of Whittlesea. This accessible exhibition provides a space for local artists to exhibit and promote their work. The City of Whittlesea Annual Art Exhibition theme is **HOPE – a spectrum of possibility** Artists are invited to reflect on 'hope', from feeling low to very positive, from personal wishes to collective or shared goals... and all the moments in between... Show us your visions of a better future, your dreams of a perfect world, and your hopes for change. How does hope to guide us? How does it help us stay strong in tough times? How does it make us resilient? Does hope last forever? Is hope what makes us human?

Artworks will be exhibited from **Friday 17 January** until **Friday 7 February 2025** in Bluegum Room, Plenty Ranges Art & Convention Centre (PRACC), 35 Ferres Boulevard, South Morang (next to the Civic Centre).

### **Important dates**

Entries open: Mon 29 July 2024

Entries close: 5pm on Monday 18 November 2024

Notification of acceptance: Friday 6 December 2024

**Delivery of artworks:** Monday 13 January 2025 (between 10am-1pm or 3pm-6pm)

If necessary, it may be possible to negotiate delivery in December 2024

Formal launch event: Thursday 16 January 2025
Exhibition opens: 10am, Friday 17 January 2025
Exhibition ends: 4pm, Friday 7 February 2025

Collection time: Monday 10 February, 2025 (between 10am-1pm or 3pm-6pm)

**How to apply -** Complete and send in the application form overleaf (see Conditions of Entry below) or apply online. Artists of all ages, all abilities and all cultural backgrounds are encouraged to apply but artists must live, work or be otherwise connected to communities within the City of Whittlesea.



### **Community Priorities 2025 Consultation**

City of Whittlesea has just opened it's Community Priorities 2025 consultation which asks community members to identify their top three priorities (from a list of 13 priority service areas) now and in to the future. The feedback captured will help Council shape key documents that will guide Council's activities over the next 5-10 years, including the Budget 2025-26, Community Plan 2026-30, Asset Plan 2026-36, Financial Plan 2026-36, Road Management Plan 2026-30 and Revenue and Rating Plan 2026-30.

We're encouraging community members to jump online to complete a short survey - <u>Community Priorities | Engage City of Whittlesea</u> or visit one of the team at a community-based pop-up. The details of the pop-ups are on the Engage Whittlesea platform, but I've also pasted them below for your reference.

Date	Time	Where	Address/location
Tuesday 20 August	1.30pm-4.30pm	Mernda Town Centre	180 Riverdale Boulevarde, Mernda
Wednesday 21 August	5.00pm-7.00pm	Kirrip Community Activity Centre (Immunisation)	135 DeRossi Blvd, Wollert
Friday 23 August	2.30pm-4.30pm	Doreen Laurimar Woolies	95 Hazel Glen Rd, Doreen
Monday 26 August	9.30am-12.30pm	Olivine Estate/Shared Cup Café	995 Donnybrook Road,
Tuesday 27 August	1.30pm-4.30pm	Westfield Plenty Valley - Community space	415 McDonalds Road, South
Wednesday 28	9.30am-11.30am	Thomastown Recreation and Aquatic	52 Main Street, Thomastown
Friday 30 August	2.30pm-4.30pm	Mill Park Stables Shopping Centre	314-360 Childs Road, Mill Park
Saturday 31 August	6pm – 9pm	Walking Thomastown	Main Street Recreation Reserve,

We will also be holding a series of community focus groups across the municipality early next year and are already accepting EOIs to be a part of one of the focus groups. EOIs can be submitted via the project Engage Whittlesea page or by returning the attached EOI form. I've also attached the Terms of Reference for the Focus Group.

We're keen to offer the opportunity to participate in the engagement to as many people as possible and it would be much appreciated if you and your team would share the opportunity with Whittlesea Community Futures and anyone else in your network. **Consultation is open now until 2 September 2025.** Flyers, expression of interest document and terms of reference are assessable via the Whittlesea U3A website..

Thanking you in advance of your continued support of this important community engagement. Emma Hanna

Partnerships and Projects Officer City of Whittlesea



Follow the link below to the DPV Health very informative Magazine called **PULSE**. It is full of

information about the services available to improve your Health and Wellbeing. The magazine can be read online.

https://issuu.com/dpvhealth\_pulse/docs/ pulse\_winter\_2024\_v4?fr=sNzQxOTY0MDUwMTA

When you go to the sight you will be asked to accept all cookies. This will be fine. If you do not accept all cookies you cannot read the magazine online.





## THE FOLLOWING PROGRAMS HAVE CHANGES PLEASE READ THE INFORMATION CAREFULLY AS IT MAY AFFECT YOUR CLASS

NEW CHANGES ARE ADDED AS THEY BECOME AVAILABLE. IF YOUR CLASS IS NOT LISTED HERE IT OFTEN MEANS THERE ARE NO CHANGES AND THE CLASS IS AS ADVERTISED ON THE CALENDAR

If a class is cancelled or changes are made those enrolled in the class will be notified by email or SMS

INTERMEDIATE TAI CHI with CHRISTINE has been cancelled on Tuesday 20th August.

**LAPTOP WINDOWS with KEVIN** will be cancelled on Tuesday 20th August.

FRENCH CONVERSATION with CHRISTIANE - will be cancelled on Tuesday 20th and the 27th of August.

EXERCISE AND LIVE HEALTHY CLASS 1 AND 2 with KUMAR - Until the end of Term 3 these classes at Mernda will combine and both will start at 10.30. More information will be provided about the rest of the year at the beginning of Term 4.

DIGITAL LITERACY TRAINING ONLINE with JANICE - will be cancelled on Tuesday 20<sup>th</sup> and 27<sup>th</sup> of August.

APPLE IPHONE & iPAD SELF HELP ONLINE with JANICE - will be cancelled on Wednesday 21st and 28th of August.

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DISCOVER MELBOURNE GARDENS with MICHAEL - will not be held in July and August. The adventure will resume in September.

COMPUTER, ANDROID, SOCIAL MEDIA SUPPORT with SHOUKRY - will be cancelled from Monday 2<sup>nd</sup> September to Monday 20<sup>th</sup> October. It will return later in term 4

EXERCISES FOR FITNESS with HELEN will be having a break for the last 3 weeks of term 3



SOME FAT, SO I'M GRILLING A STEAK! "





