

WHITTLESEA U3A
BREAKING NEWS FORTNIGHTLY INFO
OF INTEREST

EDITION 18:
DATE: 13th October 2024



MESSAGE FROM EDITOR

Hope everyone is enjoying Term 4 CLASSES AND ACTIVITIES.

Thank you to the members who are providing content to include in Breaking News. I am receiving comments that these contributions are well received.

Items of Interest in this edition:

- ◇ City of Whittlesea Council Elections
- ◇ Beveridge Classes & activities
- ◇ Living Longer Healthy Living
- ◇ Tech café for seniors
- ◇ EveryAge Counts
- ◇ Contribution from Members
- ◇ Experiencing Internet DROPOUTS OR SLOW WI-FI SPEEDS
- ◇ Get Bush Fire Resilient

Enjoy the "Have a Laugh" Looking forward to hearing your feedback on these initiatives.

Glen Wall – Editor Whittlesea U3A Breaking News

Mobile: 0422 852 593 Email: glen.w@whittleseau3a.org.au

OFFICE HOURS FROM MONDAY 14th October

PETER LALOR CAMPUS

OFFICE WILL BE OPENED Monday Tuesday and Wednesday 10.00 TO 2.00 & Thursday 10.00 TO 1.00.

OFFICE WILL BE CLOSED: FRIDAY

MAY ROAD CAMPUS OFFICE WILL BE OPENED: Tuesday 1.00PM TO 4.00 & Thursday - 9.00 TO 4.00PM

PAYMENTS FOR CHRISTMAS LUNCH AND OTHER EVENTS can be made at both offices during opening hours, Online, or at a WESTPAC bank.

Whittlesea U3A Banking details are:

Account Name:	Whittlesea U3A Inc.
BSB:	033 137
Account Number:	189765

ALWAYS QUOTE YOUR MEMBER NUMBER WITH THE TRANSACTION.

Please contact the office during opening hours for assistance.

Whittlesea City Council election
Voting closes 6 pm Friday 25 October 2024
All voting in this election is by post

**SEE PAGE 2 for more
details**

WHITTLESEA CITY COUNCIL ELECTION

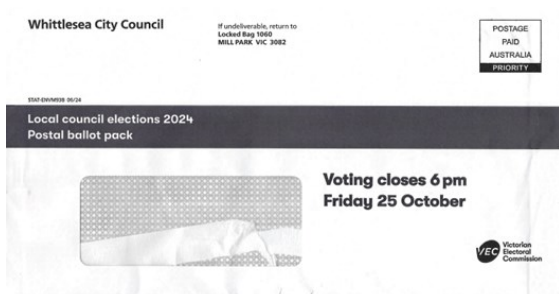
Voting closes 6 pm Friday 25 October 2024

All voting in this election is by post

You will have received your Ballot paper envelope in the post which includes your ballot paper.

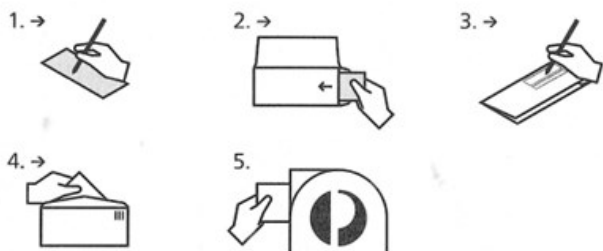


VOTING IS COMPULSORY



How to vote:

Ballot paper envelope



How to vote

1. Complete your ballot paper/s by numbering all boxes in the order of your choice.
2. Put your completed ballot paper/s inside this envelope and seal it.
3. Sign the declaration on the back of this envelope. We remove it before counting to keep your vote secret.

Voters unable to sign: Blind or low vision voters, or voters with low literacy or limited English can ask someone to sign for them. The authorised person must sign and write their name on the back of this envelope.

4. Put this ballot paper envelope into the reply-paid envelope and seal it.
5. Post it straight away.

STAT-ENVM931P 03/24

- **Post your vote before voting closes. (Late votes will not be accepted)**
- **You can also drop your vote off during business hours to the address advised in your "How to Vote Envelope"**
- Voting is your right. By voting you get to have a say in who represents you on your local council. Voting is also a responsibility.
- **If you don't vote you may get a fine.**
- **If you require more information, visit vec.vic.gov.au or call 131 832 during business hours.**

Beveridge Line Dancing and Craft Classes are well supported. Visit Beveridge on:



Tuesdays at 1pm and 2pm

At Greater Beveridge Community Centre. Cnr Lithgow Street & Mandalay Circuit Beveridge

Beveridge classes:

1:00 pm to 2:00 pm Line Dancing with Bev

2:00 pm to 3:00 pm Card making with Kathryn

Proposed new classes for 2025:

- Boards game (chess, draughts, back gammon)
- Walking group (Spring and Summer)
- Book appreciation (Autumn and Winter)
- Peer activities (Seniors and Primary students) and (Seniors and Secondary students)

Northern Hospital WU3A Activities in Wellness Lounge

Word is continuing to get around, each week a few more drop by sit, relax and make a card.



Living longer, healthier lives

In celebration with 2024 Victorian Seniors Festival, WEHI is delighted to invite U3A members to a rare glimpse into the medical research to discover lifesaving cures and breakthrough treatments for Parkinson's and Dementia. Over a cup of tea or coffee, U3A members will have the opportunity to meet our presenters, ask questions and discuss what the future of medical research holds. Please find the link to the event here: [Living longer, healthier lives – medical research to stop Parkinson's disease and Dementia | Seniors online](#)

Event Details:

Venue: The Walter and Eliza Hall Institute of Medical Research (WEHI),

Address: 1G Royal Parade, Parkville, VIC 3052

Date: 15 October 2024

Time: 2:00 pm to 3:30 pm

This event is free, but bookings are essential for catering. RSVP by 30 September 2024 via the link [2024 Senior's Festival 15 Oct.](#)

TECH CAFÉ FOR SENIORS Digital Skills Mentoring Program



Need help with your Digital Technology – Phone, Android or Apple, iPad or Tablet.

Go To Thomastown Library on Fridays 1:00 pm to 3:00 pm, Lalor Library Thursdays 1:00 pm to 3:00 pm, Mernda Senior Support Centre Fridays 10:00 am to 12pm.

NEW WU3A TECH CAFÉ AT SHERWIN RISE

TUESDAY AFTERNOON 2pm Club House 40 Chetwyn Drive Wollert.



U3A is partnering with EveryAGE Counts

EveryAGE Counts has developed a short video on “Why we need an **“AGEISM AWARENESS DAY”**”

U3As are partnering with local organisations in various Seniors’ Month events. Dr Marlene Krasovitsky and Robert Fitzgerald AM presented to the National Press Club on 25th September on why we need Ageism Awareness Day. Link: [IN FULL: Robert Fitzgerald AM & Dr Marlene Krasovitsky’s Address to the National Press Club \(youtube.com\)](https://www.youtube.com/watch?v=...)

CONTRIBUTIONS FROM MEMBERS.....

Mary L. has shared the memory of the Village Drive-in Settlement Road Thomastown.
Do you remember

21:26 100%
On This Day 48 Years Ago
Thomastown 1976
Advertisement for the Village Drive-In on Settlement Road, Thomastown. The drive-in theatre was located on the corner of Dalton Road, where the Good Guys store / McDonalds is now located.
Whittlesea Post, 29 Sept 1976 (c/o Mill Park Library)
[#thomastown](#) [#driveintheater](#)



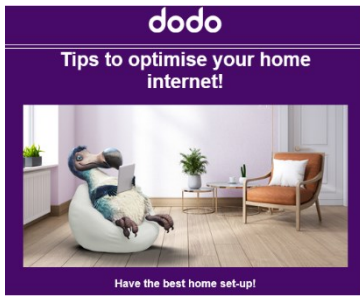
Contributed by Beryl C.

Local solicitors Dellios, West & Co. are offering 50% discount to seniors from 1st to 31st October for Wills and EPOA (Enduring Power of Attorney).

All seniors should have a Will. An Enduring Power of Attorney (EPOA) allows you to appoint someone to make financial and personal decisions – such as paying bills or choosing where you live – if you no longer have capacity to make them yourself. You can only make an enduring power while you still have the capacity to make your own decisions.

You can specify when the enduring power of attorney comes into effect: not unless you lose decision-making capacity or sooner than that. The solicitors have offices at Thomastown 9465 7544, Coburg 9350 1311 and Fairfield 9489 7300









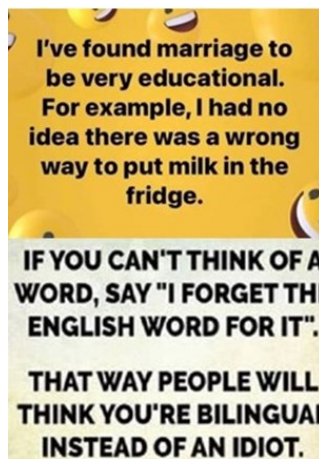
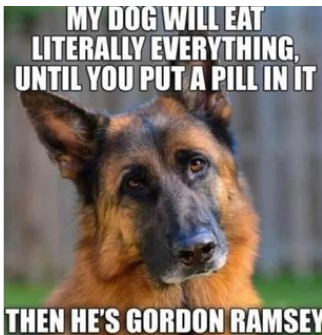


EXPERIENCING INTERNET DROPOUTS OR SLOW WI-FI SPEEDS

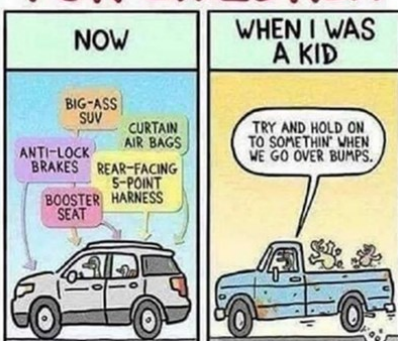
Can be frustrating. But did you know that there's a few things you can do, that make a BIG difference to your WI-FI quality.

Here are some tips to optimise your internet setup and ensure you get the best possible speeds.

 <p>Keep your modem central</p> <p>Wi-Fi range and speed can be greatly affected by your modem's location. Place your modem centrally in your home to ensure a strong signal.</p>	 <p>Watch out for signal-interfering objects</p> <p>Avoid placing your modem/router behind solid walls, large electrical appliances, as well as in a cabinet/shelf.</p>	 <p>Consider the number of devices connected</p> <p>Ensure your modem supports the number of devices in your home to prevent connectivity issues.</p>
 <p>Switch to 5G network</p> <p>For better Wi-Fi speed, and to reduce interference connect to the default 5GHZ Wi-Fi network. You can find the name and password printed on your modem.</p>	 <p>Check the Wi-Fi light is on</p> <p>Confirm that the Wi-Fi button is not off on your modem. If it's off, your Wi-Fi won't work.</p>	 <p>Wi-Fi not working on one device?</p> <p>Try using another device to see if you get a better connection. If the connection improves, it's likely an issue with your original device.</p>



CAR SAFETY FOR CHILDREN



Subject: 😊 FUN

Having a teenage daughter is like having a cat that only comes out to eat and hisses when you try and be nice to it.





Telstra's 3G network is closing

Don't wait – our 3G network is closing from 28 October 2024. You'll be impacted by the network closure, so act now to ensure you remain connected.

What does this mean for you?

The device/s listed below will not be able to access the Telstra mobile network after our 3G closure from 28 October 2024. This means you will not be able to make any calls including calls to triple zero from 28 October 2024.

To ensure your service/s are not impacted, it's important you act now by upgrading your device to a compatible device. Visit our [3G closure page](#) for more information.

If you have recently taken action to ensure your device compatibility you can disregard this notice.

Important: Device Compatibility

Before you upgrade, make sure your new device is compatible with the 4G 700 MHz (B28) band. To check whether your device is compatible, SMS '3' to '3498' or refer to our 3G closure page here:

<https://www.telstra.com.au/support/mobiles-devices/3g-closure>

Need a hand?

If you need support or would like to make a request for payment assistance, we're here to help.

Visit our [3G Closure page](#) for all you need to know. Contact us online or on 13 22 00 and our expert team can guide you through what you need to do to stay connected.

Help in your language

If you need help with a language other than English or need translation assistance, you can access our interpreter service by calling 1800 241 600.

Kind regards,

The Telstra Team



2024 FREE
WEBINAR SERIES

GET BUSHFIRE RESILIENT

INFORMATION FOR HOUSEHOLDS IN
RURAL AREAS AND ON THE URBAN FRINGE

Prepare for bushfires and hazardous weather.

BRI's webinars are presented by eminent subject matter experts.

Learn what your family can do to reduce your risks.

Register so you can ask questions before or during the webinar and so we can send you a link to webinars, recordings and website updates.

To register visit
br.org.au/webinar
or scan the QR code



To learn more about our presenters head to
br.org.au/presenters

Supporters and Sponsors:



COMMUNITY
GRANTS



DAVEY

Know about insurance for bushfire, storm or flood events - avoiding the pitfalls

17 October 2024

- Annabelle Butler, Hollard Insurance Australia
- Peter Gartlan, Financial Counselling Australia
- Denis Nelthorpe AM, Consumer Lawyer

Insurance and financial challenges after bushfire, storm or flood - when things go wrong

28 October 2024

- Annabelle Butler, Hollard Insurance Australia
- Peter Gartlan, Financial Counselling Australia
- Denis Nelthorpe AM, Consumer Lawyer
- Sharon Keith, Disaster Legal Help Victoria

Best practice property bushfire risk reduction

12 November 2024

- Justin Leonard, CSIRO
- Kevin Hazell, Town Planner
- Mark Holland, CFA

Understanding our changing bushfire weather

28 November 2024

- Justin Leonard, CSIRO
- Kevin Parkyn, BOM
- Mika Peace, BOM

Hosted by

Community Bank
Hurstbridge and Eltham

Bendigo Bank