

WOTZON

Whittlesea U3A

Fortnightly Fact Sheet

Edition 16 — 28th August 2024



CONTACT DETAILS

CLASS COORDINATOR & COMMUNICATION MANAGER:

Natalie – communication@whittleseau3a.org.au (0412 230 561)
OR coordinator@whittleseau3a.org.au

TUTOR LIASON: Judy – 9464 1339 or 0404119189

Hello Everyone,

Reminder about the Annual General Meeting, date Monday September 2nd at Epping RSL. Morning tea is supplied so if you are able to come contact the office so we can write your name down. Apologies are also recorded. All classes on the MORNING of Monday 2nd September will be cancelled (including the venues) to give all tutors and members the opportunity to attend the AGM.

IMPORTANT INFORMATION REGARDING THE AGM AND FUTURE MONTHLY MORNING TEAS

From the 30th of August the state government has made mandatory closing hours for gaming machine venues throughout the state of Victoria. All gaming machine rooms must be closed between 4.00am and 10.00am. **BECAUSE OF THIS EPPING RSL IS NOT OPENING THEIR DOORS UNTIL 10.00AM.**

This means **THAT THE AGM will begin at 10.15/10.30.** You will not be able to enter the RSL until 10.00. Come at 10.00 and have a hot drink and cake before the AGM. You can then stay for lunch if you wish (at your own expense) and continue to socialise with friends.

We apologise for this change of time but it is out of our control.

THIS CHANGE will also mean that future Monthly Morning Teas will not be starting until 10.30. Once again come at 10.00 and have a hot drink and some cake before the meeting.

Natalie Lim, Communication Manager/Course Coordinator

POSTING OF PHOTOS OR VIDEOS ON SOCIAL MEDIA

More and more opportunities are being presented to various U3As including Whittlesea to share classes either online or on zoom. This may result in photos and/or videos being taken of classes, tutor's instructions etc. We have been reminded that under the Terms and Conditions (that every member agrees to upon enrolling) photos and videos can be taken of member activities without asking each time this is done. **HOWEVER AT NO TIME CAN THESE BE POSTED BY ANYONE ON ANY TYPE OF SOCIAL MEDIA INCLUDING FACEBOOK, INSTAGRAM, YOUTUBE AND X WITHOUT THE EXPLICIT PERMISSION OF THE SUBJECTS.** Please remember that privacy is important to all of our members whether they are tutors or in a class and we need to respect this. Please contact me should you wish any further information about this.

OFFICE HOURS for WEEK BEGINNING MONDAY 26th August

PETER LALOR CAMPUS

OFFICE WILL BE OPENED Monday, Tuesday and Wednesday 10.00 TO 2.00 & Thursday 10.00 TO 1.00.

OFFICE WILL BE CLOSED ON FRIDAY

MAY ROAD CAMPUS OFFICE WILL BE OPENED: Tuesday 1.00PM TO 4.00 & Thursday - 9.00 TO 4.00PM

PLEASE REMEMBER THAT PETER LALOR CAMPUS WILL BE CLOSED ON MONDAY 2ND SEPTEMBER

THE FOLLOWING PROGRAMS HAVE CHANGES PLEASE READ THE INFORMATION CAREFULLY AS IT MAY AFFECT YOUR CLASS

NEW CHANGES ARE ADDED AS THEY BECOME AVAILABLE. IF YOUR CLASS IS NOT LISTED HERE IT OFTEN MEANS THERE ARE NO CHANGES AND THE CLASS IS AS ADVERTISED ON THE CALENDAR

If a class is cancelled or changes are made those enrolled in the class will be notified by email or SMS

EXERCISE AND LIVE HEALTHY CLASS 1 AND 2 with KUMAR - Until the end of Term 3 these classes at Mernda will combine and both will start at 10.30. More information will be provided about the rest of the year at the beginning of Term 4.

FRENCH CONVERSATION with CHRISTIANE - will be cancelled DURING August. It will return in September.

DIGITAL LITERACY TRAINING ONLINE with JANICE - will be cancelled on Tuesday 27th of August.

APPLE IPHONE & iPad SELF HELP ONLINE with JANICE - will be cancelled on Wednesday 28th of August.

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COMPUTER, ANDROID, SOCIAL MEDIA SUPPORT with SHOUKRY - will be cancelled from Monday 2nd September to Monday 20th October. It will return later in term 4

EXERCISES FOR FITNESS with HELEN will be having a break for the last 3 weeks of term 3

SCRABBLE with JUNE has been cancelled on August 26th

BEGINNERS DRAWING CLASS with JILL will be finishing on the 6th September

JUST A REMINDER THAT DUE TO THE AGM THE FOLLOWING CLASSES HAVE BEEN CANCELLED ON THE MORNING OF MONDAY 2ND SEPTEMBER

- ◇ Scrabble with June at Mernda
- ◇ Feel Well, Be Well with Pattie at Thomastown
- ◇ Handicrafts Workshop with Helen at Mernda
- ◇ Italian Total Beginners with Oscar at Peter Lalor
- ◇ Indoor Walking Aerobics with Mary at Thomastown
- ◇ Yeng Sheng Zhang Tai Chi Stick with Hungphu at Spring Street
- ◇ Tai Chi Sword for Health with Hungphu at Spring Street
- ◇ Tai Chi Class 2 with Hungphu at Spring Street
- ◇ Tai Chi Class 1 with Hungphu at Spring Street
- ◇ Walk and Talk with Joy at Westfield
- ◇ Crochet with Freda
- ◇ Beginners Line Dancing Whittlesea with Bev

HIGH TEA @ CLUB MANDALAY GOLF COURSE (243WED26)

WEDNESDAY 2nd of October starting at 12.00

COST: \$35

LOCATION: CLUB MANDALAY GOLF COURSE
430-450 Mandalay Circuit, Beveridge.

This is the next in our series of High Teas during the term break. On this occasion we go and visit the almost rural suburb of Beveridge to enjoy a delicious high tea at the local Golf Course. The cost of this event is \$35 and includes a beautiful selection of both hot and cold food - pastries, sandwiches and cakes. Tea and coffee will also be supplied. Barista coffee and alcohol can be purchased on the day from the venue. If you wish to attend please enrol and deposit money (\$35) into the Whittlesea U3A account. Limited dietary variations available so please contact me if you need further information. Limited numbers available so please book and pay early.

Make music instruments & singing 242TUE32

Tutor / Leader: Ron Harvey

Day: Tuesday, 4:45 PM – 6.00 PM

Dates: 8 Oct 2024 - 26 Nov 2024

LOCATION: Janefield Community Centre (Main Hall), Bundoora 2 Manchester Cres. Bundoora

DESCRIPTION: This is a jam session for ukuleles, guitars, singers and any instrument that can play along with favourite songs of our generation. This is a fun activity, not a teaching course. If you are an active member of another U3A please contact Whittlesea U3A for contact information.

Ukulele Beginners 242TUE31

Tutor / Leader: Ron Harvey

Day: Tuesday, 4:00 PM – 4.45 PM

Dates: 8 Oct 2024 - 26 Nov 2024

LOCATION: Janefield Community Centre (Main Hall), Bundoora 2 Manchester Cres. Bundoora

DESCRIPTION: The focus will be the learning of basic ukulele playing. If you do not own a ukulele, do not purchase one before consulting the course leader. Loan ukuleles may be available. If you are an active member of another U3A please contact Whittlesea U3A for contact information.

MESSAGE FROM DPV HEALTH

DPV Health are organising some focus groups with clients to try and develop ways to improve services. These Focus Groups might be interesting and relevant for you AND/OR other people you know. It would be amazing if you can kindly share with others!

We are looking for people who are current DPV Health clients or have been discharged within the past 12 months from any of the following DPV Health Services:

Adult Podiatry (Client Focus Group Date Tuesday 27 August 2024 - 9:30am to 12:00pm)

Paediatric Speech Pathology (Client Focus Group Date Thursday 29 August 2024 - 9:00am to 12:00pm)

Dietetics (Client Focus Group To Be Confirmed)

A \$50 VISA Gift card will be provided to participants for their time and help

More details and registration can be found on the secure online MS Form <https://forms.office.com/r/ytYdhh42Lb>

WHITTLESEA U3A SENIORS' EXPO 2024

As part of Seniors' Month in October, Whittlesea U3A is holding an expo showcasing everything that is Whittlesea U3A. Whether it is the dances we learn, the music we sing or play, exercises we do or the craft we make in class or at home we would like to put it on show so that the public can see exactly who we are and what being members of Whittlesea U3A means.

The focus of the day is to have fun, show off what we do and promote Whittlesea U3A to the wider public.

The date of the event is Saturday 26th October from 9.30 to 2.00 at May Road Campus, May Rd, Lalor adjacent to the Lalor Library.

As part of the day we will be having 4 different types of activities:

- ◇ *Demonstrations – some classes will be demonstrating what they do e.g. dancing, singing, craft etc.*
- ◇ *Displays – some classes will have a display of the types of things they make or do in class*
- ◇ *A BBQ selling sausages in bread and drinks.*
- ◇ *Tables run by Whittlesea U3A members selling things they have made either in class or at home. These tables can be booked by individual Whittlesea U3A members or classes. Materials sold must be home made (no store bought products) and they cannot be trash and treasure. Cost of hiring a table to sell items is \$10/table. If you are doing a display about an activity or class there is no charge. Only Whittlesea U3A members can hire a table.*

If you are interested in hiring a table, having a demonstration or doing a display either as an individual or a class group please contact myself, Jodie or Christine. Once you contact us we will be able to send you a copy of the terms and conditions and an application form. Our details are listed below. Any member of Whittlesea U3A can apply to become a stall holder as long as they meet the terms and conditions. There will be no cost for demonstrations or displays. So that we can organise the day and ensure everything runs smoothly could you please notify us as soon as possible. Yes the event is in October but there is a lot to organise and we cannot keep it to the last minute.

Christine Czerny – 0407 214 335 or venuecoordinator@whittleseau3a.org.au

Jodie Lang – 0407 045 471 or Jodie.l@whittleseau3a.org.au

Natalie Lim – 0412230561 or communication@whittleseau3a.org.au

GENERAL ASSISTANCE IS ALSO NEEDED ON THE DAY – *if you do not wish to have a stall or conduct a demonstration/display maybe you could spare an hour or two to help the organisation on the day. Please contact us if you can help. If we get lots of assistance it will reduce the stress on everybody.*

THINGS WE NEED HELP IN INCLUDE:

- ◇ *Assisting with the BBQ*
- ◇ *Setting up event*
- ◇ *Closing down the event*
- ◇ *Assisting with information tables for those asking questions about Whittlesea U3A*
- ◇ *Other general tasks during the day*



Pan Pacific Games Fund Raiser
Epping RSL – 195 Harvest Home Road Epping
Friday September 6th 2024
12 noon to 2.30pm
Everyone Welcome

- 3 Course Meal
- Songs by Patrick Muldoon – Whittlesea U3A
- Speeches of Support by Whittlesea U3A, City of Whittlesea, Football Victoria
- Presentation of Kits to players
- Slideshow showing the Walking Football Journey
- Raffle

Cost - \$30 per person

Children under 12 free (but meals must be ordered and paid for separately)

See Menu below

Please advise if you have special dietary requirements

Bookings – Contact Gerry Fay on 0418 137 631 or gerry4919@hotmail.com
before 16th August 2024

Menu

3 Course Meal

- *Entrée – Soup of the day (will be known on the day)*
- *Main Meal - Chicken or fish. As meals are brought out chicken will be served to one person and then fish to the person sitting next to them.*

Meals served with chips and salad

- *Dessert – New York Cheese Cake or Apple Crumble. Served in the same way as the main meal.*

WHITTLESEA U3A BANKING DETAILS

Account Name: Whittlesea U3A Inc.

BSB: 033 137

Account Number: 189765

- ◇ IF YOU PAY ONLINE PLEASE PUT YOUR MEMBER NUMBER IN THE REFERENCE SECTION.
- ◇ IF YOU PAY AT A WESTPAC BANK PLEASE ASK THE BANK TELLER TO INCLUDE YOUR U3A MEMBERSHIP NUMBER IN THE REFERENCE SECTION

CALENDAR OF MAIN EVENTS - Term 3 & 4 2024

DATE	EVENT	LOCATION
SEPTEMBER 2024		
Monday 2nd @ 10.30	ANNUAL GENERAL MEETING	Epping RSL
Monday 2nd	NO CLASSES IN THE MORNING TODAY FOR AGM; PETER LALOR OFFICE CLOSED TODAY FOR AGM	
Monday 2nd	Monthly Morning Tea (after AGM)	Epping RSL
Monday 2nd	PETER LALOR OFFICE CLOSED TODAY	Closed for AGM
Monday 9th @ 9.30	Committee Meeting	Mernda Support Centre
Friday 20th	End of Term 3	Most classes finish for Term 3
Saturday 28th	AFL Grand Final	MCG
OCTOBER 2024		
Monday 7th	Beginning of Term 4	Most classes begin this week
Monday 7th @ 10.30	Monthly Morning Tea	Epping RSL
Monday 7th	PETER LALOR OFFICE CLOSED TODAY	Closed for Monthly Morning Tea
Monday 14th @ 9.30	Committee Meeting	Mernda Support Centre
Saturday 26th	Whittlesea U3A EXPO—10.00AM TO 2.00PM	MAY ROAD CAMPUS
NOVEMBER 2024		
Monday 4th @ 10.30	Monthly Morning Tea	Epping RSL
Monday 4th	PETER LALOR OFFICE CLOSED TODAY	Closed for Monthly Morning Tea
Monday 11th @ 9.30	Committee Meeting	Mernda Support Centre
WEEK OF 25th - 29th	LAST WEEK OF CLASSES FOR 2024	
DECEMBER 2024		
Monday 2nd @ 12.000	Whittlesea U3A CHRISTMAS FUNCTION	Epping RSL
Tuesday 3rd TBA	POSSIBLE DATE OF 1ST REENROLMENT DAY	VENUE TBA
Thursday 5th TBA	POSSIBLE DATE OF 2ND REENROLMENT DAY	VENUE MAY ROAD CAMPUS
Sunday 8th @ 11.00	Line Dancing Christmas Social	Epping Memorial Hall