## WOTZON

Whittlesea U3A





natalie.l@whittleseau3a.org.au

Natalie - 0412 230 561

TUTOR LIASON: Judy - 9464 1339 or 0404119189

**CONTACT DETAILS** 

**OFFICE:** 9464 1339 (DURING OFFICE HOURS)

#### Hello Everyone,

Welcome to Term 4 with lots of activities planned alongside our classes and the celebrations that occur during this time of the year. I have included a general summary of some important dates that you may wish to put in your dairies:

- Term 4 sees the final few weeks of classes—most classes will end in the last week of November.
- October Morning Tea @ Epping RSL starting at 10.15/10.30 on Monday 7th October. Main  $\Diamond$ topic of discussion - SCAMS and how to protect yourselves.
- Whittlesea U3A Expo 2024 on Saturday 26th October at May Road Rooms. Market day and  $\Diamond$ displays, open to all members and the public. Refer to the end of this newsletter for more information. Don't forget to buy tickets in our raffle to be drawn at the Expo.
- $\Diamond$ November Morning Tea @ Epping RSL starting at 10.15/10.30 on Monday 4th November. Main topic of discussion - Enrolment process for 2025.
- Christmas function for 2024 @ Epping RSL with special Christmas lunch open to Members and  $\Diamond$ Non-Members on Monday 2nd December.
- Enrolments for 2025 start on Wednesday 4th of December at 10.00 both online and at Peter  $\Diamond$ Lalor Campus. Further information to follow in the coming weeks.
- $\Diamond$ Line Dancing Christmas Social - Sunday 8th December @ Epping Memorial Hall starting at 11.00 and open to members (cost \$5) and non-members (cost \$10).
- Volunteers Lunch event by invitation on Monday 3rd February.

There will be many more events taking place over the term so make sure you read the relevant newsletters. Also to ensure you do not attend classes that have been cancelled please make sure you read emails and SMS messages that are sent to you regarding changes to class programs.

REMEMBER THAT DAYLIGHT SAVING BEGINS TODAY, SUNDAY 6TH OCTOBER. YOU WILL NEED TO TURN YOUR CLOCKS/WATCHES FORWARD ONE HOUR. DON'T FORGET OR YOU WILL BE LATE FOR YOUR APPOINTMENTS. SMART WATCHES, IPADS, TABLETS AND MOST COMPUTERS WILL DO THIS **AUTOMATICALLY** 

Natalie Lim

**WU3A President** 

natalie.l@whittleseau3a.org.au

#### OFFICE HOURS for WEEK BEGINNING MONDAY 7th October

#### PETER LALOR CAMPUS

OFFICE WILL BE OPENED Tuesday and Wednesday 10.00 TO 2.00 & Thursday 10.00 TO 1.00.

OFFICE WILL BE CLOSED ON MONDAY (MONTHLY MORNING TEA) and FRIDAY

MAY ROAD CAMPUS OFFICE WILL BE OPENED: Tuesday 1.00PM TO 4.00 & Thursday - 9.00 TO 4.00PM

# THANK YOU to OUR VOLUNTEERS



THANK YOU to all volunteers, those who are continuing and those who have decided to finish either now or at the end of 2024. As I have always said Whittlesea U3A could not continue and be as successful as it is without the incredible commitment of our volunteers. Many members seem to forget that ALL of our volunteers are unpaid. They help ensure programs and activities run smoothly without any financial incentive. Whether you help as a leader, tutor, office volunteer, committee member or whatever role you do everyone at Whittlesea U3A appreciates the time you take out of your everyday life to help members. For those of you who are unwell we all hope you get better soon.

This term we say goodbye to Christine Teh who has taught Tai Chi classes for a number of years. Due to family commitments Christine is taking a break from being a Whittlesea U3A tutor for a couple of years. Her classes will however continue on Tuesday (not Tuesday 8th October) and Friday with Phu. He has kindly agreed to take both the Tuesday Intermediate class and the Friday Beginners' class, both at Riverside. Thank you Christine for your commitment to the Whittlesea U3A members over the years and looking forward to having you return in the near future. I hope all members will welcome Phu's as the tutor of these classes. Phu is now taking 6 Tai Chi classes and 2 craft classes for Whittlesea U3A which is an incredible commitment.

Lillian Madden has decided to take a break from teaching line dancing for Whittlesea U3A members. Lillian is going to spend the next few months resting. At this stage it is unsure whether Lillian will return in 2025 and I will inform members of her decision as soon as possible. Thank you from everyone at Whittlesea U3A Lillian, your commitment both as a line dancing tutor and as a office volunteer has been greatly appreciated.

Due to family commitment Christiane Gemayel, our French conversation teacher, has decided to take a break from teaching. Christiane has led a small group of French speaking/learners over the last few years. All those who attended her class has loved her positive and happy nature and have learnt a lot about the French language and culture from her. Thank you Christiane on behalf of all Whittlesea U3A members and looking forward to hearing about the next stage of your life.

#### CLASSES FOR TERM 4 - THOSE WITH CHANGES AND CANCELLATION

TAI CHI INTERMEDIATE at Riverside will begin on Tuesday 15th October. There will be no class on the 8th.

FRENCH CONVERSATION with CHRISTIANE - this class has finished for 2024. Unfortunately the tutor is unable to return.

COMPUTER, ANDROID, SOCIAL MEDIA SUPPORT with SHOUKRY - this class will return 28th October.

BEGINNERS LINE DANCING WHITTLESEA will be led by MIA during Term 4. Unfortunately Lillian is unable to return at the moment.

COOKING FOR U, SAMPLING FOOD FOR DIFFERENT CULTURES, PREPARING HEALTHY FOOD, AND EATING FOR HEALTHY LIVING have finished for 2024. They have been replaced by <u>HEALTHY EATING (CODE: 245FR126)</u>. This class is held fortnightly on Friday 11th October, Friday 25th October. Friday 8th November and Friday 22nd November. It is being held at Mernda Senior Support Centre in Mernda. Vacancies are still available so enrol if you would like to get some healthy cooking ideas.

LINE DANCING SOCIAL - CHRISTMAS is on the calendar. The social is being held at Epping Memorial Hall. Enrolments are now open for Members and Non Members. Cost for Members is \$5 and for Non Members \$10. Payment to be made on the day of the social. Lucky spot and door prizes will be given out on the day. Bring all food. Tea and coffee available. Bring a cup.

JEWELLERY with CHRISTIANA - this class will return 22nd October.

#### Whittlesea U3A RAFFLE

Want the chance to win some great prizes whilst supporting Whittlesea U3A?

We are running a raffle to assist with the cost of setting up Peter Lalor Campus in 2025.

#### **PRIZES ARE:**

First Prize: \$500 Visa Card

Second Prize: \$250 worth of gift cards donated by ARCARE

Third Prize: \$150 hamper of goodies and gift cards.

#### **TICKETS COST \$2 EACH**

<u>Raffle will be drawn at the Expo at May Rd, Lalor on Saturday 26th October</u>. You do not need to be present to win the prize. All prize winners will be notified and results will be advertised in the newsletter, on the Whittlesea U3A website and on our Facebook page

Please contact any committee member or the office if you can take a book (or more) to sell amongst your family and friends. Our aim is to sell 3000 tickets and we are about 1/3 of the way there.

Thank You for your assistance

**Natalie Lim** 

IF YOU HAVE TAKEN A BOOK OF RAFFLE TICKETS IT IS NOW TIME TO RETURN THE STUBS AND MONEY TO EITHER PETER LALOR OR MAY ROAD OFFICE OR AT THE OCTOBER MORNING TEA. ALL TICKETS MUST BE ACCOUNTED FOR SO PLEASE RETURN ALL STUBS, MONEY AND UNSOLD TICKETS AS SOON AS POSSIBLE.

#### **CLASS REMOVALS**

During the break a number of members who have either not attended classes during term 3 or not ensured that their names have been ticked off the attendance lists have been removed from those classes which are full, at the request of the tutor. As shown below it is a member's responsibility to inform either the class leader or the office (either by phone or by completing the absence register) if they are going to be absent from class, regardless of the reason.

The following extract explains the reason for these removals:

#### MEMBERSHIP TERMS AND CONDITIONS SECTION 10 AND 11

- 10. Due to the popularity of some classes if a member fails to attend three (3) consecutive classes without a valid reason their place may be offered to someone on the waiting list subject to contact made between the member and the course coordinator.
- 11. If a member is going to be absent for more than three (3) consecutive course times they must notify the course leader or the office to maintain their place in the class. This may be done online after logging into the Membership System

IF YOUR NAME IS NOT ON THE ATTENDANCE LIST WHEN YOU RETURN TO CLASS IT IS BECAUSE YOU HAVE BEEN REMOVED AND ARE NO LONGER ENROLLED IN THAT CLASS. PLEASE TALK TO THE LEADER. DO NOT WRITE YOUR NAME ON THE LIST.

#### PROPOSED NEW TUTOR NEEDS ASSISTANCE

A proposed new tutor to Whittlesea U3A is looking for someone who is able to assist with the organisation of a new Bushwalking group. The group would run monthly and would be exploring the many tracks and walks in the City of Whittlesea. The proposed tutor is new to the country and although he has had experience with the organisation of extensive bush walking overseas he is not familiar with the local area so needs assistance organising walks that would be of interest to serious long distance walkers. Day and time is negotiable as we are still in the early stages. If you think you would be interested and would like to contact the member please contact me either by email (natalie.l@whittleseau3a.org.au) or phone 0412 230 561.

JUST A REMINDER THAT Kumar's Exercise class in MERNDA has returned to its original time slot. Those in CLASS 1 WILL START AT BETWEEN 10.30 AND 10.40 (depending on the time the LEAP class beforehand finishes) and ends at 11.15 and those in CLASS 2 WILL START AT 11.30 and finish at 12.15.

All members enrolled in these classes have been notified so that there is no mix up as to which class they are enrolled in. If you are unsure please contact me for confirmation.

#### **Whittlesea U3A POLO SHIRTS**

Members have indicated that they would like to purchase Whittlesea U3A polo shirts. We have been able to finalise prices with our supplier and am pleased to announce that there is no price increase. Whittlesea U3A Polo Shirts purchased this year will cost \$25. We will be placing an order at the end of October and will only be purchasing a very small number above those ordered. If you would like to order a polo shirt please contact the office on 9464 1339. Marion will contact you with information and size description. Sizes available range from Extra Small to 2 Extra Large. Shirts will need to be paid for with any order.

### WHITTLESEA U3A SENIORS' EXPO 2024

As part of Seniors' Month in October, Whittlesea U3A is holding an expo showcasing everything that is Whittlesea U3A. Whether it is the dances we learn, the music we sing or play, exercises we do or the craft we make in class or at home we would like to put it on show so that the public can see exactly who we are and what being members of Whittlesea U3A means.

The focus of the day is to have fun, show off what we do and promote Whittlesea U3A to the wider public.

The date of the event is Saturday 26<sup>th</sup> October from 9.30 to 2.00 at May Road Campus, May Rd, Lalor adjacent to the Lalor Library.

As part of the day we will be having 4 different types of activities:

- Demonstrations some classes will be demonstrating what they do e.g. dancing, singing, craft etc.
- Displays some classes will have a display of the types of things they make or do in class
- **♦ A BBQ selling sausages in bread and drinks.**
- Tables run by Whittlesea U3A members selling things they have made either in class or at home. These tables can be booked by individual Whittlesea U3A members or classes.

  Materials sold must be home made (no store bought products) and they cannot be trash and treasure. Cost of hiring a table to sell items is \$10/table. If you are doing a display about an activity or class there is no charge. Only Whittlesea U3A members can hire a table.

If you are interested in hiring a table, having a demonstration or doing a display either as an individual or a class group please contact myself, Jodie or Christine. Once you contact us we will be able to send you a copy of the terms and conditions and an application form. Our details are listed below. Any member of Whittlesea U3A can apply to become a stall holder as long as they meet the terms and conditions. There will be no cost for demonstrations or displays. So that we can organise the day and ensure everything runs smoothly could you please notify us as soon as possible. Yes the event is in October but there is a lot to organise and we cannot keep it to the last minute.

Christine Czerny – 0407 214 335 or <u>venuecoordinator@whittleseau3a.org.au</u>

Jodie Lang – 0407 045 471 or <u>Jodie.l@whittleseau3a.org.au</u>

Natalie Lim – 0412230561 or communication@whittleseau3a.org.au

<u>GENERAL ASSISTANCE IS ALSO NEEDED ON THE DAY</u> – if you do not wish to have a stall or conduct a demonstration/display maybe you could spare an hour or two to help the organisation on the day. Please contact us if you can help. If we get lots of assistance it will reduce the stress on everybody. THINGS WE NEED HELP IN INCLUDE:

- **♦** Assisting with the BBQ
- **♦** Setting up event
- **♦** Closing down the event
- ♦ Assisting with information tables for those asking questions about Whittlesea U3A
- **♦ Other general tasks during the day**

# CALENDAR OF MAIN EVENTS - Term 4 2024

DATE	EVENT	LOCATION
OCTOBER 2024		
Monday 7th	Beginning of Term 4	Most classes begin this week
Monday 7th @ 10.30	Monthly Morning Tea	Epping RSL
Monday 7th	PETER LALOR OFFICE CLOSED TODAY	Closed for Monthly Morning Tea
Monday 14th @ 9.30	Committee Meeting	Mernda Support Centre
Saturday 26th 10.00— 2.00pm	Whittlesea U3A EXPO and Market	MAY ROAD CAMPUS
NOVEMBER 2024		
Monday 4th @ 10.30	Monthly Morning Tea	Epping RSL
Monday 4th	PETER LALOR OFFICE CLOSED TODAY	Closed for Monthly Morning Tea
Monday 11th @ 9.30	Committee Meeting	Mernda Support Centre
WEEK OF 25th - 29th	LAST WEEK OF CLASSES FOR 2024	
DECEMBER 2024		
Monday 2nd @ 12.000	Whittlesea U3A CHRISTMAS FUNCTION	Epping RSL
Wednesday 4th 10.00	1ST REENROLMENT DAY	VENUE PETER LALOR CAMPUS
Thursday 5th 10.00	2ND REENROLMENT DAY	VENUE MAY ROAD CAMPUS
Sunday 8th @ 11.00	Line Dancing Christmas Social	Epping Memorial Hall

#### WHITTLESEA U3A BANKING DETAILS

Account Name: Whittlesea U3A Inc.

BSB: 033 137 Account Number: 189765

- ♦ IF YOU PAY ONLINE PLEASE PUT YOUR MEMBER NUMBER IN THE REFERENCE SECTION.
- F YOU PAY AT A WESTPAC BANK PLEASE ASK THE BANK TELLER TO INCLUDE YOUR U3A

MEMBERSHIP NUMBER IN THE REFERENCE SECTION